



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.

—UUCSR Vision Statement

Spirituality, Community, and Being of Service

—from the UUCSR Strategic Plan



March 11, 2026

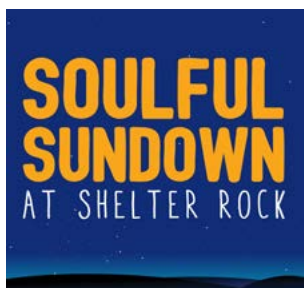
**Monthly Theme:
PAYING ATTENTION**

WORSHIP SERVICES

TOUCHSTONES Rev. Meagan Henry

FRIDAY, MARCH 13, 2026, 7:30 PM

Rev. Meagan Henry



Soulful Sundown The Soulful Sundown in March will be a special “Women’s History Month” edition! In place of the Cosmic Orchestra, we will have a service created by Rev. Henry, ONSITE and ONLINE. Guest musicians Willow Interfaith Choir, Farah Chandu, director, join for an ONSITE-ONLY coffee house/

concert afterward. All are welcome. Never a charge! Where music resides at the heart of religious experience.

At 6:30 PM, all are welcome to a simple supper prior to Soulful Sundown. A voluntary donation of \$5 covers soup, salad, artisanal bread, cookies, and beverages. Food service ends 7:15 PM.



These are heavy days. As the conflict with Iran continues to unfold on screens, in breaking news alerts, and in the worried conversations we have with friends and family, many of us are carrying a weight we may not even have words for. Grief. Fear. Outrage. Helplessness. Sometimes all of these at once, before breakfast.

War is not healthy for children and other living things. That simple, timeless truth, first coined by Jewish artist Lorraine Schneider during the Vietnam War, echoes with particular urgency today. The suffering is real, whether it is happening half a world away or in the hearts of those sitting beside you in the pew. We are not wrong to feel undone by it.



Our Unitarian Universalist tradition calls us to affirm the inherent worth and dignity of every person. Every person. In every nation. That covenant is not easy to hold when the world seems bent on breaking it. It asks something of us. And it asks us to remember that we, too, are among the living beings who deserve care.

So, I want to ask something of you: extend grace. To the person in line at the grocery store who seems short-tempered. To the family member whose way of coping looks different from yours. To the fellow congregant who either cannot stop talking about the news or cannot bear to hear it. And please, extend that same grace to yourself. You are allowed to feel worn down. You are allowed to step away from the headlines and tend to your own spirit. Take a walk, run yourself a warm bath, read poetry, listen to music that brings you joy.

As a small act of resistance against despair, I also invite you to try a simple practice before you sleep each night. Pause, and name just one thing you are grateful for. It does not need to be grand. A warm cup of tea. A kind word from a stranger. The sound of rain. This is not about pretending the world is fine. It

SUNDAY, MARCH 15, 2026, 11:00 AM

Rev. Dr. Natalie Fenimore



“Sing to the Power”

Sing to the Power For Women’s History Month, we lift up the power of women and the many ways that women challenge, strive to change, and hold up a vision of peace for the world. Rev. Fenimore will be joined by members of the UUCSR Women’s Group.

UUCSR Worship Services are usually both onsite and online on uucsr.org/worship, [Facebook](#), and [YouTube](#). Available thereafter on the same platforms. Onsite, mask wearing is optional.

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WORSHIP SERVICES

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SUNDAY, MARCH 22, 2026, 11:00 AM
UUCSR RE Senior Seminar

UUCSR RE Senior Seminar Worship Each year, the Senior Seminar class at UUCSR leads a worship service that is planned entirely by the high school youth. This year's theme is Fractals of Generosity. Inspired by the Religious Education theme of this year, Generosity, the youth were drawn to the idea that acts of generosity and kindness—no matter their size, shape, or form—can multiply and have a profound impact on the world. They recognize how deeply even the smallest expressions of generosity or kindness matter in today's world and hope to share that understanding with the congregation.

This worship will feature self-written reflections, alongside songs and readings that resonate with our youth. It is important for the congregation to hear the voices, thoughts, and beliefs of our young people, as they are the future of our faith, and by sharing what matters most to them in this sacred space, they continue to grow into their own faith with courage and conviction. Please join in to hear the voices of the future of Unitarian Universalism!

SUNDAY CAFÉ

Social Hall | Following Sunday Morning Worship Service

ADULTS \$10:

New menu each week, includes tossed salad and dessert

Vegetarian and vegan options are always available

CHILDREN ONLY \$5 kids' meal:

chicken fingers, mac and cheese, fruit platter

All meals include lemonade, unsweetened iced tea, dessert

UU OF SHELTER ROCK ANIMAL MINISTRY

Jill Marcus and Leslee Rabb, Chapter Leaders

All are welcome at the first film and discussion on Saturday, April 4, 2026, at 12:30 PM in the Art Gallery. "They're Trying to Kill Us" is a documentary movie by acclaimed director John Lewis that addresses food injustice and food deserts among people of color and indigenous people and how that directly relates to disproportionately higher rates of chronic disease in our communities—all with the assistance of the federal government. It is powerful, timely, and we are excited to screen it.

Look for a flyer to register soon. Snacks and beverages will be served.

Finally, please [sign onto this petition](#) to oppose new Federal attacks on Animal Protection laws.

TOUCHSTONES

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is about remembering that goodness has not disappeared, even when it is hard to see.

This community exists precisely for times like these, to hold one another, to grieve together, and to remind each other that love is still worth practicing. Reach out if you need support. Our doors, and my door, remain open. But most of all, please remember that we are all under incredible emotional strain from the fear of what this war is doing and what it may bring as it continues. May we lean into being the beloved community we all need right now.

In peace and solidarity,
Rev. Meagan

REV. DR. NATALIE FENIMORE

Lead Minister and Minister of Lifespan Religious Education

Celebrating Unitarian Universalist Women's History

Throughout the history of our faith, Unitarian Universalist women have been leaders and prophetic voices. Some of the many women we revere are:

Unitarian **Abigail Adams** who wrote to her husband John Adams to "remember the ladies" as he went off to write the Declaration of Independence in 1776.

Louisa May Alcott (1832–1888) author of *Little Women*

Olympia Brown (1835–1926) one of the first women ordained in the US

Julia Ward Howe (1819–1910) writer of the "Battle Hymn of the Republic"

Frances Watkins Harper (1825–1911) a prominent African American writer and abolitionist.

Clara Barton (1821–1912) founder of the American Red Cross

Martha Sharp (1905–1999) rescued hundreds of refugees from the Nazis and founder of the Unitarian Universalist Service Committee. Named in Yad Vashem as Righteous Among the Nation.

Viola Liuzzo (1925–1965) civil rights activist who was killed during the 1965 Selma marches

Melissa Harris Perry (1973–) political commentator

Today, **Lena Gardner** leads Black Lives of Unitarian Universalism, **Rev. Mary Katherine Morn** leads the UU Service Committee, and **Rev. Dr. Sofia Betancourt** is the President of the Unitarian Universalist Association.

UUCSR Budget Procedures

All committees prepare and propose budgets for every congregational year. UUCSR bylaws require that all Budget Meetings at which final proposed budgets are voted upon be publicized in the *Quest*. Such notice ensures that all interested members may be involved in the decision-making that ultimately aligns with the Vision and Mission of the Congregation and with the UUCSR Strategic Plan. The following Budget Meeting dates for planning the 2026–2027 Congregational year have been set:

Committee	Meeting Date	Meeting Time	Location
Adult Programs	Wednesday, March 11	2:30 PM	via Zoom
Bookstore and Gift Shop	Thursday, March 26	2:00 PM	via Zoom

UUCSR CHILDCARE POSITION OPENINGS

The Unitarian Universalist Congregation at Shelter Rock is seeking **2 dedicated childcare workers** to care for children aged 3 months to 4+ years.

Schedule:

- Sundays: 9:30 AM–1:00 PM (with occasional afternoon hours)
- Occasional Fridays: 6:00–9:00 PM
- Additional days as needed

Requirements:

- Must be 18 years of age or older
- Must be a non-member of the congregation (as defined by the conflict-of-interest policy)
- Must complete a CPR and first aid certification within 3 months of hire (cost to be reimbursed by the Congregation)

Key Responsibilities:

- Warmly greet children and parents upon arrival
- Maintain accurate attendance records
- Engage in active floor play with children
- Lead age-appropriate crafts and games
- Provide attentive supervision and positive interaction
- Clean and sanitize toys and play areas

Salary: \$20/hour

Interested? Please contact Tammy Weil at tweil@uucsr.org.

BOARD OF TRUSTEES

BOARD OF TRUSTEES AGENDAS

Tuesday, March 17, 2026

- 7:00 PM I. Opening Words: Ministers
- 7:05 PM II. February 2026 Minutes: Claudia Barbey, Secretary
- 7:10 PM III. Socially Responsible Investment Committee: Wendy Cheung, Chair and Miles Doherty, Director of Finance
- Spectrum Design Loan
- 7:25 PM IV. Updated Meadow Site Preparation Recommendation: Gerry Matusiewicz, Chair of Buildings & Grounds and Jennifer Roth, Chair of Green Sanctuary
- 7:45 PM V. Building Use Leadership Team: Claudia Barbey, Secretary and Adam Barshak, COA
- 8:05 PM VI. Personnel Committee: Sheri Lynn McKee, Chair and Adam Barshak
- 8:25 PM VII. Hadley House LLC Manager Interview Panel: Paul Carbone, VP, Rev. Dr. Natalie Fenimore, Lead Minister and Adam Barshak, COA
- 8:45 PM VIII. President's & Administration Reports
- Confirm Annual Congregation Meeting Date: Aimee Vella Ripley, President
 - Bylaws Update: Carole Alexander and Adam Barshak, COA
 - Sunday Café: Riki Birk and Arnold Babel
 - March Events Review: Adam Barshak, COA
 - CY27 Budget Development Update: Adam Barshak, COA
- 9:00 PM IX. Good of the Order: Aimee Vella Ripley, President

Thursday, March 19, 2026

- 7:00 PM I. Opening Words: Ministers
- 7:05 PM II. Motions to Approve Items from March 17 Agenda: Aimee Vella Ripley, President
- SRI Loan
 - Personnel Policies
 - Meadow Site Preparation
 - Hadley House LLC Managers
- 7:20 PM III. OCIO Semi-Annual Presentation: Peter Glennon, SEI and Miles Doherty, Director of Finance
- 7:50 PM IV. Safety Investigation Team Report: Paul Carbone, Vice President and Moin Haque, Treasurer
- 8:20 PM V. Member Resource Committee: Riki Birk
- CY26 Committee Chair/Member Nominations
- 8:30 PM VI. Ministers' Reports: Rev. Dr. Natalie Fenimore, Rev. David Carl Olson, Rev. Meagan Henry and Bryan Bower, Student Minister
- 9:00 PM VII. Good of the Order: Aimee Vella Ripley, President

RELIGIOUS EDUCATION (RE)

Rosara Torrisi, Chair

The Religious Education Committee invites you to join us for

Bagels & Beliefs



Please join us Sundays before worship for fresh bagels, spreads, & fellowship.

We are asking for a suggested donation of \$1 per bagel. All proceeds go directly toward supporting The Questing Year RE class' Secret Social Action Project II's a tasty way to support their good work!

Each month, we will host a new interactive conversation board centered around a theme relevant to our shared values and human experience.

Sundays • 9:00-10:30 AM • Social Hall

UUCSR's Religious Education Committee Presents

Middle School Math & Beyond

Personalized Math Support for Grades 6-12

Complimentary to RE Students!

Building Confidence... One Equation at a Time



Teaching Students to Build Good Habits

- Look for Patterns
- Estimate
- Create Diagrams, Charts, and Pictures
- Explain their Work
- Ask Questions
- Create a Plan to Solve a Problem
- Check their Work
- Take Time to do a Good Job
- Use Math to Solve Everyday Problems
- Seek New Ways to Find a Solution
- Use Technology



In Person & Online Options Flexible Scheduling

Questions? Contact Leona Handelman
leonahandelman27@gmail.com or
(516) 652-9851



DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

Pilgrimage to Romania

Four hundred years ago, a liberal religious movement arose in Eastern Europe that celebrated religious tolerance and freedom of belief. That movement is Unitarianism, and it is centered in Transylvania, the Hungarian-speaking region of Romania.

Since the early 1990s, UUCSR has partnered with the Unitarian Congregation in Csikszereda (Miercurea Ciuc in Romanian), Transylvania. We helped to finance the construction of their new worship hall, and UUCSR members visited there for its opening. Members of their congregation have reciprocated with visits. Through the ongoing George Kesner Memorial Book Exchange in the Social Hall and our annual Partner Church Auction, we have been able to continue assisting our partner church financially. The DAC blog on the UUCSR website has an essay on the history of our relationship. Read about it [HERE](#).

A visit to historical sites and our partner church will help us understand the deep historical roots of our shared faith. A trip to the region might also include a visit to the Janos Zsigmond Unitarian High School in the city of Kolozsvar (Cluj-Napoca in Romanian). This past spring, the choir of that high school performed a concert at UUCSR to much acclaim.

Travelers will need to finance the trip themselves. If interested in participating, please contact Barry Nobel (barry@nobel.org)

LGBTQ+ SUB-COMMITTEE OF SOCIAL JUSTICE COMMITTEE

Charlene Greenberg, Chair

Dear LGBTQ+ Friends, we welcome you to join us at any of our meetings on Tuesday nights via Zoom. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM.

Join Zoom Meeting [HERE](#)

Meeting ID: 883 3817 4041, Passcode: 557032

DATE	LED BY	TOPIC
3/17/2026	Joanna Augugliaro	Good luck charms and other symbols of good luck
3/24/2026	CLOSED MEETING	
3/31/2026	Susan Roberts	What's something you used to enjoy when you were young that you no longer like? And what have you become more interested in the older you get?

GREEN SANCTUARY COMMITTEE

Jennifer Roth, Chair

Public Input Needed on the Draft Recommendation To Make Manhasset Bay Healthier

Community members are invited to review and comment on the draft list of Recommendations for Manhasset Bay, which is now available for download on the Committee's webpage at manhassetbay.net/wqip. These recommendations were developed by Nelson, Pope, and Voorhis for the revised Water Quality Improvement Plan.

Public input is crucial in developing effective strategies to protect and restore Manhasset Bay. The plan aims to address water quality issues in Manhasset Bay and its watershed, focusing on reducing pollution, enhancing water quality, and preserving the bay's natural resources.

Share your comments by emailing baycomments@gmail.com. The Committee will accept feedback on the recommendations until Friday, March 27.

This WQIP was prepared with funding provided by the New York State Department of State under Title 11 of the Environmental Protection Fund.

Submitted to Jennifer Roth by Raju Rajan from ReWild Long Island



Donation Bins

Place your unwanted items in the bins in the lower parking lot!

The White Donation Bin is accepting gently used clothing, still wearable but no longer wanted by you. Donations go to United Veterans Beacon House.

The Green Donation Bin is accepting unwearable, unusable fabrics like old clothing, sheets, shoes, or handbags.

Be as generous as you can for either bin.

MEN'S GROUP

Robert Penaskovic, Chair

PRESENTED BY THE UUCSR MEN'S GROUP

SCIENCE DISCUSSION GROUP

Science Discussion Network

Topic: Science and Religion

Sunday, March 22, 2026 | 1:00 PM | Onsite in the Office Conference Room and Online via Zoom

Unitarian Universalism draws on six sources of inspiration, including *Humanist teachings* which counsel us to heed the guidance of reason and the results of science and warn us against idolatries of the mind and spirit.

The Science Discussion Network will meet Sunday, March 22 for a discussion of the important topic **Science and Religion**.

- **Science and the UU faith** Larry Hass will share how the UU commitment to reason and science drew him to our congregation. What role has science and intellectual integrity played in shaping our own connections to UUCSR?
- **Science and Religion in Human Evolution** Carol Klitzner will present the anthropological view that in primitive societies, magic, science, and religion work in harmony. We will explore how this idea could apply today.
- **Einstein's View of Religion** Rich Przybylski will explore the religious and spiritual reflections of Albert Einstein, drawing from Einstein's book, *Ideas and Opinions*, and other writings. How does Einstein's perspective resonate with our own ideas?
- **What Is Spirituality?** Herb Klitzner will share the ways science observes and analyzes the important human experience of spirituality. We'll discuss how we experience a sense of connection to something larger than ourselves.

No matter your level of science and math knowledge, there's a place for you in the Science Discussion Network at UUCSR. All are welcome!

To join Zoom online, click [HERE](#). Learn more [HERE](#). Questions? Please contact Elaine Corrao (516.472.2933, ecorrao@uucsr.org).

BOOKSTORE COMMITTEE

Elaine Peters, Chair

The Common Read this year is titled *Social Change Now: A Guide for Reflection and Connection*. Discussions will be held this spring led by Rev. Meagan Henry and Student Minister Bryan Bower. It is a combination of selected readings and workbook. Come into the bookstore and get one while they last.



Stop by the Bookstore and Gift Shop at Shelter Rock and take a look around. Along with books, you'll find a variety of gifts and unique items, with new treasures always arriving. We're open Sundays from 12–1 PM, so come in, browse, and see what's new.



UU Student Internships: Faith in Action SAF Applications Now Open

Applications are now open for the Student Activity Fund (SAF), an exciting summer internship program for students from the Long Island Area Council of UU Congregations (LIAC) member congregations.

[Apply online](https://liacuu.org) at liacuu.org from 3/1/26–5/16/26.

SAF offers young UUs an opportunity to put their Values into action through paid internships at nonprofit agencies while earning money to finance their education. SAF interns have worked for civil rights campaigns, food pantries, environmental centers, and more. The program is open to rising high school seniors, college students, trade-school students, and gap-year students. For more details, visit the [SAF webpage](https://liacuu.org) at liacuu.org.

Save the date! The 2026 SAF Orientation/Leadership Workshop for SAF interns will take place at the UU Congregation at Shelter Rock, on Sunday, May 17, at 12:30 PM.

This year, SAF proudly celebrates its 50th year of partnership with LIAC, its longtime fiscal sponsor. SAF is funded by the UU Veatch Program at Shelter Rock and is guided by a Program Director who is assisted by the volunteer SAF Advisory Committee, which is made up of members from various LIAC congregations.

FAITH ENGAGEMENT PROGRAMS

Jamie Walowitz, Youth and Adult Faith Engagement Coordinator

Answer The Call: Become A Soul Matters Small Group Ministry Facilitator

Are you ready to help your congregation go deeper?

Small Group Ministry is at the heart of what makes our community more than a Sunday gathering because it's where deep connection happens, where we explore our questions, and where UU Values become lived experience.

We are looking for new Soul Matters Small Group Ministry facilitators to help lead this vital work, and *we believe you might be one of them.*

Soul Matters Small Group Ministry facilitators guide small groups through monthly themes of meaning and reflection, helping members explore questions of the spirit, share their stories, and build the kind of trust that turns a congregation into a true community. All materials are provided to you in advance. **You don't need to have all the answers. You just need to be willing to hold space for the questions.**

This is an opportunity to grow as a leader, deepen your own spiritual life, and make a genuine difference in the lives of your fellow congregants. Facilitating a Soul Matters Small Group will challenge you, stretch you, and reward you in ways that few other forms of service do.

No prior experience with Small Group Ministry is required—just an open heart, a commitment to the work, and a willingness to learn.

New facilitators will receive orientation and training before their groups begin (details coming soon). You won't be walking this path alone.

Ready to Learn More? If you feel called to this ministry—or are even just curious — we'd love to talk with you! Reach out to Jamie Walowitz, Youth and Adult Faith Engagement Coordinator, at jwalowitz@uucsr.org or 516.472.2943.

The congregation grows when we grow together!

FIRE SAFETY REMINDER

In case of a fire alarm, please remember the Three Ls:

LOCATE the exits

LEAVE the building immediately

LISTEN for instructions before returning to the building

In It Together



Registration
Now
Open!

27TH Annual Memorial Day Weekend All-Congregation Retreat

CAMP ZEKE, LAKEWOOD, PA | WWW.NORTHEASTRETREATCENTER.COM

May 22–25, 2026

Enjoy creative workshops | Games and activities | Karaoke Night
Annual talent show | Rockin' Intergenerational Dance

Further Information and Register Online
uucsr.org/26retreat

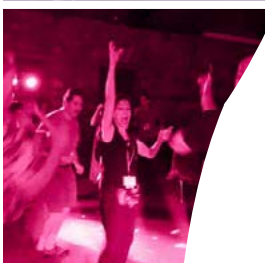
Register early. Space is limited.

\$50 Refundable Deposit Per Adult

This year, our 27th Annual Memorial Day weekend is returning to the Block & Hexter Retreat Center at Camp Zeke in Lakewood, PA, a pleasant 3 1/2-hour drive from Long Island.

Camp Zeke is a very well-regarded children's summer camp that has been modified to host weddings, retreats, and all types of corporate events during the off-season. You can learn more about Camp Zeke at www.northeastretreatcenter.com.

Boating on beautiful private fresh-water lake | Heated swimming pool with lifeguards
Children's program conducted by professional counselors
Art Building | Theater | Full internet access | Etc, etc.



Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

48 Shelter Rock Road, Manhasset, NY 11030 | uucsr.org | 516.627.6560 |

SEE WEBSITE FOR MORE INFO
Questions? Contact Elaine Corrao
516.472.2933 or ecorrao@uucsr.org

SOCIAL JUSTICE COMMITTEE

Shanti Flot, Chair

Join the INN Volunteer Cooks Second Wednesdays and Fourth Thursdays

Do you like to cook? Please come serve those in need by volunteering to help prepare meals for the INN (Interfaith Nutrition Network). Contact Jane Weiler or Leona Handelman if you like to volunteer! If you would like to come in and help prepare a meal, please call Sherley Meehan at 516.472.2975 and register to cook.

Community Food Pantry/Clothing Rack

- Located in the hallway outside of the Main Kitchen
- Access through the sliding doors on the side of the building
- Paper bags are available on the Food Pantry bottom shelf
- Clothing may be tried on in the bathrooms
- Donations of food may be placed in cart in Main Lobby and are appreciated

Everyone is welcome to participate.

Save the Date and Mark Your Calendars:

Sunday, May 17

All Congregation 2nd Annual Social Justice Committee End of Year Celebration

Food and Fun. All welcome and encouraged to come. More details and a flyer will be made available.

ART COMMITTEE

Paul Kopelow, Chair

Colors & Contours by The Long Beach Art League

Exhibit on display through
Tuesday, March 17
All are welcome!



Under the Influence: Japan as Inspiration by Nancy Yoshi

Artist Reception:
Sunday, Sunday, March 22
1:00–3:00 PM

Exhibit will be on display:
Friday, March 20–Monday, April 20
All are welcome!
See page 11 for more details.



SPECIAL EVENT HIGHLIGHTS

Additional information at uucsr.org/events
See uucsr.org/calendar for specific hours.



Spa Session Thursday, March 12 | 11:00 AM–1:00 PM | Social Hall

Is your houseplant in need of some tender loving care and attention? Maybe you've been setting aside repotting or addressing a pest issue with your plants? Here's your opportunity! Over the next few months we are offering Houseplant Spa sessions where you can bring your indoor plant for a consultation. Agnes P. Cwalina, UUCSR's Land Management Ecologist, will assess your plants' needs and help you on the spot with caretaking tips, including answering any questions, pruning, repotting, and determining pest or disease issues. **In order to participate, please register for a time slot [HERE](#).** Please limit to bringing three houseplants plants per person.

If you would like to donate a healthy houseplant or cutting, bring it in for the Plant Swap which will be happening at the same time. Contact Agnes at acwalina@uucsr.org with questions.

The Social Justice Committee of the Unitarian Universalist Congregation at Shelter Rock in collaboration with the Women's Group and Manhasset Great Neck EOC presents:

REMEMBER LISS A Revolutionary War Hero???

Saturday, March 14 | 1:00–3:00 PM | RE Chapel
Presentation by: **Claire Bellerjeau**

You are invited to spend an afternoon together. Presenter Ms. Claire Bellerjeau takes the audience on a very interesting journey through the revolutionary war and highlights portions of the lives of enslaved people which otherwise we may not be aware of. All are welcome. No charge. Reception following the Presentation. Register [HERE](#). Registration requested for planning purposes. Questions? Please contact Social Justice Coordinator Sonia Arora (sarora@uucsr.org, 516.472.2977).

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at uucsr.org/events

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

SPONSORED BY THE UUCSR MEN'S GROUP



ST. PATRICK'S DAY CELEBRATION

Saturday, March 14, 2026 • 6 PM
Social Hall

Drink some beer! Dine on a wee bit of corned beef, cabbage, Shepherd's pie, Irish soda bread, beverages and desserts. Be entertained by listening to old-time Irish favorites.

✪ Ciara Greene School for Irish Dance will perform a number of Irish Step Dance routines.

✪ **Price**

\$25 per person



Registration Deadline
Thursday, March 12

REGISTER/PAY ONLINE
uucsr.org/26stpat

OVER 21 ONLY, PLEASE

Questions? Contact Elaine Corrao
516.472.2933 or ecorrao@uucsr.org

Childcare Available Upon Request

UUCSR's Spiritual Parenting Group Presents

OK TO DELAY

A Case for Delaying Smartphones and Social Media for Kids

Sunday, March 15 | 12:30—2 PM
RE ROOM 19

Join us for a practical talk from grassroots organization **Ok To Delay** exploring how smartphones and social media are reshaping childhood and how families can navigate this together.

Discussion highlights:

1. How childhood has changed
2. Growing pressures on kids
3. Alternatives & strategies to support kids' wellbeing

The goal is not to tell people what to do or shame anyone for how they choose to navigate these waters, but rather to empower families with information to make the best decisions for themselves.

Speaker: Pedro Avila

Ok To Delay Community Organizer
AI Safety Advocate | Data Science Lecturer at Columbia University

This talk is aimed at parents, but any kids or teens who are interested are welcome to attend.

**FREE LUNCH &
FREE CHILDCARE AVAILABLE.
REGISTRATION REQUIRED.**

REGISTER HERE
uucsr.org/26Delay

Questions?
Contact Jamie Walowitz at
jwalowitz@uucsr.org or 516.472.2943

SPECIAL EVENT HIGHLIGHTS

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Annual Women's History Month Breakfast

Sunday, March 15 | 9:00 AM | Veatch Ballroom

Please join the Women's Group for Breakfast Celebrating Women's History Month

Current 2025–2026 Women's Group Members: FREE
Non-Women's Group Members: \$15

Please Register by Wednesday, March 11, 4:00 PM • NO WALK-INS
Due to limited occupancy capacity, **seating is not guaranteed** without paid registration from non-Women's Group members or registration from Women's Group members.

Childcare Available

Register [HERE](#). Questions? Please contact Elaine Corrao (516.472.2933, ecorrao@uucsr.org).

Various Routes to the Veatch Ballroom for the Sunday, March 15 Breakfast:

While the Veatch house elevator is being repaired, here are ways to get to the Veatch Ballroom:

1. Walk through the Art Gallery back door. Go down the path a little ways to the first Veatch house door on your right. No elevator/stairs.
2. Take the Main Lobby elevator to LL. Turn left and walk past the reception desk to the end of the hallway. Turn right and walk through doors to Veatch courtyard lobby. Turn left and head to the spiral staircase. Walk up one flight.
3. From Veatch courtyard parking lot, enter the door to the lobby. Walk ahead to the spiral staircase and up one flight.
4. Park in the lower level parking lot. Go up the stone stairs and enter through the main entrance (to the left of the Veatch Ballroom doors). Please note that the Veatch Ballroom doors are not an entrance.

MUSIC AND PERFORMING ARTS AT SHELTER ROCK PRESENTS
A SERIES IN CELEBRATION OF OUR "NEW PIANO"

RESCHEDULED
EVENT!

Music of Amy Beach,
Pioneering American
Composer



Nathaniel
LaNasa - Pianist

And Friends:

- * Sarah Moulton Faux - Soprano
- * Stani Dimitrova - Violin
- * Mira Williams - Viola
- * Greta Myatieva - Violin
- * Joseph Staten - Cello

Wednesday, March 18
• 7 PM •
Worship Room

Featuring the music of
AMY BEACH

FEES

**\$10/\$20 maximum for families
18 years old and under FREE**

**Reserve tickets in advance
to guarantee a seat.**

**Only prepaid tickets will be
guaranteed seating.**

REGISTER HERE
uucsr.org/2Chamber26

Questions? Contact Sharyn Esposito
at 516.472.2960 or sesposito@uucsr.org

SPECIAL EVENT HIGHLIGHTS

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Third Sundays Monthly | 1:00 PM | Veatch Library
March 15, April 19, June 21, 2026

Please join the UUCSR Respectful Relationship Team for Practicing Empathy in communication with one another. The Respectful Relationship Team operates with an understanding that our community is enhanced—and the world will be enhanced—by our compassionate communication with one another. Learn more [HERE](#).

The ministers are also ready for compassionate conversation one-to-one with all of our members. If you want to make an appointment for a one-to-one conversation, please reach out to a minister or make an appointment with the Ministers Assistant Sharon Esposito (516.472.2960 or sesposito@uucsr.org).



Third Fridays of Each Month | 6:30–9:00 PM | Art Gallery
March 20

In social media posts, in newspaper columns and in TED talks—and even in pastoral conversations with ministers—people are sharing a deep sense of isolation and loneliness. This experience contradicts an article of our faith, that we are people of interdependence, and live lives of profound interconnection. “Living a Public Life” is a monthly series of workshops on building our interdependence to live our values in the public sphere. We will learn to do one-to-one relational meetings, will talk about the diverse cultures we inhabit, and discern the difference between the private lives of our families and the public life of a congregation like Shelter Rock. Come join us! Please register [HERE](#) so to ensure we enough food. Questions? Please contact Jamie Walowitz, Youth and Adult Faith Engagement Coordinator (jwalowitz@uucsr.org, 516.472.2943).



Under the Influence: Japan as Inspiration by Nancy Yoshi
Artist Reception: Sunday, Sunday, March 22, 1:00–3:00 PM
Exhibit on display: Friday, March 20–Monday, April 20

In *Under the Influence: Japan as Inspiration*, Yoshi explores the subtle and enduring ways Japanese culture, aesthetics, and philosophy have shaped her creative process. The exhibition features an eclectic mix of collage, paper quilts, paper jewelry, and found-object sculpture, much of it made from recycled or repurposed materials. Her work celebrates transformation—the alchemy of turning the ordinary into the extraordinary.



Adult Bible Class with Student Minister Bryan Bower
Sunday, March 22 | 2:00 PM | RE Room 15

You are invited to join in studying the Bible critically and intelligently with Student Minister Bryan Bower, who specialized in modern Biblical Studies at Union Theological Seminary. Rather than taking these texts at face value, we will examine the signs that the text was compiled from older sources.

For our first session, we will be focusing on **Genesis 1-11**. This is the “Primeval History” section before the Patriarchs, including two! creation stories (the “Seven Days” and the Garden of Eden), as well as Cain and Abel, the Flood and Noah, and the Tower of Babel. No background in the Bible is necessary, just a curiosity and willingness to learn! However, to maximize our time together, please read or skim Genesis 1-11 (from any translation) and come prepared to name something that surprised you, or a question you have after reading.

Come join Bryan on this journey of Bible study! Please click [HERE](#) for more information and registration details. If you have any questions, contact Jamie Walowitz, UUCSR’s Youth and Adult Faith Engagement Coordinator: jwalowitz@uucsr.org; 516.472.2943.

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at ucsr.org/events

NOTE: Building hours are subject to change based on planned activities. See ucsr.org/calendar for specific hours.

Presented by the 2026
All-Congregation Retreat Committee

FOURTH FRIDAY at Shelter Rock

WITH REV. MEAGAN HENRY

FAMILY FUN NIGHT: RETREAT MASHUP

FRIDAY, MARCH 27 • 6 PM
SOCIAL HALL

We will start with an introduction by Rev. Meagan Henry and then enjoy a Pizza and Pasta Dinner while learning more about the annual UUCSR All-Congregation Retreat. **The night will feature a Campfire-style Sing-along with Indoor S'mores Making, Bingo with Prizes, and Kids Crafts.** This is a multi-generational event.

If you are interested in running a workshop at this year's retreat but you are not sure what you want to do - come visit the Workshop Brainstorming table for inspiration and support!

Please be sure to register, although not required it ensures us that we have enough food and supplies for everyone. Thank you.

There isn't a fee to attend however, a donation is always welcome to help with the costs of the meal and supplies - look for donation basket at the check-in table.

REGISTER HERE:
ucsr.org/26MarchFF

Questions? Contact Sharyn Esposito
sesposito@ucsr.org or 516.472.2960

UUCSR's Social Justice Committee Presents

Fundraiser for Jamaica Disaster Relief

Saturday, March 28 | 1:30–4:00 PM | Social Hall

An afternoon filled with music, dancing and food. Bring a home-cooked dish. Dance to reggae music. Raise Money for Jamaica and feed the hungry. Donate to the World Central Kitchen. Sliding scale donations beginning at \$15 to support the Fundraiser for Jamaica Disaster Relief are greatly appreciated! You can pay at the door in cash/check, too.

Please register [HERE](#) to confirm your presence. Professional childcare is available, please be sure to include details while registering. Questions? Contact Social Justice Coordinator Sonia Arora (sarora@ucsr.org, 516.472.2977).

UUCSR Adult Programs Committee Presents

Living Our UU Faith: Deep Listening, Deep Questions

REV. MEAGAN HENRY *Associate Minister at UUCSR*

Six Sunday Afternoons | 1:00 PM | Veatch Library
March 29, April 26, May 17, 31

Registration is closed! Please contact Jamie Walowitz, Youth and Adult Faith Engagement Coordinator: jwalowitz@ucsr.org or 516.472.2943 to be put on the waitlist for the next session.

Rev. Meagan Henry is excited to explore UU Faith with you! Come for an intimate six-session exploration of theological concepts that shape our faith tradition—from atonement and blessing to transformation and spiritual practice. Through deep listening and meaningful conversation, we'll examine how these often-charged terms can find authentic expression within our UU Values and personal spiritual journeys. No theological expertise required—just curiosity and a willingness to explore alongside fellow seekers. Whether these concepts feel like old friends or unfamiliar territory, you'll find space here to question, wonder, and discover what resonates with your own beliefs. Limited to 12 participants to foster trust and genuine connection. Registration required. If we fill, we'll create a waiting list and offer the program again. Participants encouraged to attend all sessions.

SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at uucsr.org/events

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

MUSIC AT SHELTER ROCK PRESENTS

Organist

CHRISTOPHER CREAGHAN

Former Music Director

Organist of Riverside Church, NYC

On the Jaekel Mechanical Action Instrument

Sunday, March 29

• 1:30 PM •

**Works By: Bach, Widor, Böhm, Stanley,
Sweelinck, Bédard & Robinson**

**\$5 • \$12 maximum for families
Under 18 FREE**

Reception to meet the artist to follow
in the Shelter Rock Art Gallery

**TO RESERVE TICKETS:
uucsr.org/Organ26**

**Questions? Contact Sherley Meehan
at 516.472.2975 or
committeeassist@uucsr.org**

LABYRINTH BY CANDLELIGHT

With Rev. David Carl Olson

**First Fridays | 6:30–8:30 PM | Social Hall
April 3, May 1, June 5**

Walking the Labyrinth can be a means of meditation, centering prayer and personal healing. Placing one step in front of the other, the pilgrim journeys on a single path from the outside into the center. The labyrinth is not a place to get lost, but offers a single way, with twists and turns, into a destination and back. It can be a chance to set an intention, to consider a personal question, and to have self-compassion as the ancient way unfolds to you. Rev. David Carl Olson will be available to accompany you with questions you may have and will listen to any answers that come to you during your walk. He is a Labyrinth Facilitator certified by Veriditas, which is committed to “inspiring transformation through the labyrinth experience.” Participants may arrive any time after 6:30 PM and before 8:00 PM, and should allow at least 20 minutes to walk the Labyrinth. People are welcome to bring journals to record their insights; simply to remain in a meditative way and listen to music; or to leave when their heart leads them to do so. Questions? Contact Rev. David Carl Olson at dcolson@uucsr.org or Sharyn Esposito at sesposito@uucsr.org.

EXPLORING EARTH-BASED TRADITIONS GATHERING

**Fourth Saturdays Monthly | 11:00 AM
April 25 | Art Gallery**

Share the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. Please bring some food to share at this event, or a nosh. We will meet and then break for lunch. All are welcome to explore various paths to spirituality. If you can't meet in-person, you are welcome to join online. Register [HERE](#). After you register you will receive the Zoom link. Questions? Contact Sharyn Esposito (sesposito@uucsr.org, 516.472.2960)

ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

Third Sundays | 1:00–2:30 PM | Bride's Room

Small Group Ministry

led by Iris McKenna

Learn more and register [HERE](#). Contact Jamie Walowitz (jwalowitz@uucsr.org or 516.472.2943) to join this Small Group. Gather at 12:45 PM, with any lunch or coffee to finish so the meeting can begin at 1:00 PM, sharp.

Sundays Monthly | 1:00–3:00 PM | UUCSR Veatch Terrace Room

Mar 15, Apr 19, May 17, Jun 21

Silent Book Club

Enjoy reading in community! Grab your favorite book, a cozy blanket (or chair if you fancy), and don't forget some tasty snacks to share. What is Silent Book Club, you may wonder? We meet once a month, we chat for a few minutes, read for an hour, followed by more chitchat...that's it! There's no assigned reading! We bring whatever we're reading: e-books, hard copies, textbooks, comics, even audiobooks. All genres welcome! See you and your book at the next meeting! Please click [HERE](#) to sign up and we're so excited to meet you! Questions? Contact Carson Jones at 516.472.2915 or cjones@uucsr.org.

First Mondays | 6:30–8:00 PM | Zoom

Small Group Ministry

led by Winterflower Robinson

Learn more and register [HERE](#). Contact Jamie Walowitz (jwalowitz@uucsr.org or 516.472.2943) with any questions.

Third Mondays | 10:00 AM | Via Zoom

Care for the Caregiver

Caron Hunter, a holistic health care provider and interfaith minister, leads sessions for those who care for spouses, parents, family members, and friends who are navigating the physical/emotional/mental challenges that caregiving brings. It is a confidential group for those who would welcome support. Please email info@turninginwardwithcaron.com for information on joining the group. Sponsored by the Caring Committee. No charge to participate.

Tuesdays | 10:00–11:15 AM | Art Gallery

April 7, 14, 28; May 5, 12, 19

Building a Better Brain for a Better Life

Fee: \$90 for Members; \$120 for Non-Members

Come join us for this unique and empowering class led by Dr. Fern Engelson, and learn how to strengthen and protect your brain, now and for the future. We will practice specific gentle movements, breathing techniques, self-massage, and other modalities, all designed to promote neuroplasticity as we grow new and healthy brain cells and neuronal pathways, along with fostering the proper blood flow that is vital for a healthy brain. Learn more and find registration information [HERE](#). Questions? Contact Jamie Walowitz (jwalowitz@uucsr.org or 516.472.2943).

Tuesdays | 6:30 PM | Via Zoom [HERE](#)

Gatherings with LGBTQ+ Friends

The LGBTQ+ Sub-Committee Gatherings are not just for Queer folk—the + includes friends, allies, and parents. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM. (See page 3 for conversation leaders/topics.)

First and Third Tuesdays Monthly

12:00–2:00 PM | Onsite Office Conference Room and Online Zoom

Women Talk Daytime

Facilitated by Sandra Frank, Women's Group Board Member. Our format is simple: we start with check-in and move on to an agreed-upon topic for all to discuss, taking turns "going around." Attendees offer their thoughts and ideas to one another, sparking interesting discussions. Besides talking, we listen, learn, and share our individual stories. In the process, we bond with each other and have fun. Your views are welcome during this informal time together. There's much to talk about. Let's be together to share good company and conversation. Do try to attend. You can meet onsite in the Office Conference Room or join the discussion from your home on Zoom. Visit [HERE](#) for details. Questions? Please contact Elaine Corrao (ecorrao@uucsr.org or 516.472.2933).

Third Tuesdays | 10:30 AM | Via Zoom

Living with Cancer, led by Caron Hunter

People living with the challenges of a cancer diagnosis may join a safe, confidential group where members may share their experiences with others who understand the intricacies. In this supportive environment, we lift each other up, learn tools for coping with stress, meditate together, and open a prayerful spirit within ourselves to encourage healing. Please email info@turninginwardwithcaron.com for information on joining the group. Sponsored by the Caring Committee. No charge.

Wednesdays | 2:00 PM | via Zoom

Wednesday Conversations

Seeking an opportunity for spiritual deepening in a supportive setting? You are invited to Wednesday Conversations where we explore a poem or reading for reflection, sharing, and listening. This month's theme is *Paying Attention*. To join, click [HERE](#). Questions? Please contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960).

Second Wednesdays | 11:00 AM–12:30 PM

Hadley House Community Room

Small Group Ministry led by Deborah Siegel and Lilyan Strassman

Learn more and register [HERE](#). Contact Jamie Walowitz (jwalowitz@uucsr.org or 516.472.2943) with any questions.

ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See uucsr.org/calendar for specific hours.

Thursdays | 1:00–4:00 PM, or until “Game Over” | Art Gallery Bridge, Canasta, Games & Fun

UUCSR is the place to be for an afternoon of fun and games on Thursdays. Not only Bridge and Canasta. We provide the games Mah Jong, Scrabble, Rummikub, Dominos, etc., and invite you to come for a social afternoon. Players of all levels are welcome. Bring your friends who enjoy playing. You'll make new friends, too. All are welcome. Questions? Please contact Elaine Corrao (ecorrao@uucsr.org or 516.472.2933), Carla Drezner (stargatecd@aol.com) or Sandra Hazel Frank (sanwin@optonline.net).

Thursdays | 6:15 PM | Veatch Ballroom Zazen Meditation—Inisfada Long Island Zen

Come join Long Island Inisfada Zen on a weekly journey to the most sacred place in the Universe—YOURSELF. Learn how to watch your mind and feel this joyful flow of emptiness while calming your thoughts. Zen Meditation is a Practice of Buddhism where you follow your breath in silence to acknowledge your thoughts and become one with the present moment. ALL ARE WELCOME. Beginner instructions can be provided. Please come and begin to learn your mind and take the new YOU into your everyday life Register [HERE](#) to attend. Contact Leslie Entin (917.822.0880), or Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943), if you have any questions.

Fridays | 10:45–11:45 AM | Online (ZOOM) or In-Person; *in-person classes, when held, will be at Hadley House, with advance notice (contact Ashley for details and in-person class schedule)*

Medical Qigong for Senior Health—Spring 2026 led by Ashley Baldwin
March 13, 27; April 3, 10, 17, 24; May 1 (No class on Friday, March 20)
Members: \$12 per-class, drop-in price; Non-members: \$16 per-class, drop-in price. All are welcome to join instructor Ashley Baldwin for this Medical Qigong for Senior Health community class at Hadley House! Cultivate your center, improve balance and alignment, and build confidence in your body. Classes include gentle movement and breathing exercises, which may be done standing or sitting, and are designed to help maintain quality of life as you age. Learn more and find registration information [HERE](#). Questions? Contact Jamie Walowitz (jwalowitz@uucsr.org, 516.472.2943).

Fridays via Zoom | 12:00 PM

Great Books

All are welcome to join us as we read and discuss books together, building both our knowledge and sense of community. The Great Books group provides a fun, learning experience combined with good conversation and critical thinking. Click [HERE](#) to register! Please contact Jamie Walowitz with questions (jwalowitz@uucsr.org or 516.472.2943).

23rd of Every Month via Zoom | 6:30–7:00 PM

Online Vigil to End Solitary Confinement

All are welcome to join the Social Justice Committee of UUCSR for the online vigil on the 23rd of every month to end Solitary Confinement. Gather to remember those in our prisons and jails condemned to the torture of solitary confinement, 23 hours a day in a small cell without meaningful human contact for days, weeks, months, years, even decades. To be included on the Emailing List, please write to Social Justice Coordinator Sonia Arora at sarora@uucsr.org. Join Zoom [HERE](#).

Third Fridays | 3:30 PM

Women's Group Online Book Series Discussion

March 20: *Dream State*, by Eric Puchner, discussion led by Maria Ceraulo. Visit [HERE](#) for details or contact Elaine Corrao to learn more (ecorrao@uucsr.org or 516.472.2933).

Third Fridays | 7:00 PM and Fourth Fridays | 7:00 PM

Women's Group Online Film Discussion

March 20: *Train Dreams*

March 27: *Frankenstein*

Visit [HERE](#) for details or contact Elaine Corrao to learn more (ecorrao@uucsr.org or 516.472.2933).

Saturdays | 9:30 AM | Art Gallery going forward (Sometimes in Veatch Ballroom or Social Hall)

Yoga For All Levels, led by Mia

An opportunity for spiritual growth and centeredness \$15 per class. For more information and to register, click [HERE](#).

Fourth Saturdays Monthly | 11:00 AM | Art Gallery

April 25, May 23

Exploring Earth-Based Spirituality Multiplatform Gathering

This group, led by UUCSR ministers, shares the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. All interested are welcome. Please bring some food to share at each event, or a nosh. We will meet and then break for lunch from 12:30–1:00 PM. We hope you can join with us to explore various paths to spirituality. If you can't meet in person, you are welcome to join online. After registering [HERE](#), you will receive the Zoom link. Any questions, contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960).

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd, Manhasset, NY 11030 | 516.627.6560 | uucsr.org | info@uucsr.org

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)

Associate Minister for Congregational Life

Rev. David Carl Olson (dcolson@uucsr.org)

Associate Minister

Rev. Meagan Henry (mhenry@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Executive Director, Veatch Program

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Youth and Adult Faith Engagement Coordinator

Jamie Walowitz (jwalowitz@uucsr.org)

Social Justice Coordinator

Sonia Arora (sarora@uucsr.org)

Officers of the Congregation

President: Aimee Vella Ripley

Vice President: Paul Carbone

Secretary: Claudia Barbey

Treasurer: Moin Haque

Members of the Board of Trustees

Carole Alexander Dana Gumb

Arnold Babel Larry Hass

Riki Birk

March 11, 2026

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, March 25, 2026 | Deadline for Content: Tuesday, March 17, 2026

SPONSORED BY UUCSR MEMBER EVENTS COMMITTEE

SHELTER ROCK'S PASSOVER SEDER

Annual UU Intergenerational Seder at Shelter Rock
Thursday, April 2 | 5:00 PM | Social Hall

You and your family and friends are cordially invited to the Annual Unitarian Universalist Intergenerational Seder at Shelter Rock. Traditional UUCSR Seder meal will be served, and we will follow along with our UUCSR Haggadah and songs.

Members: \$32 | Non-Members: \$37

Children (12 and under): \$15

Register [HERE](#). Registration closes 5:00 PM, Thursday, March 26

Questions? Please contact Elaine Corrao (516.472.2933, ecorrao@uucsr.org).

UUCSR's Social Justice Committee Presents Youth Eco Summit



Saturday, April 18 | 9:30 AM–2:45 PM | RE Wing, Grounds, Social Hall

The Social Justice Committee of the Unitarian Universalist Congregation at Shelter Rock, invites all youth (grades 9–12) to participate in the First Youth Eco Summit (YES) at UUCSR! Mark your calendars to enjoy workshops focusing on Forestry, Pollinator Gardens, and enjoy a scrumptious and sustainable lunch.

We offer community service credits, if you are eligible

Save your spot! Register [HERE](#) now.

Questions: Contact Social Justice Coordinator, Sonia Arora (sarora@uucsr.org, 516.472.2977)

Quest is published twice a month, except once in July and August. Copies are available in the UUCSR Lobbies, <https://uucsr.org/quest-newsletter>, and via email at <https://uucsr.org/on-demand>. *Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *Quest* is produced by staff member Linda McCarthy, with the invaluable assistance of member volunteer Jessica K. Vega. **Submissions:** communications@uucsr.org. *Quest* may include content that does not necessarily reflect official policy.