

## CATHOLIC IQ – THE LORD’S SUPPER

This week's answers:

1. **c)** Loving God and our neighbor are the beginning of heaven in this life. Full communion with God only happens after death when we see God face-to-face. Choosing to not love God and our neighbor excludes us from communion with God.
  
2. **b)** “The Sunday Eucharist is the foundation and confirmation of all Christian practice. ... The faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin” (CCC, 2181).
  
3. **d)** Even though Mass is not celebrated on Good Friday in recognition of Jesus’ death, Holy Communion is still distributed from hosts consecrated from the Holy Thursday Mass.
  
4. **d)** Eucharist is how the faithful express their gratitude to the Father for creating all things, for saving us through Christ, and for making us holy through the Holy Spirit (see CCC, 1360).
  
5. **a)** True. The Bible and the Church Fathers testify to a universal belief in the real presence of Christ in the Eucharist. St. Justin Martyr wrote a description of Mass around A.D.153 that is almost identical to the Mass today.