

PRAIRIE PIONEER CENTER

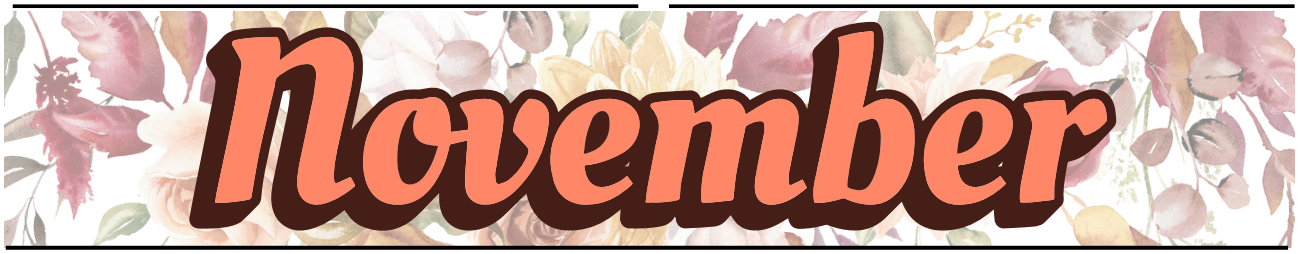


1314 SOUTH B ST
BROKEN BOW, NE
68822

TELEGRAM

308-872-6121

HANDI-BUS
308-872-6609



October's End and November's Arrival

The end of October has brought us much-needed rain, though it has kept farmers from working in the fields. As we enter the harvest season, we wish everyone safe travels as combines and grain carts navigate the highways.

A Busy November Ahead

November signals the beginning of a lively month, packed with events that will help you embrace the season.

- ***Clock Adjustment:*** Don't forget to set your clocks back on Sunday, the 1st. This time change gives us an extra hour of sleep that Sunday.
- ***Weather Updates:*** As winter draws near, please tune in to KCNI for information regarding weather-related closures. A crucial reminder: if schools are closed, we will also be closed.

Events at the Center



We have some exciting activities scheduled at the center this month:

- ***Bingo at the Center:*** Off Broadway will host a Bingo event on November 12th at 10 a.m. Join us for games and stay for lunch!
- ***Life Line Screening:*** On November 17th, we will close for the Life Line screening. Check the flyer in the newsletter for details on how to register. The center will be closed for the day. At this time we do plan to do home deliveries.

Sunday Dinner

Additionally, our Sunday meal has been rescheduled to the 22nd due to the annual Santa Cop event. We've also updated the theme of our Sunday Dinners to "**Generations Around the Table,"** as we believe this is a special time for families to come together and reflect. We invite you to stay after lunch and play Pitch at 1:30 pm

Lastly, please remember that we will be closed on Thanksgiving Day, November 26th, and the following Friday, November 27th.



As the leaves fall and the air turns cooler, November reminds us to slow down, appreciate the little things, and be thankful for the people who make our lives special.
At the Prairie Pioneer Center, we are grateful for our wonderful community, our dedicated volunteers, and everyone who walks through our doors. Your support and friendship help make our center a special place to gather, share a meal, and enjoy each other's company.
As we look ahead to Thanksgiving, may your month be filled with good health, warm memories, laughter, and plenty of reasons to be thankful.
From all of us at the Prairie Pioneer Center, we wish you a happy and blessed November! 🧡

If you're new to the area or have yet to explore it, we invite you to take a moment to check out our Facebook page.

MEAL PRICES

60+ - $7.00

HOME DELIVERED- $7.25

Meal prices for 60 + are a suggested donation

Under 60 - $7.75

TOTAL MEALS SERVED

JULY	JANUARY
570	
AUGUST	FEBRUARY
628	
SEPTEMBER	MARCH
678	
OCTOBER	APRIL
NOVEMBER	MAY
DECEMBER	JUNE

IMPORTANT IMPORTANT IMPORTANT

The Prairie Pioneer Senior Center is partially funded by the South Central Area Agency on Aging, thanks to support under the Older Americans Act. This funding helps offset meal expenses and ensures the center remains operational. Additionally, the center benefits from the Nutrition Senior Incentive Program, though funding has decreased from 70 cents per eligible meal to 47 cents. Eligibility requires the meal to be served to someone aged 60 or older, or to the spouse of someone over 60. However, these funds cover only a fraction of the center's operational costs. The remainder comes from participant contributions, fundraising, and other sources, making participant donations crucial for the center's sustainability. The Older Americans Act is designed to support older Americans generally, not just those with limited income.

Monday – Friday 9–12 am
Pool

Second Tuesday
Bridge Marathon – 1:00 pm

Thursdays @ 1:00 pm
Cards

November 22 @ 1:30 pm
Sunday Pitch

NOVEMBER 12
Bingo 10–11 a.m.

NOVEMBER 17TH
Life Line Screening: Protect Your Health Event

NOVEMBER 22
Generations at the Table
Turkey Dinner
11–1 PM



SUPPORT YOUR LOCAL SENIOR CENTER

THINGS THE CENTER COULD USE HELP WITH!

- Copy paper
- Coffee

10 oz. Paper Bowls for Salad Bar

We Are Collecting Best Choice UPC Labels

Please save your UPC labels from Best Choice food packages and drop them off at the center.



We would like to extend our heartfelt gratitude to everyone who has volunteered their time, as well as those who have generously contributed with donations.

📢 HELP SHAPE OUR FUTURE! Board Nominations Open at the Prairie Pioneer Center 📢

The Prairie Pioneer Center is a vital hub for Broken Bow—keeping our community connected through daily senior meals, social activities, and support services. To ensure we thrive for years to come, we are looking for passionate individuals to join our Board of Directors!

If you care deeply about our mission, enjoy community advocacy, or want to help guide our local programs and fundraising, we want you on our team.

✨ Why join us?

- Directly impact local seniors and families.
- Help guide the center's long-term growth and success.
- Collaborate with dedicated neighbors and volunteers.
- Self-nominations are highly encouraged!

Stop by and see Director Cathy Larson at 1314 S B St, call us at 308-872-6121,

#PrairiePioneerCenter #BrokenBowNE #VolunteerLeadership #CommunityImpact #SupportLocalSeniors

PRAIRIE PIONEER SENIOR CENTER BOARD MEMBERS

2026-2027

KATHY SALTS
HOWARD BALLENGER
CAROL FRITZLER
CAROLE JOHNSON

MEMBER AT LARGE

DAVID SCHMIDT

CATHY LARSON, DIRECTOR



Please call the day before or by 9 a.m. to let us know you will be needing a meal

NOVEMBER MENU 2026

308-872-6121

MENU IS SUBJECT TO CHANGE *

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 SAUSAGE GRAVY OVER BISCUIT CORN FRUIT	3 HOT BEEF SANDWICH MASHED POTATO MIXED VEGGIES FRUIT	4 MAC & CHEESE HAMBURGER CASSEROLE PEAS FRUIT	5 COUNTRY FRIED STEAK MASHED POTATOES/ GRAVY GREEN BEANS DINNER ROLL DESSERT	6 HAMBURGER VEGETABLE SOUP COTTAGE CHEESE VEGGIES FRUIT	7
8	9 GOULASH CARROTS FRUIT	10 CHICKEN DRESSING CASSEROLE PEAS FRUIT	11 BBQ MEATBALLS CHEESY HASHBROWN BROCCOLI FRUIT	12 SALISBURY STEAK MASHED POTATOES/ GRAVY TOMATO/ ZUCCHINI DINNER ROLL DESSERT	13 CHICKEN ENDCHILADA SOUP CORNBREAD COTTAGE CHEESE FRUIT	14
15	16 BBQ BRISKET SANDWICH CARROTS COTTAGE CHEESE FRUIT	17 CHILI CORNBREAD FRUIT HOME DELIVERY ONLY	18 CHICKEN ALFREDO BAKE CORN FRUIT	19 MEATLOAF MASHED POTATOES/ GRAVY BEETS DINNER ROLL DESSERT	20 TOMATO BISQUE SOUP EGG SALAD SANDWICH COTTAGE CHEESE FRUIT	21
22 "GENERATIONS AT THE TABLE" TURKEY DINNER 11 -1	23 CORNBREAD TACO BAKE PEAS FRUIT HOME DELIVERY OR CARRY OUT ONLY	24 PORK TENDERLOIN CASSEROLE GREEN BEANS FRUIT	25 BAKE SPAGHETTI MIXED VEGGIES FRUIT	26 CENTER CLOSED  HAPPY THANKSGIVING	27 CENTER CLOSED 	28
29	30 BRATS & SAUERKRAUT CALIFORNIA BLEND FRUIT	1 HAM & CHEESE HASHBROWN CASSEROLE GREEN BEANS FRUIT	2 CHILI HOT DOG MAC & CHEESE CORN FRUIT	3 BREADED PORK CHOPS MASHED POTATOES/ GRAVY CORN DINNER ROLL DESSERT	4 POTATO SOUP HAMBURGER FRUIT	5



💡 **A Friendly Reminder**

We warmly welcome guests of all ages to join us for lunch! If you're busy and need a quick meal, please reach out. You can choose to dine in with us or opt for carryout.

Please remember to call by 9:00 a.m. if you would like a meal that day. Due to the current high cost of food, we aim to prepare only what is necessary to minimize waste. Thank you for your understanding!

NOVEMBER ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 POOL 9:00 AM	4 POOL 9:00 AM	5 POOL 9:00 AM PINOCHLE/ BRIDGE 1:00 PM	6 POOL 9:00 AM	7
8	9 POOL 9:00 AM	10 POOL 9:00 AM	11 POOL 9:00 AM HAPPY VETERANS DAY	12 POOL 9:00 AM PINOCHLE/ BRIDGE 1:00 PM BINGO 10 - 11 AM	13 POOL 9:00 AM	14
15	16 POOL 9:00 AM BOARD OF DIRECTORS MEETING 12:30 PM	17 LIFE LINE SCREENING 8 AM-5 PM CENTER CLOSED	18 POOL 9:00 AM	19 POOL 9:00 AM PINOCHLE/ BRIDGE 1:00 PM	20 POOL 9:00 AM	21
22 "GENERATIONS AT THE TABLE" TURKEY DINNER 11 -1	23 POOL 9:00 AM	24 POOL 9:00 AM	25 POOL 9:00 AM	26 CENTER CLOSED 	27 CENTER CLOSED 	28
29	30 POOL 9:00 AM	1 POOL 9:00 AM	2 POOL 9:00 AM	3 POOL 9:00 AM PINOCHLE/ BRIDGE 1:00 PM	4 POOL 9:00 AM	5







Don't Miss Our Blood Pressure Hub!

Join us any time from Monday to Friday. Simply come in and have a seat.

HELP US SUPPORT OUR SENIORS!

YOU HOLD THE KEY TO MAKING A DIFFERENCE FOR OUR SENIORS. THE PRAIRIE PIONEER CENTER NEEDS YOUR SUPPORT! A DONATION TO THE CENTER WILL ASSIST IN PROVIDING NUTRITIOUS MEALS FOR OUR SENIORS.

DONATIONS BIG OR SMALL CAN BE SENT TO PRAIRIE PIONEER CENTER 1314 SOUTH B BROKEN BOW, NE 68822

Honoring all who served. 🇺🇸

Today, on Veterans Day, we take a moment to look back at the history and deep significance behind November 11th.

Here are the key milestones that shaped this national holiday:

• **The WWI Connection** — Originally known as Armistice Day, it was created by President Woodrow Wilson in 1919 to mark the first anniversary of the end of World War I. The armistice went into effect on the 11th hour of the 11th day of the 11th month in 1918.

• **Becoming a National Holiday** — Congress officially made it an annual observance in 1926, and it became a legal federal holiday in 1938.

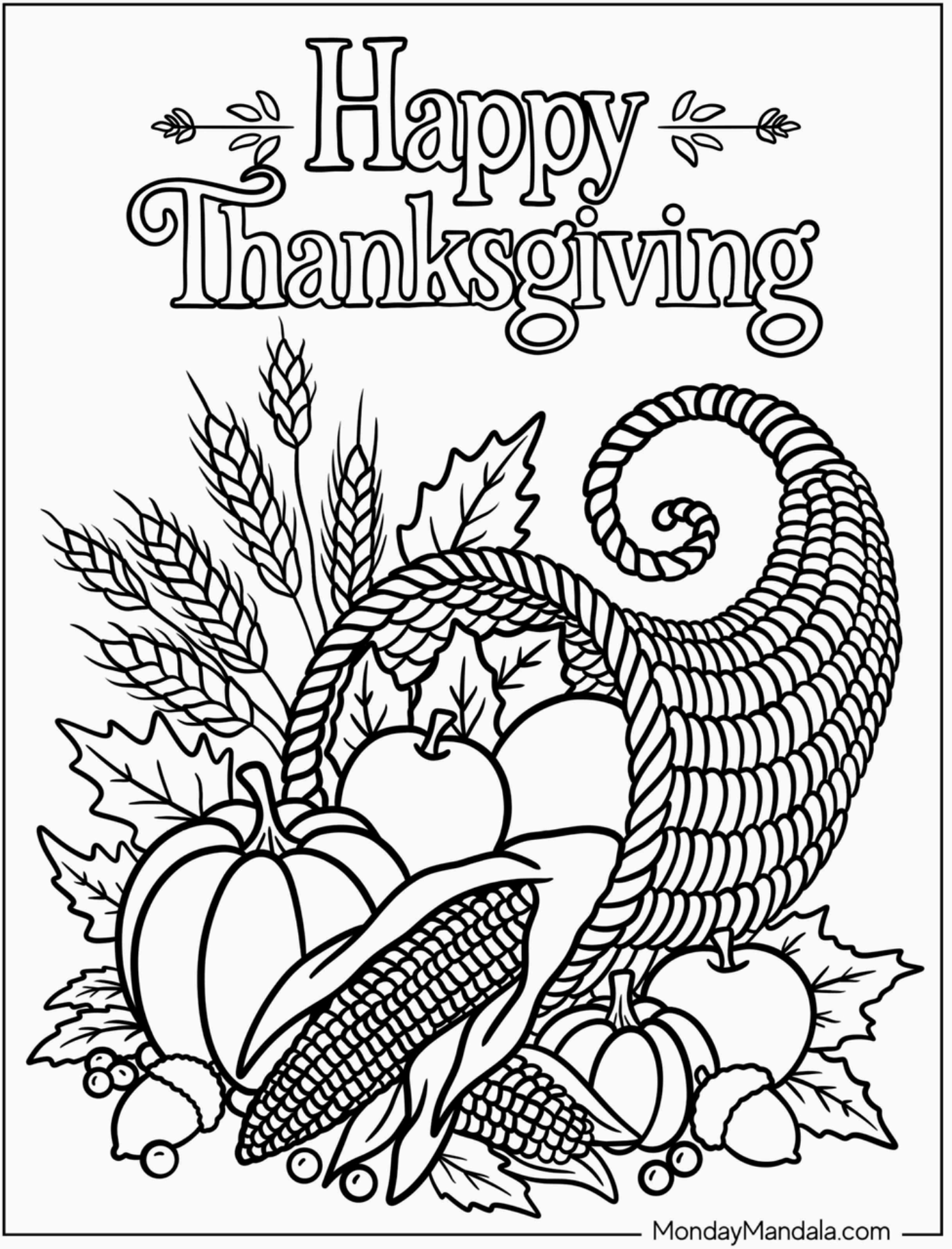
• **From Armistice to Veterans Day** — In 1954, following World War II and the Korean War, President Dwight D. Eisenhower signed legislation officially changing the name to "Veterans Day." This expanded the day to honor all American veterans, not just those who served in WWI.

• **Protecting the Date** — In 1968, a law attempted to move the holiday to Mondays to create three-day weekends. However, due to its immense historical importance, President Gerald Ford signed a bill in 1975 returning Veterans Day to its original, permanent date of November 11th.

• **What's in a Name? —** There is no apostrophe in the official name! It is spelled "Veterans Day" because it is a day to honor veterans collectively, not a day that belongs to them.

To everyone who has worn the uniform: thank you for your service, your sacrifice, and your dedication.




Happy Thanksgiving
MondayMandala.com

THANKSGIVING WORDSEARCH

A R W P D T N O V E M B E R L L A F G J
K Z L U X G N I V I G S K N A H T R E H
M E M O R I E S S F B O N F I R E E N A
K T R F A B U N D A N C E T G O G F E R
X R T A Y O J Y A F E I P H E S T L R V
T A R M V D O S E J N E L O D V O E O E
R D G I Q J R A E K A V Y L U W G C S S
K I A L R I S O B C R N E I T Z E T I T
A T T Y W T M N E L M U A D I R T I T G
F I H P F I E T O U P W T A T E H O Y H
V O E I I Q D T T I Q A D Y A G E N V N
H N R L R S M U A D T V R C R Y R E K B
A F I G E N A Y I R Z A F A G R N W L E
P R N R P D X R H G B Z I Y D Q E E H I
P I G I L N G J W I C E V C Q E S T Y Z
I E T M A Z G R T T E K L X E S S C F N
N N A S C M O D A Z A T Q E I R M G A G
E D K N E W E U I C W M Q N C Y P E M K
S S H A R I N G L T E M G Q X W G P H O
S Q L A F W L E A V E S E O K G Y D A X

WORD LIST

ABUNDANCE
APPRECIATION
AUTUMN
BLESSINGS
BONFIRE
CELEBRATE
FALL
FAMILY
FEAST
FIREPLACE
FRIENDS
GATHERING
GENEROSITY
GRACE
GRATITUDE
HAPPINESS
HARVEST
HOLIDAY
LEAVES
MEMORIES
NOVEMBER
PARADE
PEACE
PILGRIMS
REFLECTION
SHARING
THANKSGIVING
TOGETHERNESS
TRADITION
TURKEY







LIFE LINE SCREENING®
The Power of Prevention

You're invited to a Life Line Screening event!

Where: **Broken Bow – Prairie Pioneer Center**

When: **Tuesday, November 17, 2026**

Life Line Screening is the nation's leader in **Stroke and Cardiovascular Disease Risk** Screenings.

Trusted by over 11 million customers.

Screenings are simple and painless. Get peace of mind or early detection.

Who should attend:
Anyone **age of 40+**

Special Pricing for $129

- Carotid Artery Disease Screening
- Atrial Fibrillation Screening
- Abdominal Aortic Aneurysm Screening
- Peripheral Artery Disease Screening

4 ways to book your appointment...

Call **800-324-9458** and use promo code **HABC001**

Visit **LLSA.SOCIAL/HABC**

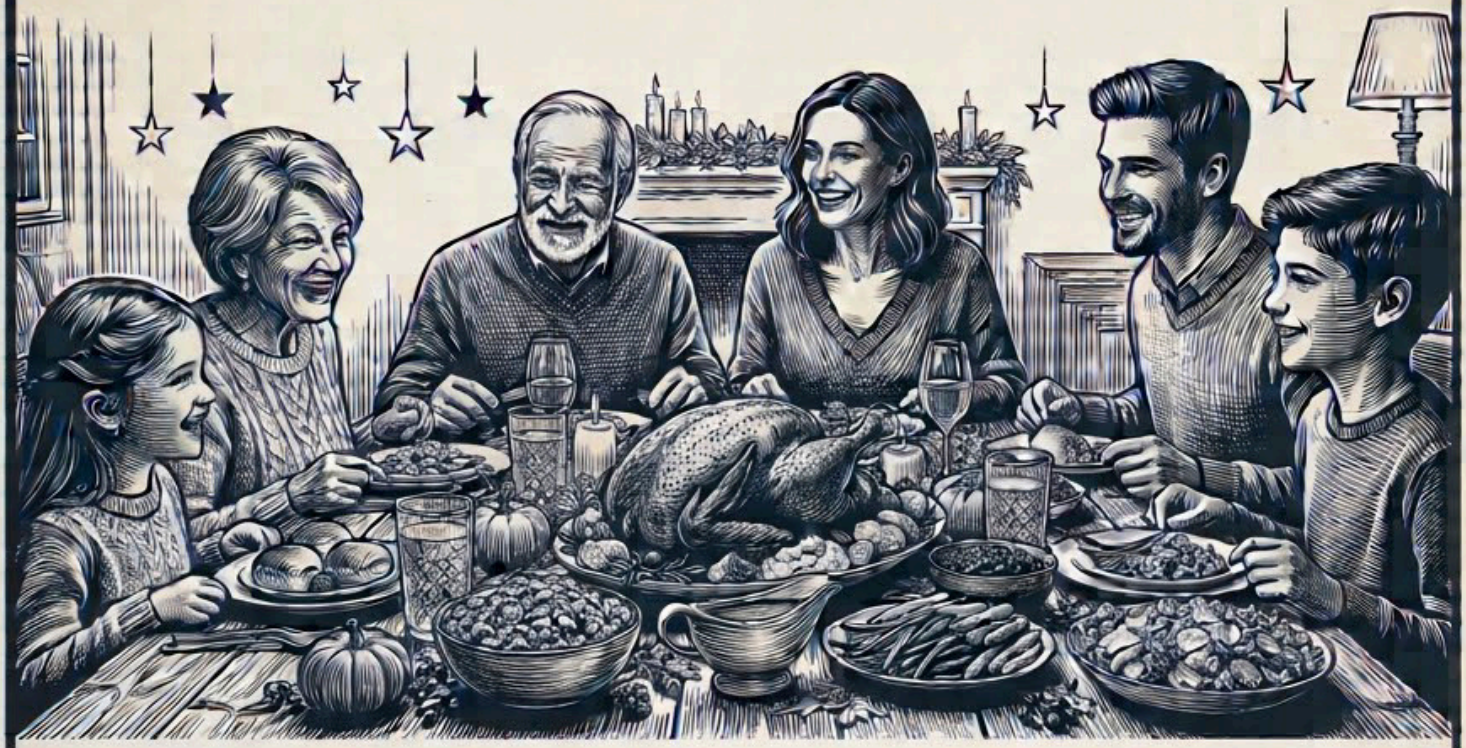
Scan here

Text the word **"circle"** to **216-279-1607**

These tests cannot detect all risk factors for all conditions, such as and including the presence of coronary artery disease. Those with abnormal results should discuss possible next steps with their family healthcare provider and ensure they understand the risk and benefits of any additional testing or procedures.

ALL AGES WELCOME!

GENERATIONS AT THE TABLE



YOU'RE INVITED TO A HEARTY COMMUNITY MEAL

Turkey Dinner

SUNDAY, NOVEMBER 22nd

11:00 AM - 1:00 PM

PRAIRIE PIONEER CENTER

FREE WILL DONATION

Reservations appreciated, call: 308-872-6121

Supporting Local Programs and Senior Services | Everyone Welcome!

PRAIRIE PIONEER CENTER PRESENTS