



Registration remains open through the first day of the Challenge:

September 28 at 11:59 p.m.

- Make daily movement a priority
- Compete against fellow state employees
- Virtually explore up to 18 pumpkin patches across the U.S.
- Earn bragging rights and build healthy habits

Register Your Team Today!



Looking for a Team to Join?

Find a team to join at bit.ly/mfw34-team

Learn more here: oshr.nc.gov/miles-wellness-challenge-34

