

## What is ABA?

Applied Behavioral Analysis (ABA) is an evidence-based approach to improve socially significant behaviors in children with autism spectrum disorder (ASD). Through proven methods, ABA therapy focuses on removing barriers associated with ASD that negatively impact an individual's ability to access the same opportunities as their neurotypical peers and make meaningful connections in their environment.

## ABA Therapy Can Help:

-  Regulate Behavior
-  Acquire Daily Living Skills
-  Develop Social Skills
-  Develop Play Skills
-  Develop Language & Communication Skills
-  Increase Response to Name
-  Pre-Academic Skills
-  Improve Transitions






## Our Easy Process:

- 1** Contact Us.
- 2** Verify Insurance Benefits.
- 3** In-Home Assessment.
- 4** Develop Therapy Plan.
- 5** Begin Therapy!

scan me



## Connect with us today!

-  (515) 344-3499
-  [info@carelinksaba.com](mailto:info@carelinksaba.com)
-  [www.carelinksaba.com](http://www.carelinksaba.com)



Where caring connections link a brighter tomorrow.

discover ABA therapy that empowers





## Carelinks:

### Des Moines' Exclusive In-Home & Community Based ABA Therapy Provider

At Carelinks ABA, we believe in a holistic approach to therapy that encompasses both home and community environments. Our focus is on nurturing comfort and confidence at home while facilitating seamless integration into community activities. From toddlers as young as 2 years old to individuals up to 21 years old, we tailor our collaborative efforts to remove barriers and support each client's unique journey, guided by a deep respect for neurodiversity.



## About Our Services



### Home or Community Based Therapy

You'll have a Registered Behavior Technician (RBT) visiting your home or community based location regularly to help your child gain critical skills through various exercises.



### Insurance Management

Let us answer your questions about insurance and handle the approval process. Our knowledgeable staff will monitor your coverage and keep you updated throughout.



### Parent Training

Our clinical staff provides guidance and consultation at every step of the therapy process. We educate and guide parents to respond appropriately to your child's behaviors.



### Interdisciplinary Collaboration

Together with your child's educators, providers and doctors we take a holistic approach to developing and implementing a care plan.

## Our Commitment to Excellence

### We understand your child is unique.

Our team recognizes each child's strengths and individuality, while addressing their behavioral and social challenges with a core plan that respects who they are without trying to change them.

### We put our family's interests first.

We know all about the challenges involved in raising a child with autism, and do our best to provide families with convience and support.

### We value being part of a team.

Our staff needs feedback from parents, teachers and service providers alike. We appreciate each milestone your child reaches and celebrate it with you.

