



# The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.*

—UUCSR Vision Statement

**Spirituality, Community, and Being of Service**

—from the UUCSR Strategic Plan



May 21, 2026

**Monthly Theme:  
AWAKENING  
CURIOSITY**

## WORSHIP SERVICES

**SUNDAY, MAY 24, 2026, 11:00 AM**

Rev. Valerie Freseman



Memorial Day  
Worship Service

**Garden of the Mind** Rev. Valerie Freseman has served Unitarian Universalist congregations in Ohio, New Jersey and New York, recently completing an eight-year ministry with the Unitarian Universalists of Southold. She earned her Master of Divinity at Union Theological Seminary after a career in the non-profit world, and has long explored

earth-centered spirituality.

**SUNDAY, MAY 31, 2026, 11:00 AM**

Rev. David Carl Olson



Pride Sunday

**Pride Service** With special musical guests the Lavender Light Gospel Choir. On the eve of Pride Month, our congregation celebrates the contributions that all kinds of people—gay, lesbian, bisexual people and their allies—are making to our Beloved Community. We seek ways to include people from across the gender spectrum in our

commemoration of Pride. Please wear rainbow colors and join us in our dreams of full inclusion.

UUCSR Worship Services are usually both onsite and online on [uucsr.org/worship](https://uucsr.org/worship), [Facebook](#), and [YouTube](#). Available thereafter on the same platforms. Onsite, mask wearing is optional.

## TOUCHSTONES

Rev. Meagan Henry



Last week, my husband and I went to hear a friend give a talk about art in the New York City subway system. She called it “the most under-appreciated art museum in the city.” As she led us through photographs of mosaics, murals, poetry, and sculptures tucked into stations across the five boroughs, I wondered: how many times have I rushed past all of this without truly seeing it?

She told us about the history behind it all; how art was intentionally placed in these underground spaces so that people of every background, every income level, every walk of life, could encounter beauty simply by going about their day. No ticket required. No special trip needed. Just a willingness to look up.

Her talk stayed with me. It reminded me of a concept I’ve been sitting with lately: *glimmers*.

You may have heard of triggers, those moments that send a sudden wave of stress or anxiety through our nervous system. Glimmers are their opposite. They are tiny moments of beauty or wonder that spark joy and evoke a deep sense of inner calm. A slant of morning light. A stranger’s unexpected kindness. The sound of rain on leaves. The perfect line in a poem. These micro-moments shift our mood, settle our nervous system, and send a quiet signal to our bodies: *it is safe here. There is goodness here.*

Glimmers allow us to feel hope. And in a world that can feel relentlessly heavy, that is no small thing.

I wonder if we might practice affirming the beauty woven into every day. Not as a way of bypassing difficulty or pretending struggle doesn’t exist, but as a spiritual discipline of presence. Of paying attention. This is also, I think, what it means to awaken curiosity—to move through the world asking not just *what is happening but what is beautiful here, what is worth noticing, what have I been too busy to see?* Of saying, with our full selves: *this matters. This is enough. This is holy.*

My friend’s lecture reminded me that beauty is rarely where we

*continued on page 2*

## MILESTONES

### Rev. Dr. Natalie M. Fenimore—Memorial/Celebration of Life...

It is with profound sadness that we write to you to inform you of the passing of our beloved Reverend Dr. Natalie M. Fenimore on Wednesday, April 15. A Celebration of Life will be held on Saturday, May 30, at 1:00 PM, in the Worship Room followed by a reception in the Social Hall. (Please see page 6 for more information.) You are invited to wear yellow in honor of Natalie, to celebrate her favorite color. Condolences can be sent to:

*Chuck Fenimore  
c/o UUCSR  
48 Shelter Rock Road  
Manhasset, NY 11030*

**Jean Lucarelli—Memorial/Celebration of Life...** We share with you the very sad news that longtime member and former religious education teacher, Jean Lucarelli, passed away on Wednesday, May 13, at the age of 91. She died peacefully in her sleep in a nursing home in Fairport, NY. Jean came to New York from her home in South London when she was 21. She initially worked as an au pair. Over the years, she went on to work for CLASP and the Open Door Program, both based in Great Neck. Jean is survived by her son, Nicholas, and two grandsons, Tyler and Anthony. Jean is predeceased by her beloved husband, Jerome, who died in 2019. A Visitation and a Celebration of Life/Memorial has been scheduled for Friday, June 5 at UUCSR and a Committal Service at the Nassau Knolls Cemetery at 500 Port Washinton Blvd., Port Washington, NY 11050. The Committal Service will be followed by a Luncheon at UUCSR. The schedule is as follows:

Visitation with the family in the Art Gallery from 10:30 AM to 11:30 AM—there will be an open casket in the Worship Room.

Celebration of Life / Memorial – 11:45 AM–12:45 PM  
Committal Service at the gravesite – 1:00–1:30 PM  
Reception Lunch at UUCSR – 2:00 PM

Condolences can be sent to her grandsons  
*Tyler and Anthony Lucarelli  
134 Washington Street  
Palmyra, NY 14522*

## BAGELS & BELIEFS

### Sundays | 9:00–10:30 AM | Social Hall

Every Sunday, you can stop by the Social Hall for a bagel breakfast for just \$1! Proceeds go to benefit The Questing Year RE class Secret Social Action Project! Coffee and tea are FREE. While enjoying your bagel, we invite you to consider the question of the month and add your response to the interactive conversation board. We look forward to connecting with you!

## TOUCHSTONES continued from page 1

expect it. It lives underground, in subway tunnels. It lives in the ordinary, a friend's laugh, a garden coming back to life, a piece of music that catches you off guard. We don't have to seek it in grand or exceptional places. We only have to slow down enough to notice.

I invite you to practice glimmer-hunting. Keep a small list in a notebook, on your phone, in your memory. At the end of each day, ask yourself: *What was my glimmer today?*

You might be surprised how many there were.

Rev. Meagan Henry

## LGBTQ+ SUB-COMMITTEE OF SOCIAL JUSTICE COMMITTEE Charlene Greenberg, Chair

Dear LGBTQ+ Friends, we welcome you to join us at any of our meetings on Tuesday nights via Zoom. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM.

Join Zoom Meeting [HERE](#)  
Meeting ID: 883 3817 4041, Passcode: 557032

DATE	LED BY	TOPIC
5/26/2026	Meg Cohen	Have you noticed resilience in the people around you? Are you resilient? Is there any time in your life that you've needed to be resilient?

## SUNDAY CAFÉ

### Social Hall | Following Sunday Morning Worship Service

ADULTS \$10:

New menu each week, includes tossed salad and dessert  
Vegetarian and vegan options are always available

CHILDREN ONLY \$5 kids' meal:

chicken fingers, mac and cheese, fruit platter  
All meals include lemonade, unsweetened iced tea, dessert

**Please note: Sunday, May 24 the UUCSR building will close at 1:00 PM, directly after Sunday Café.**

## PHOTOS FOR NATALIE

**Photos for Rev. Dr. Natalie M. Fenimore's Memorial/Celebration of Life Needed by Tuesday, May 26**

Please email any photos you may have of Rev. Dr. Natalie M. Fenimore, Shelter Rock's former Lead Minister and Minister of Lifespan Religious Education, to Sharyn Esposito at [sesposito@uucsr.org](mailto:sesposito@uucsr.org), no later than Tuesday, May 26.



Photos of you with Natalie, of your loved ones with Natalie, and of Natalie alone will become part of a slideshow in blessed memory of Natalie that will be shown during the Celebration of Life on Saturday, May 30. They can be serious, fun, silly, or whatever you have.

If you have any questions, please contact Sharyn at [sesposito@uucsr.org](mailto:sesposito@uucsr.org) or at 516.472.2960.

## ART COMMITTEE Paul Kopelow, Chair

*Alan Richards "The Way I See It..."*

**Exhibit on display:  
Through Monday, May 25  
UUCSR Art Gallery  
All are welcome!**



**Debra Hill**



**John Bell**



**Andrea Fortunoff**



***Pulse, Flow and Form, A Multimedia Exhibition by:  
Debra Hill, John Bell, and Andrea Fortunoff  
With a presentation by Kotchegna Dance Company: Performance Traditions of Ivory Coast***

**Artist Reception:  
Sunday, May 31  
1:00–3:00 PM**

**Exhibit on display:  
Saturday, May 30–Monday, July 6  
UUCSR Art Gallery**

All are welcome!

Kotchegna Dance Company, founded by Artistic Director Vado Diomande, will present selections of Ivorian dance and drum in a high energy interactive performance.

## ADAM BARSHAK

**Congregation Operations Administrator**

### Help Improve the Experience of UUCSR Activities

From Worship to committee meetings, concerts, and social justice initiatives, activities are central to the Congregation. Each activity includes a range of coordinated processes and systems that support the experience of those who attend, volunteer, and staff our activities.

With the best of intentions and a great deal of care, most gatherings go very well. Occasionally, however, some take more effort than expected or do not fully land as intended. In the years following COVID, particularly with the growth of hybrid and fully remote gatherings, the mechanics supporting our activities have become more complex. As a result, it is appropriate to step back and take a thoughtful look at how these systems are working.

Earlier this year, the Congregation partnered with an independent consultant to review these operational mechanics and how they intersect with the lived experience of congregational activities. This work is not about deciding which activities are offered, nor is it part of Congregational strategic planning. Instead, it focuses on how existing activities are supported and experienced after an event has been approved to move forward.

To date, more than 50 staff members, committee chairs, and frequent event organizers have shared behind the scenes insights about what works well and where friction or inefficiencies sometimes arise.

Now we are seeking input from the broader congregation.

We invite you to complete a short survey focused on your experience participating in UUCSR activities, such as clarity of communication, ease of registration or attendance, and your overall experience as an attendee. Whether you participate often or occasionally, your feedback will help inform practical recommendations to strengthen these processes and improve the experience for everyone involved.

**Please complete the survey by June 3**, so the consultant's final recommendations can be presented to the Board of Trustees at their June meeting. Your timely participation will help ensure the Board receives a well rounded and representative understanding of congregational experiences.

[Click HERE to take the survey](#) or access the survey by using the QR code below.



## DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

### DAC in Action!

The Denominational Affairs Committee, which supervises the Partner Church Program, successfully sponsored its first Partner Church Tag Sale on Sunday, May 16. Over \$550 was raised that will support the Unitarian Church in Csikszereda, UUCSR's Partner Church in Romania. But wait—due to overwhelming demand, there will be a **Partner Church Tag Sale 2 on Sunday, May 24**, before and after Service. Don't miss out on this second opportunity to buy that perfect gift item for yourself or someone special while also supporting Partner Church.

Plans continue to develop for a journey to Shelter Rock's Partner Church. Rev. Meagan Henry has been extremely helpful sharing her knowledge and experience having led similar groups in the past. The trip is tentatively set for April 22–May 1, 2027. If you are interested in making the journey and joining the group planning this event, please contact Barry Nobel at [barry@nobel.org](mailto:barry@nobel.org).

DAC is forever grateful to Jessica Vega, Amalia DeePalino, and Diane Curry for their efforts in reorganizing the George Kesner Memorial Book Exchange, which is located in the rear of the Social Hall. Thanks also to Jessica and the congregation's promotional staff for the two new signs mounted on the bookcases to inform everyone of the mission of the Book Exchange as an ongoing fundraiser for the Unitarian Church in Csikszereda. Payment for books may be made in cash in the mounted money box or via the QR code, which appears on the sign closest to the Social Hall entrance (see photo below). Also needed are book donations. Please leave your books in boxes near the bookcases.

Additionally, DAC, in its General Assembly (GA) leadership role, is continuing to develop plans to host a special, all-day Virtual GA event on Saturday, June 20. Watch for more information about this event in future editions of *Quest*. UUCSR has four approved GA delegates who will be participating in 2026 Virtual GA. They are: Richard Bock, Barry Nobel, Rick Schwartz, and Cathi Zillmann.

Finally, while this congregational year is coming to an end, DAC invites Shelter Rock members to consider joining DAC as we look forward to 2026–2027. For more information, please contact Richard Bock at [rbock11732@gmail.com](mailto:rbock11732@gmail.com), or Cathi Zillmann at [cathizillmann@gmail.com](mailto:cathizillmann@gmail.com).



## BOARD OF TRUSTEES

### BOARD OF TRUSTEES AGENDAS

*Tuesday, May 19, 2026*

- 7:00 PM I. Opening Words  
7:05 PM II. April 2026 Minutes  
7:10 PM III. President's Message  
7:15 PM IV. Crisis Grants
  - Mental Health Crisis Grants Recommendation7:35 PM V. Bylaws Committee
  - Amendments to Articles VI (Nominations)
  - Amendment to Article VIII to extend Terms of Committee Chairs/Members, where specifically designated, through June 30, 2028 & Amendment to Committee Charges to extend Terms of Chairs/Members where Bylaws defer to the Board's authority to set length of terms7:50 PM VI. Review of April Personnel & Finance Committee Recommendations
  - Updated CY27 Ops/Funding & Program Budgets Recommendation -Reallocation of Rev. Fenimore Compensation8:10 PM VII. Interim Minister Search Committee Update  
8:30 PM VIII. President's & Administration Reports
  - CY27 Board Calendar
  - Bylaws Hearing Date-May 27, 2026
  - Budget Hearing Dates-Thursdays, May 28 and Tuesday, June 2
  - Congregational Meetings
    - o May Meeting Recap
    - o June Congregational Meeting Agenda
  - Hadley House LLC Board of Managers Update
  - Building Use Leadership Team and Land Management Leadership Team Updates
  - May Events Review9:00 PM IX. Good of the Order

*Thursday, May 21, 2026*

- 7:00 PM I. Opening Words  
7:05 PM II. Motions to Approve Items from May 19 Agenda
  - Mental Health Grantee
  - Bylaws Amendments
  - CY27 Personnel Committee Recommendations
  - CY27 Budgets
  - CY27 Calendar7:20 PM III. CY26 Q3 Financial Reports  
7:40 PM IV. Congregational Discussions
  - CY27 Membership Renewal Campaign
  - General Assembly Delegates
  - Congregational Safety
  - Ministers Reports:
  - CY27 Strategic Goals8:40 PM V. Member Resource Committee
  - CY27 Committee Chair/Member Nominations9:00 PM VI. Good of the Order

## GREEN SANCTUARY COMMITTEE

Jennifer Roth, Chair

### Mother of Thousands

In memory of Rev. Natalie Fenimore, you are welcome to a seedling from this succulent, from the Kalanchoe species of plants. I am propagating them and leaving them with Agnes P. Cwalina. Natalie was a Mother of Thousands. Place indoors on a sunny windowsill, water once a week. It is toxic if ingested; do not place near pets or children.



Submitted by Jennifer Roth

### Donate Locally, Impact Globally

DSW has a donation bin for your used shoes right here in Manhasset. They, as well as other retailers, are a community partner for Soles4Souls, a national organization devoted to the resale and reuse of shoes and clothing. They are dedicated to creating opportunity with their resale and reuse model, which ultimately creates jobs, eliminates waste, and turns excess into relief for communities in need. For more information visit [www.soles4souls.org](http://www.soles4souls.org).

Submitted by Elaine Peters

## UUCSR CHILDCARE POSITION OPENINGS

The Unitarian Universalist Congregation at Shelter Rock is seeking **2 dedicated childcare workers** to care for children aged 3 months to 4+ years.

### Schedule:

- Sundays: 9:30 AM–1:00 PM (with occasional afternoon hours)
- Occasional Fridays: 6:00–9:00 PM
- Additional days as needed

### Requirements:

- Must be 18 years of age or older
- Must be a non-member of the congregation (as defined by the conflict-of-interest policy)
- Must complete a CPR and first aid certification within 3 months of hire (cost to be reimbursed by the Congregation)

### Key Responsibilities:

- Warmly greet children and parents upon arrival
- Maintain accurate attendance records
- Engage in active floor play with children
- Lead age-appropriate crafts and games
- Provide attentive supervision and positive interaction
- Clean and sanitize toys and play areas

**Salary:** \$20/hour

**Interested?** Please contact Tammy Weil at [tweil@uucsr.org](mailto:tweil@uucsr.org).

## LAND MANAGEMENT ECOLOGIST

Agnes P. Cwalina

### Forest Stewardship

Management of a forested property varies across sites; there is rarely one framework that can be applied over numerous locations. Each forest community has distinguishing characteristics, nuances that define it, such as soil structure, topography, and native and introduced species composition. In addition, how do humans use the property in question? Management strategies based on the values, goals, and resources of the user community determine feasible stewardship strategies.

For example, the UUCSR forest is a predominantly Oak-Tulip Tree Forest with pockets of Beech-Black Birch-Black Oak Forest and Mixed Hardwood Swamp. It is a fairly flat terrain with elevation ranging between 200 to 325ft above sea level. Fauna ranges from monarch butterflies to snapping turtles to Eastern coyotes. While flora encompasses spring ephemerals of trout lilies and mayapples to a 1.25-acre bamboo grove.

Based on UUCSR's Sustainable Land Management Statement of 2023, what is the responsibility of the Congregation and staff in stewarding the land? How do we apply the forest's distinguishing characteristics into an adaptive stewardship plan that can serve our community? How do we define our relationship with this land?

Follow along in the next several *Quest* editions for news from Agnes P. Cwalina, UUCSR Land Management Ecologist, on stewarding the UUCSR forest.



Virginia bluebells, *Mertensia virginica*, blooming in the forest

## BOOKSTORE COMMITTEE

Elaine Peters, Chair

### Call For Volunteers!

The Bookstore and Gift Shop needs volunteers to join the sales staff for one Sunday a month. It is open from 12:00–1:00 PM. If you are interested, please call Elaine Corrao at 516.472.2933.



The Officers, Trustees, and Ministers  
of the Unitarian Universalist Congregation at Shelter Rock  
invite you to a

Celebration of the Life of

**Rev. Dr. Natalie M. Fenimore**

**Saturday, May 30, 2026**

**1:00 PM in the congregation's Worship Room**

The Celebration will be led by Rev. Carlton Elliott Smith of the Westport (CT) Unitarian Universalist Congregation, and Rev. Anne Bancroft of the First Parish of Weston (MA) along with Shelter Rock ministers Rev. David Carl Olson and Rev. Meagan Henry. Music will be under the direction of Stephen Michael Smith.

The Celebration of Life will be followed by a reception and an opportunity to walk on the grounds.

Unitarian Universalist Congregation at Shelter Rock  
48 Shelter Rock Road, Manhasset NY. 11030  
uucsr.org

**RSVP by Thursday, May 28**

**Please Register to Attend at [uucsr.org/Natalie](https://uucsr.org/Natalie)**

*Clergy and religious education professionals are invited to gather and robe at noon and to process with Natalie's family.*



## CARING COMMITTEE

Martha Chimienti, Chair

### Lay Pastoral Care Discernment Class

On Saturday, June 13 from 3:00–5:00 PM, Student Minister Bryan Bower will lead a Lay Pastoral Care Discernment class on behalf of the Caring Committee in the Art Gallery.

“Lay Pastoral Care” is the gap between “Parish Care,” which entails offering rides or bringing food to members in need, and the fully informed and trained care of an ordained minister or chaplain. It often amounts to sitting with someone and listening while centering on them.

This is a needful resource in congregations like my own lay-led community in Connecticut, but in a congregation as large as UUCSR’s, even our ministers might not always be enough! Having an active and caring community group could provide an important stopgap.

The first step of the training is a two-hour “Discernment Class” that helps attendees determine if this is the right path for them. Rather than taking this class online, we are offering it live and in person at UUCSR.

Those who not only complete this class, but wish to continue on, would be enrolled as a group in the official Lay Pastoral Courses offered by the UUA to complete the full training from there. There may also be a role for those who take the class, but who decide not to continue! Registration coming soon.

Submitted by Bryan Bower

## SPECIAL EVENT HIGHLIGHTS

Additional information at [uucsr.org/events](https://uucsr.org/events)  
See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

### PRIDE MONTH MOVIE SCREENING

## Disclosure

Saturday, June 27 | 12:30 pm | RE Room 4

**Disclosure: Media’s Influence on Public Perception of Transgender People | Light Lunch: 12:30 PM | Movie Screening: 1:00 PM**  
*Disclosure* (2020) is a Netflix documentary directed by Sam Feder that explores the history of transgender representation in film and television. It features trans creatives and thinkers analyzing how Hollywood depictions have influenced cultural views and trans lives, covering over 100 years of media from silent films to modern dramas.

Register at [uucsr.org/26Pride](https://uucsr.org/26Pride). All are welcome. No charge.  
Questions? Contact Sonia Arora ([sarora@uucsr.org](mailto:sarora@uucsr.org))

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See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

The Denominational Affairs Committee Presents

# Partner Church Tag Sale 2

Sunday, May 24

9:30–11:00 AM & 12:00–1:30 PM

Social Hall

Come find the perfect gift for yourself or for someone special while you benefit UUCSR’s Partner Church in Romania!

UUCSR partnered with the Unitarian Church in Csikszereda, Transylvania (Romania) in 1991, and supports them through significant financial contributions and exchange visits.

Questions? Contact

Barry Nobel (516.570.2154, [barry@nobel.org](mailto:barry@nobel.org)) or  
Sharyn Esposito (516.472.2960, [sesposito@uucsr.org](mailto:sesposito@uucsr.org))

## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

UUCSR Adult Programs Committee Presents

## Living Our UU Faith: Deep Listening, Deep Questions

led by REV. MEAGAN HENRY *Associate Minister at UUCSR*

Sundays | 1:00 PM

May 31, Veatch Library | June 21, Bride's Room

Registration Closed—Join The Waitlist For The Next Session\*

\*Please contact Jamie Walowitz, Youth and Adult Faith Engagement Coordinator: [jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943

SPONSORED BY THE UUCSR MEN'S GROUP

## END-OF-YEAR BARBECUE

Saturday, June 13, 2026 • 3–6 pm • Social Hall

Fee: \$25 for Men's Group members  
\$30 for general public  
Free for children 5–15

This will be a catered event. Registration is required.  
Register at [uucsr.org/26bbq](https://uucsr.org/26bbq)

Registration Deadline: Wednesday, June 10  
Questions? Please contact Elaine Corrao  
(516.472.2933, [ecorrao@uucsr.org](mailto:ecorrao@uucsr.org))

UUCSR Adult Programs Committee Presents

## Adult Bible Class

With Student Minister Bryan Bower

Sundays, June 14 & 21\*, 2026  
1–3 PM • Room 15

\*Due to popular demand, Student Minister Bryan Bower's Adult Bible Class on May 24 has been rescheduled for June 21. This will also allow staff more time to travel for the holiday weekend. Register at [uucsr.org/BibleClass26](https://uucsr.org/BibleClass26). Questions? Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943).

## CALLING ALL UUCSR MEMBERS

## Garden Plots Available at UUCSR Community Garden!

FIRST COME FIRST SERVED  
CONTACT BY MAY 31

UUCSR Members are able to have your own plot at the UUCSR Community Garden.

All experience levels are welcome as long as you are willing to commit time to working on their plot and learning.

Interested? Contact Anne S.  
at [uaapse@gmail.com](mailto:uaapse@gmail.com)

## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.



UUCSR Builds with Habitat for Humanity Long Island (Again)!  
Saturday, June 20  
8:45 AM–2:30 PM | Wyandanch,  
exact location TBD

The Social Justice and Religious Education Committees are excited to announce that UUCSR will be going to Wyandanch on Saturday, June 20, to build houses with Habitat for Humanity Long Island's Sponsor for a Day Program! You must be 16 years of age or older to volunteer.

Habitat for Humanity is a nonprofit organization that helps families build or improve their homes, creating opportunities for affordable homeownership and decent housing. They work in local communities and internationally, partnering with individuals and families to provide housing solutions. Habitat for Humanity's vision is a world where everyone has a decent place to live.

UUCSR is now a Habitat for Humanity Long Island Sponsor! Every year, Habitat Long Island invites companies and organizations to send groups out to their construction sites to help build affordable homes for hardworking, low-moderate income families, through their Sponsor for a Day (SFAD) program. Teams come together, raise/donate funds, and sponsor their own build day with Habitat. This is a wonderful opportunity to come together as a community for a fantastic cause!

Click [HERE](#) for more information and to register. Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org); 516.472.2943) or Sonia Arora ([sarora@uucsr.org](mailto:sarora@uucsr.org); 516.472.2977).

THE UUCSR MINISTRY TEAM PRESENTS

# PRACTICING EMPATHY

Sunday, June 21, 2026 | 1:00 PM | Veatch Library

Please join the UUCSR Respectful Relationship Team for Practicing Empathy in communication with one another. The Respectful Relationship Team operates with an understanding that our community is enhanced—and the world will be enhanced—by our compassionate communication with one another. Learn more [HERE](#).

The ministers are also ready for compassionate conversation one-to-one with all of our members. If you want to make an appointment for a one-to-one conversation, please reach out to a minister or make an appointment with the Ministers Assistant Sharon Esposito (516.472.2960 or [sesposito@uucsr.org](mailto:sesposito@uucsr.org)).

MUSIC AND PERFORMING ARTS PRESENTS

# CHAMBER MUSIC AT SHELTER ROCK:

*Featuring Nathaniel and Friends*



Saturday, June 20  
• 7 PM •  
Worship Room

Featuring the music of  
**RAVEL and HAYDN**

## FEES

**\$10/\$20 maximum for families  
18 years old and under FREE**

**Reserve tickets in advance  
to guarantee a seat.**

**Only prepaid tickets will be  
guaranteed seating.**

**TICKETS HERE**  
[uucsr.org/Ravel26](https://uucsr.org/Ravel26)

Questions? Contact

**Noah Russell** at [committeeassist@uucsr.org](mailto:committeeassist@uucsr.org)  
or **Sharyn Esposito** at [sesposito@uucsr.org](mailto:sesposito@uucsr.org)

## ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

**NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.**

### Third Sundays | 1:00–2:30 PM | Bride's Room

#### Small Group Ministry

led by Iris McKenna

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) to join this Small Group. Gather at 12:45 PM, with any lunch or coffee to finish so the meeting can begin at 1:00 PM, sharp.

### Sundays Monthly | 1:00–3:00 PM | UUCSR Veatch Terrace Room

Jun 21, July 19, August 16, September TBD, October 18, November 22, December 20

#### Silent Book Club

Enjoy reading in community! Grab your favorite book, a cozy blanket (or chair if you fancy), and don't forget some tasty snacks to share. What is Silent Book Club, you may wonder? We meet once a month, we chat for a few minutes, read for an hour, followed by more chitchat...that's it! There's no assigned reading! We bring whatever we're reading: e-books, hard copies, textbooks, comics, even audiobooks. All genres welcome! See you and your book at the next meeting! Please click [HERE](#) to sign up and we're so excited to meet you! Questions? Contact Carson Jones at 516.472.2915 or [cjones@uucsr.org](mailto:cjones@uucsr.org).

### First Mondays | 6:30–8:00 PM | Zoom

#### Small Group Ministry

led by Winterflower Robinson

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) with any questions.

### Third Mondays | 10:00 AM | Via Zoom

#### Care for the Caregiver

Caron Hunter, a holistic health care provider and interfaith minister, leads sessions for those who care for spouses, parents, family members, and friends who are navigating the physical/emotional/mental challenges that caregiving brings. It is a confidential group for those who would welcome support. Please email [info@turninginwardwithcaron.com](mailto:info@turninginwardwithcaron.com) for information on joining the group. Sponsored by the Caring Committee. No charge to participate.

#### FIRE SAFETY REMINDER

In case of a fire alarm, please remember the Three Ls:

**LOCATE** the exits

**LEAVE** the building immediately

**LISTEN** for instructions before returning to the building

### Tuesdays | 6:30 PM | Via Zoom [HERE](#)

#### Gatherings with LGBTQ+ Friends

The LGBTQ+ Sub-Committee Gatherings are not just for Queer folk—the + includes friends, allies, and parents. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM. (See page 2 for conversation leaders/topics.)

### First and Third Tuesdays Monthly

12:00–2:00 PM | Onsite Office Conference Room and Online Zoom

#### Women Talk Daytime

Facilitated by Sandra Frank, Women's Group Board Member. Our format is simple: we start with check-in and move on to an agreed-upon topic for all to discuss, taking turns "going around." Attendees offer their thoughts and ideas to one another, sparking interesting discussions. Besides talking, we listen, learn, and share our individual stories. In the process, we bond with each other and have fun. Your views are welcome during this informal time together. There's much to talk about. Let's be together to share good company and conversation. Do try to attend. You can meet onsite in the Office Conference Room or join the discussion from your home on Zoom. Visit [HERE](#) for details. Questions? Please contact Elaine Corrao ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

### Third Tuesdays | 10:30 AM | Via Zoom

#### Living with Cancer, led by Caron Hunter

People living with the challenges of a cancer diagnosis may join a safe, confidential group where members may share their experiences with others who understand the intricacies. In this supportive environment, we lift each other up, learn tools for coping with stress, meditate together, and open a prayerful spirit within ourselves to encourage healing. Please email [info@turninginwardwithcaron.com](mailto:info@turninginwardwithcaron.com) for information on joining the group. Sponsored by the Caring Committee. No charge.

### Wednesdays | 2:00 PM | via Zoom

#### Wednesday Conversations

Seeking an opportunity for spiritual deepening in a supportive setting? You are invited to Wednesday Conversations where we explore a poem or reading for reflection, sharing, and listening. This month's theme is *Awakening Curiosity*. To join, click [HERE](#). Questions? Please contact Sharyn Esposito ([sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960).

### Second Wednesdays | 11:00 AM–12:30 PM

#### Hadley House Community Room

Small Group Ministry led by Deborah Siegel and Lilyan Strassman

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) with any questions.

## ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

**NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.**

### Thursdays | 1:00–4:00 PM, or until “Game Over” | Art Gallery Bridge, Canasta, Games & Fun

UUCSR is the place to be for an afternoon of fun and games on Thursdays. Not only Bridge and Canasta. We provide the games Mah Jong, Scrabble, Rummikub, Dominos, etc., and invite you to come for a social afternoon. Players of all levels are welcome. Bring your friends who enjoy playing. You'll make new friends, too. All are welcome. Questions? Please contact Elaine Corrao ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933), Carla Drezner ([stargatecd@aol.com](mailto:stargatecd@aol.com)) or Sandra Hazel Frank ([sanwin@optonline.net](mailto:sanwin@optonline.net)).

### Thursdays | 6:15 PM | Veatch Ballroom Zazen Meditation—Inisfada Long Island Zen

Come join Long Island Inisfada Zen on a weekly journey to the most sacred place in the Universe—YOURSELF. Learn how to watch your mind and feel this joyful flow of emptiness while calming your thoughts. Zen Meditation is a Practice of Buddhism where you follow your breath in silence to acknowledge your thoughts and become one with the present moment. ALL ARE WELCOME. Beginner instructions can be provided. Please come and begin to learn your mind and take the new YOU into your everyday life Register [HERE](#) to attend. Contact Leslie Entin (917.822.0880), or Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943), if you have any questions.

### Fridays | 10:45–11:45 AM | In-Person in Lounge at Hadley House or on ZOOM

#### Medical Qigong for Senior Health—Spring/Summer 2026 led by Ashley Baldwin

**Fridays: May 22, 29; June 5, 12, 26; July 3 (8 Classes, No Class on Friday, June 19)**

Contribution: \$112/8-class package; \$16 drop-in price. All are welcome to join us for this Medical Qigong for Senior Health community class in the Lounge at Hadley House or via ZOOM! Cultivate your center, improve balance and alignment, and build confidence in your body. Classes include gentle movement and breathing exercises, which may be done standing or sitting, and are designed to help maintain quality of life as you age. Learn more and find registration information [HERE](#). Questions? Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943).

### Fridays via Zoom | 12:00 PM

#### Great Books

All are welcome to join us as we read and discuss books together, building both our knowledge and sense of community. The Great Books group provides a fun, learning experience combined with good conversation and critical thinking. Click [HERE](#) to register! Please contact Jamie Walowitz with questions ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943).

### 23rd of Every Month via Zoom | 6:30–7:00 PM Online Vigil to End Solitary Confinement

All are welcome to join the Social Justice Committee of UUCSR for the online vigil on the 23rd of every month to end Solitary Confinement. Gather to remember those in our prisons and jails condemned to the torture of solitary confinement, 23 hours a day in a small cell without meaningful human contact for days, weeks, months, years, even decades. To be included on the Emailing List, please write to Social Justice Coordinator Sonia Arora at [sarora@uucsr.org](mailto:sarora@uucsr.org). Join Zoom [HERE](#).

### Third Fridays | 3:30 PM

#### Women's Group Online Book Series Discussion

**June 19:** *The Berry Pickers*, by Amanda Peters, discussion led by Lee Geisen. In July 1962, following in the tradition of Indigenous workers from Nova Scotia, a Mi'kmaq family arrives in Maine to pick blueberries for the summer. Weeks later, four-year-old Ruthie vanishes, last seen by her six-year-old brother, Joe, sitting on a favorite rock at the edge of a berry field. The book is an unforgettable exploration of grief, love, and kin. Visit [HERE](#) for details or contact Elaine Corrao to learn more ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

### Third Fridays | 7:00 PM and Fourth Fridays | 7:00 PM Women's Group Online Film Discussion

**May 22:** *Wake Up Dead Man: A Knives Out Mystery*. A twisted whodunit led by a most intriguing cast, *Wake up Dead Man* jolts the *Knives Out* franchise and delivers its best mystery yet, giving Benoit Blanc a worthy mystery with its genuinely soulful fixation on faith and a scene-stealing Josh O'Connor performance. Visit [HERE](#) for details or contact Elaine Corrao to learn more ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

### Saturdays | 9:30 AM | Art Gallery going forward (Sometimes in Veatch Ballroom or Social Hall)

#### Yoga For All Levels, led by Mia

An opportunity for spiritual growth and centeredness \$15 per class. For more information and to register, click [HERE](#).

### Fourth Saturdays Monthly | 11:00 AM | Art Gallery May 23

#### Exploring Earth-Based Spirituality Multiplatform Gathering

This group, led by UUCSR ministers, shares the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. All interested are welcome. Please bring some food to share at each event, or a nosh. We will meet and then break for lunch from 12:30–1:00 PM. We hope you can join with us to explore various paths to spirituality. If you can't meet in person, you are welcome to join online. After registering [HERE](#), you will receive the Zoom link. Any questions, contact Sharyn Esposito ([sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960).

# UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd, Manhasset, NY 11030 | 516.627.6560 | [uucsr.org](http://uucsr.org) | [info@uucsr.org](mailto:info@uucsr.org)

## Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore, *of blessed memory*

## Associate Minister for Congregational Life

Rev. David Carl Olson ([dcolson@uucsr.org](mailto:dcolson@uucsr.org))

## Associate Minister

Rev. Meagan Henry ([mhenry@uucsr.org](mailto:mhenry@uucsr.org))

## Congregation Operations Administrator

Adam Barshak ([abarshak@uucsr.org](mailto:abarshak@uucsr.org))

## Executive Director, Veatch Program

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## Music Director

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Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org))

## Social Justice Coordinator

Sonia Arora ([sarora@uucsr.org](mailto:sarora@uucsr.org))

## Officers of the Congregation

**President:** Aimee Vella Ripley

**Vice President:** Paul Carbone

**Secretary:** Claudia Barbey

**Treasurer:** Moin Haque

## Members of the Board of Trustees

Carole Alexander Dana Gumb

Arnold Babel Larry Hass

Riki Birk

May 21, 2026

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**Next Quest: Wednesday, June 3 | Deadline for Content: Tuesday, May 26, 2026**



## Long Island Botanical Society Meeting + Talk

Thursday June 11 | Social Hall | 7 PM

Join the Long Island Botanical Society for a meeting followed by a talk from botanist Dr. Andy Greller, Vice President of the LI Botanical Society, twice past President of the Torrey Botanical Society, and Professor of Biology Emeritus at Queens College. Andy will present on the "Spring Flora of the Oak Forests on the Manetto Hills" of Plainview, Nassau County. Andy will present on the "Spring Flora of the Oak Forests on the Manetto Hills" of Plainview, Nassau County. Open to all.

Registration Requested: [uucsr.org/LIBS26](http://uucsr.org/LIBS26)

Questions? Contact Agnes P. Cwalina ([acwalina@uucsr.org](mailto:acwalina@uucsr.org))



## ANNUAL SUMMER CONCERT 2026

The Orchestra at Shelter Rock  
Stephen Michael Smith, Music Director

### ANTON BRUCKNER

Symphony No. 7 in E Major, WAB 107

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**SATURDAY, AUGUST 1 | 7 PM | SHELTER ROCK**

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**\$10 | \$20 MAXIMUM FOR FAMILIES | UNDER 18 FREE**

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Free Professional Child Care and Parking Provided.

**TICKETS HERE**  
[uucsr.org/26Summer](http://uucsr.org/26Summer)

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Questions? Contact Noah Russell ([committeeassist@uucsr.org](mailto:committeeassist@uucsr.org))  
Free Professional Child Care and Parking Provided.

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