



# The Fitness Plaza

Family owned and operated since 1991  
[www.thefitnessplaza.com](http://www.thefitnessplaza.com)

**610-481-0100**



## ANNUAL MEMBERSHIP SPECIALS

### St. Joseph the Worker Parishioners August / September 2022 Special

Enrollment only \$25.00, regularly \$85

And save over \$2 per month on annual adult membership dues for a limited time.

Annual Adult monthly rate is \$39.99, Annual Spouse monthly is \$37.00.

Annual Senior and Student monthly rates are also available. Annual memberships paid monthly using credit card or EFT.

The day you join, will be your monthly billing date.

Limited time offer valid toward any annual membership. Offer ends 9/30/22.

- ✓ We are proud of the extreme cleanliness of our club.
- ✓ Free personal training orientation classes with membership.
- ✓ Comfortable family atmosphere.
- ✓ Complimentary baby-sitting with extended hours included.
- ✓ Free Zoom classes for all active members.
- ✓ Spousal and family discounts available.
- ✓ Free group cardio classes included with your membership.
- ✓ Full service hair & nail salon is available, call 610-737-5401.
- ✓ Massage therapy available, Text Tamu Ngina at 215-941-4868 or Emmanuel by calling 917-213-0664 for an appointment.
- ✓ Self defense classes are back, call 610-481-0100 for more information and to register. Adults and children classes available.
- ✓ Now accepting Silver Sneakers, Silver & Fit, Renew Active & Gympass members, pre-registration is required. Inquire for eligibility.