



2020 VIRTUAL YOUTH SUMMIT

EXECUTING OUR POWER INTO ACTION

SESSION 1: YOUTH VOICE & ADVOCACY

AUGUST 19, 3:30 - 5:00 PM EST

WELCOME

AARON TOLEAFOA
CHAIR, EMERGING LEADERS COMMITTEE



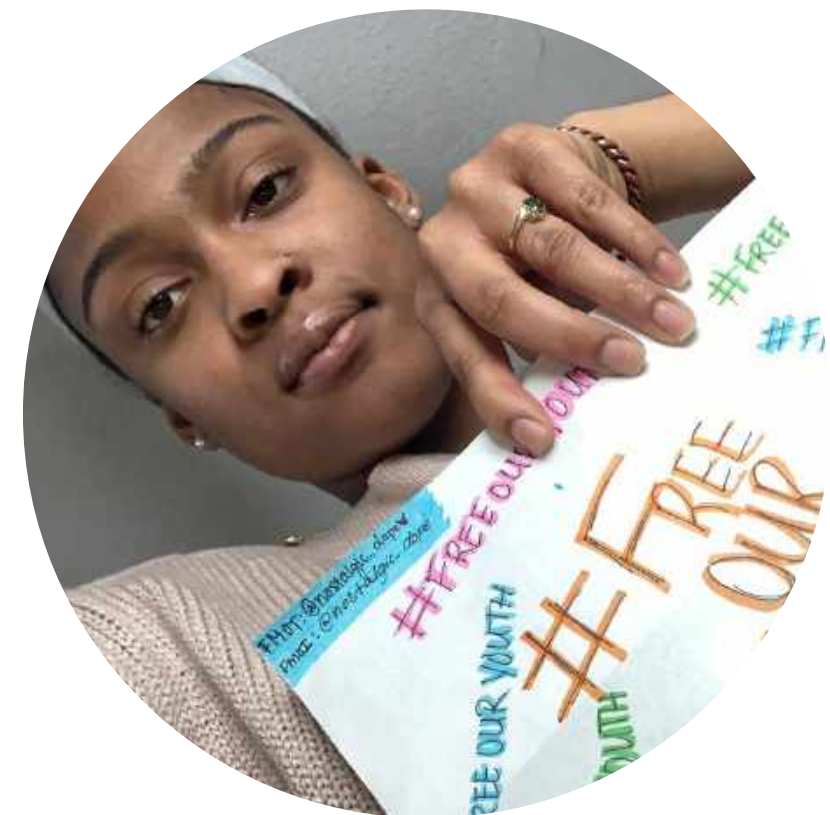
YOUTH VOICE AND ADVOCACY



GARRETT COMER
WASHINGTON



KRISTEN POWELL
KANSAS



ESSENCE BLAKEMORE
MINNESOTA



WHAT MADE YOU GET INVOLVED WITH ADVOCACY?



Black American civil rights leader Martin Luther King (1929 – 1968) addresses crowds during the March On Washington at the Lincoln Memorial, Washington DC, where he gave his 'I Have A Dream' speech. (Photo by Central Press/Getty Images)





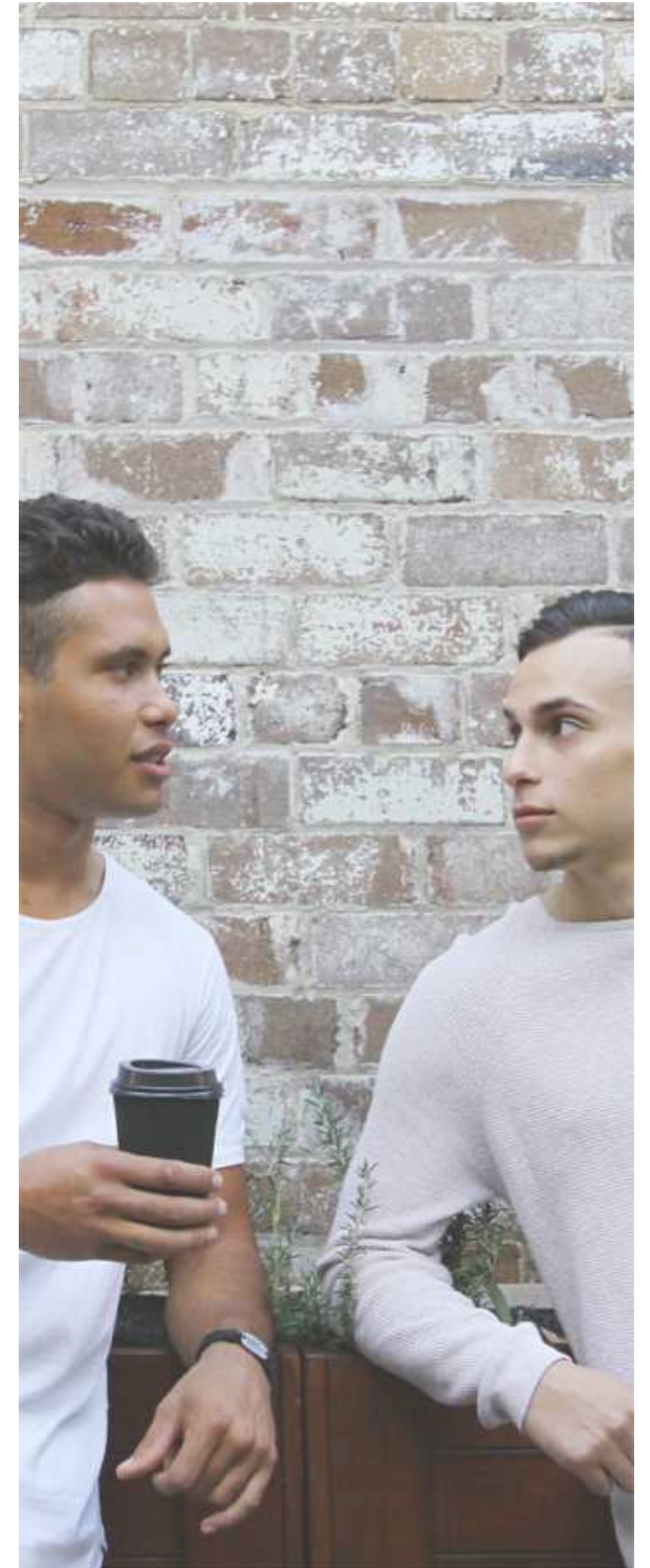
STRATEGIC SHARING

WHAT IS STRATEGIC SHARING?

Strategic Sharing is an [empowering] method of telling your story safely and effectively to achieve a goal.

This includes making intentional and thoughtful decisions about

- **when** to use your story;
- **how** much you wish to share;
- **who** you want to allow to hear your story; and
- what types of preparation and **supports** you'll need.



SOURCE: LULOW E. & FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH. (2012). STRATEGIC SHARING WORKBOOK: YOUTH VOICE IN ADVOCACY. PORTLAND, OR: RESEARCH AND TRAINING CENTER FOR PATHWAYS TO POSITIVE FUTURES. FOSTER CLUB (2011). YOUTH LEADERSHIP TOOLKIT: STRATEGIC SHARING. NATIONAL RESOURCE CENTER FOR YOUTH.

BENEFITS

- Education
- Promote positive change
- Personal growth and development

RISKS

- Unintended consequences
- Mental health impact
- Exposure to stigma



WHAT STEPS CAN I TAKE TO PROTECT MYSELF AND OTHERS?

1

**Assess the
"reason"**

2

**Target your
audience**

3

**Safeguard
yourself**

4

**Debrief
with an ally**

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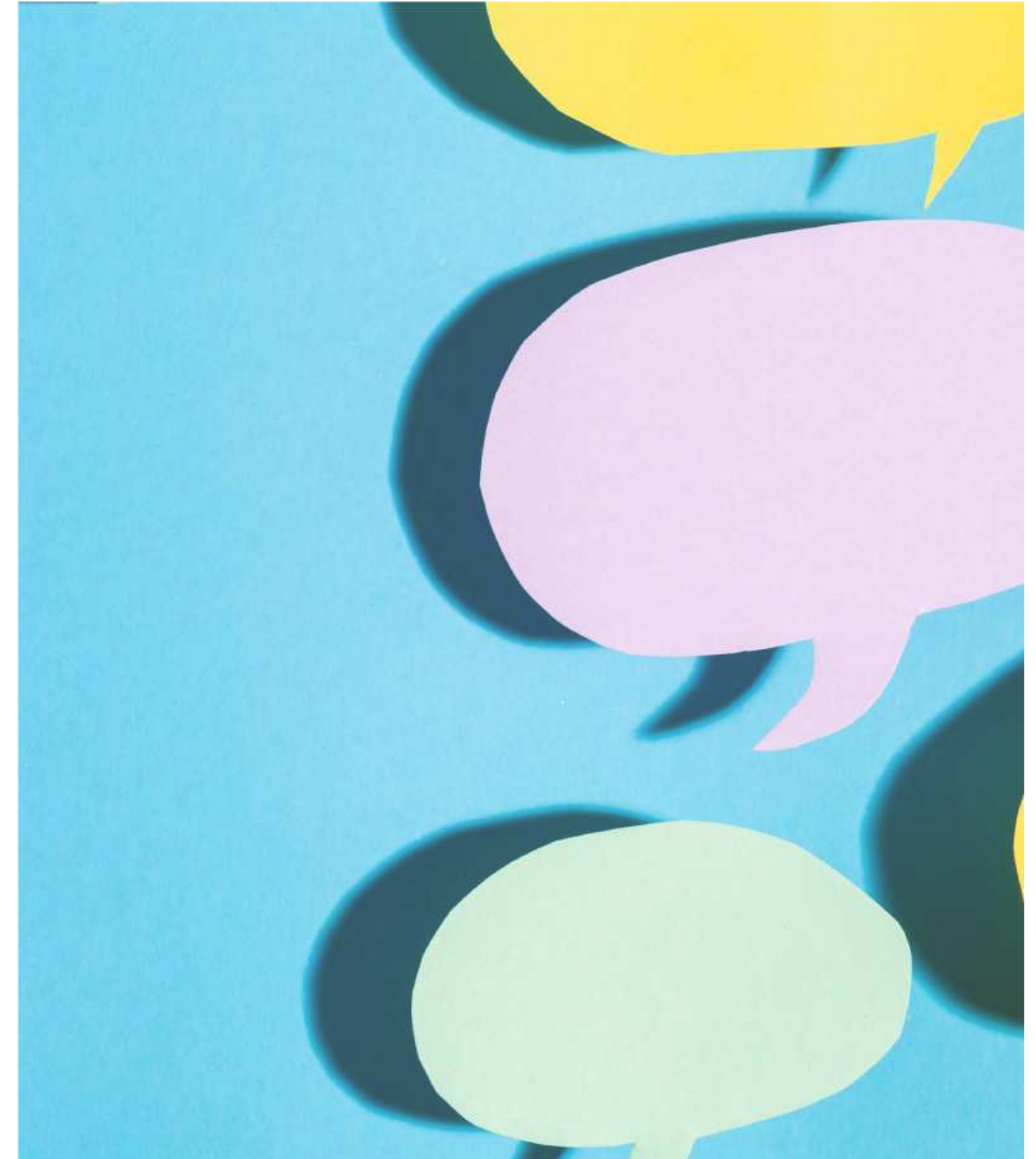


GENERAL TIPS

- You are the expert of your story.
- You are ready when you say you are ready.
- Talk with the people that you want to mention in your stories.
- Don't give out the names of people unless you have their permission.
- Ask if the media will be present and ask them to only use your first name.
- Take a break.

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A MESSAGE TO YOUTH





MENTAL HEALTH: FRIENDSHIPS

Good friends are good for your health. Friends can help you celebrate good times and provide support during bad times. Friends prevent loneliness and give you a chance to offer needed companionship, too.

UPCOMING SESSIONS

SESSION 2: CHILD WELFARE & YOUTH JUSTICE

August 26, 3:30 - 5:00 pm EST

SESSION 3: SENTENCING REFORM

SEPTEMBER 2, 3:30 - 5:00 PM EST

SESSION 4: MENTORING & REENTRY

SEPTEMBER 9, 3:30 - 5:00 PM EST





THANK YOU!



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