EXECUTING OUR POWER INTO ACTION

2020 VIRTUAL YOUTH SUMMIT

SESSION 1: YOUTH VOICE & ADVOCACY
AUGUST 19, 3:30 - 5:00 PM EST
WELCOME

AARON TOLEAFOA
CHAIR, EMERGING LEADERS COMMITTEE
YOUTH VOICE AND ADVOCACY

GARRETT COMER
WASHINGTON

KRISTEN POWELL
KANSAS

ESSENCE BLAKEMORE
MINNESOTA
WHAT MADE YOU GET INVOLVED WITH ADVOCACY?
Black American civil rights leader Martin Luther King (1929–1968) addresses crowds during the March On Washington for Jobs and Freedom, Washington D.C., where he gave his "I Have A Dream" speech. (Photo by Central Press/Getty Images)
STRATEGIC SHARING
WHAT IS STRATEGIC SHARING?

Strategic Sharing is an [empowering] method of telling your story safely and effectively to achieve a goal.

This includes making intentional and thoughtful decisions about

• **when** to use your story;
• **how** much you wish to share;
• **who** you want to allow to hear your story; and
• what types of preparation and **supports** you'll need.
**BENEFITS**

- Education
- Promote positive change
- Personal growth and development

**RISKS**

- Unintended consequences
- Mental health impact
- Exposure to stigma

WHAT STEPS CAN I TAKE TO PROTECT MYSELF AND OTHERS?

1. Assess the "reason"
2. Target your audience
3. Safeguard yourself
4. Debrief with an ally

GENERAL TIPS

• You are the expert of your story.
• You are ready when you say you are ready.
• Talk with the people that you want to mention in your stories.
• Don't give out the names of people unless you have their permission.
• Ask if the media will be present and ask them to only use your first name.
• Take a break.

A MESSAGE TO YOUTH
MENTAL HEALTH: FRIENDSHIPS

Good friends are good for your health. Friends can help you celebrate good times and provide support during bad times. Friends prevent loneliness and give you a chance to offer needed companionship, too.
UPCOMING SESSIONS

SESSION 2: CHILD WELFARE & YOUTH JUSTICE
August 26, 3:30 - 5:00 pm EST

SESSION 3: SENTENCING REFORM
SEPTEMBER 2, 3:30 - 5:00 PM EST

SESSION 4: MENTORING & REENTRY
SEPTEMBER 9, 3:30 - 5:00 PM EST
THANK YOU!

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