

Elgin Primary Care Rounds and Primary Care Alliance Meeting Wednesday May 20, 2020 12:30 -2 via Webex Minutes

Attendance:

Guest Speaker – Dr. Chris Licskai (Respirology),
Guest Speaker - Dr. Camila Rozanski (Respirology)

Chair: Dr. Kellie Scott,

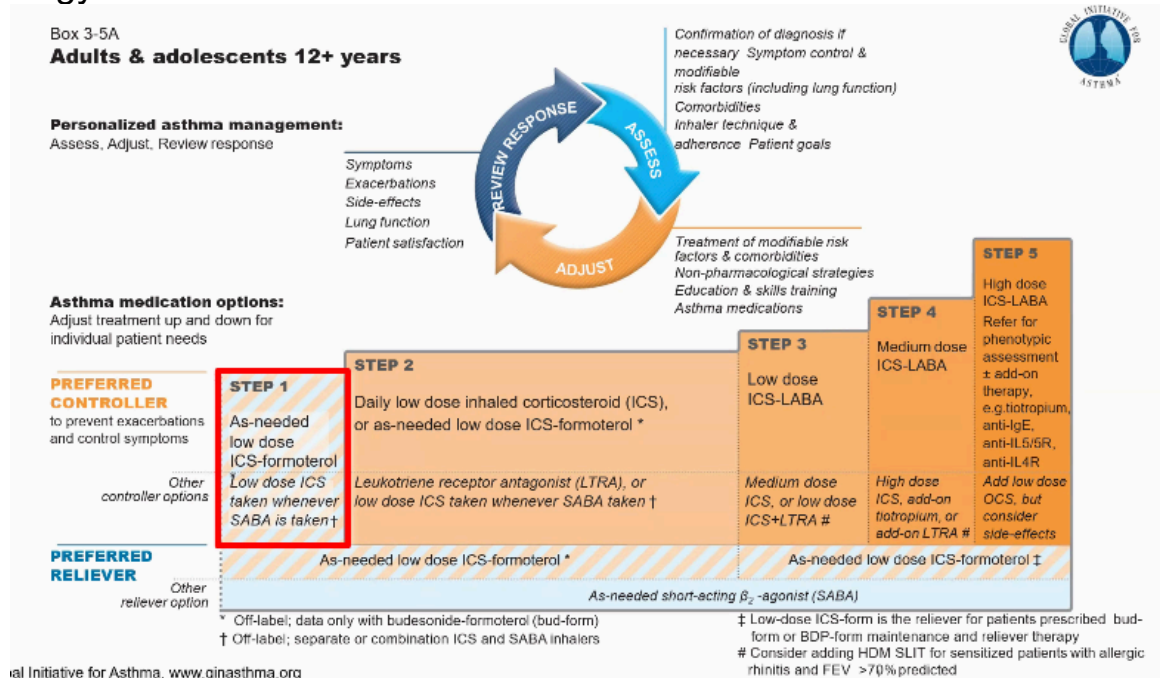
Chair: Dr. Jillian Toogood

Members:

Andy Kroeker, Christian Paradis, Anne Howe, Elsie Osagie, Jessica Johnston, Janet Froud, Jackie Harris, Joyce Lock, Judith Wiley, Kazia Rycerz, Kelly Jones, Kehinde Olorunsola, Kevin Mardell, Laura Sheridan, Scott McIntosh, Tolu Nelly Ayoku, Tracy Nancekivell, Jeff Balsdon, Brendan Boyd, Elsie Osagie, Janet Froud, Laura Sheridan, Derek Vaughan, Kate Dymock, Kelly Jones

- **Rounds (sponsored by Astra Zeneca) by Dr. Chris Licksai and Dr. Camila Rozanski – Asthma**
 - New GINA guidelines have changed asthma care significantly
 - Ventolin as a sole treatment is no longer in the guidelines (all patients with asthma should get an inhaled steroid every time they get a dose of acute bronchodilator)
 - Biggest change is GINA Step 1 – mildest, symptoms less than once a month and no exacerbation risk – SABA bronchodilator + ICS (separate or combined as ICS-formeterol)
 - Still need SABA available for severe exacerbations but ICS/Formeterol could still be used as a reliever if using
 - Both SABA and LABA have significant risks as monotherapy.

- LABA in other combination products (Advair, Breo) is not as fast of an onset of action as the formoterol in Symbicort so can't be used as a PRN. Zenhale has formeterol as well but hasn't been studied using this strategy).
- Strategy ends up offering better control with lower delivery of steroid dose overall
- Cost may still be a limiting factor to patients using this strategy



- **COVID-19**
 - **Updated symptom list.** Anyone with symptoms now qualifies for swab (with clinical judgement)
 - **Symptoms List** • Fever (temperature of 37.8°C or greater) • New or worsening cough • Shortness of breath (dyspnea) • Sore throat • Difficulty swallowing • New olfactory or taste disorder(s) • Nausea/vomiting, diarrhea, abdominal pain • Runny nose, or nasal congestion – in absence of underlying reason for these symptoms such as seasonal allergies, post nasal drip, etc.
 - **Atypical symptoms/clinical pictures of COVID-19 should be considered, particularly in children, older persons, and people living with a developmental disability. Atypical symptoms can include:** • Unexplained fatigue/malaise/myalgias • Delirium (acutely altered mental status and inattention) • Unexplained or increased number of

falls • Acute functional decline • Exacerbation of chronic conditions • Chills • Headaches • Croup • Conjunctivitis • Multisystem inflammatory vasculitis in children • Clinical or radiological evidence of pneumonia • Unexplained tachycardia, including age specific tachycardia for children • Decrease in blood pressure • Unexplained hypoxia (even if mild i.e. O2 sat

- **Access to swabs** – can order from PHO
<https://www.publichealthontario.ca/-/media/documents/lab/specimen-containers-supplies.pdf?la=en>
- **Seeing COVID-suspect patients in your office** – need swabs, PPE, space, staff, time.
- **How to do an NP Swab**
<https://www.publichealthontario.ca/en/laboratory-services/kit-test-ordering-instructions/virus-respiratory-kit>
Use this lab req: <https://www.publichealthontario.ca/-/media/documents/lab/2019-ncov-test-requisition.pdf?la=en>

- **Re-Introducing in-person care** – virtual is here to stay, but soon can add back in more in-person in phases - see draft document

Re-introduction of In-Office Primary Care

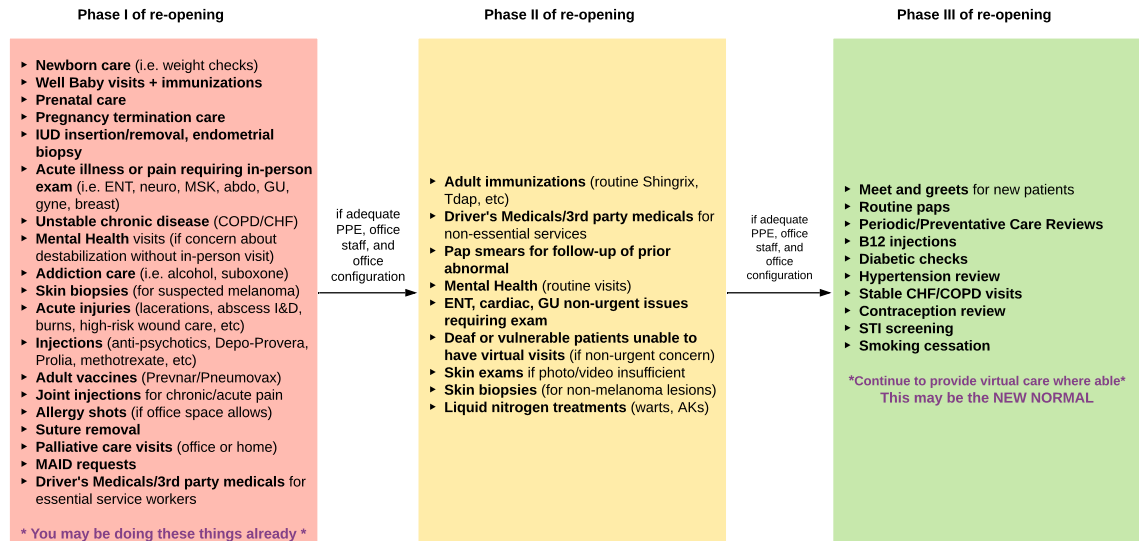
VIRTUAL CARE is HERE TO STAY

Continue to offer telephone or virtual visits as the FIRST option, only offering in-person visits if physical examination will change your management, or if the patient requires direct visualization/hands-on procedure/intervention

Transitions from one phase to the next will depend on:

your office readiness (PPE, staffing, office size/configuration), stages of provincial re-opening and your community's COVID prevalence.

This is a rough guide to support your clinical judgement on the items in the categories below. You know your patients the best.



- **Resources** – working on a guide combining health system info and business sector info
- **Advocacy** – Letter to MP/MPP about the things we need – will circulate a draft to add your signature if you wish
- Message from **Outpatient Mental Health**:
The STEGH Outpatient Mental Health Care program remains accessible to you and your patients.
Please continue to fax (519.631.6497) your referrals for triage /intake and service. Currently, Our individual consultation/counselling/ is virtual (OTN)/telephone--but we have found that to be effective until we can return to our face-to-face visits. Our groups are on hold at this time and we are investigating with our IT department virtual options, and will keep our community partners informed.

- **Retirement Home Admissions** –

- New Seasons Retirement Home is opening. If you are interested in working there (being on call, taking on anyone who doesn't have a doctor) contact Donald Williams
dwilliams@seasonsretirement.com

- Dr. Scott will contact all 5 Retirement Homes in Elgin to get their forms hopefully standardized but also EMR friendly. They are all willing to accept a CPP And I've asked that they prepare families that there is a fee the doctor will charge for this paperwork as it is not an OHIP-covered service. Our office charges \$40 for this. Please also considering updating your **Uninsured Services fees** based on the 2020 OMA guide so we are consistent across the Elgin Region.
<https://content.oma.org/wp-content/uploads/private/2020-Physicians-Guide-finalv3-12Dec19.docx.pdf>
- **Access to Specialist Care, Reintroducing Hospital Care/Surgeries**
 - PetalMD – download app. Physicians/NPs can email me if you need the login details to see the STEGH call schedule for contacting specialist on call as needed.
 - Offices Not Accepting Calls/Faxes? Please let Dr. Scott or Dr. Toogood know to follow up
 - Dr. Scott to discuss reintroduction of surgical services with STEGH (separate email sent)
- **Helping patients with Social Determinants of Health When You Don't Have a Social Worker**
 - Start with your **Home and Community Care Coordinator** – each physician in Elgin is aligned with one. (see document attached). If you don't know yours – set up a meeting to get to know them and what they can help you and your staff with!
 - Consider CMHA if there is a mental health issue as the main consideration.
 - Initiate a Coordinated Care Plan

Caseload	Care Coordinator	Ext	Cell Phone	PCA	Associated Physician	Team
101	Sabrina De Serranno	5150	519- 630-9755	Barb Muxfeldt	Sudicky, Aric Goodhew, Rick Paradis, Christian Robinson, Constance Vaughan, Derek	Thames Valley Family Health Team St. Thomas Family Care Center (solo) Thames Valley Family Health Team Solo Practitioner that works at TCFHT Solo Practitioner
102	Charlotte Ratza	5111	519- 520-4451	Melanie Smith	Barrett, Scott Carter, Daria, NP Carter, Jonathan	Solo Practitioner Solo Practitioner Solo Practitioner
103	Judy Brown	5121	519- 709-3452	Melanie Smith	Fernando, Michael Froud (kivell), Janet Graham, David Howe, Barbara Mast, Sonja Nancekivell, Tracy, NP Taylor, Charlotte Kathleen Tokarewicz, John Toogood, Jillian Barrett, Scott Carter, Daria, NP Carter, Jonathan	East Elgin Family Health Team East Elgin Family Health Team East Elgin Family Health Team East Elgin Family Health Team Solo Practitioner East Elgin Family Health Team East Elgin Family Health Team East Elgin Family Health Team East Elgin Family Health Team Solo Practitioner Solo Practitioner Solo Practitioner
104	Shiellamite "Shiella" Gaisie	5115	519- 636-1657	Andrea Fishback	Egbujuo, Collins Cornelius Udoh Francis, Terry Gregory, David Ho, Darius Ming-Sing Toth, Micheal Vivoda, Edward	Solo Practitioner Solo Practitioner Solo Practitioner Solo Practitioner Solo Practitioner Solo Practitioner
105	Amy McWhirter	5114	519- 709-5320	Amber Jefferies	Bezuidenhout, Kenneth Fox, (William) Paul	Solo Practitioner Thames Valley Family Health Team

					McIntosh, Scott Olorunsola, Kehinde Osagie, Elsie Scott, Kellie	Thames Valley Family Health Team Thames Valley Family Health Team Solo Practitioner Thames Valley Family Health Team
106	Charlotta Sipkema/ Jen Jamieson	5124	226- 234- 1805	Andrea Fishback	Astaphan, Karl Baptista, Annette, Bond, Rebecca Damen, Lindsey, NP Grigore, Emil Kamar, Ahmed Adel Mardell, Kevin Rycerz Sharman, Peter	West Elgin CHC West Elgin CHC West Elgin CHC West Elgin CHC Solo Practitioner Dutton Medical Centre West Elgin CHC West Elgin CHC Dutton Medical Centre
107	Paulina Clarke	5127	519- 200- 6739	Barb Muxfeldt	Lum, David Moon, Laura, NP Sczelecki, Amy, NP Shepherd, Rebecca, NP	Central CHC Central CHC Jessica Johnstone covering mat leave Central CHC
108	Brenda Emre	5149	519- 630- 4189	Amber Jefferies	Ajoqwu Chamberlain Boyd, Brendan Joseph Peel Richter, Kristen Dr Ndur	CA Bell Medical Centre CA Bell Medical Center CA Bell Medical Centre Central CHC
109	Nicola Parris	5134	226- 236- 3568	Barb Muxfeldt	Balsdon, Jeffrey Huszarik, Katrina Keeler, Anne Morrison, Kenneth Paul Perera, Ambalangoda Anusha Tenbergen, Melissa Thompson, Kimberly Zajac, Matt	Solo Practitioner that works at Emdale FHO Elmdale FHO Elmdale FHO Solo Practitioner that works at Emdale FHO Elmdale FHO Elmdale FHO Elmdale FHO Elmdale FHO
110	Laurie Browne	5126	519- 520- 2925	Amber Jefferies	Dayus, Lisa Dougherty, David Elahi, Afiza Mai, Joseph	Thames Valley Family Health Team Thames Valley Family Health Team Thames Valley Family Health Team Thames Valley Family Health Team