

SNA of Ohio
June 2025
Board Position Spotlight



SNA of Ohio: What's it like to be on the Board?

Featuring: Liz Helmbright - Professional Development Chair

In her time as PD Chair, Liz helped plan and deliver meaningful, high-quality training and educational experiences for school nutrition professionals. She worked closely with industry partners and vendors to bring fresh, relevant insight to the SNA Ohio membership.

“As the PD Chair, I’ve gotten the chance to work closely with a number of industry partners and vendors. It’s been great to learn from them and coordinate presentations that bring fresh insight to our members,” Liz shared.

Her goal was to ensure all members—whether new to the field or seasoned leaders—had access to the tools and knowledge needed to succeed. Through workshops, webinars, and conference sessions, she helped build a culture of growth, curiosity, and excellence in child nutrition.

Beyond logistics and planning, Liz’s time on the Board gave her something even deeper: community.

“Being on the board has created such a strong sense of community—it’s been so helpful to connect with other directors who are going through the same challenges and celebrations I am, and create lasting relationships.”

This sense of connection has fueled her dedication, keeping her inspired and informed.

“It’s kept me in the know about events and opportunities across the state, and has opened doors I wouldn’t have had access to otherwise.”

Liz also served on the Annual Conference Planning Committee for two years, helping shape the flagship event each June. Her work ensured the conference was not only logistically strong but also full of fresh ideas and fun energy.

“Helping shape the Annual Conference each June has been a really fun and rewarding experience,” she said.

As Liz wraps up her term this summer, she reflects on the experience with gratitude and optimism:

“Overall, this role has been such a positive and meaningful experience. I’m sad to be stepping out of this role on the board after this summer, but I definitely hope to return in a new role sometime down the line!”

Liz Helmbright’s leadership as PD Chair for the SNA of Ohio has left a meaningful mark. Through thoughtful programming, vendor collaboration, and tireless support of her peers, she’s helped strengthen the future of school nutrition across the state.