

UPCOMING OPPORTUNITIES FOR MINISTRY INVOLVEMENT

<p style="text-align: center;"><u>Sunday, February 10, 2019</u> 7:00am ~ Morning Glory 8:00am ~ Morning Worship 9:30am ~ Lifetime Class 11:00am ~ Morning Worship 11:00am ~ Children's Church</p>	<p style="text-align: center;"><u>Monday, February 11, 2019</u> 6:00pm ~ Youth & Praise Choir 6:45pm ~ Children's Ushers (Sanc) 7:00pm ~ Men's Chorus</p>
<p style="text-align: center;"><u>Tuesday, February 12, 2019</u> 1:00pm-3:00pm ~ Food Pantry Day 6:00pm ~ B3Night (Youth Ministry) 6:00pm ~ Prayer, Praise & Bible Study 7:15pm ~ Voices of Trinity</p>	<p style="text-align: center;"><u>Wednesday, February 13, 2019</u> 11:30am ~ Prayer 12:00pm ~ Bible Study 6:00pm ~ Prayer & Praise Hour 7:00pm ~ Fit to Serve</p>
<p style="text-align: center;"><u>Saturday, February 16, 2019</u> 9:00am-11:30am ~ Daughters of Destiny (DoD) 9:30am-2:30pm ~ Young Heroes</p>	

Pantry Emphasis - This month we are requesting canned tuna, salmon, chicken, beef stew, cereal, peanut butter, jelly, dry pasta, pasta sauces, canned pasta, mac& cheese and hearty soups. Operating days for February are Tuesday the 12th, 1:00 PM - 3:00 PM and Wednesday the 27th, 1:30 PM – 3:00 PM.

ALL SKATE! ROLL BOUNCE! Get ready church family! On Sunday, February 17th we will have our first church outing of the year!!! We are going skating at the Skate World of Troy from 5:15 to 7:15. Come and skate to the latest jams, play video games at the arcade, or even have a delicious snack at the snack bar. No matter what, just be there to fellowship with your church family! This is open to the community so invite your friends too! Tickets are \$7 if you are not skating and \$10 if you need skates. Please see Sis. DeMilla Prince or the church office for tickets.

Trinity 300 Men, Men's Emphasis Weekend is Friday March 8th through Sunday March 10th, 2019; Get ready for an action-packed weekend! On Friday night March 8th we have our Bocce Ball tournament and Buffet Dinner at Palazzo di Bocce! On Saturday we have our MEW Workshop and Steak-Out at the Trinity 300 Steakhouse! Buckle in for Sunday, its Men's Day! Plan to attend worship all day starting at 7:00AM Morning Glory, 8:00AM service, 9:30 Men's Sunday School and 11:00 service. Our guest Pastor for 8:00 is Pastor Harold Cadwell, Transformation Christian Church; at 11:00 Dr. Ronald Bobo, Pastor Emeritus Westside MBC St. Louis Mo. Men, we have planned for over 100 men for MEW weekend, so tell your brothers, friends, and men of other churches. The cost for the entire weekend is \$100.00 for men. Young men 16-20 qualify for a discounted rate. Sign up today! See the T-300 Steering Committee (Dea. Curtis Boyd, Bro. John Carroll, Bro. Julius McDougall, Bro. Bill Lewis, Dea. Sennel Threlkeld, Bro LeVar Jackson, Bro. Derek Wynns); to sign up and for more detail.

Heart Disease Prevention

Heart disease is a debilitating condition for many Americans. It's the leading cause of death in the United States according to the Centers for Disease Control and Prevention (CDC). Certain risk factors make some people more likely to have heart disease. Risk factors are either modifiable or non-modifiable. Modifiable risk factors are factors you can control, such as body weight. Non-modifiable risk factors are factors you can't control such as genetics. Your choices can influence your heart health. Lifestyle changes can greatly reduce your chance of heart disease. Positive lifestyle changes include quit smoking if you smoke; healthy eating; exercise

Scholarship Information:

This information can also be found on the Trinity website at trinitymbc.org.

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Alpha Phi Alpha Fraternity, Inc. - Iota Rho Lambda through our RHO Foundation is offering several scholarship opportunities to southeast Michigan students graduating from high school or that are currently attending a 4-year university or community college. Please visit our foundation website and complete the online application @ <http://therhofoundation.org/scholarships/>. Deadline is February 12, 2019. For questions and/or additional information contact our Fraternity Director of scholarships, Cedric Dukes, Cedricdukes@gmail.com. Local Trinity contact: Vernon Baker, RHO Foundation President: (248) 229-3811. vgbakerii@gmail.com

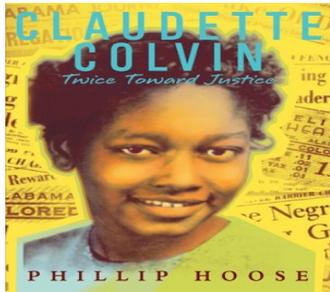
The Pontiac Kappa Foundation announces its GUIDE RIGHT SCHOLARSHIP PROGRAM for 2019. The Scholarship Committee will be selecting a few qualified minority high school students scheduled to graduate no later than June 2019. These awards will primarily be given to students in the Pontiac area. Selected finalists will be interviewed no later than May 12, 2019. PARTICIPANTS MUST SUBMIT THEIR APPLICATIONS NO LATER THAN APRIL 15, 2019. All applications should be sent to the: (POSTMARKED BY APRIL 15, 2019) Pontiac Kappa Foundation Attn: Scholarship Committee P. O. Box 430144 Pontiac, MI 48343 If there are questions, please contact Eugene Hawkins, III (248) 939-7349 or Curtis Terry, (248) 910-4667.

Attention High School Seniors! The Pontiac Alumnae Chapter of Delta Sigma Theta Sorority, Inc. 2019 Scholarship Application is now available. Students must reside or attend school in our service area and have a minimum grade point average of 2.5. Go to www.pontiacdeltas.com to apply. Deadline for submission is April 5, 2019. For more information please contact Dr. Jennifer Banks at banksj@pontiacdeltas.com.

BLACK HISTORY FACTS – Did You Know??

In an effort to honor this expansive and growing history, Black History Month was established by way of a weekly celebration in February known as “Negro History Week” by historian Carter G. Woodson.

Before there was Rosa Parks, there was Claudette Colvin.



Most people think of [Rosa Parks](#) as the first person to refuse to give up their seat on a bus in Montgomery, Alabama. There were actually several women who came before her; one of whom was Claudette Colvin.

It was March 2, 1955, when the fifteen-year-old schoolgirl refused to move to the back of the bus, nine months before Rosa Parks' stand that launched the Montgomery bus boycott. Claudette had been studying Black leaders like Harriet Tubman in her segregated school, those conversations had led to discussions around the current day Jim Crow laws they were all experiencing. When the bus driver ordered Claudette to get up, she refused, “It felt like Sojourner Truth was on one side pushing me down, and Harriet Tubman was on the other side of me pushing me down. I couldn't get up.”

Claudette Colvin's stand didn't stop there. Arrested and thrown in jail, she was one of four women who challenged the segregation law in court. If *Browder v. Gayle* became the court case that successfully overturned bus segregation laws in both Montgomery and Alabama, why has Claudette's story been largely forgotten? At the time, the NAACP and other Black organizations felt Rosa Parks made a better icon for the movement than a teenager. As an adult with the right look, Rosa Parks was also the secretary of the NAACP, and was both well-known and respected – people would associate her with the middle class and that would attract support for the cause. But the struggle to end segregation was often fought by young people, more than half of which were women.