



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.

—UUCSR Vision Statement

Spirituality, Community, and Being of Service

—from the UUCSR Strategic Plan



June 18, 2026

**Monthly Theme:
FLOURISHING
TOGETHER**

WORSHIP SERVICES

SUNDAY, JUNE 21, 2026, 11:00 AM
The Rev. Jen Youngsun Ryu



General Assembly Sunday Worship

Meet the Moment: Together Everywhere (General Assembly Sunday Worship) Join us in the Worship Room as we experience the live broadcast of GA Sunday Worship, the largest annual gathering of Unitarian Universalists in worship. Rev. Jen Youngsun Ryu will lead this powerful and communal service for General Assembly 2026. All are welcome as we worship together, here and everywhere.

SUNDAY, JUNE 28, 2026, 11:00 AM
Members of the Green Sanctuary Committee
with Rev. David Carl Olson



“Walk by Nature, Heart with Heart”

Walk by Nature, Heart with Heart Members of our Green Sanctuary ministry share their pride in the ways we have accomplished becoming a more ecologically aware people and encourage us as a congregation to continue on this path. We'll celebrate (a little late) the Summer Solstice, and think about summer's rest and our own recreation.

TOUCHSTONES

Rev. David Carl Olson



Dear congregation, dear community,

Our grey hymnal *Singing the Living Tradition* carries this verse by Kendyl Gibbons:

“Lady of the seasons’ laughter,
in the summer’s warmth be near;
when the winter follows after,
teach our spirits not to fear.
Hold us in your steady mercy,
Lady of the turning year.”

The Summer Solstice is upon us, when the day is longest. Shadows might be at their shortest, yet they continue. A shadow for us may abide in the loss of our dear Dr. Fenimore, and fear remains. I look to the Lady of the Turning Year to encourage me to know that fear need not be a permanent state. Mercifully, steadily, these feelings I carry will turn.

In the Caribbean pantheon of the Taino, one supreme deity is Yúcahu, the spirit of the cassava plant. Yúcahu is planted at the Spring Equinox, reaches maturity at the Summer Solstice, is harvested and dies at the Fall Equinox, and then lies in the earth at the Winter Solstice, where Taino Indigenous religious practitioner says he experiences pregnancy and awaits the rebirth of Spring’s planting. This cycle speaks to the cycle each of us may know in our lives of birthing and maturing, of passing and of being returned to earth.

Throughout the Caribbean, this Summer Solstice period is a time for celebration. The planting is finished and the harvesting is yet to come—so bring out the steel drums and make some noise! Dance with your people, sing your people’s songs and tell your stories! Love the food you share and encourage the children you are called to nurture. Thank the elders for their wisdom; care for them; and bless your ancestors who struggled in their lives so that you might have the life you live.

On Sunday, June 28, our Green Sanctuary ministry will lead us in a (slightly delayed) celebration of the Summer Solstice. We’ll tell the story of our island home and bless this moment in the year. Bright days will ask us to look deeply into injustice around us.

continued on page 2

MILESTONES

We share the sad news... of the death of long-time UUCSR member Judith Wylie-Rosett. Judith died on Tuesday, June 2, at the age of 81, peacefully surrounded by her family. Judith is survived by her daughter, Renee, and son-in-law, Phillip Kim. Judith was involved with both the Women's Group and the Social Justice Committee, along with other programs during her membership with UUCSR. Judith was a Professor at Albert Einstein College of Epidemiology & Population Health (Health Promotion and Nutrition Research) and a Division Head of Health and Promotion. The Celebration of Life originally scheduled for Saturday, July 25, has been postponed. New date to be determined. Expressions of sympathy may be sent to:

*Renee Rosett
34 Kalda Avenue
New Hyde Park, NY 11040*

BAGELS & BELIEFS

Sundays | 9:00–10:30 AM | Social Hall

Every Sunday, you can stop by the Social Hall for a bagel breakfast for just \$1! Proceeds go to benefit The Questing Year RE class Secret Social Action Project! Coffee and tea are FREE. While enjoying your bagel, we invite you to consider the question of the month and add your response to the interactive conversation board. We look forward to connecting with you!

LITE SUNDAY CAFÉ

Social Hall | Following Sunday Morning Worship Service

ADULTS \$8, CHILDREN FREE:
Cold light lunch
Cookies and Fruit Only are \$1 each

BOOKSTORE COMMITTEE

Elaine Peters, Chair

Summer Sales

Store sales start in June. Many reductions will be found in social justice and racial justice books, environmental and women's books, autobiographies, T-shirts, cute toys, UU cups, and other items.

Before the Bookstore closes in July, drop in. You may find a bargain for yourself, a family member, or a friend.

TOUCHSTONES continued from page 1

Shadows will invite introspection and rootedness. The rest from labor will call us to celebrate the great gift of community. And at the end of the day, we will imagine the ways that we are walking lightly on this Green Earth, our Sanctuary.

“Hold us in your steady mercy, Lady of the Turning Year.”

Rev. David Carl Olson

BOARD OF TRUSTEES

BOARD OF TRUSTEES AGENDAS

Tuesday, June 16, 2026

- 7:00 PM I. Opening Words
- 7:05 PM II. May 2026 Minutes
- 7:10 PM III. CY26 Q3 Financials
- 7:30 PM IV. Endowment Committee
 - CAPEX & *Crisis Grants Set Aside Funding
- 7:50 PM V. COA/DOF Signatories
 - Authorized Signers Policy
 - Annual Royalties Power of Attorney
- 8:10 PM VI. Gift Policy/Tuition Reimbursement Policies
 - COA Annual Restricted Gift to Congregation
 - COA Tuition Reimbursement Request
- 8:20 PM VII. Ministerial Search Update
- 8:40 PM VIII. President's & Administration Reports
 - Board Member Terms
 - Annual Meeting Recap
 - General Assembly Update
 - Hadley House LLC BOM Updates
 - Board Meeting Preparedness
 - Building Use Leadership Team and Land Management Leadership Team Updates
 - June Events Review
- 9:00 PM IX. Good of the Order

Thursday, June 18, 2026

- 7:00 PM I. Opening Words
- 7:05 PM II. Motions to Approve Items from June 16 Agenda
 - CAPEX Set-Aside
 - Crisis Grants Set-Aside
 - Authorized Signers
 - Royalties' Power of Attorney
 - COA Annual Restricted Gift to Congregation
 - COA Tuition Reimbursement
- 7:15 PM III. Member Resource Committee
 - CY27 Committee Chair/Member Nominations
- 7:30 PM IV. CY27 Strategic Goals
- 8:00 PM V. Minister's Reports
- 8:30 PM VI. Ministerial Care & Compensation
- 9:00 PM VII. Good of the Order

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

Virtual GA Community Gathering–June 20

The Denominational Affairs Committee of the Unitarian Universalist Congregation at Shelter Rock is inviting fellow UUs who are registered for the 2026 virtual General Assembly to join us on Saturday, June 20, for a day of community gathering while we attend General Assembly together. This day will allow us to share the same inspiring content of Meet the Moment as other GA Participants. This will enable us to share and discuss what we are doing or hope to do as we face the challenges to our religious values. Getting together with fellow UUs has not been what it used to be before COVID. This will give us an opportunity to learn from one another and expand our web of connectiveness.

We will gather and greet each other at 10:30 AM, and the GA program will start at 11:00 AM. We will have coffee/tea and other beverages available, as well as snacks to get us through the day. Lunch will be provided between 12:30 and 2:00 PM when the program restarts with breakout groups until 5:00 PM. After a break, a wrap-up session will be held between 5:30 and 6:00 PM, when we will also end our time together.

Please be sure to register so that we are sure to have enough food for everyone. Register at uucsr.org/GA26.

In the Worship Room at 7:00 PM, there will be Chamber Music at Shelter Rock: Nathaniel and Friends. These professional musicians are phenomenal! If you have the time to join us, there is a \$10 charge per person.

GA this evening is special as the Ware Lecture will be given between 8:00 and 9:00 PM. Bishop Mariann Edgar Budde is our 2026 Ware Lecturer. She is known as a voice for Courage, Justice, and Faith. The program will be live-streamed and will be available on-demand video at a later time. More information about Bishop Budde is available at uua.org.

Submitted by Rich Schwartz, DAC member

REV. MEAGAN HENRY

Associate Minister

UU Witness Delegation: Meeting the Palestine Solidarity Moment Thursday, June 18, 2026 | 7:00–8:30 PM | Live via Zoom

In January 2026, UUCSR's Associate Minister, Rev. Meagan Henry, led the first delegation of UU seminarians and religious professionals to Palestine. Thirteen people participated in a UUs for Justice in the Middle East and Friends of Sabeel supported witness and solidarity trip, hosted by Palestinian Christian ecumenical liberation theology center Sabeel.

In this live program, delegation leader Rev. Meagan Henry, and delegates Rev. Manish Mishra-Marzetti and seminarian India Wood will share their experiences with attention to UU values. Moderator is UUJME President Dana Fisher Ashrawi.

This program is a LIVE zoom and is open to GA registrants via the Whova platform (under Events > Educenter on desktop; direct Educenter tile on mobile devices)

A Fond Farewell

The time has come for Richard Bock to say farewell as chair of DAC. His two-year term has come to an end, and he has decided not to take advantage of the newly created policy to add a third year of chairpersonship/leadership. Many already know that Richard has been DAC chair on several occasions over the years. He is looking forward to turning the DAC leadership over to Cathi Zillmann, and he plans to stay on as a member of the committee.

In the DAC section of the Annual Report, distributed Sunday, June 7, 2026, at the Congregation's Annual Meeting (and available upon request), Richard highlighted the DAC activities during this past year including raising close to \$1,000 for the congregation's Partner Church in Transylvania, Romania.

As outgoing chair, Richard stressed a major concern going forward—the need for more UUCSR members to become members of DAC. DAC meetings are easy to attend; the perfection of the Zoom process allows committee members to remain in the comfort of their homes while conducting committee business, and AI takes reliable meeting minutes.

As DAC chair, Richard has been supported by wonderful Shelter Rock office personnel. For many years, it was Elaine Corrao. Currently, it is Sharyn Esposito who has been irreplaceable! Thank you, Elaine and Sharyn.

Four members of DAC will be attending the 2026 Virtual General Assembly later this month: Richard Bock, Barry Nobel, Rick Schwartz, and Cathi Zillmann. They will be reporting back about their experiences in the future.

Submitted by Richard Bock



2026 EDWARD MILLER SCHOLARSHIP WINNERS



Photo courtesy of Jessica Vega

Thank you Shelter Rock. Your generosity has helped two wonderful student musicians get a great start in their professional life! They each received \$3500. From left to right: Barry Nobel, coordinator for the Edward Miller Memorial Music Scholarship; MaryEileen McNamee, president of the Nassau Music Educators Association; Alexander Baluyut from Great Neck North HS, scholarship recipient; Susan Weber, chair of Nassau Music Educators Association's scholarship committee; Amaya Grier from Uniondale HS, scholarship recipient; Suzanne Viverito, music director of the annual fundraiser Cabaret at Shelter Rock; Rev. Meagan Henry, Associate Minister at UUCSR. The next Cabaret is set for Saturday, November 7, 2026.

Submitted by Barry Nobel

UUCSR SUMMER HOURS

July 5–September 7, 2026

Sunday	9:00 AM–3:00 PM
Monday	9:00 AM–4:30 PM
Tuesday	9:00 AM–4:30 PM
Wednesday	9:00 AM–9:00 PM
Thursday	9:00 AM–4:30 PM
Friday	9:00 AM–4:30 PM
Saturday	9:00 AM–4:30 PM

Hours may vary based upon special programming or other considerations. Daily property hours are available at uucsr.org/calendar.

Online programming via Zoom or other teleconferencing service may occur outside of normal property hours.

MEN'S GROUP Robert Penaskovic, Chair

Science Discussion Network—Summer Discussions | Social Hall After Services
Sunday June 21: An Artificial Intelligence Bill of Rights
Sunday, June 28: “Science and Science Fiction”



This summer, join the Science Discussion Group for conversation and discovery on timely science topics. Get your lunch and join the Science Discussion table in the Social Hall—starting around 12:30.

June 21: “An AI Bill of Rights.”

What rights to privacy and job security should we have under the AI Revolution? How can AI be “disarmed” as Pope Leo says in his [encyclical](#)? What kind of training can protect the next generation against these potential ills?

June 28: “Science and Science Fiction”

Join the fun of considering questions like: What is your favorite science fiction book or film (*2001? Star Wars/Star Trek?*) What makes great science fiction? When does science reality look like science fiction?

The Summer Science Discussion schedule is Sunday June 21 and June 28, and then every other Sunday. Come as often as you like. Look for email reminders if you are on our list or contact Elaine Corrao 516.472.2933 or ecorrao@uucsr.org for information or to be added to the email list.

No matter what your level of science knowledge, there's a place for you in the Science Discussion Network at UUCSR.

SUMMER QUEST SCHEDULE

Reminder: *Quest* is published once per month during the summer. It will resume publication twice per month in September. The summer publication dates will be **July 15** and **August 12**.

UUCSR ANNUAL REPORT CORRECTION



The 2025-2026 Annual Report inadvertently had the Social Justice Coordinator and Social Justice Committee reports transposed.

Please click [HERE](#) for the corrected version or visit UUCSR for an updated hard copy.

GREEN SANCTUARY COMMITTEE

Jennifer Roth, Chair

Summer officially begins on June 21, but the bees have been out for several weeks now. Our pollinators are worthy of protection and instrumental in caring for the earth. For the ecologically minded, bee-wary folk, there's an organization called Swarmed, a free public resource that will connect swarm spotters with relocation resources for honey bees.



Beekeepers are the relocation in this scenario. A swarm occurs when bees lose their home or their Queen. Fewer than 1 in 4 colonies survive currently, so this grassroots effort is key to the ecosystem. Here at UUCSR, the Green Sanctuary Committee hopes to someday install and keep a hive or two, especially since the Wildflower Meadow sod has been sown.

Report a swarm to beeswarmed.org.

We are additionally planning our summer solstice service for a Sunday in July, along with Rev. David. If you are interested in joining the Green Sanctuary Committee, please email Elaine Corrao at Ecorrao@uucsr.org.

Please donate non-perishable goods to "The Open Hearts Initiative" through Wednesday, July 15 in the UUCSR Lobby.

The Open Hearts Initiative builds community support for housing and services for homeless New Yorkers by organizing housed community residents to advocate for housing justice in their own backyards. We connect communities, homeless New Yorkers, and service providers to create welcoming environments rooted in empathy, compassion, and respect in order to build strong and integrated neighborhoods.

QUEENS OPEN HEARTS
- Food Drive -
DONATE AND HELP DISTRIBUTE SHELF-STABLE FOODS
AT A SUPPORTIVE HOUSING SITE IN JAMAICA
WE ARE LOOKING FOR:

- CANNED VEGETABLES
- CANNED FRUIT
- CANNED FISH
- CANNED BEANS
- CANNED SOUPS AND STEWS
- JUICE BOXES
- NUT BUTTERS
- RICE
- PASTA
- HOT CEREAL (OATMEAL, CREAM OF WHEAT)
- PAYPAL FUNDS

COLLECTING JUNE 1 - JULY 15
TO DONATE OR VOLUNTEER, SCAN:



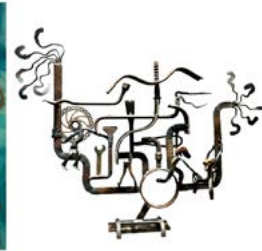
ART COMMITTEE

Paul Kopelow, Chair

Debra Hill



John Bell



Andrea Fortunoff



**Pulse, Flow and Form, A Multimedia Exhibition by:
Debra Hill, John Bell, and Andrea Fortunoff**

**Exhibit on display: Saturday, May 30–Monday, July 6
UUCSR Art Gallery**

All are welcome!

Our Journey, by the Long Island Black Artist Association


Artist Reception:

Sunday, Sunday, July 1, 2026 | 1:00–3:00 pm

Exhibit will be on display:

Friday, July 10–August 10, 2026

All are welcome!



**Staff Work Anniversaries
July**

We are pleased to recognize the following staff members for their dedication and outstanding contributions to UUCSR.

Lucas Sanchez, Program Officer for the Veatch Program
Celebrating 2 years on July 1

Eileen Jamison Tyrer, Program Director for the Veatch Program
Celebrating 9 years on July 1

Susan Ahn, Program Associate for the Veatch Program
Celebrating 3 years on July 10

Sharyn Esposito, Assistant to the Ministers
Celebrating 19 years on July 17

Sonia Arora, Social Justice Coordinator
Celebrating 2 years on July 22

Miles Doherty, Director of Finance
Celebrating 8 years on July 24

LAND MANAGEMENT ECOLOGIST

Agnes P. Cwalina

Forest Stewardship, Observation, and Identification

Common advice when starting a new garden is to observe the sun and shade patterns, the wind, and precipitation before digging the first hole. Similarly, before engaging in a maintenance plan of a forest, it's imperative to observe how the site changes across seasons and weather patterns. Knowing the cyclical patterns will help inform future management strategies.

This year, Dr. Andy Greller, an experienced LI botanist, is conducting a forest vegetation survey. Along with the Land Management Ecologist, every couple of weeks they walk the forest and make field observations of geology and topography and how they relate to the plant communities. Taking notes and photos, and marking areas of interest, are used as a reminder to return for follow-up visits.

One question that continues to come up is, why has the winged euonymus been so successful in this forest? Besides the well-known fact that, as an introduced species, it favors disturbance, is there something specific to the soil or topography that adds to its success? Stay tuned for more notes from the field.

Contact Agnes P. Cwalina, UUCSR Land Management Ecologist, with comments at acwalina@uucsr.org.



tools used for observation and identification: field guides, binoculars, hand lens



'weedy' *Erigeron annuus*



sensitive wetland liverwort *Ricciocarpus natans*



area flagged with plants of interest

iMapInvasives Training + Guided Walk
Saturday, June 27 | 3:00–5:00 PM
Meet in the UUCSR Social Hall of the main building and then walk to the forest together.

Register at uucsr.org/iMapInvasives



Are you interested in identifying introduced species and volunteering your observations for citizen science? Join the Long Island Invasive Species Management Area (LIISMA) team for a training on iMapInvasives, a mapping tool designed for monitoring and managing introduced species.

The event includes an indoor session and a forest walk to practice using the app; dress for the weather and uneven terrain. We are striving towards a low waste event, please bring your own water bottle and hot beverage mug. Light refreshments will be offered.

Before attending please download the iMap mobile app at <https://www.imapinvasives.org/mobile-tools>. It is currently available on Google Play and the Apple App Store.

Event is led by LIISMA and co-sponsored by UUCSR and the Port Washington Watershed Biodiversity Coalition (PWWBC).

UUCSR CHILDCARE POSITION OPENINGS

The Unitarian Universalist Congregation at Shelter Rock is seeking **2 dedicated childcare workers** to care for children aged 3 months to 4+ years.

Schedule:

- Sundays: 9:30 AM–1:00 PM (with occasional afternoon hours)
- Occasional Fridays: 6:00–9:00 PM
- Additional days as needed

Requirements:

- Must be 18 years of age or older
- Must be a non-member of the congregation (as defined by the conflict-of-interest policy)
- Must complete a CPR and first aid certification within 3 months of hire (cost to be reimbursed by the Congregation)

Key Responsibilities:

- Warmly greet children and parents upon arrival
- Maintain accurate attendance records
- Engage in active floor play with children
- Lead age-appropriate crafts and games
- Provide attentive supervision and positive interaction
- Clean and sanitize toys and play areas

Salary: \$20/hour

Interested? Please contact Tammy Weil at tweil@uucsr.org.

SELF CARE FAIR: DAY OF WELLNESS

Sponsored by the UUCSR Caring Committee

Self Care Fair: Day of Wellness **Saturday, June 20, 2026 | 9:30 AM | Veatch House**

Join in a day of relaxation and wellness sponsored by the Caring Committee!

Dress in comfortable, loose clothing. Bring a yoga mat and cushions or yoga blocks if you have them.

PLEASE register in advance [HERE](#) to insure enough delicious food for everyone.

A suggested donation of \$5 for members and \$10 for non-members is requested when you arrive. Your donation will be given to the North Shore Soup Kitchen in Glen Cove.

9:00–9:30 AM | Beverages in Veatch Hallway

It is suggested to refrain from consuming caffeine if possible. Herbal teas and fruit infused water will be offered.

9:30–10:30 AM | Yoga in the Ballroom

Mia Tojal and/or Suzanne Viverito will lead a gentle yoga session for all levels of movement. Please bring your yoga mat or acquire one from a friend, as we will be on a wooden floor in the ballroom. (Suzanne has several extra mats, so you can contact her to reserve one.) If you have cushions or yoga blocks you may bring those as well. For those who prefer to remain on a chair, all the poses and stretches will be demonstrated with seated variations. That means...EVERYONE IS WELCOME!

10:30–11:15 AM | “On Peace and Action”

A time for poetry and pondering. We ask ourselves...How can we maintain personal peace while acting on today's challenges? Based on the works of Henry David Thoreau and others. Led by Suzanne Viverito.

11:15–11:30 AM | Light, healthy bites and beverages will be served in the Veatch hallway or on the Veatch terrace, weather permitting.

11:30 am–12:45 PM | Sound Bath

Dena Vigilis will lead a meditative sound bath in the Veatch Ballroom. Once again mats and cushions will be necessary for those who will be reclining on the ballroom floor. Chairs will also be available.

1:00–2:00 PM | Lunch

A light healthy lunch will be served on the Veatch terrace OR bring a blanket or use your yoga mat to enjoy a picnic on the Veatch lawn...weather permitting of course.

2:30 PM | Natalie's Hands: Lay Pastoral Care Introductory Class led by Student Minister Bryan Bower (see page 8).

Co-sponsored by the UUCSR Caring Committee, Ministers, and Adult Programs
See separate registration at uucsr.org/NataliesHands26

Any questions concerning the Self Care Fair, please reach out to Suzanne Viverito (suzviv13@gmail.com, 917.557.3247) or Sharyn Esposito (sesposito@uucsr.org, 516.472.2960).



HENRY DAVID THOREAU SERIES

Co-sponsored by the UUCSR Caring Committee and Adult Program Committee

Henry David Thoreau Series

Please join the Caring and the Adult Programs Committees as they share a three-part series to learn about Henry David Thoreau's complex life, his deep connection to nature, and his enduring legacy in social justice and environmentalism.

This series will be centered around the PBS documentary, *Henry David Thoreau*, that was produced by Ken Burns and features George Clooney as the narrator, Jeff Goldblum as the voice of Thoreau, Ted Danson as Ralph Waldo Emerson, and Meryl Streep as the voices of women in Thoreau's life. More information about the documentary is available here: <https://www.pbs.org/show/henry-david-thoreau/>



Part 1—Who are We?

June 2026 Fourth Friday (Friday, June 26) | 6:30–9:00 PM | Social Hall
Sponsored by the Caring Committee

Thoreau's early life, family, education, and his early connection with Unitarian and Transcendental thinkers will be shared with the screening of Part 1 of the *Henry David Thoreau* documentary. There will be a light dinner before the viewing, and a discussion afterwards on Friday, June 26, in the Social Hall starting at 6:30 PM.

Register at uucsr.org/26Thoreau-P1. Questions? Please contact Sharon Esposito (sesposito@uucsr.org, 516.472.2960)

Part 2—Being Alive

Sunday, June 28 | 1:00–3:00 PM | Art Gallery
Sponsored by the Adult Programs Committee

Thoreau lives at Walden Pond where he writes, while exploring nature...and himself. The second part of the *Henry David Thoreau* documentary will be shown after Worship and Sunday Cafe in the Art Gallery at 1:00 PM, on Sunday, June 28, with a discussion to follow.

Register at uucsr.org/26Thoreau-P2. Questions? Please contact Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943)

Part 3—Several More Lives to Live

Sunday, July 19 | 12:30–3:00 PM | Art Gallery and Grounds
Sponsored by the Adult Programs Committee

After Walden, Thoreau takes on new roles and adventures as an environmentalist, abolitionist, and public speaker, while he continues to edit his writings. The third and final part of the *Henry David Thoreau* documentary will be shown after Worship and Sunday Cafe in the Art Gallery at 12:30 PM, on Sunday, July 19. After the screening, Agnes P. Cwalina, UUCSR's Land Management Ecologist, will lead us on a short walk on UUCSR grounds, concluding with a chance to discuss Thoreau's impact and the relevance of his work in today's world.

Register at uucsr.org/26Thoreau-P3. Questions? Please contact Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943)

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at uucsr.org/events

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

SPONSORED BY THE SOCIAL JUSTICE AND
RELIGIOUS EDUCATION COMMITTEES

UUCSR BUILDS WITH HABITAT FOR HUMANITY LONG ISLAND

Saturday, June 20

• **8:45 AM–2:30 PM** •

Wyandanch

The Social Justice and Religious Education Committees are excited to announce that UUCSR will be going to Wyandanch on Saturday, June 20, to build houses with Habitat for Humanity Long Island's Sponsor for a Day Program! You must be 16 years of age or older to volunteer.

REGISTER HERE

uucsr.org/HabitatForHumanity2026

Questions? Contact

Jamie Walowitz:

jwalowitz@uucsr.org; 516.472.2943

or Sonia Arora:

sarora@uucsr.org; 516.472.2977

UUCSR Caring Committee Presents

Natalie's Hands

Lay Pastoral Care Introductory Class

SATURDAY, JUNE 20 | 2:30–4:30 PM
VEATCH BALLROOM

On Saturday, June 20, from 2:30–4:30 PM, Student Minister Bryan Bower will lead a Lay Pastoral Care Discernment class on behalf of the Care Team in the Veatch Ballroom.

“Lay Pastoral Care” is the gap between “Parish Care,” which entails offering rides or bringing food to members in need, and the fully informed and trained care of an ordained minister or chaplain. It often amounts to sitting with someone and listening while centering on them.

This is a needful resource in congregations like my own lay-led community in Connecticut, but in a congregation as large as UUCSR's, even our ministers might not always be enough! Having an active and caring community group could provide an important stopgap.

The first step of the training is a two-hour “Discernment Class” that helps attendees determine if this is the right path for them. Rather than taking this class online, we are offering it live and in person at UUCSR.

Those who not only complete this class, but wish to continue on, would be enrolled as a group in the official year-long Lay Pastoral Courses offered by the UUA to complete the full training from there. There may also be a role for those who take the class but who decide not to continue!

REGISTER HERE:

uucsr.org/NataliesHands26

Questions? Contact Sharyn Esposito at
516.472.2960 or sesposito@uucsr.org

SPECIAL EVENT HIGHLIGHTS

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MUSIC AND PERFORMING ARTS PRESENTS

CHAMBER MUSIC AT SHELTER ROCK:

Featuring Nathaniel and Friends



Saturday, June 20
• 7 PM •
Worship Room

Featuring the music of
RAVEL and HAYDN

FEES

**\$10/\$20 maximum for families
18 years old and under FREE**

**Reserve tickets in advance
to guarantee a seat.**

**Only prepaid tickets will be
guaranteed seating.**

TICKETS HERE
uucsr.org/Ravel26

Questions? Contact
Noah Russell at committeeassist@uucsr.org
or Sharyn Esposito at sesposito@uucsr.org

UUCSR Adult Programs Committee Presents

Adult Bible Class

With Student Minister Bryan Bower

SUNDAY, JUNE 21 | 1 PM
RE ROOM 15

You are invited to join in studying the Bible critically and intelligently with Student Minister Bryan Bower, who specialized in modern Biblical Studies at Union Theological Seminary. Rather than taking these texts at face value, we will examine the signs that the text was compiled from older sources. These are each individual classes, and you don't need to have attended the first to sign up for this one!

For our fourth session, we will be studying excerpts from the book of Revelation, or "The Apocalypse of John." This fascinating text almost wasn't included in the Biblical canon for being, as John Buehrens puts it, "too idiosyncratic and easily misinterpreted." Since it ended up in the Bible, it made words like "apocalypse" and "catastrophe" useful to the present day. No background in the Bible is necessary, just curiosity and willingness to learn!

REGISTER HERE:
uucsr.org/BibleClass26

Questions? Contact Jamie Walowitz
Youth & Adult Faith Engagement Coordinator
at 516.472.2943 or jwalowitz@uucsr.org

SPECIAL EVENT HIGHLIGHTS

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THE UUCSR MINISTRY TEAM PRESENTS

PRACTICING EMPATHY

Third Sundays Monthly

Sunday, June 21
Veatch Library
• 1:00 PM •

Please join the UUCSR Respectful Relationship Team for Practicing Empathy in communication with one another. The Respectful Relationship Team operates with an understanding that our community is enhanced—and the world will be enhanced—by our compassionate communication with one another.

LEARN MORE HERE
uucsr.org/26EmpathySundays

The ministers are also ready for compassionate conversation one-to-one with all of our members. If you want to make an appointment for a one-to-one conversation, please reach out to a minister or make an appointment with the Ministers Assistant Sharon Esposito.

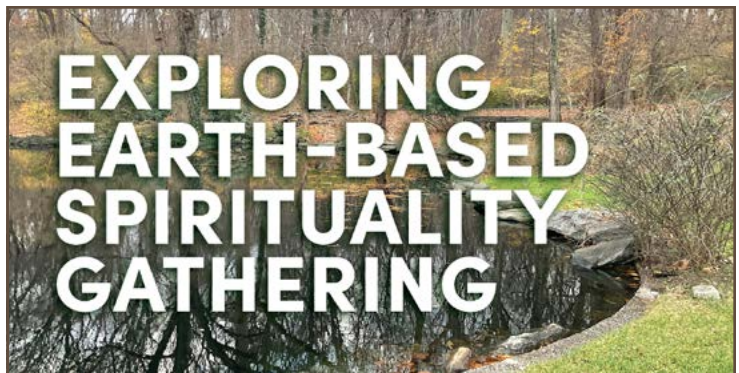
Questions? Contact Sharyn Esposito
516.472.2960 or sesposito@uucsr.org



Wednesdays | 10:00 AM–11:30 PM
Childcare RE Rooms 1, 2
June 24, July 1, 8, 15, 22, 29, August 5, 12, 2026

Feeling like you're navigating the incredible, sometimes overwhelming, world of newborn-hood solo? We get it. That's why we're creating a truly special space just for you and your little one, designed for connection, learning, and finding your footing in this wild new chapter. This powerful program is led by Dr. Paula Elbirt, a highly respected pediatrician, author, and child advocate.

Register [HERE](#). Questions? Please contact Carson Jones at cjones@uucsr.org.



Fourth Saturdays (June 27) Monthly | 11:00 AM
RE Room 19 and Chapel
Exploring Earth-Based Traditions Gathering

Share the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. All are welcome to explore various paths to spirituality. Please bring some food to share at this event, or a nosh. We will meet and then break for lunch. We hope you can join with us to explore various paths to spirituality. If you can't meet in-person, you are welcome to join online.

Register [HERE](#). After you register you will receive the Zoom link. Questions? Contact Sharyn Esposito (sesposito@uucsr.org, 516.472.2960)

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at uucsr.org/events

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

SPONSORED BY THE UUCSR RELIGIOUS EDUCATION COMMITTEE

Silent BOOK CLUB & Quiet Crafting

Saturday Reading & Crafting Drop In:
June 20, July 18, August 15
Noon to 4 PM | RE Room 14

Sunday Traditional Silent Book Club:
June 21, July 19, August 16
1–3 PM | RE Room 14

***Calling All Introverts, Busy Adults,
Tired Parents, Stressed-out Teens, &
Anyone Needing a Little Quiet in This
Loud World! Read, make, chat, or simply
be in community.***

Saturday (Drop-In):

This relaxed drop-in gathering combines the cozy atmosphere of Silent Book Club with the flexibility of an open community workspace. Bring a book, headphones, a craft project, journaling, work, or anything else you'd like to do quietly alongside others. Enjoy quiet company, with space for both focused activities and casual book chats. Come anytime between noon and 4:00 PM for a few minutes or stay for a few hours. Outdoor patio and lawn space may be available in good weather.

Sunday (Traditional Format):

Join us for a traditional Silent Book Club gathering. Bring a book, e-reader, or audiobook (with headphones) and enjoy an hour of quiet reading from 1:15–2:15 PM alongside fellow book lovers. Optional book chat before and after.

NO REGISTRATION REQUIRED!

Questions? Contact Caroline Forger:
uushelterrocksbc@gmail.com



SUNDAY, JUNE 28, 2026

12:30–3:00 PM • Veatch Ballroom
Register online: uucsr.org/WGLunch26

THIS YEAR'S TOPIC:

**WOMEN, INCARCERATION, AND THE CONDITIONS AT THE
BEDFORD HILLS WOMEN'S PRISON**

Speaker: Serena (Liguori) Martin
Executive Director New Hour for Women & Children—LI

Serena (Liguori) Martin is the Executive Director and policy advocate with 15+ years of leadership advancing criminal justice reform, women's rights, and reentry services in New York State. She is the Founder and long-time leader of New Hour.

NO CHARGE For Women's Group Members
\$30 Non-Membership Fee

Advanced registration for ALL attendees and non-Women's Group member payments required by Wednesday, June 24, 2026.
Walk-ins not permitted.

Questions? Please contact Elaine Corrao
(516.472.2933, ecorrao@uucsr.org)

Various Routes to the Veatch Ballroom for the Sunday, June 28 event:

While the Veatch house elevator is being repaired, here are ways to get to the Veatch Ballroom:

1. Walk through the Art Gallery back door. Go down the path a little ways to the first Veatch house door on your right. No elevator/stairs.
2. Take the Main Lobby elevator to LL. Turn left and walk past the reception desk to the end of the hallway. Turn right and walk through doors to Veatch courtyard lobby. Turn left and head to the spiral staircase. Walk up one flight.
3. From Veatch courtyard parking lot, enter the door to the lobby. Walk ahead to the spiral staircase and up one flight.
4. Park in the lower level parking lot. Go up the stone stairs and enter through the main entrance (to the left of the Veatch Ballroom doors). Please note that the Veatch Ballroom doors are not an entrance.

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at uucsr.org/events

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Sponsored by the UUCSR LGBTQ+ Sub-Committee of the Social Justice Committee

PRIDE MONTH MOVIE SCREENING

Disclosure: *Media's Influence on Public Perception of Transgender People*

Saturday, June 27 | 12:30 pm | RE Room 4

***Disclosure: Media's Influence on Public
Perception of Transgender People*** | Light
Lunch: 12:30 PM | Movie Screening: 1:00 PM

Disclosure (2020) is a Netflix documentary directed by Sam Feder that explores the history of transgender representation in film and television. It features trans creatives and thinkers analyzing how Hollywood depictions have influenced cultural views and trans lives, covering over 100 years of media from silent films to modern dramas.

Register at uucsr.org/26Pride

All are welcome. No charge
Questions? Contact Sonia Arora
(sarora@uucsr.org)

UUCSR Adult Programs Committee Presents

Living Our UU Faith: *Deep Listening, Deep Questions*

led by REV. MEAGAN HENRY *Associate Minister at UUCSR*

Rescheduled to Sunday, September 13
1:00 PM | Veatch Library

Registration Closed—Join The Waitlist For The Next Session*

*Please contact Jamie Walowitz, Youth and Adult Faith
Engagement Coordinator: jwalowitz@uucsr.org or 516.472.2943

THE ORCHESTRA AT SHELTER ROCK PRESENTS

ANNUAL SUMMER CONCERT 2026

With Music Director, Stephen Michael Smith

ANTON BRUCKNER Symphony No. 7 in E Major, WAB 107

SATURDAY, AUGUST 1
| 7 PM |
SHELTER ROCK

\$10 | \$20 MAXIMUM FOR FAMILIES
UNDER 18 FREE

Reception to meet the artists to follow.

TICKETS HERE
uucsr.org/26Summer

To reserve a seat contact
Noah Russell
at committeeassist@uucsr.org

Free Professional Child Care
and Parking Provided.

ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

Third Sundays | 1:00–2:30 PM | Bride's Room

Small Group Ministry

led by Iris McKenna

Learn more and register [HERE](#). Contact Jamie Walowitz (jwalowitz@uucsr.org or 516.472.2943) to join this Small Group. Gather at 12:45 PM, with any lunch or coffee to finish so the meeting can begin at 1:00 PM, sharp.

Sundays Monthly | 1:00–3:00 PM | UUCSR Veatch Terrace Room

Jun 21, July 19, August 16, September TBD, October 18,

November 22, December 20

Silent Book Club

Enjoy reading in community! Grab your favorite book, a cozy blanket (or chair if you fancy), and don't forget some tasty snacks to share. What is Silent Book Club, you may wonder? We meet once a month, we chat for a few minutes, read for an hour, followed by more chitchat...that's it! There's no assigned reading! We bring whatever we're reading: e-books, hard copies, textbooks, comics, even audiobooks. All genres welcome! See you and your book at the next meeting! Please click [HERE](#) to sign up and we're so excited to meet you! Questions? Contact Carson Jones at 516.472.2915 or cjones@uucsr.org.

Third Mondays | 10:00 AM | Via Zoom

Care for the Caregiver

Caron Hunter, a holistic health care provider and interfaith minister, leads sessions for those who care for spouses, parents, family members, and friends who are navigating the physical/emotional/mental challenges that caregiving brings. It is a confidential group for those who would welcome support. Please email info@turninginwardwithcaron.com for information on joining the group. Sponsored by the Caring Committee. No charge to participate.

First and Third Tuesdays Monthly

12:00–2:00 PM | Onsite Office Conference Room and Online Zoom

Women Talk Daytime

Facilitated by Sandra Frank, Women's Group Board Member. Our format is simple: we start with check-in and move on to an agreed-upon topic for all to discuss, taking turns "going around." Attendees offer their thoughts and ideas to one another, sparking interesting discussions. Besides talking, we listen, learn, and share our individual stories. In the process, we bond with each other and have fun. Your views are welcome during this informal time together. There's much to talk about. Let's be together to share good company and conversation. Do try to attend. You can meet onsite in the Office Conference Room or join the discussion from your home on Zoom. Visit [HERE](#) for details. Questions? Please contact Elaine Corrao (ecorrao@uucsr.org or 516.472.2933).

Third Tuesdays | 10:30 AM | Via Zoom

Living with Cancer, led by Caron Hunter

People living with the challenges of a cancer diagnosis may join a safe, confidential group where members may share their experiences with others who understand the intricacies. In this supportive environment, we lift each other up, learn tools for coping with stress, meditate together, and open a prayerful spirit within ourselves to encourage healing. Please email info@turninginwardwithcaron.com for information on joining the group. Sponsored by the Caring Committee. No charge.

Tuesdays | 6:30 PM | Via Zoom [HERE](#)

Gatherings with LGBTQ+ Friends

The LGBTQ+ Sub-Committee Gatherings are not just for Queer folk—the + includes friends, allies, and parents. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM.

Wednesdays | 9:00–11:00 AM | UUCSR Grounds

Land Stewards

The Land Stewards is an adult volunteer group that tends the native gardens and forest on the UUCSR grounds. This is an opportunity for all experience levels to engage with the outside grounds and learn from each other. We meet on Wednesdays from 9:00–11:00 AM, April through September. Questions? Please contact Agnes P. Cwalina, UUCSR Land Management Ecologist at acwalina@uucsr.org.

Wednesdays | 2:00 PM | via Zoom

Wednesday Conversations

Please see the UUCSR calendar [HERE](#) for summer schedule—meetings are two times per month June–August.

Seeking an opportunity for spiritual deepening in a supportive setting? You are invited to Wednesday Conversations where we explore a poem or reading for reflection, sharing, and listening. This month's theme is *Flourishing Together*. To join, click [HERE](#). Questions? Please contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960).

Thursdays | 1:00–4:00 PM, or until "Game Over" | Art Gallery Bridge, Canasta, Games & Fun

UUCSR is the place to be for an afternoon of fun and games on Thursdays. Not only Bridge and Canasta. We provide the games Mah Jong, Scrabble, Rummikub, Dominos, etc., and invite you to come for a social afternoon. Players of all levels are welcome. Bring your friends who enjoy playing. You'll make new friends, too. All are welcome. Questions? Please contact Elaine Corrao (ecorrao@uucsr.org or 516.472.2933), Carla Drezner (stargatecd@aol.com) or Sandra Hazel Frank (sanwin@optonline.net).

ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

Thursdays | 6:15 PM | Veatch Ballroom

Zazen Meditation—Inisfada Long Island Zen

Come join Long Island Inisfada Zen on a weekly journey to the most sacred place in the Universe—YOURSELF. Learn how to watch your mind and feel this joyful flow of emptiness while calming your thoughts. Zen Meditation is a Practice of Buddhism where you follow your breath in silence to acknowledge your thoughts and become one with the present moment. ALL ARE WELCOME. Beginner instructions can be provided. Please come and begin to learn your mind and take the new YOU into your everyday life Register [HERE](#) to attend. Contact Leslie Entin (917.822.0880), or Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943), if you have any questions.

Fridays | 10:45–11:45 AM | In-Person in Lounge at Hadley House or on ZOOM

Medical Qigong for Senior Health—Spring/Summer 2026 led by Ashley Baldwin

Fridays: June 26; July 3 (No Class on Friday, June 19)

\$16 drop-in price. All are welcome to join us for this Medical Qigong for Senior Health community class in the Lounge at Hadley House or via ZOOM! Cultivate your center, improve balance and alignment, and build confidence in your body. Classes include gentle movement and breathing exercises, which may be done standing or sitting, and are designed to help maintain quality of life as you age. Learn more and find registration information [HERE](#). Questions? Contact Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943).

Fridays via Zoom | 12:00 PM

Great Books

All are welcome to join us as we read and discuss books together, building both our knowledge and sense of community. The Great Books group provides a fun, learning experience combined with good conversation and critical thinking. Click [HERE](#) to register! Please contact Jamie Walowitz with questions (jwalowitz@uucsr.org or 516.472.2943).

23rd of Every Month via Zoom | 6:30–7:00 PM

Online Vigil to End Solitary Confinement

All are welcome to join the Social Justice Committee of UUCSR for the online vigil on the 23rd of every month to end Solitary Confinement. Gather to remember those in our prisons and jails condemned to the torture of solitary confinement, 23 hours a day in a small cell without meaningful human contact for days, weeks, months, years, even decades. To be included on the Emailing List, please write to Social Justice Coordinator Sonia Arora at sarora@uucsr.org. Join Zoom [HERE](#).

Third Fridays | 3:30 PM

Women's Group Online Book Series Discussion

June 19: *The Berry Pickers*, by Amanda Peters, discussion led by Lee Geisen. In July 1962, following in the tradition of Indigenous workers from Nova Scotia, a Mi'kmaq family arrives in Maine to pick blueberries for the summer. Weeks later, four-year-old Ruthie vanishes, last seen by her six-year-old brother, Joe, sitting on a favorite rock at the edge of a berry field. The book is an unforgettable exploration of grief, love, and kin. Visit [HERE](#) for details or contact Elaine Corrao to learn more (ecorrao@uucsr.org or 516.472.2933).

Third Fridays | 7:00 PM and Fourth Fridays | 7:00 PM

Women's Group Online Film Discussion

June 19: *Remarkably Bright Creatures*. *Remarkably Bright Creatures* follows Tova, a widowed aquarium cleaner, whose unlikely friendship with Marcellus, a witty giant Pacific octopus, and a drifting young man sparks a journey of mystery, healing, and renewed wonder. Adapted from Shelby Van Pelt's bestselling novel, the film blends warmth, charm, and emotional depth. With Sally Field leading a strong cast and Olivia Newman directing, it promises a heartfelt, uplifting watch.

June 26: *The Best You Can*. *The Best You Can* is a romantic dramedy reuniting Kevin Bacon and Kyra Sedgwick as an underachieving security guard and a buttoned-up New York urologist whose lives unexpectedly intertwine amid personal and family challenges. Balancing humor, warmth, and midlife introspection, the film shines through the leads' real-life chemistry. Critics find it predictable yet charming, making it a gentle, character-driven watch worth seeing for fans of heartfelt relationship stories. Visit [HERE](#) for details or contact Elaine Corrao to learn more (ecorrao@uucsr.org or 516.472.2933).

Saturdays | 9:30 AM | Art Gallery going forward (Sometimes in Veatch Ballroom or Social Hall)

Yoga For All Levels, led by Mia

An opportunity for spiritual growth and centeredness \$15 per class. For more information and to register, click [HERE](#).

FIRE SAFETY REMINDER

In case of a fire alarm, please remember the Three Ls:

LOCATE the exits

LEAVE the building immediately

LISTEN for instructions before returning to the building

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd, Manhasset, NY 11030 | 516.627.6560 | uucsr.org | info@uucsr.org

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore, *of blessed memory*

Associate Minister for Congregational Life

Rev. David Carl Olson (dcolson@uucsr.org)

June 18, 2026

Associate Minister

Rev. Meagan Henry (mhenry@uucsr.org)

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Jamie Walowitz (jwalowitz@uucsr.org)

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Sonia Arora (sarora@uucsr.org)

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Vice President: Paul Carbone

Secretary: Claudia Barbey

Treasurer: Moin Haque

Members of the Board of Trustees

Carole Alexander Dana Gumb

Arnold Babel Larry Hass

Riki Birk

Next Quest: Wednesday, July 15 | Deadline for Content: Tuesday, July 7, 2026



Quest is published twice a month, except once in July and August. Copies are available in the UUCSR Lobbies, <https://uucsr.org/quest-newsletter>, and via email at <https://uucsr.org/on-demand>. *Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *Quest* is produced by staff member Linda McCarthy, with the invaluable assistance of member volunteer Jessica K. Vega. **Submissions:** communications@uucsr.org. *Quest* may include content that does not necessarily reflect official policy.