

Constant Contact Survey Results

Survey Name: Shepherds Center of Topeka Activity Survey

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1. What Shepherd's Center of Topeka (SCT) activities do you normally participate in? Select all that apply. - Other responses

Answer
Introduction of guest speakers.
I have been gone a lot but plan to participate more now.
Did do pickle ball in the past, not now.
What are MAP, SMS? (Memoirs, Ancestry, Photos) (Strength, Mobility and Stability Exercises)
I have participated in AIL and day trips, but not for over a year.
Just joined this year
Mah jongg
Task Force
volunteer in planning
News & Views
Bring back Mah Jongg please
a few adventures in learning
I'm new and have never participated in anything.
Board of Directors
Program planning.

2. What other Activity Groups or programs would you be interested in the Shepherd's Center offering? - Responses

Answer
Writing group
yoga, aqua exercise classes
Happy with current offerings
Can't think of one-all are tops I'm involved in
Maybe Mexican train
Morning coffee get-together at Hy-Vee
Possibly a book or movie club.
SMS exercise group
"How to classes" like art, gardening, ...
Silver Sneakers Like exercise
Mah jongg, nonfiction writing
Watercolor painting
group to get together and play 'Pitch" cards
a quilting group
Lunch or Dinner out group
Mah Jongg
stitching group-hand work
I'm mostly interested in travel and line dancing.
Volunteer activities
Maybe a movie group
Adventures in learning maybe a couple of others
Music Appreciation. Would love local talent
Easy does it yoga by Mimi Smith P & Rec.
There are already more than we can attend!

	Hand and Foot Canasta
	Mexican dominoes
	A trip, maybe
	The trips, line dancing. And the bridge.
	Board games

3. Would you attend Activity Groups if they begin meeting in JULY?

Please indicate which activity groups you would attend In the comment section. - Other responses

Answer
There would have to be significant drop in Shawnee County cases, not necessarily
We will be out of town.
Probably not
Not yet
Too early to decide
See below
Will not attend
If there is a little social distancing
Probably not
I would also wear a mask
depends
probably not
Possibly, but less than 50% chance
Only because I have to.
Map
I would rather wait till October.
Pickleball, Adventures
line dancing Adventures in Learning SMS exercise
zero, form to attend Hand & Foot. I would consider AIL sooner but only with social distancing, which probably isn't very realistic.
When Shawnee Co. doesn't increase in cases over a 14 day period, I will feel more comfortable going outside of my home.
Hand & Foot Canasta
Can't because of surgery. But would consider it later.
SMS with a small group only
Unsure at this time
I have not participated in any of the activity groups.
I don't think a vaccine will be available in time for July.
Adventures in Learning
If social distancing is lifted or expanded - pickleball for Roger & AIL for both it can be streamlined so not so crowded in rooms.
I plan on going back to SMS exercises as soon as Shirley is able to start up.
I would like to see some of the lectures be offered in the afternoon, when you resume
as things stand now - could change
Adventures in Learning
Especially Line dancing if we can keep our distance and the THURS one 2nd & 4th Thurs would have no problem. The Monday one can get pretty full--maybe a larger room would work better.
Not yet. I have many preexisting health conditions.
pickle-ball and SMS exercises and adventures in learning.
Not sure. It would depend on the circumstances. What precautions were being taken for safety.

	I usually play pickle ball regularly. But I have had a strong feeling that the Lord has other things for me to do and I have to give up pickle ball. I love all the people I have met and played with, but I have to be obedient. I'm sorry to have to give it up.
	Pickleball
	Pickleball, hand and foot canasta, exercise
	probably not, I am still being careful.
	AIL
	I have not in the past been participating in the Activity groups.
	Adventures in Learning
	Pickleball
	PICKLEBALL.....MAP
	I think it depends. Probably more likely to wait until Sept. or Oct.??
	My husband, Jim, has developed Cancer and we must be very careful what we attend or go to. He has already had several surgeries and is awaiting one more in July.
	Hand and foot
	We are quarantined at McCrite's so we will definitely attend if the quarantine is lifted.
	I'm glad they are offered, but I do not attend the activity groups. I attend Adventures in Learning, trips, and sometimes the socials.
	Pickleball
	Trips
	MAP – likely Bridge - Only if social distancing no longer required
	Adventures in learning
	I would probably want to wear a mask.
	AIL
	If able to social distancing.
	Probably would attend Bridge wearing a mask.
	Exercise group
	Pickle ball Would do others but remodeling my new home myself so very busy
	My answer could be "likely" but, when relationship-building is as important as SCT says it is, 6' apart hampers a significant goal. It might be much effort for less "payback" than is desired/needed.
	Pickleball
	I haven't been attending any of the Activity Groups and doubt I would in July.
	Pickleball, A in Learning and socials, thinking about playing Hand and Foot cards also.
	I do not know how we will play pickle ball safely. We may have to mark the floor for people to stay apart while waiting to play. Disinfect the ball after each game and wear masks while waiting.
	It is scary to make a positive decision.

4. Would you attend Activity Groups if they begin meeting in AUGUST? Please indicate which activity groups you would attend in the comment section. - Other responses and comments

Answer
We will be out of town.
Probably not
In summer I ride bike and walk for exercise plus visit kids
Maybe but probably not
Depends on covid-19 status
Possibly, but less than 50% chance

Pickleball, Adventures
line dancing Adventures in Leaning, SMS exercise
Pickleball
Hand & Foot. Adventures in learning.
When Shawnee Co. doesn't increase in the number of cases over a 14 day period, I will feel more comfortable going outside of my home.
Hand & Foot Canasta, Adventures in Learning
Line dancing, hand & foot
Adventures in learning and SM S
Unsure at this time
No.
For the same reason above. Only on zoom or similar distancing.
Adventures in learning
Same as July.
Pickle ball, Lecture
as things look now
Adventures in Learning
Pickleball and AIL
my husband and i will attend pickle ball and the exercise group whenever they are opened.
It would also depend on if the cases of Covid-19 are going down and not back up at that time. Very hard to predict that.
Line dancing and adventures in learning
Pickleball
Depends on the state of the virus in Shawnee County. Not sure I have to have zero cases but Maybe with some great health practices
AIL & would wear a mask
Adventures in Learning
Pickleball
Adv in Lrng , MAP
Hand and foot
I'm glad they are offered, but I do not attend the activity groups. I attend Adventures in Learning, trips, and sometimes the socials.
Pickleball
AiL and trips
MAP - likely Bridge - Only if social distancing no longer required.
Adventures in Learning
It's hard to know what the Covid-19 situation will be by this time - and whether mask wearing would still be important.
All the ones previously marked.
something social. I don't know what exactly.
MAP, Hand and Foot Canasta
More likely in Aug. than in July but still wearing a mask.
Line Dancing
Exercise group, MAP, Adventures in Learning
Only interested in Adventures In Learning. August could be a possibility. A lifestyle we
will have to learn to live with.
Probably not.
It depends if there are a number of cases still active in Shawnee County

5. Would you attend Adventures in Learning in August at Lowman United Methodist Church knowing that state/county and church guidelines are being followed? - Comments and Other responses

Answer
We will be out of town.
Masks and social distancing REQUIRED
Not likely
Maybe
Usually in Colorado in August.
no
probably not
Not sure
No
I do not attend Adventures in Learning.
As I read the news there are still too many people my age in Shawnee County that do not want to wear masks or follow the guideline for social distancing. I'm not feeling too comfortable yet.
I attend but regularly
There are those in this group that are very good about following directions and then there are those that DO NOT. They can be very adamant about not doing what is required of them. So, because of the ones not wanting to follow directions, I would not attend until a green light is given for a go-ahead
I would attend AIL with social distancing and probably not join for the social time in between sessions, as that is a good-sized group altogether
i am high risk due to asthma
I have been wanting to get in on AIL again and would most likely attend in August if at all interested in the speakers.
But Covid must be well under control in our area.
As above
NA. Never attended before covid.
Depends on the state of the virus in Shawnee County.
Again, I'm new and don't know what this means.
Perhaps a shortened version. I would have to wear a mask and they aren't comfortable for very long.
No as I usually don't attend much anyway unless I happen to be teaching or presenting.
possibly. Really looking forward to getting away if only for a couple of hours.
probably not
Too many variables and unknowns currently for me to decide. Based on what I know now, doubt that I will attend.
Still wearing a mask.
And the current rate of new Covid cases at that time.
Depends where things are by that time.

6. Do you have speaker suggestions for future Adventures in Learning sessions? Please include topics and/or names of speakers. - Responses

Answer
Dr Mark Pudwell
Officials talking about effects of covid-19
All of the speakers are great!
Shawnee County Election Commissioner

Already on the Program Committee.
explaining technology programs
Chair of Religion at Wash U
Speakers from Washburn U about special programs.
Yes. I have presented several suggestions.
Marcia Henry = Henry's Plant Farm out East of Topeka
Dr. Pezzino; an infectious disease specialist
I would like to tour Topeka High as a group
Medical professional to explain covid19 in Topeka
ANDY VALDIVIA--ARTIST
History
James & Laura Baer rocks/gems in Bible
Gary Robbins, Topeka author. Religion
Pregular speakers who have come in the past
Pandemic medical information; election information
Thanks for your hard work.
Library Rep. on access to services: dongle, hoopla
I am not that well connected.
Honorable Karen Arnold-Burger/Implicit bias in So
Health dept person with virus updates
Local history

7. Which technology programs have you used? Select all that apply. - Other responses

Answer
Skype
e-mails
FaceTime
box cast
Email
Microsoft Team Meeting
Zoom Room
Live streaming
Facebook and emails

7. Which technology programs have you used? Select all that apply. - Comments

Answer
Do not like to attend a meeting this way. I do it but find it hard to understand some of the people. Some of the mikes are not good.
I do not participate in social media.
Only when begun by my Daughter to call us.
I am willing to learn to use any option.
Attended only three Zoom meetings.
With Zoom we can only watch and hear other people. We can not communicate at this time.
I have sort of used zoom one time
We are not fond of Zoom but have used it.
I have only used Facebook and not that very well. Would love in-depth classes not overview type classes. Really like a teaching type classes.
I can't imagine Zoom for large groups.
Just used Facebook.
Spiritual book club has been meeting by Zoom.

Skype
I can learn almost any of these.
Not too impressed with digital gatherings
Only used zoom once and couldn't get sound to work. Don't have computer...just cell phone.

8. Would you attend Adventures in Learning from home via Zoom or other technology programs? - Other responses and Comments

Answer
Yes unless I'm back to subbing
Possibly to likely
Not interested in virtual meetings
Would be interested if I was interested in the topic and knew zoom.
still working
No
If Zoom or other technology was the only choice sometimes but not all the time. I like the getting together with others on such occasions as Ail. There have been times that the Friday Ail when has been my only outing that week and I look forward to it as "spiritual therapy".
Don't really have an opinion on this question as of this time.
My iPad won't support zoom. My phone doesn't allow enough people
Will also depend on which technology is used.
Unsure, it's just not the same as being there in person
I have only used Zoom twice and watched our church service live streamed on You Tube for 2 months and watch FB live more often. I'm willing to give it a try.
Not likely
None
I would have to learn how to use Zoom first.
Rather like people More than technology
Probably not.
I would need to know more about this program
I come when I can get away from the office, I still work full time. I wouldn't be available to attend electronically.
Probably not. The best thing about Ad. in L. is seeing everyone and the feeling of community.
I belong to Shepherd Center for the physical social and learning interaction with others. Watching at home on Zoom is not the same.
My feeling is that virtual meetings "get the job done", but when fellowship and socializing are the purpose of the gathering, virtual is not satisfactory. My homeowner association board meetings work well via Zoom. Coffee hour after online worship--not so much.
Does not sound appealing at all.
have sat in on a zoom meeting for another group and find it too annoying to watch, listen to, people don't speak into mics, technology on somebody's part seems to always have a glitch - just not for me
I have used Facebook to view JUMP meeting speakers and church services online. Not sure what that is called.
I'm not very tech savvy. I would need someone to help me get started with Zoom.
Would I, could I? Certainly, I would listen to all speakers I could at Lohman but at home I would be more picky about who I spend time with.
Prefer it to be in person

	I am not set up to be able to attend via Zoom or other technology programs.
9. Can you help set up Facebook Live, Zoom, or other technology programs for events such as Adventures in Learning? - Comments	
	Answer
	Maybe with schooling as I have no firsthand experience have been in ZOOM meetings but not as a host
	I have set up various Zoom sessions
	Probably not versed enough in technology
	I am not that technology smart
	Have participated but not set it up
	I don't know how!
	Don't know how
	I could help with Zoom, however, does that mean I use my own Zoom account or SCT account.
	Never have done this before.
	I am not very techy...but familiar with my computer, power points and will help where I can.
	Not very tech savvy
	I would if I could I just do it with other's instructions.
	I have set up and run several Zoom meetings.
	No. I have attended zoom meetings but have no idea how to set one up.
	Technically, yes, I could help set up. But, in my opinion, unless there is a clear task to be accomplished or a decision that a group needs to make, virtual meetings are not worth it. (Note: My natural "introverted" tendencies are probably reflected in these comments. Extroverts may really appreciate the opportunity to gather virtually.)
	I DON'T HAVE THE TECHNICAL SKILLS
	My plate is full right now.
	I have never set up any meetings. Have only been a participant.
	Maybe Zoom
	I'm not qualified. I need help myself.
	I have no trouble with Zoom personally, but don't have the "savvy" to help.
	I might need help.
	I am not quick enough with technology to be a setup person.
	Sorry, we don't have that knowledge
	Used FB lives for our church services so think it would be same.
	I'm not a good computer person.
10. Additional thoughts/comments/suggestions for Shepherd's Center of Topeka. - Responses	
	Answer
	I really enjoyed it. I was signed up for the Adventures in Learning but was cancelled before I could attend any of the classes. I was disappointed because I thought there were some very interesting classes offered.
	Start slow but start soon to get back on track
	I particularly like programs given by local authors and musicians...and actors. Some of my favorite programs in the past has been members talking about travel adventures.
	I would like to let you know that Shepherd's Center is the best organization I could have ever joined. Just wish I would of known about it sooner! I pray daily that we all make it through this difficult period of

	time safe and well so that we can get together once again like we used to.
	I miss our activities and meetings
	No it's just a tough time.
	Could you add my husband's name to the e-mail list. That way he will get the information, also. We only need one mailing. Have a good day!!
	Hoping that our nation and world reach a new normalcy state of being ... soon.
	i look forward to being able to participate for I really enjoy them.
	I am missing SCT activities and seeing friends. It's important to me that we stay as safe as possible.
	I personally am not ready for large group situations
	Because of the age of the group, Zoom or FB Live would be a great way to do Adventures in Learning. The other activities would depend on physical distancing and safety for those who attend.
	I think we must move forward within the guidelines and see how it goes without expecting what we had before.
	Hang in there; things will get back to a reasonable equilibrium eventually.
	Tough Times! Nothing that worked before will work now & no one has the answer on how to proceed! Do what YOU think is best & no one can challenge you because they don't know how to do it better.
	None at this time.
	I prefer less emphasis on Christianity.
	It would be nice if I had a solution. With our age group it is difficult.
	I love craft, music and art presentations And current events
	None Thank you for all you are doing I appreciate Karen's Monday emails I pray for your preparations I know it must be hard Jan
	Looking forward to starting up again and I thank you for your keeping us informed.
	I appreciate all who put so much into the programming.
	I'm interested in learning more about the Shepherd's Center as I have heard good comments from others.
	I would like to see more interaction at the break. I really don't feel we have made any new friends since attending.
	Thoroughly enjoyed the AIL Sessions since I have been a member
	I love attending when I can. I look forward to retiring someday so I be more active. I think it's a great program with an awesome director! Kate Clemons
	Thank you for meeting all of the challenges that you have to deal with!
	Good Luck
	Washburn U. isn't allowing auditors this summer and most likely this fall because they need to spread out their paying students which doesn't leave room for the auditors. Several hundred seniors will be looking for FREE intellectual stimulation.
	It is my hope we can get back to normal as soon as possible.
	There are so many online learning opportunities (TED talks, local government, Smithsonian, public television) and Karen has referenced some good ones in the Monday newsletter. Without the gathering & socializing aspect, I wonder if Shepherd's Center could compete.
	Excellent survey. Thanks!
	I am NOT impressed with the company/people now planning day trips and summer vacation.
	Not at this time. But I do miss seeing/being with all of you.
	I enjoy the fellowship very much and miss it.

	Thank you for this survey. I so appreciate Karen's inspiring, helpful Monday newsletters. She does a great job.
	Using our SCT Facebook page to provide daily scheduled things to watch and enjoy
	Consider speakers from Churches not in our group.
	Hope it continues. Will help in any way I can. It fills a big part of my life knowing people and being informed in many subjects.
	I greatly appreciate Karen's newsletters. They are detailed, comprehensive, and obviously require a great deal of her time. Thank you.
	looking forward to when we can start gathering again.
	Looking forward to coming back.
	These are difficult times. Thanks for your efforts to stay in contact and stay safe.
	We need to record AIL (or live stream it) for the benefit of those who cannot or will not attend. Meetings like AIL are what help we older folk keep in tune with the world. TV is nice but it requires our trusted neighbor's thoughts and experiences to interpret what is presented.
	Tough times in our society! We do appreciate the newsletter in it's current format! It is thought provoking and informative on many issues! Thanks to the new director for her creativity, knowledge of resources, and thoughtful approach to the issues!
	You are doing a great job given the circumstances. I am just overwhelmed personally right now with making a move after 40 years. Not sure if you have my new address: xxxxxxxx
	Karen and Board, You have my prayers as you work to keep SCT going! You have many challenges!! Joan
	No social events for me, with the possible exception of funerals and short family visits, until there is a vaccine.
	Hang in there! We will make this work in the future somehow even if it takes a little longer to feel safe. Better to wait than to be too eager to get started and have it backfire. My feelings anyway.
	Thank you for all you are doing to keep us in the loop and informed
	In the past I have taken part in some of the programs but not lately. Had signed up for the travel trip in June and the New Theatre in March which was canceled.
	I love being part of pickle ball and have met so many wonderful people!
	This is a lovely organization. But I miss the interaction with people. Not very interested in learning On the screen
	Everything is so uncertain. If there is a return of a large number of cases in the fall, we will have to quit and try again after a vaccine.