

**When:**

Thursday mornings  
Class: 9:00 a.m.—noon  
March 5th—April 30th,  
2026

(we will have March 26th off  
for Spring Break)

**Where:**

Sheboygan County  
Health & Human  
Services:  
**1011 N. 8th Street  
Sheboygan, WI  
Room 372**

**Please RSVP by:** Feb 20th  
2026 to:

Nancy Carey  
920.459.3256  
[nancy.carey@  
sheboygancounty.com](mailto:nancy.carey@sheboygancounty.com)

Or

Katy Pruitt  
920.459.3235  
[Katherine.pruitt@  
sheboygancounty.com](mailto:Katherine.pruitt@sheboygancounty.com)

Or complete referral form  
with your social worker.

**No childcare is available  
this session**

**Please plan to attend all  
sessions unless ill**

**Please note that this can be a  
hard class if you have a trauma  
history but may also help in  
your healing**

# Sheboygan County Health & Human Services

## Building Healthy Relationships with Children Who Have Experienced Trauma: *A Workshop for Parents, Caregivers, and Professionals*



### Objectives:

1. Understand what Complex Traumatic Stress is, and how it can affect the typical development of children
2. Gain awareness of the types of behaviors (symptoms) commonly seen in children who have had traumatic experiences and learn to better manage
3. Understand the need to address psychological as well as physical safety in children with trauma
4. Learn why caregiver wellness is key
5. Advocate for and be able to adequately identify providers

### Training provided by certified trainers:

Katy Pruitt—Trauma Informed Care Coordinator;  
Nancy Carey— Social worker; Vince Daughtery—Co-responder and parent

- **A commitment to all 8 sessions is needed.**
- **Professionals/family teams encouraged to attend together. Professionals are asked to pay a nominal fee of 15.00 for materials. Scholarships are available in case of hardship.**
- **Parents/caregivers may also bring a support person.**
- **You do not have to be currently receiving services at HHS to take this class. It is open to the public.**

**Register for this *free* workshop before it fills!**

