



1



2



3



4



5

**IECMH**  
is a young  
child's  
capacity to...

-  Form close relationships
-  Explore the environment & learn
-  Manage & express emotions

(adapted from ZERO TO THREE)

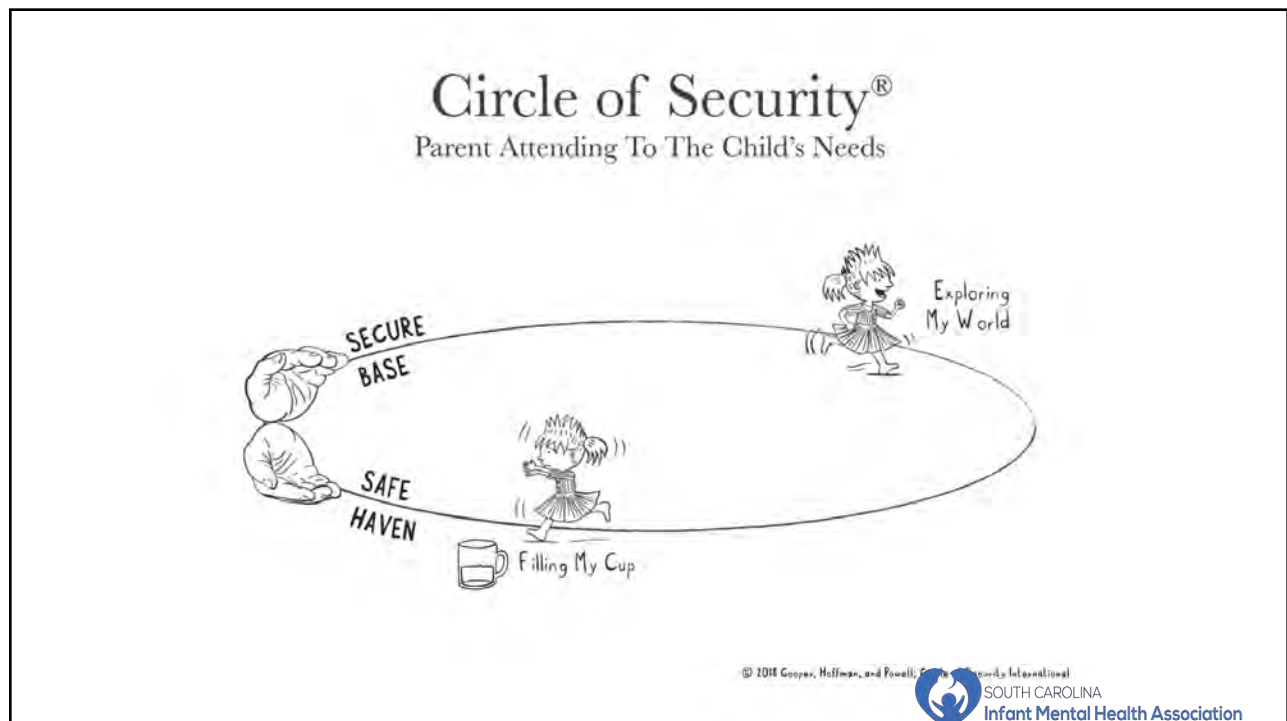
 SOUTH CAROLINA  
Infant Mental Health Association

6



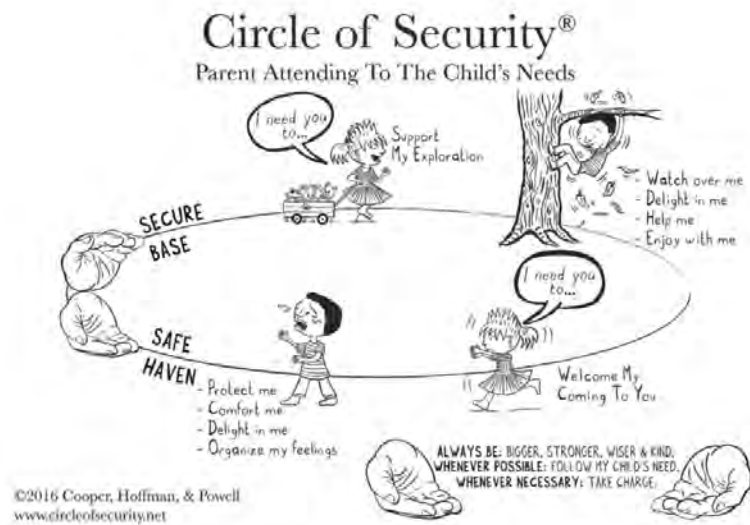


7



8

## Needs on The Circle

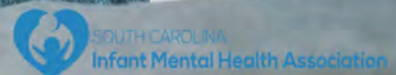


*The Circle of Security: A Visual "Map" of Caregiver-Child Attachment*



9

## BEING WITH



10

## Being With

Choose one color:

Think about one child who had presented you with challenges this year. How did it feel for you to Be With and organize these 6 key feelings?

Choose another color:

Think about one child who you look forward to seeing every day. How does it feel for you to Be With and organize these 6 key feelings?

© 2018 Cooper, Hoffman, and Powell; Circle of Security International

SOUTH CAROLINA  
Infant Mental Health Association

11

## Reflection

What are you curious about after doing this activity?

Did anything surprise you?

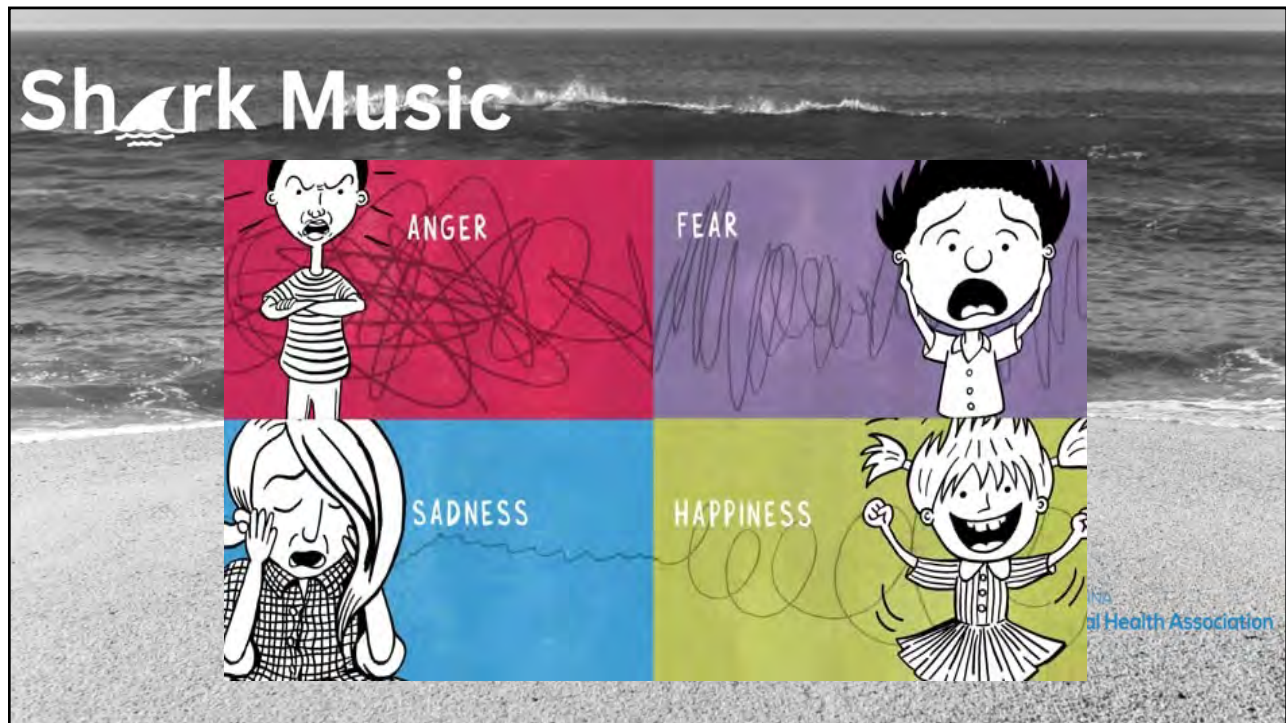
What emotions are easier for you to be with? Which are more challenging?

How might show up in your work?

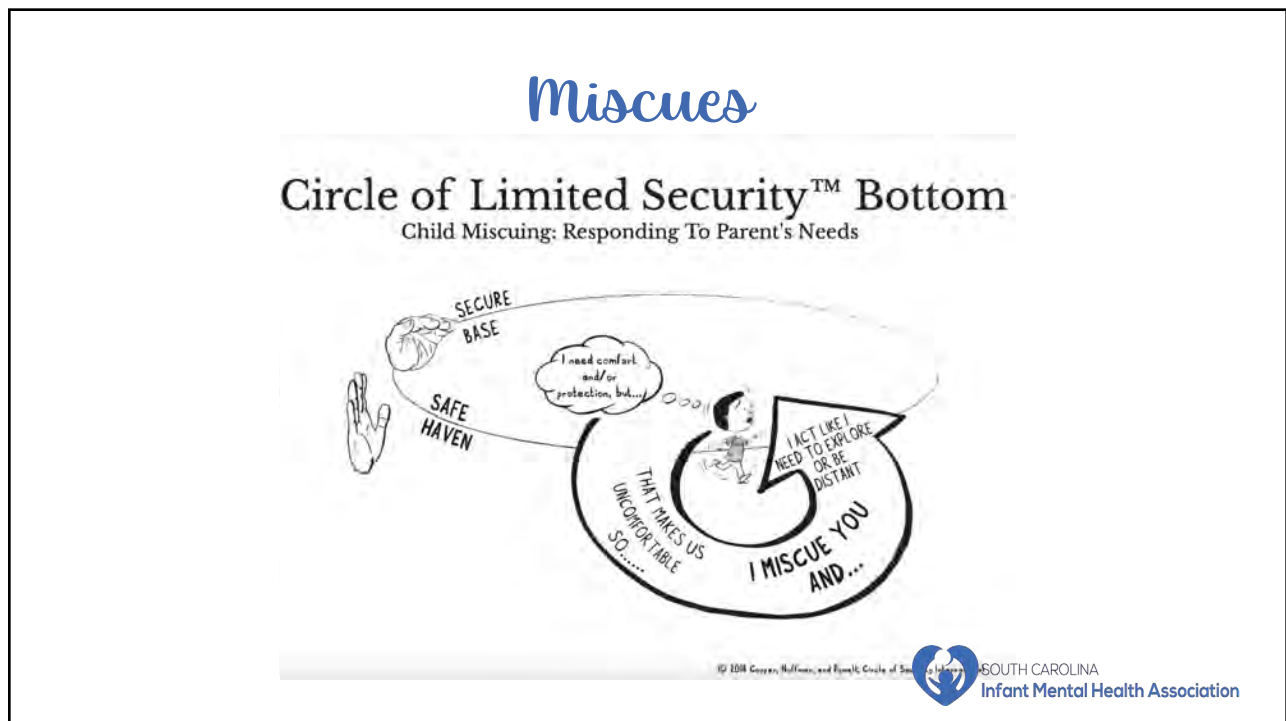
SOUTH CAROLINA  
Infant Mental Health Association

12





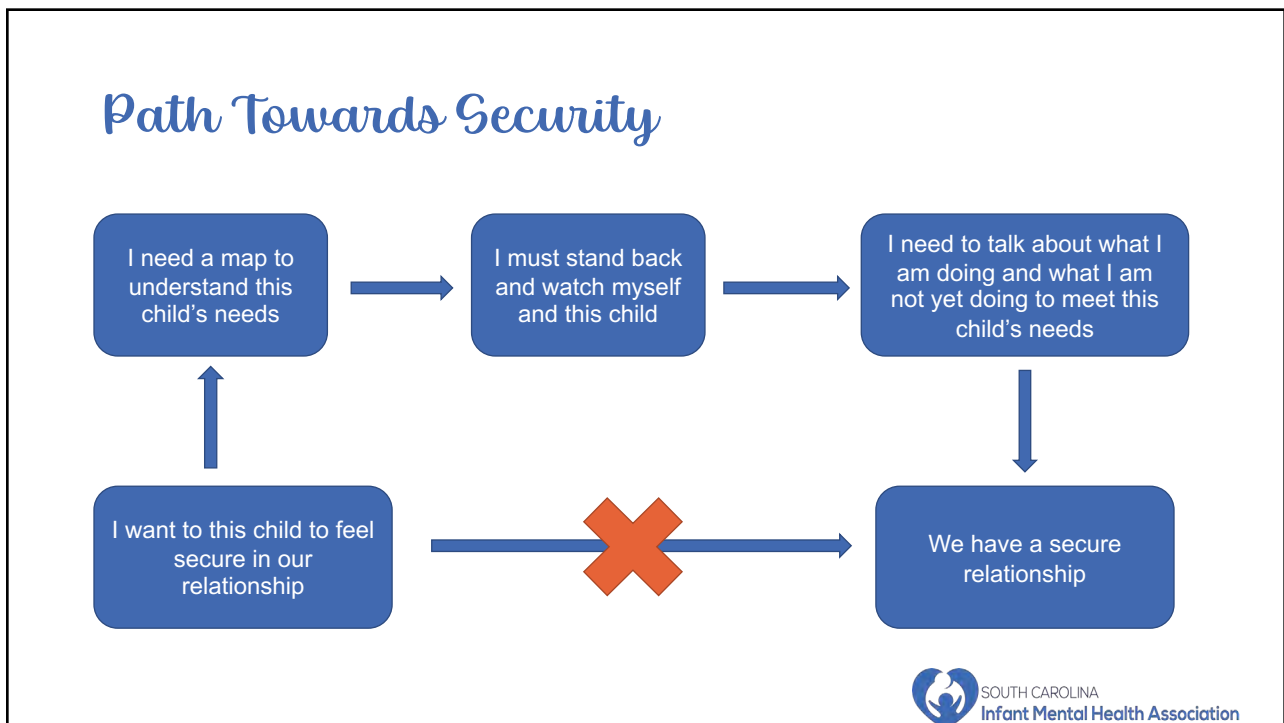
13



14



15



16



## Let's Practice



17

## Reflection

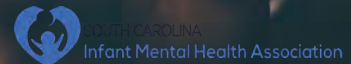
How did you feel watching this video?

Imagine you were the teacher: Did you recognize any of your own Shark Music?

What message(s) was the child's behavior telling us?

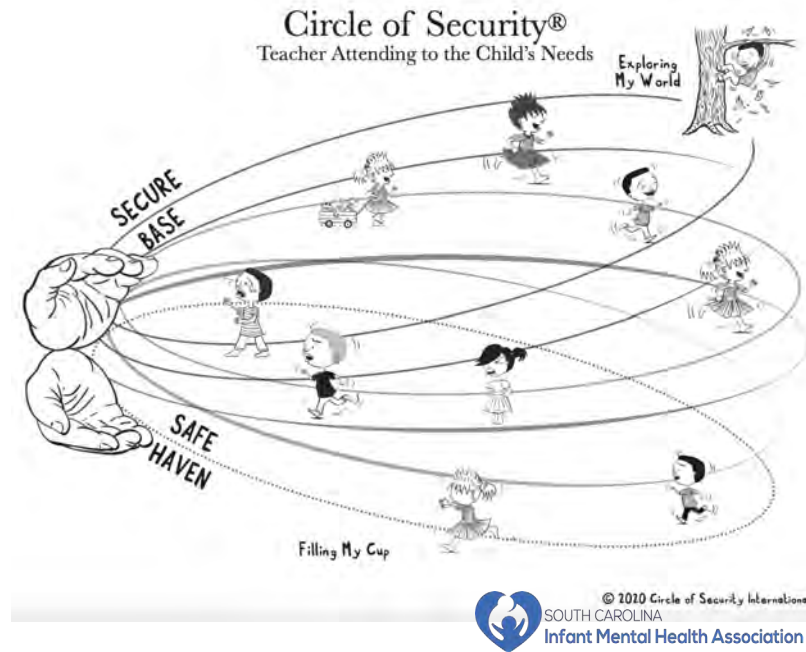
If you were feeling overwhelmed by the child's behavior, how might you have responded?

Has your response changed after what you learned in today's presentation?



18

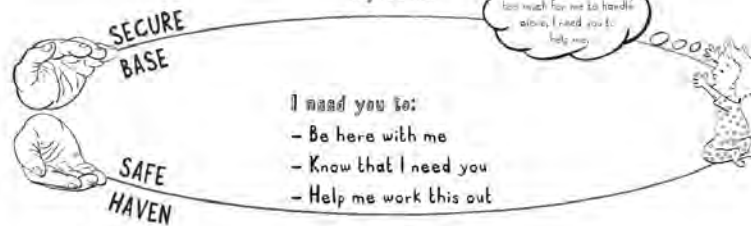
## The Teacher Version of Circle(s) of Security



19

When I get upset  
(Frustrated, withdrawn, whiny, demanding, out of control):

My behavior  
is telling you something  
important



### When Good Kids Do Bad Things

Seeing our child rather than our Shark Music

© 2018 Guggare, Hoffman, and Powell, Circle of Security  
SOUTH CAROLINA  
Infant Mental Health Association

20



21



22