

This week's answers:

1. **b)** Saint Peter also known as Peter the Apostle, Peter the Rock, Simon Peter, Simeon, Simon, or Cephas was one of the Twelve Apostles of Jesus Christ. He is the first Bishop of Rome – or pope. Based on historical data, his papacy is estimated to have spanned from AD 30 to his death. Pope Francis has been the head of the Catholic Church and sovereign of the Vatican City State since 2013. Francis is the first pope to be a member of the Society of Jesus, the first from the Americas, the first from the Southern Hemisphere, and the first pope from outside Europe since Gregory III, a Syrian who reigned in the 8th century.
2. **c)** Holy Water is a sacramental and religious tradition used to bless oneself. Its use upon entering Church is a reminder of One's Baptism and a gesture of purifying oneself before approaching the presence of God.
3. **a)** Easter celebrates the Resurrection of Jesus Christ from the dead, important for Catholics because it is the central foundation for both the faith and the divinity of Jesus. Easter is the most important feast of the Church year.
4. **b)** The current rules were introduced by Pope Paul VI on November 21, 1964 and are found in Canon 919 of the Code of Canon Law. The Code of Canon Law states: 1. A person who is to receive the Most Holy Eucharist is to abstain for at least one hour before holy communion from any food and drink, except for only water and medicine. 2. A priest who celebrates the Most Holy Eucharist two or three times on the same day can take something before the second or third celebration even if there is less than one hour between them. 3. The elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour.
5. **a)** The Divine Office (or the Liturgy of the Hours) is the public, daily prayer of the Church. Together with the Mass and other liturgical rites, they form the official prayer of the Church. The prayer comes mainly from Sacred Scripture, using the Psalms, Canticles, Gospel Canticles. In Lk 18:1, Jesus commands us to “pray continually and never lose heart”. The Divine Office is the Church’s response of praying unceasingly throughout the day.