



STI PREVENTION PROGRAM | PAID INTERNSHIP

Peer Health Educator Internship

Learn it. Teach it. Help your peers make healthy choices.

16 to 24	Nov to Mar	5 interns	In person + Zoom
AGES	PROGRAM LENGTH	SPOTS	FORMAT

Peer Health Educators train in sexual health and STI prevention, then help lead interactive workshops for other young people. You take part in every workshop in a 7-part series and co-lead the final sessions alongside Club Stride staff. You finish with real facilitation experience and a certificate.

WHAT YOU'LL DO

- Complete the California SHE (Sexual Health Education) training modules
- Take part in all 7 youth workshops, in person and on Zoom
- Lead short activities, discussions and Q&A with peers
- Co-lead 2 workshops by the end of the program
- Help invite other youth to attend workshops

PROGRAM TIMELINE

Late Oct to Nov	Info session, apply, selection
Mid Nov	Onboarding and orientation
Dec	Workshop 1 and a health equity session
Jan to Feb	SHE training modules and workshops 2 to 4
Mar	Facilitation training, workshops 5 to 7, finish

TO ENROLL YOU'LL NEED

- Signed internship agreement
- W-9 form (needed to pay you)
- Parent or guardian release if you are under 18

WHO SHOULD APPLY

- Ages 16 to 24 and live in Solano County
- Interested in health, education, peer support or public speaking
- Comfortable, or willing to learn, talking with groups
- Reliable and able to attend scheduled workshops and trainings
- No experience needed. We train you.

WHAT YOU GET

- Paid internship
- Certificate of completion
- California SHE training in sexual health
- Public speaking and facilitation experience
- A strong addition to your resume or college application
- Strong interns can be invited back as Youth Leadership Fellows, a paid role mentoring new interns.

Schedule may change. Exact dates are shared at the info session.



Scan to apply

Fill out the short interest form. Our team will reach out by text or email with info session details and next steps.

clubstride.org/interest-form-peer-health-educators

In partnership with Solano County Public Health.



JOB DESCRIPTION

Peer Health Educator Intern

Help other young people learn about sexual health and STI prevention, and build real facilitation skills along the way.

REPORTS TO Peer Health Program Lead	PROGRAM STI Prevention Program	PAY Paid internship
WHERE Vallejo area, in person + Zoom	SCHEDULE Set workshop and training dates, most weeks	LENGTH About 4 months (Nov to Mar)

You join a team of 5 interns, train in sexual health through the California SHE program, and work up to co-leading youth workshops with our program lead. You are a trusted voice who helps peers get accurate information and free prevention resources.

WHAT YOU'LL BE RESPONSIBLE FOR

Train and learn

- Complete a starting assessment and assignments in Google Classroom
- Complete the California SHE training modules
- Attend a health equity session and a facilitation training

Reach your peers

- Invite friends and classmates to attend workshops
- Help bring about 4 peers to each virtual workshop

MUST HAVE

- Ages 16 to 24 and live in Solano County
- Able to attend the scheduled workshops and trainings
- Comfortable, or willing to learn, talking about sexual health in a mature, respectful way
- Phone or computer for Zoom sessions
- Signed internship agreement, W-9 and parent release if under 18

SKILLS YOU'LL BUILD

- Public speaking and group facilitation
- Health knowledge you can share with friends and family
- Teamwork and professional communication
- A certificate for your resume or college application

Help lead workshops

- Take part in all 7 youth workshops, in person and on Zoom
- Join a short prep meeting before each workshop
- Co-lead 2 workshops: lead a 3 to 5 minute activity, guide discussion and run Q&A
- Share free resources and STI prevention services with participants

Be a professional

- Show up on time and let us know early about conflicts
- Keep conversations respectful and private
- Give feedback in check-ins

NICE TO HAVE

- Interest in health, education, peer support or public speaking
- Experience in a club, team or youth program
- No experience needed. We train you.

TRAINING AND SUPPORT

- California SHE training and a certificate
- Facilitation training before you co-lead
- Coaching from our program lead before every workshop

Ready to apply? Scan the QR code on the front, or visit

clubstride.org/interest-form-peer-health-educators