

Creamy Apple + Pear Salad

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Persons 6

Ingredients

For the dressing:

1/4 cup homemade mayonnaise
1/4 cup plain Greek yogurt
2 Tbsps raw honey or maple syrup
2 Tbsps freshly squeezed lemon juice
1 tsp lemon zest
1 tsp apple cider vinegar
1/2 tsp crushed chili flakes
sea salt and ground pepper to taste, about 1/4 teaspoon each

For the salad:

2 medium Pink Lady apples
1 medium green apple
2 Comice or Seckel pears
1 cup seedless red grapes
4 ribs celery
1/2 cup dried cranberries
1/3 cup raw pecans
1/4 cup blue cheese, crumbled

Instructions

1. In a medium bowl, add all of your dressing ingredients and whisk well to combine. Refrigerate until ready to use.
2. Slice your apples and pears into 1/2 - inch cubes, halve the grapes, chop the celery, cranberries, and pecans.

3. In a large salad bowl, add all of your prepared salad ingredients. Pour in your dressing and toss well to combine everything.
4. Refrigerate for 20 minutes before serving for the best flavor.
5. Enjoy!

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