VAJRASATTVA (100 syllable) PRAYER

OM Supreme praise

VAJRA SATTVA SA MA YA The Vajrasattva samayas (vows of unimpeded compassion)

MA NU PA LA YA Grant your protection

VAJRASATTVA TE NO PA TISHTHA DRI DHO ME BHA WA Vajrasattva remain firm in me

SU TO KHAYO ME BHA WA Make me totally content

SU PO KHAYO ME BHA WA Increase the positive in me

A NU RAKTO ME BHA WA Be loving towards me

SARWA SIDDHIM ME PRA YATSA
Bestow all the accomplishments (of enlightened consciousness)

SARWA KARMA SU TSA ME As well as all the (compassionate) activities

TSITTAM SHRE YAM KU RU Make my mind virtuous

HUNG The heart essence seed syllable

HA HA HA
The four immeasurables (love, compassion, joy, equanimity),
four empowerments, four joys and four kayas

HO!
The sound of joyous laughter in them

BHA GA WAN SARVA TA THA GA TA Bhagawan, all the Tathagatas (respect to all the enlightened ones)

VAJRA MA ME MUNTSA Vajrasattva, don't abandon me

VAJRI BHA WA
I pray to become a vajra holder (attain the union of wisdom and compassion)

MA HA SA MA YA SATTVA Great vow of the union of body, speech, and mind

AH Seed syllable uniting in non duality (non separateness)



OM VAJRA SATTVA HUNG