

Parish Health Team Survey

Jesus said, "I have come that they may have life, and have it to the full." John 10:10

The purpose of this survey is to assist the Parish Health Team to focus on programs that will lead to the optimum health of each member of this congregation. Toward that goal, we ask that you provide the following information:

Demographics: Gender _____ Age _____ Ethnicity _____ Marital Status _____

Number of Children in the home _____ Do you have health insurance? _____

Health Concerns:

Asthma	Heart Disease	Nutrition	Substance Abuse	High Blood Pressure
Pain	Lung Disease	Alcoholism	Sexual Issues	Knowledge of Meds
Headaches	Diabetes	Anxiety/Fears	Incontinence	Caregiver Stress
Depression	Obesity	HIV/AIDS	Weight Control	Environmental Issues
Abuse	Stress	Sleep Problems	Difficulty Breathing	Alzheimers/Dementia
Cancer	Violence	Menopause	Anorexia/Bulimia	Healthy Cooking
Eating Well	Senior Care	Childhood Obesity	Sports Nutrition	Other:

Spiritual Concerns:

Prayer	Faith	Forgiveness	Ability to let go of issues
Acceptance	Spiritual Healing	Grief/Loss	Divorce
Loneliness	Death	Anger	Trust in God
Anxiety/Despair	Sense of Community	Other:	

Current Healthy Behaviors: Which of the following apply?

Good nutrition _____ Exercise _____ Stress Management _____ Spiritual Growth _____

Sleep 7-8 hrs/night _____ Volunteerism _____ Social Support _____ other _____

Please describe your activity _____

Do you have an interest in assisting the Parish Health Team?

How would you like to assist?

Thank you for completing this survey. Feel free to write any additional information on this form and submit in the collection basket or in the Parish Office. God bless you!