

# A Seed and ManKind

Elaeocarpus ganitrus, is a large evergreen broad-leaved tree whose seed plays an important role in a spiritual seeker's life. These seeds are known as rudraksha. These trees grow at a certain altitude in the mountains in the Himalayan region, Nepal, Burma, Thailand, and Indonesia.

1 Mukhi Rudraksh



2 Mukhi Rudraksh

The fruits of these trees are dried and used as beads to make bracelets and necklaces. Spiritual seekers understand that these seeds have a unique vibration. So, when it comes to wearing a necklace or bracelet made of these seeds, spiritual leaders encourage people to study these seeds and their purpose first before wearing them. At least a person must be encouraged to have a spiritual elder guide them on which kind of mala a person should wear.

3 MUKHI RUDRAKSH



4 MUKHI RUDRAKSH

The number of faces a bead can have varies and its impact on a person varies as well. From a single face up to 21 faces these seeds connective is magical. Two face beads are known for their uniting forces. When the two parties/entities are united as one, focus and stability is more prone. People who seek better will reap the benefits of the uniting force of the 2 faced seeds.

Five faced beads seem to be the safest for a general use. Men, women, and children could use these seeds for health and wellbeing. The five face beads have a calming effect on people, and it helps focus a person's mind which is seen as helpful in all aspects of life.

My desire with this article is to spark people's mind. We are not sent on this planet alone. We are sent here with so much love and support. If we could open our mind just a bit, we can see the harmony of a seed and mankind that was greatly designed. I hope you have been inspired to search for more.

5 MUKHI RUDRAKSH



6 MUKHI RUDRAKSH