



Trinity Missionary Baptist Church
Dr. John D. Tolbert, Senior Pastor

5 Benefits of Praying with Your Prayer Partner

I also tell you this: If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you. 20 For where two or three gather together as my followers, I am there among them."
(Matthew 18:19-20 NLT)

- 1) Someone to pray for you - Sometimes we need someone else to pray on our behalf. We may not have the words to pray and need someone else to stand in the gap and pray for us. Hearing our needs prayed by someone else can help to refocus our own prayers. Jesus taught that prayer is more powerful when prayed by more than just ourselves.
- 2) Keeps your prayers from being too self-focused - Praying for someone else keeps your prayers from becoming too self-focused. You spend time focused on the needs of someone else, pouring out your heart to God on their behalf. It'll help bring your own prayers into better perspective, too.
- 3) Someone to intentionally fellowship with. - This includes but is not limited to praying for understanding from the Daily Walk Bible Reading, Streams In The Desert Devotional, and creating Sunday Dinner experiences for everyone Prayer and family fellowship.
- 4) Someone to help you with discernment - Discernment is listening to God through prayer to get an answer to a question, guidance on a decision, or clarity on God's call for your life. Discernment needs confirmation through others. It cannot be done in isolation. So, praying with a prayer partner or a small group can help you with discernment.
- 5) Provides accountability for prayer - Committing to pray with a prayer partner will provide accountability for your prayer life. You're committing to pray for someone else and connecting with them regularly to pray. The prayer partner relationship will provide that added accountability to not skip your prayer time, but instead make it a priority.