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Dates to Remember

Saluda Tailgate Market every Friday, 4:30-6:30pm. Season ends in October!

Saluda Business Association regular monthly meeting will meet at 5:30 at the Saluda Library, October 2.

Saluda Community Land Trust meets the first Wednesday of each month at 3pm at Saluda Presbyterian Church. Next meeting is October 3.

Women's Club will meet October 9, 10am, Saluda Presbyterian Church.

Saluda Garden Club meets 10am, October 15 Saluda Library.

The Historic Saluda Committee will meet at the Saluda Library, Friday,October 19 at 2pm.

Singl With the Saluda Community Singers, Tuesdays, 7-8:30pm at Saluda Presbyterian Church on Carolina St.

The **Saluda Singles** Potluck Dinner will be Thurs., October 18, 5pm at Saluda Center.

Saluda Train Tales is October 19 at 7pm at Saluda Historic Depot. Doors open at 6:30pm.

Brown Bag Available 3pm to 4pm at Transfiguration Church and the Saluda Fire Department, September 21.

Saluda Center Potluck and Bingo October 29 at 6pm

Saluda Welcome Table every Tuesday at the Saluda Methodist Church, 5:30 to 6:45pm.

Al-Anon Family Group meets every Tuesday, 6:30pm at the Saluda Center, 64 Greenville St.

Polk County Extension Club Polk County Extension Club meets at 2:00pm the fourth Tuesday of the month.

"Turn, Turn, Turn"



Summer is reluctant to give up in Saluda. Hints of fall-like crisp, cool mornings warming up to warm golden days that are becoming shorter make you feel that the splendor of fall is just around the corner. Golden and red hues sprinkle poplars and maple trees, and dogwoods are turning their rustic reddish-brown color.

Recently hatched caterpillars are busy chomping up leaves while the subtle electric hum of the cicadas croon a constant background noise.

Final harvesting of gardens, brown hayfields, and dry cornstalks are great fodder for making haybales for autumn decorations. This will be the last month for the Saluda Tailgate Market until the Holiday Market in November.

Fall in the mountains is when visitors and day trippers return to view magnificent colors and breathe in the fresh bucolic outdoors. Saluda offers many hiking, climbing, kayaking, biking, and ziplining adventures. And, there are many places to choose to stay

saludalifestyles.com

with many B&Bs, mountain cabins, and lodges available. Check these out at <u>Saluda.com</u>.

"Turn, turn, turn," as the lyrics go to remind us that October marks a time of change. A time to reap the rewards that the fall season brings us. Even as we celebrate the fall season in the mountains, our thoughts are with our fellow communities and our eastern NC neighbors as they rebuild homes and lives after so much loss from extreme storms. Saludians want you to know that we care and we are here with an open hand when needed.

Subscribe to Saluda Lifestyles online at www.saludalifestyles.com or scan this code to sign up on your smartphone.



E-Blasts Sign Up

From time to time, activities and events happen in Saluda spontaneously or need a reminder so you don't miss it. When this occurs, Saluda Lifestyles would like to let you know about it. If you want to receive E-Blasts from Saluda Lifestyles, please send an email to info@saludalifestyles.com and ask to be added.

Time didn't pass Saluda by; we asked it to go around." Author unknown

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What's Happening in Music and Art



What's Happening at the Purple Onion

Oyster & Pint Night is Back

October is here and so is a new fall menu to celebrate the cool autumn weather and the season's bounty of root vegetables, winter squash, greens and OYSTERS. Every Monday and Tuesday we feature oysters on the half shell, raw or roasted and \$3 pints.

Live Music Calendar October 4 - Mia Rose Lynne

This young progressive songwriter from Nashville is making her debut here.

October 6 – <u>Citizen Mojo</u> Funk, blues, soul and jazz from these old friends.

October 11 – One Leg Up Gypsy-style jazz from Asheville returns.

October 13 - <u>Gigi Dover & Big</u> <u>Love</u>

We have known them for so long, it's hard to describe how their music has evolved except that we love it.

October 14 - Chris Smither (Sold Out)

October 18 - <u>The Lonesome</u> Road Band

Fine bluegrass from these old friends.

October 20 - <u>Drayton & Leo</u>
Jazz, folk and country blues duo
makes their debut.

October 25 - Dan Zlotnick

Singer/songwriter whose music Is a combination of good things and whimsey.

October 27 - Shana Blake Band

The room will be rocking with this band's music.

Music at the Purple Onion is scheduled by Robert Seiler.

Kermit Lynch Wine Tasting At the Purple Onion Tuesday, November 6 @ 6:30 PM

The Purple Onion will host a wine tasting on November 6 at 6:30 just in time to stock your cellar for the holidays. The tasting will feature wines from Kermit Lynch, wine importer, author, winemaker and pioneer in the wine industry. Lynch received the James Beard Foundation's Award as wine professional of the year, was Knighted by the French Government with their prestigious Legion d'Honneur and received the Veuve Cliquot award for his book, Adventures on the Wine Route. He has had an enduring influence on the wine industry because of his focus on small, artisan producers who make authentic wines expressive of their terroir and his early practice of using refrigerated shipping containers for importing wine. The cost for the tasting will be \$49 (plus tax and gratuity) and will include a taste of seven different wines and delicious food chosen to pair with them. Nick Demos, cwe, advanced Sommelier and wine specialist from Tryon distributing will be on hand to talk about the wines. Seating is limited, so make your reservations early by calling the Purple Onion at 828-749-1179.



20th Anniversary CelebrationOn Sunday, November 18 The Purple

Onion will host an anniversary celebration to commemorate our opening in November 1998. The event begins at 4:00 PM with shrimp gumbo and an ovster roast in our courtyard followed by music from Tellico, Amanda Anne Platt and Aaron Burdett. In addition to the oysters & gumbo, our intermezzo menu of appetizers, pizzas and salads will be available for sale until 7 PM. Desserts and beverages will be served throughout the concert. This is a partially seated show and only VIP ticket holders will be quaranteed a seat. Reservations for the event can be purchased online. Fifty VIP tickets are available at \$49 per person and include commemorative memorabilia and quaranteed seating for all three acts. General admission is \$35.

The <u>Purple Onion</u> is located at 16 Main Street, Saluda, NC 28774.



Live Music at Saluda Outfitters

Saturdays, 5-8 p.m., on the outdoor deck or from inside Green River Eddy's Tap Room if the weather is too cool or rainy with special tappings as scheduled.

Oct. 6, 5-8 p.m. | Second Souls, is a band of five to six talented musicians from the local area, including Saluda, who will make a return visit to the deck as we kick off the October harvest season with some lively music and fun.

Oct. 13, 5-8pm I The Basement Bunch, a super talented group from Tryon, N.C., offers substantial rock and roll. Featuring Jim Peterman (formerly of the Steve Miller Band) on keyboards, Elaina Previtt on guitar, Robbie Johnson on drums, Vinnie Corda on sax, Mark Kennedy lead guitar and Mike Locke vocals and rhythm guitar.

Oct. 20, 5-8pm | The Michael Flynn Duo from Saluda will make their debut on the SO deck. Join us also for a Hi-Wire Tap Takeover that evening featuring the Asheville brewery's best craft beers.

Oct. 27, 5-8pm | The popular Derek McCoy Trio from WNC will share their talents during a Halloween Weekend celebration bringing the party to life with their funk, country, blues and jazz.

Nov. 2 (FRIDAY), 6-9 p.m. | This special evening of music and fun will feature an Oskar Blues Tap Takeover as part of a **Green River Race Celebration Party** and the music of the popular South Carolina Pam Taylor Duo. Taylor, a recording artist, was named 2017 LA Music Critics Blues Artist of the Year. Nov. 3, 5-8 p.m. | The Pam **Taylor Duo from South** Carolina will bring their American modern roots music to the SO deck in a special appearance. A popular blues musician, Taylor "serves up a positive message" with her music.

Saluda Outfitters is located at 435 Main St. (turn on Shand Street). Call (828) 848-4060.



Moore at McLoonies 11 X 14

Jim Carson, AIS Plein Air/ Painting the Fall from Life

October 25-27, 2018
Jim Carson AIS, will offer an outdoor painting workshop on Thursday-Saturday, October 19-21, in Saluda, N.C. titled "Plein Air/Painting the Fall from Life". This workshop will provide an excellent opportunity to paint the beautiful fall colors in and around Saluda, N.C. All the painting sites will be convenient by car, with parking, restrooms, and food easily accessible.

In this workshop, we will learn to simplify the shapes of the landscape, see the colors as temperature changes, and understand values, so as to paint in a fresh and spontaneous manner. And all in a wonderful outdoor setting.

The workshop is open to all levels, from beginners to advanced. A list of paint selections, brushes, etc. will be furnished after registration. Jim is a member of Plein Air Painters of the Southeast(PAPSE), an Associate member of Oil Painters of America, and a Signature Member of the American Impressionist Society.

For more information, contact Jim by email at jimcarson151@gmail.com, call 828 7493702, or visit jimcarson.net. The News/Workshop link at the web site is very slow to open, but it WILL, with patience.



Jim Carson Accepted in Exhibit in Maryland Jim Carson, AIS, and

Saluda artist, has had one of his paintings accepted to this year's Oil Painters of America Eastern Regional Exhibition of Traditional Oils, held this year in McBride Gallery, in Annapolis, Maryland, October 28- November 25. The painting is titled "A Boat Load", 16x20, and is a painting of the docks in Montauk, New York.

Oil Painters of America (OPA) is a not-for-profit organization representing more than 4,000 artists throughout the United States, Canada, and Mexico. Founded in 1991, OPA is dedicated to preserving and promoting excellence in representational art. Its primary focus is to draw attention to the lasting value of fine drawing, composition, and the appreciation of light. OPA is headquartered outside of Chicago in Crystal Lake, Illinois.

Bill Jameson Workshops Fall on the Blue Ridge, Oct 11-13, 2018, Saluda, NC

This workshop consists of three painting days exploring the landscape of the Southern Blue



Ridge. There isn't a more beautiful time to paint fall foliage, waterfalls and winding streams. Saluda's historic Victorian homes, the area's spectacular leaves, waterfalls and vegetation, all present numerous painting opportunities. The workshop is open for beginners to advanced, with 18 hours of instruction. Painters may work in watercolor,

oil, acrylic and pen and ink sketching. The night before the workshop begins, there is a "get acquainted or re-acquainted" party. The workshop is limited to 15 painters and October is a popular time for Saluda, so please send in your enrollment form and make plans for accommodations. Contact Bill Jameson at billjameson0593@gmail.com or 828-749-3101 for more information or to register.

Anne Jameson is the featured artist at The Purple Onion" this quarter so enjoy the art of painting and food together!" Please visit our website www.williamjameson.com for more information on workshops, upcoming shows and events.

Art of the Horse Auction date Sun, Oct 21st 3-6pm at The Cliffs at Glassy

At the core of Our Carolina Foothills is the belief that everyone benefits through unification. This can be seen on many levels through **Art of The Horse**, a campaign to bring a public art project with 32 lifesize fiberglass horses, painted by local artists, to the towns of Landrum, Tryon, Columbus, Saluda and Spartanburg. This year's running is set to honor the 2018 World Equestrian Games with the theme ONE WORLD, ONE VISION.

Art of the Horse auction is Sunday Oct 21st from 3-6pm & 15 of 32 horses will be auctioned off at The Cliffs at Glassy. Tickets are on sale through <u>Eventbrite</u> and are \$60. Visit the <u>website</u> to download map.

Open MIC/Story Circle Sunday October 7th, 4 pm, Free

to Everyone

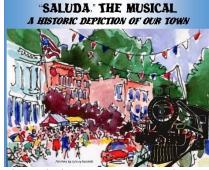


at Meanwhile, Back in Saluda's Local Market 171 East Main Street- Join us for the Premiere of this monthly gathering. Come, Come--to Share Come to Listen Share an Original Creation, an Old Time Favorite, An oral history, A reading, A song, Surprise us with something different...

For more information: Greg Gryant - 828-388-2600 Katrina Thissen - 828-606-8994

Beverages available for purchase.

First Heritage Musical Premieres in Saluda



The Saluda Historic Depot Theatre Troupe is producing Saluda's first musical to be premiered on November 17, 2018. The production will depict Saluda's historical progression from the time the Cherokee Indians settled in the land of "green corn" until today. The original play was written by Corinne Gerwe in collaboration with members of the newly-formed Young Acting Krew "YAK" of the Saluda Historic Depot Theatre Troupe, with a musical score written by Dan Foster to be performed by his band, the Radio Rangers.

Corinne Gerwe, who with Bill Jameson co-founded the theatre troupe, recalls attending a Saluda Historic Depot board meeting during a brain-storming session on how the Depot could contribute toward bringing back "Railroad Day" in Saluda. Many

remembered when Saluda celebrated this "ole timey" day when townspeople dressed in costume from the early-time era. "I began concentrating on developing this idea into a theatrical event focused on Saluda's heritage and railroad history by including children of Saluda interested in the performing arts. The Young Acting Krew had just been formed, and it seemed the right time to do this. The kids were so excited about creating a heritage play, they have since thrust the idea to realization," says Corinne.

Corinne is an author of several fiction and non-fiction novels, three of which are a series of murder mysteries set in a small town much like Saluda. Her latest mystery, "The Silent Scream of the Straw Man" has just been released. She has been a contributing board member and supporter of the Depot since its inception.

Dan Foster is a singer/songwriter based in Atlanta, Georgia. "Saluda Grade" was written by Dan after walking around Saluda before performing at the Purple Onion and noticed the historical marker describing the remarkable, legendary Saluda Grade. In 2009 it was featured on an album by High Cotton that spent several weeks on the Georgia top 20 Roots music charts. Dan rearranged the song for the play with his current group, The Radio Rangers, in addition to new songs featuring acoustic music with strong vocal harmonies. Writing melodic songs that tell a good story is Dan's passion.

"The history of Saluda is unique but shares a heritage with so many communities across our country. The railroads were the backbone of our country's growth and touched so many people and communities. I believe the wisdom to move forward is provided by the struggles of our past. I am honored to help in this small way to the celebration of Saluda history. Saluda is a special place," said Dan Foster.

In addition to YAK and the adult Bell Tower Players, there are many others involved in this community-wide production. "The town is excited about this musical and volunteers have jumped in to give their talents and time to costume designing, building stage sets and props, to be extras, do makeup, plan sound and lighting, and video/filming and for cameo appearances of the towns historians and legends," says Corinne.

The production team and the Saluda Historic Depot board hope that everyone who is willing and able will attend this "One Night Only" performance. Tickets will be \$10 for everyone 12 years and older and purchased at the door. Children under 12 will be free. Special group arrangements can be made to purchase tickets by calling Corinne. They encourage everyone to put this on their calendars now because you won't want to miss this one-time historical story of Saluda told in a musical format.

The performance will be held at the Party Place & Event Center and owners Bob and Linda Whitaker granted a special concession on the regular event price for the use of the facility. The Party Place & Event Center is at 221 Friendship Church Rd., Saluda, NC. Performance will start at 7pm. Doors open at 6pm.

The Saluda Historic Depot Theatre Troupe was formed to provide a forum for a variety of theatrical performances reflecting the creative spirit of our community. The goal is to produce plays that will include those from legitimate

theater, historic depictions of Saluda's rich history, and literary and poetic readings; all will demonstrate local artistry and talent. The Saluda Historic Depot will provide the setting for presentations suitable for its locale and will partner with other venues for settings suitable for each production.

Sponsorships for the Playbill are available; \$200 for major sponsor, \$25 for all other sponsors. Your name will be printed on the Playbill as a sponsor of the musical.

The musical will benefit the Saluda Historic Depot, a non-profit dedicated to making the historic train station into a museum in order to highlight the history of the railroad, Saluda's downtown, its people, and the history of its natural resources.

For more information, please contact Judy Ward at 828-674-5958 or judyward@charter.net or Corinne Gerwe at cgerwe@rsnet.org or 828-749-4803.

Saluda Train Tales NC Minerals of NC— Beautiful



Beautiful Meets Useful October 19

Laura Fields will delight and educate you on Friday, October 19 during Saluda Train Tales. Although, this topic may seem a little "off track," the NC mineral industry is one of the reasons the railroads were built to western NC. Laura will explore the NC mineral industry over the past 200 years till today. She will show some of the rocks our mountains produce and how they are used.

After a successful career in real estate and serving as the town's

commissioner, Laura now has time to turn her passion for collecting unique Rocks, Minerals, and Gems into a business on Main Street in Saluda. Professionals in Alternative Health Care use Laura's stones to assist in the healing process of their patients. The **Mineral Spirits** gallery has evolved with this need in mind and the collection is not only beautiful but presented in groups by their Chakra Colors. Saluda Train Tales is a free monthly event to educate the community about the importance of Saluda's railroad history and the Saluda Grade. These events are at the Saluda Historic Depot. 32 W Main Street, Saluda, NC 28773 and start at 7pm. Doors open at 6:30pm. The events are free, and voluntary donations are appreciated. Memberships and donations to the Saluda Historic Depot in 2018 will enable us to receive incentive grant funds from the Polk County Community Foundation.



What a great time to step away from the angst of

today's "topics" and step into a creative environment at Random Arts & Apparel. Life is too short to dwell on "stuff" that takes us to a negative place. So, with that said... we are offering several creative escapes in this month of October starting with ZenDoodle and GelliPlate Printing on Tuesday, Oct. 2nd with Robyn Crawford & best of all, no supplies are needed!

The following weekend, Charlotte, NC artist, Wan Marsh returns for 3 days of abstract acrylic painting & collage. Space is available on Fri. 5th for Circus Circus; on Sat & Sunday, Oct. 7th Abstract Painting. (Sat. is wait list.)

On Wednesday, October 10th, our monthly book art series continues with DJ Gaskin's "let's get organized" book with pee-wee pockets & pint size pokes. She will supply all the materials and this workshop is open to beginners; it's bound to be more fun than you can imagine while creating a purely functional and useful book. 1-3pm \$45.

Outdoor Arts & Crafts Sale & Show - Sat., October 20th 9am till 3pm

It's bargain hunting central for anyone looking to find unique art created locally and hundreds of arts & crafts supplies that you'll want to continue your very own creativity. We switched up a bit this time and included local artists in order to offer them a place to show their work in an affordable & prominent space. This is a semi-annual outdoor event that draws vendors & buyers alike from North & South Carolina. You will find vintage, antiques, one of a kind art, scrapbooking supplies, fibers, ribbons, fabric, quilting supplies, rubber stamps & accessories, book arts & more. Join us for this highly popular event at Random Arts (Ozone & Louisiana).

(Slightly off Main Street) at the corner of Ozone & Louisiana Contact us at: 828-749-1165 Email: randomarts22@gmail.com Website: http://www.randomartsnow.com

Random Arts is located in SOMS

Saluda Community News

Charlie Ward Memorial Pig Out Thank You

Thanks to everyone that attended this year's Charlie Ward Memorial Pig Out and all the many others who have come in the past. Each time is wonderful and it is always great to see everyone in the community. Thanks especially to Terry and Fred Baisden for the past 10 years for organizing and preparing this event in Charlie's memory. Thanks to all the volunteers too. My hope is that the Park Commissioner will take this event and plan a Pig Out for years to come.

--Judy Ward

Annual Halloween Stroll October 31, 5-7pm



The City of Saluda invites everyone to join us for the Annual Halloween Stroll. Remember to wear your best costume. You are guaranteed to have a terrifyingly good time. Downtown businesses from Nostalgia Courtyard to Green River BBQ will be handing out goodies!



Monday, October 29, 5:30pm and October 30 at 5:30pm

A free program, presented by Polk County Public Libraries and Saluda Historic Depot & Museum! All ages are invited.

Meet at the Saluda Library for a guided ghost walk to Saluda Cemetery! Along the way, you will enjoy frightening tales told by Susan Johnson will lead the ghost tour guide and has extensive knowledge of Saluda's spooky

history. Please wear comfortable walking shoes as the route is approximately one mile in length.

The ghost tour will end at the Saluda Historic Depot where mystery author Corinne Gerwe will read from her newest mystery, "The Silent Scream of the Straw Man" and autograph books for sale.



Annual Turkey Dinner The Saluda United Methodist

Church's annual Turkey Dinner is Saturday, November 10, 2018, at the Saluda School Cafeteria. A delicious meal of turkey, dressing with gravy, green beans, sweet potatoes, rolls, and homemade desserts will be served from 5:00 until 7:00 p.m.

Church members will begin to sell tickets on Monday, October 1, 2018. Adult tickets are \$10 per person, and children 12 years of age and under are \$5 per person. You may also purchase your tickets at the door on the night of the dinner.

Take-out plates will be available, but no take-out drinks will be provided.

If you have any questions, please call 828 749-3789.

Fund Raising Dinner for Operation Christmas Child at First Baptist Church

213 Henderson Street, Saluda, NC, 828-674-3275 or 828-749-3231

You Are Invited! October 6, 5:00 pm, Special Speaker: 5:30 pm *Menu:* Smoked Meatloaf Cream Potatoes Green Beans, Tomato Gravy, Roll A Variety of Desserts Lemonade, Tea & Coffee.

\$10 Adult donation, \$5 for children. All funds donated will go toward the shipping cost of the OCC Shoeboxes.

Saluda Center News (All events and activities

take place at the Saluda Center on Greenville Street.) For information about renting the facility, please call 828-749-9245.

Sit and Stitch will now be joining the Thursday Knitters at 9:30am; please make note of the time change. If you knit, crochet, or sew, we'd love to have you join us. We are seeking donations of new handmade blankets and soft toys to be given to children in need in our community. These items must be machine washable and dryable. Please bring these items when you come on Thursday mornings or join us and create your blankets and toys at the center. For more information, contact Holly Wildey (H) 828-749-3129, (C) 904-309-4470, or email: hollylane47@aol.com.

Carolina Preppers Network Are you a survivor or a casualty? Sgt Tim Ray from Polk County Sheriff's Department will teach how to protect yourself in a hostile situation at Saluda Center on October 1, 2018 7-8:30pm

The Saluda Center **Book Club** will meet on Thurs. Oct. 4 at 2pm to discuss, "**Rent Collector" by Camron Wright**. All are welcome to attend.

The Rent Collector by Camron Wright is a novel about the power of reading to open growth and possibility to a family and a community. The unlikely setting for a story filled with hope is Strung Meanchey, the largest

municipal waste dump in Cambodia. It is also the story of the power of myth and storytelling to transform the heart.

The **Saluda Singles** Potluck Dinner will be Thurs, Oct. 18 at 5pm. All men and women of all ages are welcome. Only obligations are a meal to share with our very casual group and a \$1 donation for the Saluda Center. If you have any questions, email Anita Moore at anitaomoore@qmail.com or telephone 828-749-3335.

Community potluck and bingo will be Mon. Oct. 29 at 6:00pm. Bring a dish to share with others.

**Mark your Calendar-Are you concerned about your safety? Do you need tips on how to keep your family and yourself safe? The Saluda Center is sponsoring a "Family Safety and Crime Prevention Program" on Nov. 26 at 7:00 pm, immediately following the potluck dinner. Sensei Jeff Brooks of Mountain Karate in Saluda will present this very informative program. Please plan to attend.

Medicare Open Enrollment Period is October 15 through **December 7.** It is important to review your plan to see if there are any changes or if you need to switch plans. If you have to choose between buying groceries or paying your Medicare bills, **Extra Help and Medicare** Savings Programs are available to those who qualify, but you have to apply. Medicare assistance is available with a trained Medicare volunteer. Call 828-749-9245 to schedule an appointment.

If you are interested in being a **Meals on Wheels** substitute driver, please call Donna at 749-9245. If you are interested in

receiving Meals on Wheels and are 60 years or older and homebound, please call 749-9245 to get signed up for service.

Please contact Donna at 828-749-9245 or stop by if you are interested in **renting the Center** for your event or if you need **medical loan equipment.**

A Thrifty Barn is open Wed. through Sat. from 10:00 am-4:00 pm. Call (828) 393-7891 to volunteer or for more information.

A Thrifty barn basement sales is open on Sat. from 10:00 am-1:00 pm and on Wed. from 10:00 am-4:00 pm. Donations are accepted.

Thank you for your continued support of The Thrifty Barn!

Please contact Donna at saludacenter@hotmail.com to be added to our email list. The Saluda Center is located at 64 Greenville St. Phone is 828-749-9245.

What's Happening at Saluda Historic Depot



Museum Hours

Tuesday to Saturday 10:30 to 5:00, Sunday 12 to 4.

Check out current exhibits and events at <u>saludahistoricdepot.com</u>.

Admission is always free and voluntary donations are appreciated. Donations can be made by mailing to Saluda Historic Depot, PO Box 990, Saluda, NC 28773 or through Paypal at SaludaHistoricDepot.com. website.



Group from Heritage Hills
Groups Invited to Tour
We invite all groups and
organizations to take a guided
tour of the Depot. To arrange for
a guided tour, please contact
Judy Ward at 828-674-9598 or
email to judyward@charter.net.

Saluda Historic Depot Calendar

October

October 1 - Annual Golf Tournament at Kenmure October 19 - Saluda Train Tales--Laura Fields—Minerals & Rocks of NC—Beautiful Meets Useful

November

November 17 – "Saluda" The Musical, A Historic Depiction of Our Town at Party Place @7pm November 16 - Saluda Train Tales-Alex Salley, Life and times in Saluda

December

December 14 - Hometown Christmas December 21 - Saluda Train Tales-Movie Night

Interested in History? Be a Volunteer

If you would like to learn about Saluda's history and greet visitors to the Saluda Historic Depot, please call Judy Ward at 828-674-5958. If you would like to know more about being a volunteer, you are invited to attend the monthly Volunteer Informational and Training on the second Tuesday of the month at 11am. This month it will be held October 9. It will include training on the new policy

and criteria for accepting donated and on-loan artifacts.

For more information, please contact Judy Ward at 828-674-5958 or judyward@charter.net or Cathy Jackson at 828-817-2876 or cathy@saludalifestyles.com.

Donations and memberships to the Saluda Historic Depot in 2018 will enable us to receive incentive grant funds from the Polk County Community Foundation.

The Saluda Historic Depot is a 501(c)3 non-profit and all donations are tax deductible.

Two Join Saluda Historic Depot Board

The board of the Saluda Historic Depot is pleased to announce the addition of two new board members.



David
O'Brien,
Board
Member
David and his
wife, Mary,
both grew up
in Charlotte
and met in
Raleigh while

he was in graduate school at NCSU and she was a secretary on campus. After 18 years in Iowa and 15 years in Indiana, they retired to the mountains they have always loved.

David's career spanned more than 40 years, including the time he spent at NCSU and NASA Langley Research Center obtaining a Ph.D. with a major in Mechanical Engineering and a minor in Mathematics. His career has focused on testing, data analysis, dynamics, noise control, product troubleshooting, and program management with John Deere Product Engineering Center and Honeywell Aerospace Aircraft Landing Systems. Currently, David "e-commutes" as a Senior

Technical Specialist for an engineering consulting firm in Cincinnati, Ohio, where he develops and implements applied mathematical techniques for experimental data analysis. In addition, David has been an adjunct instructor for the Mechanical Engineering Departments of three universities: NCSU, Iowa State, and Purdue.

In the 1950s David and his father were avid "steam engine watchers" which initiated his love for trains – making it only natural that he enjoys volunteering at the Saluda Historic Depot.

Dave has been a volunteer at the Depot for a number of years and has shared his love of trains and knowledge of the Saluda Grade with visitors. He has been a valuable resource to the board members and always willing to give a helping hand.



Bob Keeton, Member-At-Large Bob Keeton comes from dual career paths. For more than 30 years, he

worked in information technology for the State of Virginia and in broadcasting which included one of the first talk shows on satellite radio.

Before graduating from Va. Tech with majors in psychology and sociology, he was elected General Manager of WUVT, the student radio station. He oversaw the station's expansion to Radford University and the addition of WUVT-FM.

The information technology career resulted in managing audio and video teleconferencing for Virginia state agencies and institutions. He gained international notice for software

he developed to schedule and track teleconferences. It was unique in giving agencies travel cost-avoidance information for each electronic meeting. He was called on to make presentations across the nation about the Department of Information Technology's approach to saving money using teleconferencing and telecourses.

He grew up in Richmond, retired from state service and moved to Colorado briefly, staying longer in Santa Fe, NM and then finding home in Tryon, NC.

Today, Keeton invests time doing video productions to support individuals and organizations in developing and delivering their messages. In addition to A/V production, his award-winning radio talk shows often feature author interviews. As writers became friends, some in Holland, Australia, and the U.S., they have sought his assistance with web site development and technical proof-reading.

More at http://www.LivingSuccessfully.co m.

Bob has donated his time and videography talent to the Saluda Historic Depot almost since the beginning of its opening. He has videoed and edited Saluda Train Tales and produced high-quality videos that are available on the SaludaHistoricDepot.com website and also YouTube.

"We are excited to add these two members to our board. As the popularity of the Depot's museum grows and it becomes more and more of a tourist destination, we need people with fresh ideas and skills and talents to continue the success and growth of the museum," says chairperson, Judy Ward.

Saluda Community Land Trust



Walks in the Woods

October 7, 2018 Old Cove

Road This is an old road that went from Saluda to Green River back in the 1920's, before the current Green River Cove Rd was built. It follows a stream flowing down to Fish Top and is now protected with a conservation easement. The walking will be easy to moderate, and occasionally steep, but the views



are worth it. Betsy guarantees this walk is ALL down-hill.

October 21, 2018

Round Mountain Easy to beyond moderate. Explore the site of the Battle of Round Mountain. Located off Howard Gap Road, this walk offers a picnic area, rock outcroppings, and for the adventurous, a strenuous climb to the top of the mountain for Piedmont views.

Walkers meet 2pm at the parking lot of the Saluda Library. A SCLT member will keep you aware of the terrain of the trail and share their insights about the history, flora, and fauna of the area as they lead each walk. Prepare for each walk with comfortable shoes, a walking stick, water, and a snack. Please provide any pertinent medical history to your guide. Many of these hikes will access private property. For more information click here or contact Chuck Hearon at (828) 817-0364 or chearon@skyrunner.net

Trails Need Maintenance

SCLT has a need for trail maintenance volunteers. If you are interested in keeping up the wonderful trails in and around Saluda please contact Chuck, Trails Coordinator, at 828-817-0364 or chearon@skyrunner.net.

Moody Property

Response has been excellent and there is still bead board and flooring; also old brick and old growth 2x4, etc for adoption. There are some tin shingles which make a great medium for oil and acrylic paints. All of this can be yours. Donations to SCLT are suggested and appreciated. For more information, call John Savage, 828-749-3906.



SCLT was very lucky to have had a meeting with Renie Moody, granddaughter of Robert H Moody, an early railroad employee.

Wreath Making

Save the date! Saturday, Dec 1st. will be wreath making at Twin Lakes. Look for an email with details in November.

Taking a News Break

Since Walks in the Woods ends in October, the SCLT News Team will be taking a break until it's time to sign up for Garden Plots in February. Thanks for reading; see y'all next year. Board meetings are still held on the first Wednesday each month, 3:00 pm at the office at the Presbyterian Church.

SCLT Monthly Board Meeting

Join us on the first Wednesday of each month, this month
October 3rd, at 3:00 pm at our office in the Saluda Presbyterian
Church fellowship building and find out more about our on-going projects and how you can get involved.

Please keep SCLT in mind when planning events in the coming year. SCLT has Twin Lakes and Judd's Peak which are both amazing venues to reserve for birthdays, weddings, and other special events.

Please feel free to contact us about any of our projects by calling our office at 828-749-1560 and leaving a message. We will return your call promptly. Or send an email to info@saludaclt.org. We look forward to your comments and suggestions.

Visit our website at www.saludaclt.org.

Saluda Garden Club

The Saluda Garden Club will meet at 10:00 a.m., October 15



upstairs in the Saluda library for an educational presentation by Joe Sanders on how to attract and nest blue birds. Participants can bring any blue bird nests for Joe to examine and discuss as each nest tells a story. Joe is a member of the NC Blue Bird Society and has broad expertise on the subject. All are welcome to attend. You do not need to be a member of the Garden Club to attend.

Please note some events may be cancelled or rescheduled due to weather or at the request of the presenter. To confirm a meeting, please call Karen McGee at 828-749-2530. We always welcome new members; so if you would like to become part of this friendly, spirited and interesting group, please contact Karen. You don't need to be a seasoned gardener or lover of plants to enjoy this group's activities. Dues are only \$25 per year and meetings are held once a month.



The October meeting will be Tuesday the 9th, 10:00 at the Presbyterian Church, 54 Carolina St. We will be having a Ladies Tea – please bring your friends and join us. All are welcome, and ladies interested in learning more about this organization are cordially invited to attend.

For more information, please contact Marlin Beckham at 828-808-2439.

The Women's Club of Saluda strives to serve our community and support one another in friendship and to wisely use our resources to advance the dreams of our future leaders.

Thursday Golf

Golfers of all abilities are invited to join the regular Saluda Golfers'



group. We leave from the Presbyterian Church Parking lot on Thursday's. Time varies depending on the weather. For more information, please contact Bruce Hunt at 828-708-7380.



Notes from City Hall

You Did It!

Thanks to all of you, we have enough brick paver orders to



start the engraving of 100 bricks. Please consider planning to continue ordering for the spring printing. Please tell friends and family to order for a loved one, to promote a business name, to honor someone, to celebrate an

occasion and many other reasons to recognize someone.

Pavers for Pace Park is a community fund raiser to support the completion of installing public restrooms is this "pocket park" on Main Street.

Bricks are only \$40, payable to City of Saluda, three lines of copy with a maximum of 14 letters per line. Forms can be obtained from City Hall or can be requested from Catherine Ross. Click here to download a form.

Drop off applications and payment to City Hall or mail to City of Saluda, 6 Main Street, Saluda, NC 28773. Proceeds will go toward building public restrooms.

Be recognized as a contributor to this new Pace Park. This park is in the alley by M.A. Pace General Store and is the location of a Blue Ridge National Heritage Area Interpretation Sign and future public restrooms.

For any additional information, please contact Catherine Ross at 828-749-3534 or carnc@charter.net.



Live View of Main Street

The City of Saluda has installed a camera on the roof of the City Hall building that shows views of Main St, across the railroad tracks, McCreery Park, and up Greenville St. This is a live feed to YouTube so citizens can view Main St. anytime of the day. You can check on traffic, weather in town, and festivals. Click here to view the YouTube channel. Saluda Grade-Coon.

Follow us on 🔢

Stay Informed - Get on a List!
Stay informed by visiting the city
website, cityofsaludanc.com. Minutes
from previous month's town council
meetings are posted on this site. To
receive monthly notices about town
meetings, please email at
admin@cityofsaludanc.com and ask to
be placed on the email list.

Friends of the Polk County Public Libraries hosting Fall Book Sale Oct. 10-13

Mark your calendars and make plans to attend the Friends of the Polk County Public Libraries' Fall Book Sale from Wednesday, Oct. 10 through Saturday, Oct. 13 at the Columbus Library at 1289 W. Mills St.

The first day of the sale - Wednesday, Oct. 10 - is a Special Preview Day for Friends Only from 3 to 7 p.m. exclusively for current Friends and for those who join the Friends that day. Come take advantage of the Preview Day and bring a friend to join the Friends. Annual memberships with the nonprofit Friends group are \$10 for individuals and \$15 for families living in the same household. Individual lifetime memberships are \$100. Membership forms will be at the Book Sale and also can be downloaded at polklibrary.org/support/friends.

The Friends Book Sales are the primary fundraisers for the nonprofit Friends group with all proceeds going to support library projects and initiatives such as the summer reading programs, special events, professional development opportunities for library staff, appreciation events for library volunteers and free programs for adults and children.

The Fall Book Sale will feature thousands of gently used items including a wide array of fiction and nonfiction titles in hardcover and paperback as well as DVDs

and CDs. Items have been donated by members of the community or withdrawn from circulation at the Polk County Public Libraries. Many items at the sale will be priced at \$1 or less.

The Fall Book Sale dates and hours are:

- PREVIEW DAY FOR FRIENDS ONLY – Wednesday, Oct. 10, 3-7 p.m.
- Thursday, Oct. 11, 9 a.m.-7 p.m.
- Friday, Oct. 12, 9 a.m.-5 p.m.
 Select books will be free starting at 3 p.m., Friday.
- Saturday, Oct. 13, 9 a.m.-5 p.m. The \$5 bag sale is from 9 a.m.-noon, Saturday.

Volunteers still are needed to help set up, publicize, staff and break down the Fall Book Sale. If you can volunteer, please contact Friends Board President Kevin Reynolds

at friends@polklibrary.org.

Connect with the Friends on Facebook
@FriendsofPolkCountyPublicLibrar ies and learn more
at polklibrary.org/support/friends/

Saluda Community Library

October Events

Elementary Explorers, Mondays @ 4pm

A fun program for kids in grades K-5 and their families! October's theme is science.

Oct 1: Rainforest Adventures Learn about the plant and animal diversity in tropical rainforests with KidSenses.

Oct 8: Magnet Magic We'll learn what items are magnetic and do magnet painting, mazes, and more! Oct 15: Grossology Ewww! Let's get disgusting with gooey, yucky science experiments.

Oct 22: Halloween Science
Fun with 3D monsters, ghost
balloons, and glowing playdough!
Oct 29: Scary Animals
Learn all about spiders, bears,
snakes, and ticks from a
Chimmey Rock ranger. Note:
There will not be live animals.

Family Fun Storytime, Wednesdays @ 10:30am

Children ages 0-5 and their caregivers are invited for books, songs, and a special craft or activity every week!

Saluda Chess Club, Thursdays @ 4pm

Do you know how to play chess? Players of all ages and experience ranges are invited to join! Learn the basics and then challenge yourself by playing with someone new.

Saluda Teen Advisory Group, Wednesday, October 3 @ 4pm

6th-12th graders can have a say in what the library offers for teens! Members will be able to offer suggestions for teen programs, materials, and spaces as well as participate in community service projects.

Adult Craft Class, Monday, October 8 @ 2pm

Create a wooden pumpkin decoration, perfect for fall! All materials will be provided. Advanced registration is strongly encouraged. To sign up, contact Amelia at (828) 894-8721 x283 or ahill@polklibrary.org.

Teen Mini Pumpkins, Wednesday, October 24 @ 4pm

For 6th-12th graders only! Fun with mini pumpkins... Choose to paint and decorate yours to take home or make a cardboard target and practice your pumpkin chunkin' skills!

Saluda Ghost Walk, Monday, October 29 and October 30 @ 5:30pm

Meet at Saluda Library for a guided ghost walk to Saluda Cemetery! Along the way, you will enjoy frightening tales told by Susan Johnson of the Saluda Historic Depot. Susan is a former ghost tour guide with extensive knowledge of local spooky history. Please wear comfortable walking shoes as the route is approximately one mile in length.

EVENTS AT THE LIBRARY ARE ALWAYS FREE!

Saluda Library

44 W. Main Street Saluda, NC 28773 Tel. (828) 749-2117

Hours:

Mon.-Fri. 9am - 6pm Sat. 9am - 1pm



Information Update for Saluda Elementary October 2018



Polk County Schools is ranked as the highest performing school system in

North Carolina!

We are proud of the efforts of our students. We couldn't have gotten here without the support and dedication of our staff, parents, administration, and community members. Thank you!

<u>Here's the Scoop for October</u> <u>Events:</u>

4: 4th graders to Overmountain Victory National Historic Trail (8:15-12:30) **5:** 3rd graders to Tryon Fine Arts Center to see Canadian Brass (8:15-10:30)

8: NO SCHOOL --required teacher workday

8: School Board meeting at Polk Central Elementary School--6:30pm

9: 5th graders to the Park at Flat Rock for a Muddy Sneakers lesson on Forces & Motion

9: Report cards go home

9: Community for Children (C4C) volunteers begin tutoring in after school 9-19: School yearbook presale

10: Walk to School--meet at the public library at 7:30am to walk to school with teachers & friends

11: FENCE to facilitate "Forces & Motion" with 5th graders

16: NC Check-in assessment in ELA--grades 4 & 5

17: NC Check-in assessment in Math --grades 4 & 5

18: A+ Conference in Raleigh-Mrs. Rogers, Mrs.Thompson, Dr. Maneen

20: Gran Fondo Hincapie rest stop at Saluda School field & tennis courts (9:00-4:00)

23: Banner Elk Elementary School teachers & principal to observe our A+ program

25: 4th graders to attend symphony performance at Isothermal Community College

30: Interim reports go home

30: Please collect and send in Box Tops! The box tops are redeemed for much-needed items for our school and students.

Visit our school website at: sal.polkschools.org

Respectfully, Cari Maneen, Principal cmaneen@polkschools.org

Located at 214 East Main St., Saluda, NC 28773



Please keep an eye out for the hot pink **Box Tops** that are on many food products and

send them to our school. Our school receives \$0.10 for each Box Top that is collected and submitted. This money is used to purchase books for the Books Are Really Fun program, which allows every student in the school to choose and keep 3-5 free books each year!

Because student safety is of utmost importance, please do not enter school premises or grounds while school is in session.



Saluda
Elementary
Goes
Italian
The faculty at
Saluda

Elementary School have embraced Saluda's Sister City, Carunchio, Italy and has outlined a year-long program to connect the two schools and their students.

The month of October will see the beginning of the "Italian Word of the Week." Students will soon be saying hello, welcome, thank you and many other words in Italian.

Dr. Maneen is putting together a "culture kit" highlighting all things Italian. The Saluda and Hendersonville travelers who are going to Carunchio in October plan to take pictures of Carunchio buildings, landmarks, city hall, the school, the classrooms and students, the cemetery (really interesting and different from ours), the church and more. Pictures will be incorporated into the culture kit along with the Italian flag, maps, maybe recipes and anything else they can come up with.

Once completed, the culture kit will rotate among classrooms to help the students better understand Italian culture.

Book Project for the Italian Children

Saluda Sister City is finishing up its collection of children's books by October 5. The books will be carried to Carunchio by our October delegation of travelers. The Children in Carunchio are fluent in English and want to have American children's books to read. If you have any to donate, call Judy Thompson at 828-489-6578.

Saluda Church Services & Events

Episcopal Church of the Transfiguration 8:00 a.m. - Holy Eucharist - Rite I 9:15 a.m. - Adult Forum 10:30 a.m. - Holy Eucharist - Rite II with music.
Check their website for more programs and schedule changes. Church of the Transfiguration - A bible study class is held each Tuesday morning, 11:00-12:00 and is open to the Saluda community - 72 Charles Street

(behind the school). Come and

Saluda Methodist Church Reverend Laurie Knoespel 828-755-6216 SS 10:00 am Worship Service 11:00 am

Calendars to Benefit

Alison!

Saluda and the Carolina Foothills communities have a long history of rallying to



help others in their time of need. Please assist us in helping Alison by purchasing an ART OF THE HORSE calendar!

Alison Leclerc, a well-respected Tryon area trainer and competitor, had a very serious riding accident in June that resulted in her fracturing several cervical vertebrae. She had surgery and is currently receiving extensive physical rehabilitation at Shepherd Center in Atlanta. While she is gaining movement in her arms and hands, the eventual outcome of her spinal cord injury is still uncertain.

Friends of Alison had the great idea of creating a calendar as a fundraiser using photos of "Art of the Horse" statues displayed all over the Foothills area including two right here in Saluda. Suzanne Strickland and Mindy Wiener of Our Carolina Foothills, the force behind "Art of the Horse" and other community events, were quickly on board. Cost of production was covered by friends of Alison so that 100% of the money received from calendar sales will go to help with Alison's medical and rehab expenses.

The 15-month calendars are \$20 each and are available in Saluda at Thompson's Store, Salamander, Wildflour Bakery, Beverly-Hanks Realty, and Saluda Outfitters. Just down the mountain they can also be purchased at The Farm House, Hay Rack, Little Mountain Farm Supply, Overmountain Vineyard, Cool Mama's Bakery and other locations. They'd be beautiful Christmas, corporate or just-for-

fun presents, and for a great cause!

Saluda Classified Ads

Nostalgia Courtyard Rentals

Office Space-- beautiful office space: entry, 2 rooms, bathroom and closet. \$310/month. Includes city water. (Not for residential use) Corner of Main St and Pearson Falls Rd. 828-749-9224 or 828-749-3356 (Debi)

House Cleaning

For housekeeping, weekly, biweekly, or monthly. Use organic products that are Earth and pet friendly. Phone number is 828-817-4771.

Pet Walker

Life time pet owner, currently petless. Very flexible and have 2 little helpers that will shower your pet with love and long walks. \$15 per visit. Contact 786-543-6623 or quychecain@gmail.com. Thanks Brian, Pixie and Raiden

Hire-A-Hubby

Are your honey do's adding up? Do you need someone to come in and take care of those repairs and things that just seem to never go away? Are you wanting to remodel? If so, then welcome to *Hire-A-Hubby*. We are here to help you get all those honey do's done that you have been putting off! So, don't wait any longer, call Robert at 749-2335 and let *Hire-A-Hubby* get those honey do's done!

Work wanted

Experienced House Cleaner! Many years' experience! Honest, reliable, and hard working. Will do "once a month" jobs, deep cleans, as well as cleaning due to Sale or purchase of new house. And Rentals! Will also consider vacation rentals. Call Kathie: 828-674-6108; if no answer, leave message please!

House cleaning by Heather

Rentals, vacation homes or locals Heather 828-329-0536.

Yard Work

Mulching, planting, mowing, weed eating, trimming and clearing out. Call me: Carlos, 864-497-9892, 15 years of experience, \$15 an hour or price by job.

Dan the Computer Tamer

Repairs, upgrades and customizations. Affordable service in your home in Saluda and surrounding areas. Daniel Schmitt, 336-565-6336

Therapeutic Massage & Bodywork

Relaxing, healing massages are available in the comfort of your own home, rental cabin or at your favorite B&B. My portable table can go almost anywhere! Advanced scheduling is recommended. 14 years of experience. Cassandra Nelson, Lic#7386, (864)326-8923.

House Sitting & Animal Care

Take your vacations without the guilt and worry. I am familiar with a variety of animals and houses. References are available upon request. Contact Cassandra at (864)326-8923.



Fall Colors in Western NC

Check out where and

when fall colors will peak in western NC by visiting https://www.romanticasheville.co m/fall.htm. Colors are expected to peak in Saluda around first week in November.

Photo courtesy of the Gorge Zipline Tours.



Preserving Saluda's Past for its Future



Saying Good-Bye to a Friend Pictured here in the 1950s, left to right John T. (Jack) Coates III and

William (Billy)

Gaston

Edgerton Jr. (Courtesy of Thompson's Store.)

We were saddened to learn of the passing of John T. Coates, III or "Jack' as we all knew him. Jack was a founding member of the Historic Saluda Committee in 2010 and had cameo appearances in the film, "Going Home: Saluda's Music Traditions." In 2014, Jack participated in a fulllength oral history interview with members of the HSC. He shared stories of what it was like growing up in Saluda and recalled many wonderful memories of the place he called home for so many years. According to Jack, there was no better place to live than Saluda. To see his full interview, please visit the **HSC YouTube** page. Jack, we are sure going to miss you. Thanks for being a friend!

Sharing Encouraged

We frequently receive donations of old photographs, historical documents or other artifacts relating to Saluda. Often folks loan them to us to scan and digitalize. This is a great way to preserve your family history or the history of the town. The Historic Saluda Committee uses archival quality materials to store donated items. Collections are often shared on Facebook and on

the website. Donations are accepted at the Saluda Public Library and Saluda City Hall. Contact us at historicsaluda@gmail.com to contribute to history!

Use Social Media to Get Your Saluda History Fix Every Day!

The Historic Saluda Committee uses social media. Like our Facebook page and enjoy tidbits of Saluda history every day. We will take you all the way back to the days of Pace's Gap on up to present day. Click here to go to our page. We are also on YouTube. Oral histories or other videos are uploaded often. Go here to find us. Or you may simply search for Historic Saluda NC on either social media platform. Our website is always a source of enjoyment, so visit www.historicsaluda.org.

Our Merchandise:

- Going Home: Saluda's Music Traditions, oral history film documentary, DVD, \$20
- Images of America: Saluda, book published by Arcadia Publishing Company, \$23.50 (includes tax)
- Home, Hearth and History: Stories of Old Saluda, oral history film documentary, DVD, \$20
- Saluda, NC: Voices from the First 100 Years, re-mastered audio oral history recordings, CD, \$10
- Historic Saluda Stickers, \$3

Merchandise available through local Saluda merchants, including Heartwood Gallery, Historic Thompson's Store, Saluda City Hall, the Orchard Inn, The Dressing Room, the Saluda Historic Depot and more. All proceeds go toward future projects.

Meeting<u>s</u>

The next meeting is scheduled for Friday, October 12, 2018 at 2:00 p.m. at the Saluda Public Library

in the upstairs meeting room. The public is invited and encouraged to attend.

The Historic Saluda Committee (HSC) is an official committee under the jurisdiction of the City of Saluda. A seven-member panel is appointed by the Saluda Board of Commissioners and the HSC Chair may appoint up to five additional members. For more information about the Historic Saluda Committee go to historicsaluda.org or contact us at historicsaluda@qmail.com. Check us out on Facebook.

Submitted by Cindy Stephenson Tuttle, Chair, Historic Saluda Committee

Saluda Post Office Hours

Mon-Fri 9:00am-1:00pm 3:00pm-4:30pm Sat 9:30am-11:00am Sun closed (828) 749-5921.

Health/Wellness

SLIP to Offer AARP's Safe Driving



Class on October 11

Saluda Living in Place (SLIP) will offer the AARP Safe Driving Class on Thursday, October 11, 2018 from 1 p.m. — 5 p.m. at the Saluda Fire Department on Greenville St.

A lot has changed since most of us have gotten our licenses. Come and learn updated rules of the road, safety strategies to reduce the likelihood of having a crash, how to manage and accommodate common agerelated changes in vision, hearing and reaction time and how to drive more safely in today's challenging environment.

AARP has found that over nine in 10 course participants report

changing at least one key driving behavior for the better. Over eight in 10 participants felt that information they learned in the course has prevented them from being in a crash. And you may be eligible to receive an insurance discount upon completing the course. Consult your insurance agent for details.

The class will be taught by Hendersonville resident Ollie Bunch. Ollie has taught the Safe Driving Class for 15 years. This is a classroom course...no road driving. The fee is \$15 for AARP members and \$20 for nonmembers. Checks may be made payable to AARP.

You must register for this class. Email <u>diannearbour@rsnet.org</u> to register or call the SLIP Office at (828) 490-1040 before Monday, October 8, 2018.

Mark your calendars for upcoming SLIP events:

- Join us for our Open House and Annual Meeting on Monday, October 15, from 5 -7 p.m. Visit our new offices at 1347 Ozone Drive, Suite 3 and enjoy the work of Saluda artist, Jim Carson. Refreshments will be served.
- Veterans' Breakfast the first Wednesday of each month at 9 a.m. at the Saluda Fire Station.
- Tea Tasting at Mewdlic, Main Street, Saluda on November 6, 2018.
- SLIP board meetings are held the second Thursday of each month at our office at 1347 Ozone Road, Suite 3, Saluda, at 10 a.m.

If you need transportation to any of these events please call the SLIP office at (828) 490-1040.

SLIP office hours 10 a.m. to noon Tuesdays and Thursdays. Stop by for information about our

services, inquire about community resources, or just come in for a chat. Learn more about our "neighbor to neighbor" program.

Submitted by DiAnne Arbour

At Saluda Center

64 Greenville St

Ease into Autumn with Elizabeth Katin (RYT). Join us for **GENTLE YOGA at Saluda Senior Center** on Tuesday's and Thursday's at 9:00am. This is a beginner level yoga class that is welcome to all. All levels are welcome! Donations accepted.

Cassandra Nelson, LMBT Gentle Yin Yoga

Wednesday 9:00am
Friday 9:00am
Classes are held in the studio
downstairs at the Saluda Center.
Mats and props are available.
Please come at least 5 minutes
early. Questions are always
welcome! Please call Cassandra at
(864) 326-8923.

AIKIDO 合気道

Aikido (the art of peace or the way of harmony) is a Japanese martial art that does not rely on physical size or strength, kicking or punching. Instead, we use flowing circular movements which enable the defender to offbalance and neutralize an attack with minimal effort or bodily harm to the defender *or* the attacker. Mondays and Wednesday 6:00 PM downstairs at the Saluda Center.

Danny Beck sensei (843)697-0047 or Cassandra Nelson sensei (864)326-8923.

Mountain Karate - Classes for kids and adults at Saluda Senior Center

Kids 10 am Saturdays Adults 11 am Saturdays and 6 pm Thursdays

Family memberships available

Focus, Fitness, Practical Self Defense in an enjoyable atmosphere.

Jo Rytter offers Yo-Chi classes at the <u>Wellness Studio</u> in Tryon every Tuesday at 10 am. Starting in October, Yo-Chi will be offered on Saturday mornings at 9:45 am.

Jo is a certified Kripalu Movement and Yo-Chi Instructor. She has also completed the Golden Hearts: Senior Fitness Training. Below is a description of Yo-Chi:

Yo-Chi combines two disciplines that have survived for hundreds of years; Yoga and Ta'i Chi. These are the oldest mind body programs still existing today. Yo-Chi is a fusion program that gives you benefits in both stability, strength, mobility, and flexibility. Yoga focuses on stillness and finding stability. T'ai Chi focuses on slow, controlled never ending mobility. Doing these disciplines together, either alternating or in combination, can help increase your overall wellness.

Located at 157 N Trade St., Tryon, NC

Heartfulness Meditation Classes

Experience joy, balance and improved wellness by participating in practical sessions on Heartfulness Meditation with Yogic Transmission. You will learn simple, effective relaxation and meditation techniques with the guidance of a Heartfulness trainer. Reduce stress, calm your mind and improve the quality of your life.

Sessions are held on Fridays from 8:30 to 9:45 a.m. at The Art of Yoga Studio at 19 Pearson Falls Rd, Saluda. Classes are free of charge and all levels are welcome.

Please RSVP at 828.283.0046 or Asheville.nc@heartfulness.org.
Space is limited. For more information on Heartfulness Meditation visit www.heartfulness.org.

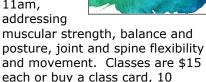


Herbal Remedies Apothecary, for all your health, beauty and home care needs, Naturally! Addressing Seasonal and Respiratory health, Immune function, Insomnia, Stress, Pain and Inflammation, Joint and structural health, Stomach, Liver and Kidney issues, Detoxifying Cleansers, Heart Health and Circulation, Women's and Men's Hormone balance, Child Life Kid's Health Products, Nutritional Supplements and Vitamins, along with essential oil candles, soaps, bath salts, shampoo bars, salves, creams, skin care products and more. Mention this ad and get a 5% discount.

Art of Yoga, Gentle and Restorative Yoga Classes are Monday,

Wednesday, and Fridays, from 10 -11am, addressing

classes for \$120.



Located at 19 Pearson Falls Rd, lower level of Wildflour Bakery Courtyard.

Laura Polanco is an accredited yoga instructor, herbalist and full-time artist.

Outdoor Adventures



Area Fall
Bike
Rides
Fall is a
popular
time for

getting outdoors and cycling through the beautiful mountain roads around Saluda. There are bicycle riders that you may see coming through Saluda, so be sure to share the road and practice safe driving etiquette.

Hincapie Gran Fondo - October 20, 2018. The Gran route includes epic climbs including the infamous Skyuka Mountain KOM, switchbacks on Green River Cove, and a challenging descent down Howard's Gap. Visit this website to see bicycle routes in our area.



Call for Volunteers for Hincapie Gran Fondo

Welcome potential Fondo volunteers! We are excited to offer you the opportunity to assist us in the #1 rated Gran Fondo in the country. Please view all volunteer options, sign up, and help us spread the word about the ultimate cycling experience in Greenville, SC.

For your time, all volunteers are given an official event t-shirt, water bottle, discounts on cycling apparel, snacks, a bottle of our signature event wine (if over 21), and an invitation to join in the free Family Festival on the grounds of the beautiful Hotel Domestique. The festival includes music, games, bouncy houses, food, drinks, and a chance to see many professional riders and celebrities from all over the world!

As always, proceeds support Greenville's Meals on Wheels, which provides more than 350,000 meals annually to our homebound and senior residents all free of charge. In addition, each year the Hincapie company and ambassadors also personally pack meals at the Meals on Wheels office.

Thank you for considering volunteering at Gran Fondo Hincapie-Greenville. We look forward to working with you!

Those interested in volunteering can sign up following this link: https://m.signupgenius.com/#!/showSignUp/4090d4ea5ac2aa64-hincapie2

Pearson's Falls Glen

Early fall at Pearson's Falls is a glorious time. The long, hot summer is



behind us, the leaves are beginning to change color, and the sky has turned a crisp autumn blue. It is refreshingly cool as you hike the gently rising ¼ mile trail along tumbling Colt Creek up to the 90' waterfalls.

As the days begin to shorten, the leaves on the trees start the slow process of changing color. You will see light greens, yellows, oranges and reds. Masses of purple Asters, yellow Goldenrods, pink Turtlehead and snowy Virgin Bower fill sunny spots along the trail.

On Thursday, Oct. 11 there will be a Guided Walk with bird expert John Cely. The walk starts at 9:00 and registration is required as the group is limited to 20 persons so everyone can see and hear. Please call the Gatehouse 828-749-3031 for details and to register. Bring your binoculars.

Pearson's Falls and Glen belong to the Tryon Garden Club. The Club is celebrating its **90**th

Anniversary on October 24 with a **Free Day**. All local residents are invited to come enjoy an outing to Pearson's Falls on Wednesday the 24th at no cost.

Bring your family. There are picnic tables for lunches, benches to rest or read and covered shelters in case of showers. There is also a green restroom featuring Clivus Multrum composting toilets and a living roof composed of plants native to Pearson's Falls Glen that provide insulation for the building.

Open daily 10 until 6 with last admittance at 5:00. Admission is charged. **No dogs** allowed other than service dogs. **No swimming or wading**.

Pearson's Falls is located off Highway 176 south of Saluda at 2748 Pearson's Falls Road, Saluda, NC. For information call 828-749-3031 or go to www.pearsonsfalls.org.

Visit Pearson's Falls at: 2748 Pearson's Falls Road, Saluda, NC 28773. For more information, contact the gatekeeper at Pearson's Falls, 828-749-3031 or go to our

website: www.pearsonsfalls.org.

Save these Dates

Tryon Garden Club Guided Bird Walk, John Cely, bird specialist, Pearson's Falls Glen, Thursday Oct 11 at 8:45am Pearson's Falls Free Day, Celebrating Tryon Garden Club's 90th anniversary, Pearson's Falls, Wednesday, Oct 24, 2018 Tryon Garden Club meeting, Understanding Conservation Easements, Pam Torlina + panel, FENCE, Wednesday Nov 14, 2018 at 2pm Tryon Garden Club meeting, Sculpting Endangered Animals,

Dale Weiler & Loti Woods, FENCE, Wednesday Jan. 16, 2019 at 2pm Tryon Garden Club meeting, Tryon Mountain Lavender Farm, Carolyn Hester and Roff Henry, FENCE, Wednesday, Feb. 20, 2019 at 2pm

Submitted by Lucy Brannon

Saluda Scoop

The latest news and the unusual offerings provided by Saluda shops, restaurants, accommodations, artists, craftspeople, and service providers.

To check business open hours or updates to schedules, please visit <u>saluda.com</u> and click on business website or Saluda, NC <u>Facebook</u> page.

Saluda Salon Garage Changing the world one haircut

at a time. Welcome Michael Cohen, new



proprietor and hair designer in Saluda. Michael will open the first week of October at 144 Hwy 176 W across from the Green River BBQ in the old Esso Gas Station. This is what motivated him to use the "garage" motif for the name of his business. He will expand that theme with his décor and



names of ala carte services like "tune up" for a haircut, "car wash"

will be a shampoo. Michael feels that designing hair is artwork and frames each style with his customer's composition to create the style and look for each individual. Michael says, "A good hair cut awakens and motivates...it makes you feel good about you! That is the

outcome I desire for every person I have ever worked with!"

After 30 years in the business, including being the art director for Toni & Guy Hair Products & Salons, he most recently designed hair at Red Arbor in Hendersonville. Helping the homeless has been Michael's passion "to make them feel better. about themselves," and inspired him to start Helpinghair.com. "This is a business of changing and shaping lives. The work we do at our Non-Profit Organization was aimed at providing a holistic approach to solving some of our society's biggest challenges. By being mobile we provided a service that can be sought and used by everyone," says Michael. He will also inspire his customers to help those who need it in his new Saluda location, but you will have to make a visit to see how this works.

Accepting new customers of all genders and ages!

Michael can be reached at 828-450-3270 or burnt1913@yahoo.com.



The time has come to think of sweaters, jackets and yes, even long pants. Whatever you need to spice up your wardrobe for fall and winter, we have it here at Saluda Outfitters. Along with a super selection of women's Elan apparel that includes some super soft pullovers and zip ups, we now have the latest in Kuhl, Marmot and Royal Robbins for both men and women. Come by to check out our featherless vests and jackets

For the little ones, we just received a new shipment of Wild Child Bear hoodies monogrammed with Saluda, NC on the front. So cute, your kid will

love it, and they are great for cool fall day outings. We have name brand summer apparel marked down to 40% off, including a few Chaco sandals and some summer tees for adults and children.

Green River Eddy's Tap Room continues to feature 14 taps of various local craft beers and has a good selection of wines as well. The Bia Hunary Food Truck will be cooking each Thursday and Friday from 4-9 p.m. and Saturday and Sunday from 12 noon to 9 p.m. Come by and try our new menu items that include chicken fingers with fries, apple pies, mozzarella sticks and mahi mahi tacos. Our live music venue continues to host different musical entertainers from around the area each Saturday from 5-8 p.m. on our expansive deck with some special events coming up. Join us Oct. 20 for a Hi-Wire Tap Takover from Hi-Wire Brewery in Asheville and a special 6-9 p.m. Friday celebration of the Green River Race with recording artist Pam Taylor of Lancaster, SC and an Oskar Blues Tap Takeover. (Check out October's calendar published here in Saluda **Lifestyles under Music and Art** Section or visit our website at www.saludaoutfitters.com.)

Don't forget you can find all your adventure recreation needs at this one destination location including Pyranha kayaks—we are an official dealer. Saluda Outfitters is a Giant bicycle dealer, as well, and we have our in-stock Giant bikes on sale for up to 40% off. Check out our fully equipped bike shop run by a certified technician if you need parts or repairs.

Saluda Outfitters is located at 435 Main St., just one mile off I-26 at Exit 59 and Ozone Road (turn up the hill on Shand Street). There is also additional parking across the street. Call (828) 848-4060 for

updates. Come In! Gear Up! Get Outside!

<u>T</u>rmy's The Dressing Room, Etc.

A lady's clothing and accessories boutique.

We are slowly going into fall and The Dressing Room is ready for the season. Delight in comfortable fabrics and beautiful fall colors from Habitat, Color Me Cotton, Chalet, Yoshi, Soft Works, Mode Devie, Libra, Prairie Cotton, Et' Loise, Razoli, Oh My Gauze and more popular name brands. Also, great fall and winter vests and jackets.

Stop in and say Hi to Coco.

Visit f to see news and updates.

As always thanks for shopping local!



Looking forward, Irmy Deeg and Coco

THE DRESSING ROOM ETC., located at 141 East Main Street in Saluda. Phone is 828-749-9555.



Thompson's Store, Ward's Grill & Lola's Celebration Venue 24 Main Street in Downtown Saluda, (828) 749-2321

Thompson's Store
Open from 9 a.m. to 6 p.m,
Monday through Saturday and
11 a.m. to 4 p.m. on Sundays.

Come by for some of our quick and easy fresh-to-frozen, homemade meals, hand-cut selections from our meat market – including our signature, world-famous Charlie's Sage Sausage – tasty deli items, fine wines, craft beers, gourmet foods and more. As the oldest grocery store in North Carolina, visiting Thompson's is a nostalgic step back in time. We're proud to have been serving customers like you since 1890 and greatly appreciate your continued patronage.

Ward's Grill Open from 7 a.m. to 3 p.m., Monday through Saturday.

Our biscuits and gravy made with our very own Charlie's Sage Sausage, eggs are the perfect breakfast for fall weather. In addition to daily lunch specials, we serve burgers, sandwiches, hand-spun milkshakes and more for lunch. Don't forget Veterans Breakfast the third Thursday of each month with free breakfast between 7 and 11 a.m. on Thursday, Sept. 20 for hot coffee and your free breakfast.

Visit Thompson's Store and Ward's Grill on the Web at Thompsons-Store.com. Stay connected and become our friend at Thompson's Store on Facebook and Ward's Grill on Facebook.

Lola's Celebration Venue

Book your fall event at Lola's Celebration Venue above Thompson's Store. It's perfect for parties ranging from a cozy group of friends to a soiree with more than 200 guests. We here at Lola's would love to host your wedding, reception, rehearsal dinner, anniversary or birthday party, reunion, business retreat or other event. Please let us know how we can help you with your special day!

Visit Lola's Celebration Venue on the Web at

LolasCelebrationVenue.com.
Stay connected
and become our friend at
Lola's Celebration Venue on

Lola's Celebration Venue on Facebook. And call (828) 749-2321 today to start planning your special event.



October is always a beautiful time in the Mountains and a great time to visit Saluda!

This October, Sassafras is feeling especially blessed and grateful for this wonderful and amazing community, and to all of our customers! Thank you for your support and good wishes, as we move into our new location in Saluda. Yes! We have moved and are excited to have you come in and check out our new shop!

We will re-open on Friday, October 5th, and are now located next to Irmy's beautiful shop, The Dressing Room.

Our new address is 141 E. Main Street

New Hours for Fall: Wednesday thru Saturday 11am – 5pm, Sunday Noon – 4pm Closed Monday and Tuesday

Store Phone: 828-749-2379 Check out our Facebook page "SassafrasSaluda" for pictures of new arrivals, along with current store hours and special promotions.

Wishing you a Blessed and Bountiful Fall Season!

Connie and Catherine





The Orchard Inn & Newman's Restaurant

Our favorite time of year is here at last. Sitting in our dining room with wonderful views of the surrounding mountains, we are entertained by the colorful song birds at the feeders with the kaleidoscope of Fall colors in the background. Sublime.

When you visit the Orchard Inn, be prepared - you're entering a stress-free environment where the air is fresh and the mountain views amazing. As you ascend our beautifully landscaped winding driveway, the rest of the world and all its stress melts away. The official welcome committee (our two Boxers -Murray & Clayton) will be standing by to challenge you with a stick and walk you up the steps to our antebellum front porch where they will attempt to lure you into a game of tug of war. Don't be tempted - you're sure to lose. Welcome to the Orchard Inn and Newman's Restaurant where the atmosphere is serene and the hospitality warm. Come help us celebrate 92 years of gracious southern living.

Our fine dining restaurant, Newman's, continues to receive high accolades from food critics far and wide. We're serving dinner every Thursday, Friday and Saturday nights and an incredible Brunch every Sunday. At Newman's Restaurant we strive to bring diners a true "farm to table" gastronomic experience. Treat yourself to a most creatively prepared and delicious fine dining culinary adventure! You don't have to be a guest of the Inn to enjoy a meal at Newman's. Our amazing 3-course brunch is only \$29.95 and goes from 11:30-1:30 every Sunday. Our 4-course dinners are a great value at \$64. Every seat in the elegant dining room has a fabulous view of the surrounding mountains, and our terrace is a perfect place to enjoy a glass of wine or local beer while enjoying vour complimentary hors d'oeuvres prior to dinner. It's hard to find a better meal in the great culinary towns of Asheville, Greenville or Charleston. We are literally a diamond in the woods. Call ahead for your reservation since the words out, and the restaurant fills up most meals. 828-749-5471.

Our new Spa is now open and all our welcome. We've created a very Zen-like environment where you can de-stress, unwind, relax and be pampered with an array of therapeutic massages or restorative facials by highly skilled therapists. We will also be offering very attractive yearly memberships, so come by and check us out!

We're proud to announce being awarded by Trip Advisor - 2012, 2013, 2014, 2015, 2016, and 2017 Certificate of Excellence, and by Open Table - No. 1 Restaurant in Western N.C.

For more information and reservations, please call 828.749.5471. Visit orchardinn.com and like Newman's Restaurant on Facebook. Like us on Facebook We are located on Highway 176, Saluda, NC.

Green River BBQ

Fall is in the air and you can watch football on any of the large screen TVs that are



around the BBQ. All fall and winter \$1.00 off all beer and

\$2.00 off all appetizers Monday-Thursday!

We are now serving many local fall seasonal beers on tap as well as local ciders. Brunswick Stew is back on the menu and more choices of homemade soups that change daily. Enjoy our delicious Sweet Potato Casserole that is back on the menu as well as other seasonal veggies and sides as they become available. Our patio will always be open no matter the weather so you can bring your pets with you. Warm up near one of the outdoor fireplaces on cooler evenings.

Take advantage of our easy **online ordering!** Just go to our web page <u>www.greenriverbbq.com</u> to place your to go order!

Our Fall/Winter Hours:

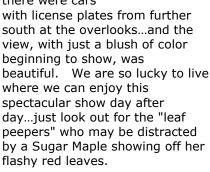
Monday, 11am-8PM Tuesday-Saturday, 11am-9pm Sunday-11 to 8pm

Contact Green River BBQ at 828-749-9892 for takeout orders or visit them at greenriverbbq.com. Visit their Facebook page to get extra daily coupons!

Green River BBQ is located at 131 Highway 176 West.

Wildflour Bakery

I (Debi Thomas) drove the Parkway yesterday evening. Already there were cars



Wildflour will be savoring the last of the produce from our local farmers. Look for squash, shitakes sweet potatoes and kale in our soups, bean bowls and omelets. Pumpkin, apples and gingerbread are sure to be featured in cakes, pies, pancakes and waffles. The Thanksgiving order sheet will be ready this month. It's always best to get your order in early to reserve your favorite pies and rolls. October 20th is the always exciting Hincapie Bike Race. Hundreds of bikers will be peddling their way right down Main St. It's great fun and they love to hear you cheering them on!

Halloween is on Wednesday and we will be open to serve your favorite pizza to any hungry goblins, witches or ghosts.

Monday: Closed

Tuesday: 5:00pm to 8:00pm

Taco Tuesday

Wednesday: 8:00 am - 3:00 pm & 5:00 pm - 8:00 pm for pizza **Thursday**: 8:00 am - 3:00 pm **Friday**: 8:00 am - 3:00 pm for breakfast and lunch &

5:00 pm - 8:00 pm for pizza **Saturday**: 8:00 am - 3:00 pm **Sunday**: 10:00 am - 3:00 pm

While you are checking out our Facebook page or website, you can sign up for our newsletter. It's a great way to make sure you don't miss any of the specials and happenings at Wildflour.

Wildflour Bakery 828-749-9224

Check us out online at wildflourbakerync.com Search for us on .



Meanwhile, Back in Saluda's Local Market

"Delicious Autumn! My very soul is wedded to it.

If I were a bird I would fly about the earth seeking successive Autumns."

--George Eliot (Mary Ann Evans)

It is time to start planning holiday special orders! Recent changes in shipping has caused delays on some orders. Remember to place special orders for food, wine, and beer a week or two ahead so we can be sure to have what you need.

SALE! SALE! SALE! We all enjoy a good sale, and to celebrate October, we are adding to our WINE SALE selection. Take a look and stock up on bargain wines for everyday and special bottles for parties and holiday meals. Wines rotate each week so take a look and see if your favorite bottles are on sale.

On Sunday, October 7th from 4 - 6 pm, join in an Open Mic / Story Circle time. Come share a song, story, poem or surprise the group with something unique. Free for everyone. For more information contact Katrina Thissen (828-606-8994) or Greg Bryant (828-388-2600).

Let us know how we may better serve you. We have plenty of room inside for eating, sitting and just spending time with friends. We also have room if you need space for a family dinner, lunch with friends or a meeting. Just give us a call and let us save a table or two for you.

October Hours

Monday, Thursday, & Saturday: 10:00 A.M.-6:00 P.M.
Tuesday: 4 PM - 8 PM Open for Wildflour's Taco Tuesday Night *Usually open by 10 AM on Tuesday but call ahead to be sure.

Wednesday & Friday: 10:00 A.M.-8:00 P.M. Wildflour's Pizza Night Sunday: 10:00 A.M.-4:00 P.M. Wildflour's Brunch Time! "Call of stop by and ask about music on Friday night.

Phone: 828-749-9463 (The Wine Shop and Local Market)
Phone: 828-749-2480
(Meanwhile, Back in Saluda)
171 East Main Street, Saluda, NC Wine Shop Phone: 828-749-9463, email:

meanwhilewineshop@gmail.com
See us on f.

Sweet Mountain Earth Resale

Keep light bulbs and batteries out of the landfill. You can recycle all light bulbs including long fluorescent ones at the Tuesday recycle pickup at Ozone and Hwy 176 from 8 –11:30.

Sweet Earth Mountain Resale, Thrift and Consign is now a whopping 70% consignment which means diversity of fabulous merchandise. Shop is also overfull so I am making great deals on already bargain prices. Open every day 12-3, Fridays and Saturdays 11-5 and Sunday 1-3/4, If you happen by at another time, please call number on the door, and if we can open, we will! If you haven't been in (shame on you, just kidding), you will not believe the items we have, antiques, pottery, art, prints, home décor, metal ware, jewelry, furniture and much more. Sheila 828-606-1748. Located across from the famous Green River BBQ 160 Hwy 176 W (just over the railroad bridge) on Main Street.

Located on Hwy 176 across from Green River BBQ.

Stories & Such

Conservation Corner By Betsy Burdett

The Circle of Life

Saluda Community Land Trust, with help from the Polk County Community Foundation, purchased two parcels of land along the RR along the Henderson/Polk County line, both owned by heirs of Robert H Moody. One of these parcels has a clean title because it was purchased through the foreclosure process, and the other parcel is a bit different; one of the two owners listed on the deed sold his interest to SCLT but the other 50% was registered to a person (the missing Moody) who has not been located since the year 2000. To explain all of the hoops that SCLT has been jumping through for the past 4 vears in order to clear up this mess would take far more than my allotted 700-900 words for this corner, so let me simply say that it's a mess. The joke at SCLT is that we are looking for a Moody heir who could clear up the title-"any Moody will do". The property is very important because of its location, within walking distance of Saluda School, and it is a beautiful piece of unspoiled mountain land.

Now the story begins. A woman from Greensboro NC came for vacation in Saluda a month or so ago. She picked up a printed copy of the Saluda Lifestyles and took it back home for an 85-year-old friend who spent her childhood in Saluda. That woman was Lorena

("Reenie") Moody L. Littlejohn. Reenie came upon the SCLT portion of the Lifestyles telling about the workday that coming Friday at the Moody house, and she called the number. Then she got John Savage, the Moody volunteer worker. To put it mildly, Reenie was ecstatic. She and four others of her cousins, all now deceased, had fought for many years to preserve their fathers' home place, only to be defeated by Robert L. Moody (now deceased), father of the missing Moody. Since that telephone call to John, so much has happened.

Reenie spent two weeks gathering up all the Moody family history. Her close friends in Greensboro started planning a trip to bring her back home, to see the place she loved so much. The SCLT board helped arrange for lodgings for the night. Reenie and her friends Ed and Peggy drove from Greensboro on Thursday afternoon. We all talked for a while, then spent hours on the Moody property, at the site where the old house used to be. We found the footstones from the graves of her grandmother and grandfather for Rennie to take back home. She rubbed her hands in the sand, as she had done so many times as a child. She marveled at the old rock wall that she dearly loved, which had recently been cleaned off weeks before by SCLT volunteers. Then we all went to Twin Lakes for a picnic, where she told us more and more and more about Saluda and its residents the way it used to be. She was SO happy to be 'home', surrounded by folks who were working hard to preserve the land she loved.

The next morning, we all ate at Ward's Grill. Then we walked up the street to the bank where Robin watched Reenie sign a quitclaim deed for the land and then put her notary stamp upon it, helping to clear up the cloudy

title. Then we went to the historic depot (the Moodys worked for the railroad), where Reenie told us even more stories about who worked on the train, about her uncle who was killed in a RR accident. She was so happy to tell the stories, and we were so eager to hear everything that she said.

Reenie, Ed, and Peggy drove back to Greensboro that afternoon. Reenie talked about nothing but how happy she was the whole way home.

The next morning when Peggy called to check on her, Rennie said that she'd had a rough night and needed to go to the hospital. Even though she had been fine for her last check-up, the cancer of 12 years ago had come back and she could not breathe. After 4 days in the hospital she went to hospice and died this morning at 5am. Her last words were "I'm happy. I'm ready to die now. I'm ready to go home."

I do not believe in coincidences. There is a divine order, or a spirit of goodness, that connects all of us though positive vibrations, if we take time to listen. It was a random act of kindness, or love, that made Reenie's friend pick up the Saluda Lifestyles and take it to Reenie in Greensboro. Why did Reenie read it? Because she still loved the memories of her childhood home. From there it all fell into order: she called John, John sent me the email, friends brought her to Saluda because they loved Reenie, and Reenie was able to fulfill one of her greatest wishes, to see her childhood home kept safe. Reenie was a widow with no children, so this was very important to her. And it all happened because we cared, within less than three weeks.

We've all heard of the circle of life. It's the connections that make our lives complete. We

spend our entire lives trying to figure out why we are here, and what we're here for. There's something about making peace with our beginnings, and our childhood, that often completes that mysterious circle of life. To have been part of that process with Reenie is an honor for all of us who were called to do so, all thanks to a little blurb in the Saluda Lifestyles.

In the Neighborhood

By Amy Wood

The Bear Necessities

It's October, Hooray! I just

love the crisp, cool air and the kaleidoscope of leaves that fall brings to Saluda. I love the feeling of finally falling into the routines of the school year, of the days getting shorter and nudging us to bed earlier. But this year, I think the autumn gift that I'm most looking forward to is when the bears start thinking about hibernating!

We've been among the many households around town that have been victim to the Bear Buffet, which means we've found our trash strewn all over the road and our can tipped over and empty like a dinner party gone wrong (or right, depending on



your kind of party). We've bungeed it, tied it, waited till garbage day to put

it out--but no matter--our neighborhood fuzzy wuzzy must be smarter than the average bear, because he's had no trouble helping himself to our grey, plastic picnic basket on wheels. In fact, one early morning we awoke to the sound of our trash can being wheeled down the road for some more private dining. Wish I

could have gotten a picture of

I don't know about you, but if I could choose, I'd prefer that my bears live in the woods. As a former wilderness guide, I know how to prepare for that scenario, and I'm glad I do. This summer, our family went backcountry camping at Panthertown Valley, near Lake Toxaway. It's a beautiful piece of wilderness with several waterfalls and camping spots, but we were warned before we set out that there's been an increase in bear activity lately. No problem, we packed all our food in an approved bear canister and even found a nice beach far away from our campsite to bury it in the sand. Put a big rock over it and voila, no bear's going to steal our picnic basket! When we got back to our tents and prepared for a peaceful night of sleeping in the great outdoors, I hear my husband call out "Bear!"

As we retreated to edge of the clearing, we watched as the adolescent lumbered right through our campsite. Sniff, sniff, pause. Walk a few steps. Sniff, sniff, pause. Finally, dissatisfied that there was absolutely nothing with a scent to be eaten, licked, or otherwise devoured, he moved on to make his evening rounds. That night, I heard him again and scared him away, and then twice again in the morning when he was expecting breakfast. Never in my years of backpacking have I ever had a bear experience like this!

When we walked back to the beach to dig up and cook <u>our</u> breakfast, we exchanged high fives as we pulled the canister out of the sand, unharmed. Victory! However, our drink bag with tea, coffee and juice powder (and our stove and fuel) that we expertly hung from a tree wasn't so lucky. It was no match for this bear,



who, from the claw marks on the bark, must have climbed right up that tree and helped himself to some Tangerine Emergen-C and some coffee grounds. Luckily, we had enough caffeine to survive the next two mornings! On our way to breakfast the next day, our new friend stopped us in our tracks, and we played a brief game of "who's the bigger animal?" holding our arms up high and asking it politely to move on and go back to sleep!

All in all, we had a great time, cooling off under waterfalls and hiking up to take in some of the most beautiful views we've ever seen, but the daily morning, evening and middle of the night bear visits were exhausting. We hiked out grateful for our time together, eager to treat ourselves to some fried food and ice cream, showers, four walls, a bed, and NO bears.

So, imagine our surprise, as we drove up to the house on Sunday evening, to hear my husband call out, yet again, "Bear!" There it was, in our yard, heading straight for our trash can. It didn't get ours, but it had helped itself to our two neighbors', both of which had already left town. We cleaned it up, put it all in our trash can (the first time we've filled it up!) and went to bed. And well, you know the rest. We were cleaning it up again the next morning.

Since then, we've strapped our can to the telephone pole and strung it up so tight that the lid won't budge. We've stood guard on the porch before sunrise with a handful of rocks and other

makeshift weapons, thinking someone has to train these bears that humans are not their friends (even if we do leave our picnic baskets full of food out for them each week). We also got some tips from our friendly folks who pick up on Monday morning. I begged them for any advice that could help us. I got two pieces of advice which I'll share with you because it's worked! 1) Put a little bleach in the trash can, pour it right over the bags to cut back on the "yummy" smell. And 2) Sprinkle some cayenne or crushed red pepper into the can so if a bear does open the lid, the smell is so overwhelming it will stay away. So far, so good, but I tell you, I sure am ready for hibernation season which usually starts as early as November in our area. Bring it on!

<u>Author's note</u>: While these may be funny stories, bears are serious business and can be dangerous to humans out in the woods and at home. As I write this, a woman in Swannonoa is recovering from a rare attack she suffered while walking her dog. Wildlife experts advise people who encounter bears to "...not approach the bear. Quietly move away and leave the area. If a safe distance away from the bear. make loud noises, shout, or bang pots and pans together to scare it away. Give the bear a clear escape route. Learn more bear safety tips at bearwise.org."

Amy Wood and her family have been blessed to call Saluda home since 2001. She is a local real estate agent with the <u>Beverly-Hanks Saluda</u> office, formerly Cathy Jackson Realty.



All Saluda properties are 20 to 30 minutes from the new Tryon International Equestrian Center in Mill Spring, NC. Live at the top of the grade for cooler temperatures and longrange mountain views!

NEW on the Market!



Gorgeous lake house nestled in the woods. Home features one-level living with a split bedroom, open floorplan. Soaring ceiling in great room and abundant windows provide absolute comfort and beauty. Enjoy lake life with sandy beach access and a community dock across the street. carport and shed for additional storage, and low maintenance yard make this property highly desirable. 2BR, 2BA, MLS#3431009, \$300,000



Extraordinary mountain paradise has it all! See video: https://youtu.be/ydXZiKMOA1I. Everchanging, stunning long-range views delight & awe from floor-to-ceiling windows throughout. Complete privacy, quality craftsmanship & allnew everything! A special find waiting to welcome you home. Nestled on 15 acres, home is built like a fort & constructed by an energy-conscious engineer. 8" walls, cedar siding &

geothermal heating/cooling provides peace of mind for a lucky homeowner. Remodeled in 2017 by a designer with all new floors, fixtures, appliances, foyer & decor. You'll fall in love with this home! And the main floor is available furnished. One level living, open floor plan & wheelchair-friendly. Entertain family & friends inside & out, including covered/screened 3-season room & deck. Landscaped. 5,732SF, 3BR, 4BA, MLS#3431104, \$700,000.



Unique Piney Mountain Home sits on 2+ private/wooded Acr. Open floor plan and vaulted ceilings .Plenty of storage with its over-sized closets in the Master Bedroom and guest room. Sit in the comfortable Great Room with wood Fireplace to stay warm while watching wildlife out the bay window. Step out back to your Private deck and listen to the stream bordering the property while enjoying the woods & winter views . Plenty of room for toys with a garage and a workshop on property. Under 30 min Trvon/H-Ville, 2BR, 2BA MLS#3430290, \$199,900



Southland log home sits atop a knoll with mountain views built for comfort and low maintenance. Delight in the bright spacious feel of great room with double height ceiling open to generous loft/flex. Full basement includes finished bedroom, tandem garage/workshop, and storage space. Loft, kitchen and dining area open to living room heated by wall heater. 874 SF building serves as artist studio and workshop that can be easily repurposed to guest cottage or investment rental property. Vaulted

ceilings, skylights, lots of shelving/worktables, and full bath round out the features of this finished building heated by gas wall heater. Some floors left in natural state for buyer to custom finish. 3BR, 2BA, 2.34 ac, MLS#3426201, \$315,000



This idyllic spot close to Saluda, Columbus and Tryon offers a fantastic place to live and enjoy living. A beautiful split bedroom, open floor plan lends itself to fun entertaining and great family gatherings. There are two loft areas above the bedrooms that give more sleeping areas. This wonderful log getaway is being sold furnished and ready with a stream for you to start enjoying "country life". 2BR, 2BA MLS#3416471, \$310,000



Two beautiful homes set atop your own privately wooded mountain with pastoral views. Perfect for a family compound or investment property. Guest house has an expansive covered deck to take in the view, 2 bedrooms, 2 baths, large family room, luxurious master bath, and provides all one-level living with oversized garage for cars or hobbies. Main house is a converted barn, that has 3+ bedrooms, 3 baths, features lots of windows, a soaring ceiling in the living room, open floor plan, access from inside the home to a shed where pastured animals can be cared for easily, a one car garage, new heating and AC. In addition to both homes, there is a log cabin pump house for the well and a driveway to a secluded RV. Paved driveway and recent updates make this property a great find.MLS#3425748, \$288,000



A unique old-style log cabin with modern amenities, located on the Blue Ridge Mountain Range of the Appalachian Mountains. Magnificent mountain view and long-range valley view from rustic porches. 25 minutes from Tryon International Equestrian Center. 3.7 ac, 2BR, 1BA, MLS#3420187, \$322,000



Custom built craftsman style passive solar home. Radiant in-floor heat in walkout basement. Geothermal heating/ cooling system. Plumbed for solar hot water. Natural waterfall on property with view from house. Large cleared 1/2 + acre area for gardening. Kitchenette in basement. Hardwood floors throughout main and upper levels. Enjoy the soothing sounds of the waterfall from many rooms of this unique home. Agent is the seller & licensed realtor. 5.28 AC, 3BR, 3.5BA, Waterfall MLS#3426679, \$775,000



Southland log home in private setting on a mountain lake. Relax on the large covered porch watching wildlife pass by. Great room, with stone fireplace and wet bar, opens to kitchen and dining, is great for entertaining. Large sunroom can serve as extra sleeping places. Everything on one level including washer/dryer. Master bedroom/bath

on separate side of house from two bedrooms for privacy. Lake access to 28-acre pristine lake for swimming, fishing and boating (no gasoline powered motors). 3BR. 2BA, MLS#3414253, \$275,000.



Impeccably-maintained quality home near downtown Saluda. Enjoy easy one-level living with updated kitchen featuring granite countertops and gas range. Beautiful solid wood flooring and abundant natural light throughout. Great location nestled in the woods, just a minute or two from historic downtown Saluda. 3BE, 1.5 BA, MLS#3416455, \$260,000.



Original home built in 1900 and totally renovated in 2004. On 3.21 acres within city limits of Saluda, with frontage in restricted commercial zoning and frontage in residential area. Split floor plan separates master living area from guest quarters or family bedrooms. All on one level with ramp entries provide easy access. Enjoy luxury salt-water pool 18 X 36. Shady wrap-around porch, metal roof and lots of storage in crawl space. 3bedroom Mobile home on bottom portion of property produces monthly income. Easy walk to downtown and close access to I-26. Only 16 min to Tryon Int'l Eques. Ctr. 3BE, 2 BA, MLS#3404131, \$459,000



Come home to your restful retreat with a double sided fireplace. This home has a whole house generator, dehumidifer, a sealed crawl space, new HVAC with a 2 stage compressor, tankless water heater, gas dryer and stove and new granite counter tops in the kitchen. 3BR, 2BA, MLS#3387658, \$395,000



This Sears Roebuck 4 square catalog home was built in 1924. It has 3 bedrooms, 2 full and 1 half baths, wood floors, wood burning fireplace (wood burning stove insert) in the living room, large modern kitchen, breakfast nook, attic, unfinished basement, large workshop with wood burning stove and lean-to in the large back yard with small steam, aka babbling brook, running beside it & small spring house, full covered front porch, and a small deck off of the breakfast area all on a large 1.2 acre corner lot. MLS#3387813, \$399,900



If you're looking for six sleeping spaces or more under one roof PLUS six bathrooms, you've found it! Beautifully updated kitchen and baths, hardwood floors, easy access to a large covered porch from four rooms in the home and a triple fireplace feature! Lovely in every season and daily surprises from the gardens in

Spring and Summer. MLS#3391696, \$447,000

Residential and Commercial space available.



Mixed use retail and residential for lease in historic downtown Saluda, NC. Space being renovated and available late spring 2019. Retail space on main floor with approx. 900 SF or 600 SF separate spaces available. Great for a retail business or office. Two apartments being built on second floor; one with 2BR/1.5BA and one with 1BR/1BA. Proposed floor plan available. Lease prices are still being determined. Early leasee may have influence on renovation design. For more information, contact Cathy Jackson at cathyjackson@beverly-<u>hanks.com</u> or Clark Thompson at clark@thompson-briggs.com.

Great time to invest in lots and land!

Lake Lots 6.40 ac. Lake Sheila, Water tap, septic, MLS#3296972, \$183,500 1.01 ac on Lake Adger, MLS#3246170, \$85,000 .89 ac view lot at Lake Sheila, MLS#3254020, \$82,000 NEW! .99 ac at Lake Sheila, Mountain Views, MLS#3371198 \$85,000 1.05 ac, Macedonia Lake, MLS# <u>3175119</u>, \$75,000 .78 ac Dun Roamin', MLS#3374249, \$69,900 2.35 Acres building site on knoll, community lake access \$70,000, MLS#3325882

Saluda City Lots
.11 ac commercial lot,
MLS#3393139, \$149,000
2.07 ac, MLS#3401557, \$129,900
2.42 ac, MLS# 3385403, \$137,500
.59 ac, MLS#3326462, \$40,000
.87 ac historic Columbia Heights area,
MLS# 3273411, \$109,000
.46 ac, MLS#3151228, \$58,800

1.65 Ac views, adj. NC Gamelands, \$22,000, MLS#584643

View Lots
1.05 ac with mountain view,
MLS#3421762, \$48,000
5.07 Acres with pond frontage &
mountain views \$48,000,
MLS#3351128

16.14 Acres with bold creek,360 mountain views, multiple home sites \$123,578, MLS#3346995 5.21 ac Miller Mountain, MLS3326675, \$60,000

3.01 ac Miller Mountain, MLS#3326660 \$40,000, 2.59ac Mountain Vista, MLS#3323671, \$49,000 2.68ac Ocean View, MLS#3311355, \$45,000

5 ac, View, MLS#3123117 \$59,500 2.07 ac on Laurel Mountain Trail, MLS#3133490, \$65,000 1.07 ac Mountain Vista, MLS# 3283946 \$39,000

More...

2.37 ac, Ocean View, MLS# 3370142, \$49,900 1.52 ac in Glen Echo, \$48,000 MS#3426292 1.46 ac in Morgan Creek, \$36,000

MLS#3426238 **REDUCED PRICE** 5.55 acres off Holbert Cove Rd, \$39,900.

MLS 3369261. 2.58 acres on Staton Ridge in Morgan

Creek for \$34,500. MLS 3363291.
5.07 acres. Lot 6 Valhalla Ridge for \$48K. MLS 3351128.
6.56 ac. Unrestricted, creek, MLS#3306473, \$59,000

2.30 ac Rixhaven, MLS#3306477, \$25,000

1.12 ac, Glen Echo, MLS#3308001, \$25,000 1.33 ac Morgan Creek, MLS# <u>3284644</u>, \$49,900

2.08 ac in Whites Lake, creek, MLS# 3273455, \$55,000

1.03 acres, just outside city limits, MLS#3244790, \$55,000 1.66 ac, Whites Lake, MLS#3231014, \$32,000

13+ ac Bear Creek, \$126,000, MLS#3219620

6.87 ac 1/2 mile from Ozone off Howard Gap w/ well and septic, along with a 5th wheel travel trailer. MLS#3294633, \$120,000

Large Unrestricted Acreage
37+ AC, MLS#3225752, \$278,100
30+ ac, MLS#3225718, 226,500
38.01 ac, MLS#3193033, 160,000
13.63 ac, MLS#3219620, 126,000
10.50 ac, MLS#3228565, 109,000
10 Acres, MLS#3148496, \$125,000
21.4 ac, MLS#3148326m \$122,000

A Quick Saluda Market Update (comparing all 2017 sales to date with all 2018 sales as of September 30, 2018.)

Sales	Closed	Pending
Homes 2018	49	11
Homes 2017	61	0
Land 2018	11	9
Land 2017	17	0

Please visit beverly-hanks.com to see all Featured Home and Land Listings and search the entire Western NC MLS.

Beverly-Hanks, Associates 153 E Main Street, Saluda, NC 28773. 828-749-3504

Scan this with your smartphone to see property listings:





<u>Visit</u>
<u>beverly- hanks.com/market-</u>
<u>research-center</u>
for 2nd Otr 2018

Annual Calendar of Events

MARCH-DECEMBER

Saluda Train Tales – 3rd Friday of month at Saluda Historic Depot **APRIL**

Jerry's Baddle Green River Multi-Sports – first Saturday in April.

MAY

Green River Adventures Green Spring Bash – 1st Saturday in May Saluda Arts Festival – 3rd Saturday in May

MAY-OCTOBER

Saluda Tailgate Market-Every Friday at 4:30

JUNE

Top of the Grade Concerts – 2nd Friday of month June-September **JULY**

Coon Dog Day - A homecoming and celebration for dogs and their people! Great food, live music, parade, crafts, and more! 1st Saturday after July 4

SEPTEMBER

Charlie Ward's Memorial BBQ - 2nd Saturday in September

NOVEMBER

Green Race - A world Class V kayaking race. 1st Saturday in November.

Saluda Methodist Church Turkey Dinner - 2nd Saturday in November

Small Business Saturday – Saturday after Thanksgiving Saluda Tailgate Holiday Market – Saturday after Thanksgiving

DECEMBER Hometown Christmas - Open House and Music, 2nd

Friday in December



2018 Saluda Service Directory

Will be available end of January at the Beverly-Hanks Saluda office, Entegra Bank, City of Saluda, Meanwhile Back in Saluda

2018 Eat, Stay & Play in Saluda

A guide to what to do in Saluda. Now available at the Beverly-Hanks Saluda office and Thompson's Store/Ward's Grill, and the Saluda Visitors Center.

ATTENTION!

Publisher of Saluda Lifestyles going on holiday end of October. The November issue of Saluda Lifestyles will be published on November 5, 2018. Thanks for your continued support of this community service.

Some Things to Know About This Publication

It is what it is. Saluda Lifestyles makes an effort to verify information and does its best to edit for spelling and grammatical errors but some just slip through. The online Saluda Lifestyles has links to websites and additional information and is an enhanced color version. To view nine years of archived newsletters, go to saludalifestyles.com.

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To submit articles to the Saluda Lifestyles, please email to cathy@saludalifestyles.com by the 20th of the previous month for the printed version and by the 25th for the online

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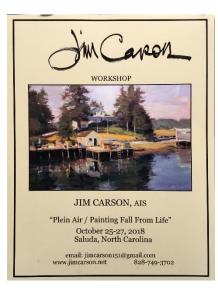
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