



# The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.*

—UUCSR Vision Statement

**Spirituality, Community, and Being of Service**

—from the UUCSR Strategic Plan



January 29, 2026

**Monthly Theme:**  
**PRACTICING  
RESISTANCE**

## WORSHIP SERVICES

**SUNDAY, FEBRUARY 1, 2026, 11:00 AM**

Rev. Meagan Henry

***Rooted Together: Building Resilience in Community*** Let us explore how our connections with one another become sources of strength in difficult times. Through music, reflection, and sharing, we'll discover that resilience isn't about facing challenges alone; it's about the web of care we create together. Come be reminded that you are held, you are seen, and you belong.

**SUNDAY, FEBRUARY 8, 2026, 11:00 AM**

Rev. Dr. Natalie Fenimore

***My Heart Is Moved by All I Cannot Save*** As we consider the ways in which we embody resilience, let's reflect on the poem by Adrienne Rich: "My heart is moved by all I cannot save: So much has been destroyed. I have cast my lot with those who age after age, perversely, with no extraordinary power, reconstitute the world."

How is our heart moved by what we cannot save? What is it that we can save? In the face of all the troubles before us, how do we continue to be resilient and to reconstitute the world?

**New Member Recognition Sunday**—In this Service, we will recognize those who have recently joined our community.

**FRIDAY, FEBRUARY 13, 2026, 7:30 PM**

Student Minister Bryan Bower

***Soulful Sundown*** Soulful Sundown features an evening of poetry and reflection, led by student minister Bryan Bower with live music from The Cosmic Orchestra, ONSITE and ONLINE. Guest artist Jesse Terry joins for an ONSITE-ONLY coffee house/concert afterward. All are welcome. Never a charge! Where music resides at the heart of religious experience.

At 6:30 PM, all are welcome to a simple supper prior to Soulful Sundown. A voluntary donation of \$5 covers soup, salad, artisanal bread, cookies, and beverages. Food service ends 7:15 PM.

## TOUCHSTONES

Rev. Dr. Natalie Fenimore, Rev. David Carl Olson, and  
Rev. Meagan Henry



*My heart is moved by all I cannot save: So much has been destroyed. I have cast my lot with those who, age after age, perversely, with no extraordinary power, reconstitute the world.*

—Adrienne Rich

These are times of chaos and deep sadness. These are times of chaos and uncertainty. As we watch the news from Minneapolis, our hearts are broken. Renee Nicole Good and Alex Pretti have been killed, and others wounded, many arrested by armed and masked government agents from the Immigration and Customs Enforcement Agency (ICE). Members of the US Military are on standby for deployment to Minneapolis. We pray for no more escalation. We pray for no more bloodshed.

US citizens in Minneapolis are carrying their passports. Schools are closed. There are neighborhood patrols to watch for agents who might randomly take people off the street. Immigrant communities, Black and Brown people feel targeted. Armed ICE agents are on the streets in a time of rising tensions and an "us" versus "them" atmosphere. We pray that this kind of fear doesn't continue to spread to additional parts of the country.

This week faith leaders and clergy have been called to come to Minneapolis to witness, show solidarity and to emphasize nonviolent action. This is being organized by the group MARCH (Multifaith, Antiracism, Change and Healing) and supported by the Unitarian Universalist Association and the Unitarian Universalist Ministers Association. For many, this brings memories of the call for support from religious leaders made by Rev. Dr. Martin Luther King in 1965 when a majority of Unitarian Universalists ministers went to Selma to support the Civil Rights struggle. As this is being written, UUCSR minister Rev. David Carl Olson and UUCSR Board of Trustees Vice President, Paul Carbone, are planning to arrive in Minneapolis to support this effort.

*continued on page 2*

## MILESTONES

**We hold in our hearts...** Rob and Leyla Hoell as they mourn the death of Rob's mom, Jacqueline Hoell. Jacqueline died peacefully Saturday, January 24, in hospice, surrounded by the love of her husband, Steven Hoell, her children, Rob (Leyla), Steven (Sue), Jackie, and Jimmy, as well as her five grandchildren, Dylan, Sarah, Michael, Emma, and Abigail. A private memorial will be held at a later date. Expressions of sympathy can be sent to:

*The Hoell Family  
16 Club Road  
Sea Cliff, NY 11579*

**We mourn with...** Carole Alexander and her family on the unexpected death of her son, Dr. Daniel Peter Alexander, who died Sunday, January 25, at the age of 55 in Dothan, Alabama. Daniel is survived by his mom, Carole, his sister Jen Alexander, and his wife, Dr. Andrea Alexander, and their five children, Nico, Hayes, Ellie, Drew, and Katie. Memorial details will be shared when available. Carole asks that condolences be emailed to her at:

[carole.alexander43@gmail.com](mailto:carole.alexander43@gmail.com)

In lieu of flowers, the family asks that contributions be made in his name to:

*NAMI Queens/Nassau, (National Alliance on Mental Illness) at  
[namiqn.org](http://namiqn.org).*

## CARING COMMITTEE

Martha Chimienti, Chair

**Seasonal Birthdays Celebration**  
**Sunday, February 8, 2026**  
**12:00–1:00 PM | Social Hall**



The Caring Committee will celebrate seasonal birthdays with cake and fruit to celebrate all of those among us born in December, January, and February. Stop by the Social Hall after Service for a sweet treat. All are welcome.

## SUNDAY CAFÉ

**Social Hall | Following Sunday Morning Worship Service**

**ADULTS \$10:**

New menu each week, includes tossed salad and dessert  
Vegetarian and vegan options are always available

**CHILDREN ONLY \$5 kids' meal:**

chicken fingers, mac and cheese, fruit platter

All meals include lemonade, unsweetened iced tea, dessert

## TOUCHSTONES

continued from page 1

*Somewhere we must come to see that human progress never rolls in on the wheels of inevitability. It comes through the tireless efforts and the persistent work of dedicated individuals who are willing to be co-workers with God.*

*From Remaining Awake Through a Great Revolution  
by Rev. Dr. Martin Luther King Jr. Delivered at the National  
Cathedral, Washington, DC, March 31, 1968*

And as always, we are concerned about how this is impacting you and this community. As with the days after 9/11, we encourage you to care for yourself. Seek a variety of trusted news sources. Step away from constant viewing of traumatic events. Avoid isolation. Stay involved but know your capacity. Care for your heart and spirit.

There is a scheduled UUCSR Community Conversation, "Reclaiming Compassion and Hope," scheduled for Sunday, February 22, after the Worship Service. It is important that the community continue to come together and determine how we can support one another in these challenging times—and to plan for our future course. Please plan to attend.

May peace and justice prevail.

Rev. Dr. Natalie Fenimore  
Rev. David Carl Olson  
Rev. Meagan Henry

## DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

### Denominational Affairs Committee

DAC is pleased to announce that the UUA has confirmed that Shelter Rock is entitled to eleven (11) delegates to the 2026 Virtual General Assembly scheduled for June 2026. Members are encouraged to become delegates by completing the application that is part of the 2026 GA Guidelines packet that may be found on the Welcome Desk in the Main Lobby. Completed applications should be placed in the GA Delegates collection box on the Welcome Desk.

Deadline to submit applications is Sunday, February 1, 2026.  
Questions? Please contact DAC Chair Richard Bock at  
[rbock11732@gmail.com](mailto:rbock11732@gmail.com).



## BYLAWS COMMITTEE

Klaus Masuch, Chair

### Updated Bylaws

At the January 11, 2026, Congregational Meeting the congregation approved an amendment to the Veatch Resolution. Please click [HERE](#) to access the current Bylaws with the updated Veatch Resolution.

### The Veatch Annual Meeting has been rescheduled to Zoom:

**Monday, February 9, 2026  
7:00–8:00 PM**

Email [eileen@veatch.org](mailto:eileen@veatch.org) if you have any questions.

## KATERINA DEMBRIS

Director of Operations

### Inclement Weather

As winter continues and weather conditions become increasingly unpredictable, we would like to share information regarding our procedures to ensure the safety of our congregation. Our intention is always to keep the building open—especially on Sundays—as we recognize the importance of gathering as a community.

All weather events are taken seriously, with the safety of our congregation as our highest priority. Our team is equipped with on-site tools for snow removal. Decisions regarding delayed openings or facility closures are made collaboratively by the Congregation Operations Administration (COA), the President, Ministers, and the Director of Operations (DOO).

**Moving forward on weather-related events, there will be enhanced communication to the congregation on the status of the property:**

- Notifications of the membership will occur through a variety of text, phone, and email communications. **Please ensure your information is updated in our Member Directory.**
- The main number will be updated with a message on property status.

### Safety Reminder:

Please note that our driveway can be challenging during snow events. If your vehicle is not equipped with an all-wheel drive, shifting into a lower gear may provide the additional traction needed to navigate the driveway safely.

Thank you for your understanding and cooperation as we work together to maintain a safe and welcoming environment for all.

## UUCSR CHILDCARE POSITION OPENINGS

The Unitarian Universalist Congregation at Shelter Rock is seeking **2 dedicated childcare workers** to care for children aged 3 months to 4+ years.

### Schedule:

- Sundays: 9:30 AM–1:00 PM (with occasional afternoon hours)
- Occasional Fridays: 6:00–9:00 PM
- Additional days as needed

### Requirements:

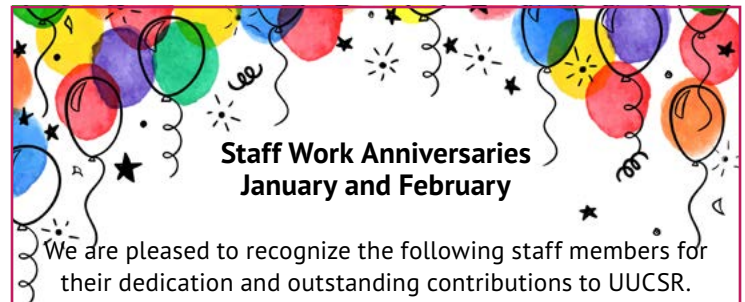
- Must be 18 years or older
- Must be a non-member of the congregation (as defined by the conflict-of-interest policy)
- Must complete a CPR and first aid certification within 3 months of hire (cost to be reimbursed by the Congregation)

### Key Responsibilities:

- Warmly greet children and parents upon arrival
- Maintain accurate attendance records
- Engage in active floor play with children
- Lead age-appropriate crafts and games
- Provide attentive supervision and positive interaction
- Clean and sanitize toys and play areas

**Salary:** \$20/hour

**Interested?** Please contact Tammy Weil at [tweil@uucsr.org](mailto:tweil@uucsr.org).



### Stephen Smith, Music Director

Celebrated 27 years as of January 1

### Leslie Arluck, Childcare Supervisor

Celebrated 30 years as of January 7

### Adam Barshak, Congregation Operations Administrator

Celebrated 14 years as of January 9

### Michelle Colville, Operations Manager for the Veatch Program

Celebrated 5 years as of January 25

### Barbara Croen, Childcare Provider

Celebrating 14 years as of January 30

### Agnes P. Cwalina, Land Management Ecologist

Celebrating 1 year as of February 3

### Charmine Prince, Childcare Provider

Celebrating 21 years as of February 28

## MUSIC AT SHELTER ROCK

Stephen Michael Smith, Music Director

### Join the Music Sunday Choir!

Each year, singers who are unable to commit to singing in the choir on a regular basis join the choir to prepare and perform a special work for our Annual Music Sunday. This year, the UUCSR Choir accompanied by The Orchestra at Shelter Rock will present Christopher Tin's hauntingly beautiful, *The Lost Birds: An Extinction Elegy*. Tin, best known as the composer of Baba Yetu (a setting of the Lord's Prayer in Swahili that went viral on social media) offers this musical reflection at a time when humankind's influence on the environment and nature is at a critical juncture.

Rehearsals for *The Lost Birds* will start in February when the first hour of each Thursday evening rehearsal will be devoted to its study. Rehearsals will continue every week through the performance on Sunday, April 19. Interested new singers are encouraged to join our first rehearsal on Thursday, February 5. Don't miss this opportunity for a truly transformative choral experience. Questions or concerns? Contact Music Director Stephen Michael Smith at [ssmith@uucsr.org](mailto:ssmith@uucsr.org).

### A Chat with Music Director Stephen Michael Smith and Pianist Nathaniel LaNasa

Stephen Michael Smith chats with pianist Nathaniel LaNasa about music, Amy Beach, and the new Chamber Music Series at Shelter Rock. [Watch the video HERE](#). Learn more about the Inaugural Chamber Music Concert on page 10.



### Sight Singing and Music Theory Classes

Thursdays | 5:45–6:45 PM | Choir Room

Five initial sessions: February 5, 12, 19, 26, March 5

#### With Billy Huyler

Masters of Music, Manhattan School of Music  
Bachelor of Music, Indiana University Jacobs School of Music

Sharpen your vocal skills and understanding of the elements of music.

Fee: \$5 per session; \$20 for all five

Register [HERE](#).

Questions? Contact Phinu Jose (516.472.2975, [pjose@uucsr.org](mailto:pjose@uucsr.org)).

### UUCSR Budget Procedures

All committees prepare and propose budgets for every congregational year. UUCSR bylaws require that all Budget Meetings at which final proposed budgets are voted upon be publicized in the *Quest*. Such notice ensures that all interested members may be involved in the decision-making that ultimately aligns with the Vision and Mission of the Congregation and with the UUCSR Strategic Plan. The following Budget Meeting dates for planning the 2026–2027 Congregational Year have been set:

Committee	Meeting Date	Meeting Time	Location
Caring	Saturday February 14	10:00 AM	Office Conference Rm & Zoom

## RELIGIOUS EDUCATION (RE)

Rosara Torrisi, Chair

Dear Beloved Community,

The RE Committee is thrilled to launch a new Sunday morning ritual aimed at nourishing both body and spirit before we enter worship together.

### Introducing Bagels & Beliefs!

Every Sunday morning before the service, please join us in the Social Hall for fresh bagels, spreads, and fellowship.

**The “Bagels” Part:** enjoy a breakfast and connect with friends, old and new. We are asking for a **suggested donation of \$1 per bagel**. All proceeds will go directly toward supporting our fifth- and sixth-grade Secret Service project. It's a tasty way to support their good work!

**The “Beliefs” Part:** Each month, we will host an interactive conversation board centered around a theme relevant to our shared values and human experience.

### Our First Conversation: Finding Hope

To kick things off this month, we invite you to pause by our community board, grab a marker, and share your wisdom in response to this prompt:

***Where do you find hope when the world feels heavy?***

Whether it's a walk in nature, a favorite poem, an act of kindness, or deep prayer, your answer might be exactly what someone else needs to read this week.

Come for the carbs, stay for the connection. We can't wait to see you there.

Warmly,  
The RE Committee



## SOCIAL JUSTICE COMMITTEE

Shanti Flot, Chair

### Join the INN Volunteer Cooks

#### Second Wednesdays and Fourth Thursdays

Do you like to cook? Please come serve those in need by volunteering to help prepare meals for the INN (Interfaith Nutrition Network). Contact Jane Weiler or Leona Handelman if you like to volunteer! If you would like to come in and help prepare a meal, please call Phinu Jose at 516.472.2975 and register to cook.

#### Community Food Pantry/Clothing Rack

- Located in the hallway outside of the Main Kitchen
- Access through the sliding doors on the side of the building
- Paper bags are available on the Food Pantry bottom shelf
- Clothing may be tried on in the bathrooms
- Donations of food may be placed in cart in Main Lobby and are appreciated

Everyone is welcome to participate.

### Mark Your Calendars and Save the Date:

**Sunday, May 17, 2026**

#### 2nd Annual Social Justice Committee UUCSR End of (fiscal) Year Community Celebration

Food, sound bath, short recap of the goals accomplished over the year. EVERYONE is WELCOME!

Flyers and more information to follow.

## LGBTQ+ SUB-COMMITTEE OF SOCIAL JUSTICE COMMITTEE

Charlene Greenberg, Chair

Dear LGBTQ+ Friends, we welcome you to join us at any of our meetings on Tuesday nights via Zoom. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM.

Join Zoom Meeting [HERE](#)

Meeting ID: 883 3817 4041, Passcode: 557032

DATE	LED BY	TOPIC
2/3/26	Charlene Greenberg	Watching Old Lesbians Documentary on YouTube
2/10/26	Open chat	
2/17/26	Meg Cohen	Have you noticed resilience in the people around you? Are you resilient? Is there any time in your life that you've needed to be resilient?
2/24/26	Tamer Shelby	A song or two from any time period that speaks to you.

## MEN'S GROUP

Robert Penaskovic, Chair

PRESENTED BY THE UUCSR MEN'S GROUP

# SCIENCE DISCUSSION GROUP

### Science Discussion Network

**Topic: National Skills Crisis—Math Fear/Avoidance**

**Sunday, February 15, 2026 | 1:00 PM | Onsite in the Office  
Conference Room and Online via Zoom**

The Science Discussion Network will meet Sunday, February 15, for a discussion of the timely and important topic of **Math Fear/Avoidance**.

- **Math anxiety is more common than many of us realize.** Studies suggest that 64 percent of Americans experience some math fear, with about 13 percent saying it is severe. At a time when technical skills are vital, this anxiety has real consequences for individuals, the workforce, and our global competitiveness.
- **What's your personal relationship with math?** We'll reflect on our own experiences with math—both positive and negative—and explore where math fear might come from.
- **What innovative ideas are being used today to address math fear?** We'll present and discuss approaches for understanding and conquering this anxiety.
- **So what is math really?** By looking beyond numbers to the core of mathematics, we'll discuss how understanding the subject differently may help reduce fear and build confidence.

**No matter your level of science and math knowledge, there's a place for you in the Science Discussion Network at UUCSR.** All are welcome!

To join Zoom online, click [HERE](#). Learn more [HERE](#). Questions? Please contact Elaine Corrao (516.472.2933, [ecorrao@uucsr.org](mailto:ecorrao@uucsr.org)).

## BOOKSTORE COMMITTEE

Elaine Peters, Chair

### Bookstore and Gift Shop at Shelter Rock

Some Fair Trade products are available at the store. We have colorful Guatemalan scented trivets and beautiful hand-size potholders. Also, check out the books by some current environmental and political "pioneers" located on our shelves. Keep reading books and keep up to date.

## FAITH ENGAGEMENT PROGRAMS

Jamie Walowitz, Youth and Adult Faith Engagement Coordinator

**Adult Bible Classes for UUs with Student Minister Bryan Bower: Bible Topics Survey**  
**Sundays: March 22 (2:00 PM), April 12, May 24, June 14 | 1:00 PM Chapel**

John Buehrens, former UUA President and author of *Universalists and Unitarians in America: A People's History*, writes in his book *Understanding the Bible*, a list of reasons for all "skeptics, seekers, and religious liberals" to study the Bible: "The first motivation could be called political: If you can't or won't understand the Bible, others surely will interpret it for you. The second could be called cultural or literary: Within this culture you can't be fully literate or creative, artistically or rhetorically, without an acquaintance with the Bible. But now we come to the third and most personal reason: You can't be spiritually mature or wise by simply rejecting the Bible as oppressive. The oppressive uses of the Bible are real, but unless you learn to understand that there are other readings possible, the Bible will, indeed, simply continue to be a source of oppression for you, and not a source of inspiration, liberation, creation, and even exultation as you understand it anew for yourself, at a deeper and less literal level."

These are many of the reasons that compelled UUCSR's Student Minister Bryan Bower to go to seminary. Buehrens writes that "not all of us, however, can or should go to seminary to begin to take back our right to read and interpret the Bible for ourselves," saying you can begin with a basic book such as his. However, since Bryan is already in seminary, he decided to offer at least one Adult Bible Class at UUCSR in Spring 2026.

**Please take the survey linked [HERE](#) to indicate which Bible topics interest you!** This survey will also be available in the Social Hall and at the Welcome Desk in the Main Lobby on the following Sundays: February 1 and February 8, 2026.

## MINISTRY PROGRAMS

**Rev. Dr. Natalie Fenimore, Lead Minister and Minister of Lifespan Religious Education**

**Reclaiming Compassion and Hope: Community Conversation**  
**Led by Rev. Dr. Natalie M. Fenimore**  
**Sunday, February 22 | 1:00 PM | Art Gallery**

Come together for a community conversation about our ability to reclaim compassion and hope in these troubling times. We can share our anxieties and feelings of uncertainty. We can affirm our commitment to being a loving community. Let's talk about how might we gain strength and direction together?

Registration is not required but suggested, so we are sure to have the proper setup. Thank you. Register [HERE](#).

Questions? Please contact Sharyn Esposito (516.472.2960, [sesposito@uucsr.org](mailto:sesposito@uucsr.org)).

**UUCSR RE Senior Seminar Worship**  
**Sunday, March 22, 2026 | 11:00 AM | Worship Room**

Each year, the Senior Seminar class at UUCSR holds a Worship that is planned by the high school youth. This year's theme is *Fractals of Generosity: Small Acts of Kindness Amplified*. This theme was chosen because the RE theme for this year is *Generosity*, which includes acts of kindness in any size, shape, or form, and the youth connected with the idea that small acts of kindness can multiply, creating a larger, more profound effect in the world. The youth resonated with this theme because they realize the importance of any degree of kindness that is shown in today's world, and the impact that it can have, and they want the Congregation to understand that as well.

This Worship contains self-written reflections alongside favorite songs and words that deeply resonate with our youth. It is very important for the Congregation to be able to hear the thoughts and beliefs of our youth, as they are the future of our faith, and they are able to grow into their own faith by passionately exhibiting what is important to them in such a sacred space. Please join us to hear the voices of the future of Unitarian Universalism!

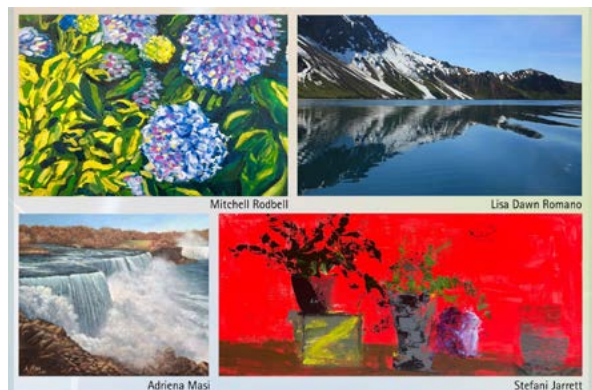
## ART COMMITTEE

Paul Kopelow, Chair



*given light*, by Schery Markee Sullivan

**Exhibit will be on display through Monday, February 9, 2026**  
All are welcome!



*Colors & Contours*, by The Long Beach Art League

**Artist Reception:**  
**Sunday, February 15, 2026 | 1:00–3:00 PM**

**Exhibit will be on display:**  
**Sunday, February 15–Tuesday, March 17, 2026**  
All are welcome!

# In It Together



Registration  
Opens  
**Tuesday**  
**Feb 3**  
**10 AM**

## 27<sup>TH</sup> Annual Memorial Day Weekend All-Congregation Retreat

CAMP ZEKE, LAKEWOOD, PA | [WWW.NORTHEASTRETREATCENTER.COM](http://WWW.NORTHEASTRETREATCENTER.COM)

**May 22–25, 2026**

Enjoy creative workshops | Games and activities | Karaoke Night  
Annual talent show | Rockin' Intergenerational Dance

Further Information and Register Online  
[uucsr.org/26retreat](http://uucsr.org/26retreat)

Register early. Space is limited.

**\$50 Refundable Deposit Per Adult**  
**\$25 if you register by Saturday, February 28!**

This year, our 27th Annual Memorial Day weekend is returning to the Block & Hexter Retreat Center at Camp Zeke in Lakewood, PA, a pleasant 3 1/2-hour drive from Long Island.

Camp Zeke is a very well-regarded children's summer camp that has been modified to host weddings, retreats, and all types of corporate events during the off-season. You can learn more about Camp Zeke at [www.northeastretreatcenter.com](http://www.northeastretreatcenter.com).

Boating on beautiful private fresh-water lake | Heated swimming pool with lifeguards  
**Children's program conducted by professional counselors**  
Art Building | Theater | Full internet access | Etc, etc.



**Unitarian Universalist**  
Congregation at Shelter Rock  
**Human. Kind.**

SEE WEBSITE FOR MORE INFO  
Questions? Contact Elaine Corrao  
516.472.2933 or [ecorrao@uucsr.org](mailto:ecorrao@uucsr.org)

48 Shelter Rock Road, Manhasset, NY 11030 | [uucsr.org](http://uucsr.org) | 516.627.6560 |



## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.



Every year, the Senior Seminar youth try to work on different service projects, but one nonprofit that is a constant is Midnight Run. Midnight Run is a volunteer-based organization with a mission to bridge the gap between the housed and those experiencing homelessness.

Midnight Run coordinates more than 1,000 missions per year for volunteers from churches, synagogues, schools, and other philanthropic groups to distribute food, clothing,

blankets, and personal care items to those who are impoverished and/or experiencing homelessness on the streets of New York City.

We are asking for donations, volunteers to prepare food, sort clothing, and compile toiletry kits, and volunteers who would like to drive Senior Seminar teens and our young adults as they embark on a journey of kindness and giving to a community in need that is close to home.

**Donations Collected in the Main Lobby**

**Join us in the Social Hall on Friday, January 30, as we prepare food, sort clothing, and compile toiletry kits for those in need. This is an all-ages volunteer event.**

**Register at [uucsr.org/26Run](https://uucsr.org/26Run)**

Please feel free to sign up for multiple volunteer roles if you would like! You can prep, and be a driver or runner as well!

**Questions? Contact Jamie Walowitz**  
516.472.2943 or [jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)



**Sundays**

**• 1-2 PM •**

**Choir Room (Lower Level)**

Explore the basics of singing through group singing of hymns, folk songs, and things YOU want to sing! This will be a safe, non-judgmental time to explore your voice as you sing with others!

**DATES**

**February 1**

**February 15**

**February 22**

**March 1**

**ALL ARE WELCOME!**

**TICKETS HERE**

**[uucsr.org/SingTime26](https://uucsr.org/SingTime26)**

**Questions? Contact Phinu Jose**  
at 516.472.2975 or [pjose@uucsr.org](mailto:pjose@uucsr.org)



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# Long Strange Trip Part 6

FILM SCREENING AND DISCUSSION

**SUNDAY, FEBRUARY 1**  
**ART GALLERY**  
**1 PM**

**UUCSR's Adult Programs Committee is excited to expand on our Interfaith & Multicultural Exploration Initiative with our second Finding Your Faith Film Event!**

The Interfaith & Multicultural Exploration Initiative is a transformative program designed to deepen understanding, celebrate diversity, and create meaningful connections across faiths and cultures. Rooted in UUCSR's mission of inclusivity, spiritual growth, and justice, the Interfaith & Multicultural Exploration Initiative will provide participants with immersive experiences to explore shared values, appreciate cultural differences, and foster unity.

**REGISTER HERE**

[uucsr.org/StrangeTrip26](https://uucsr.org/StrangeTrip26)

Questions? Contact Jamie Walowitz  
Youth and Adult Faith Engagement Coordinator  
[jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943

# LABYRINTH BY CANDLELIGHT

*With Rev. David Carl Olson*

**February 6, March 6, April 3, May 1, June 5, 2026**  
**6:30-8:30 PM • Social Hall**

**Labyrinth by Candlelight with Rev. David Carl Olson**  
**First Fridays (dates above) | 6:30-8:30 PM | Social Hall**

Walking the Labyrinth can be a means of meditation, centering prayer and personal healing. Placing one step in front of the other, the pilgrim journeys on a single path from the outside into the center. The labyrinth is not a place to get lost, but offers a single way, with twists and turns, into a destination and back. It can be a chance to set an intention, to consider a personal question, and to have self-compassion as the ancient way unfolds to you.

Rev. David Carl Olson will be available to accompany you with questions you may have and will listen to any answers that come to you during your walk. He is a Labyrinth Facilitator certified by Veriditas, which is committed to "inspiring transformation through the labyrinth experience."

Participants may arrive any time after 6:30 PM and before 8:00 PM, and should allow at least 20 minutes to walk the Labyrinth. People are welcome to bring journals to record their insights; simply to remain in a meditative way and listen to music; or to leave when their heart leads them to do so.

Questions? Contact Rev. David Carl Olson at [dcolson@uucsr.org](mailto:dcolson@uucsr.org) or Sharyn Esposito at [sesposito@uucsr.org](mailto:sesposito@uucsr.org).

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SPONSORED BY THE UUCSR WOMEN'S GROUP  
IN HONOR OF BLACK HISTORY MONTH

Christine Dixon in her acclaimed one-woman show:

### Harriet Tubman Herself

**Friday, February 6, 2026**  
**7 PM • Worship Room**

*Harriet Tubman Herself* brings to life the story of the legendary abolitionist and humanitarian who rescued countless slaves through missions along the Underground Railroad.

*"a powerful blend of drama, music, and audience interaction."*

**7–8:30 PM**

Showing  
in Worship Room

**8:30–9 PM**

Brief Q&A and light  
refreshments  
in Art Gallery

**FREE**

Voluntary donations to  
benefit the  
*Woman's Opportunity  
Rehabilitation  
Center*

**REGISTER HERE**

[uucsr.org/HarrietTubman26](https://uucsr.org/HarrietTubman26)

**Questions? Contact Elaine Corrao**  
516.472.2933 or [ecorrao@uucsr.org](mailto:ecorrao@uucsr.org)

MUSIC AND PERFORMING ARTS PRESENTS

### CHAMBER MUSIC AT SHELTER ROCK: Inaugural Concert

*Featuring Nathaniel and Friends*



**Sunday, February 8**  
**• 1:30 PM •**  
**Worship Room**

Featuring the music of  
**AMY BEACH**

**FEES**

**\$10/\$20 maximum for families**  
**18 years old and under FREE**

**Reserve tickets in advance**  
**to guarantee a seat.**

**Only prepaid tickets will be**  
**guaranteed seating.**

**REGISTER HERE**

[uucsr.org/Chamber26](https://uucsr.org/Chamber26)

**Questions? Contact Phinu Jose**  
at 516.472.2975 or [pjose@uucsr.org](mailto:pjose@uucsr.org)

## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

UUCSR Adult Programs Committee Presents

# Living Our UU Faith: *Deep Listening, Deep Questions*

SIX SUNDAYS | 1:00–2:45 PM

FEB 15, MAR 1 & 29, APR 26, MAY 17 & 31



REV. MEAGAN HENRY  
*Associate Minister at UUCSR*

Join us for an intimate six-session exploration of theological concepts that shape our faith tradition—from atonement and blessing to transformation and spiritual practice. Through deep listening and meaningful conversation, we'll examine how these often-charged terms can find authentic expression within our UU Values and personal spiritual journeys.

No theological expertise required—just curiosity and a willingness to explore alongside fellow seekers. Whether these concepts feel like old friends or unfamiliar territory, you'll find space here to question, wonder, and discover what resonates with your own beliefs.

Limited to 12 participants to foster trust and genuine connection. Registration required. If we fill, we'll create a waiting list and offer the program again. Participants encouraged to attend all sessions. *Ready to go deeper?*

**REGISTER HERE**

[uucsr.org/LivingOurFaith26](https://uucsr.org/LivingOurFaith26)

Questions? Contact Jamie Walowitz  
Youth & Adult Faith Engagement Coordinator  
at 516.472.2943 or [jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)

THE UUCSR MINISTRY TEAM PRESENTS

# PRACTICING EMPATHY

Third Sundays Monthly  
1:00 PM | Veatch Library  
February 15, March 15, April 19,  
May 17, June 21, 2026

Our Respectful Relationship Team operates with an understanding that our community is enhanced—and the world will be enhanced—by our compassionate communication with one another.

Share an opportunity for Practicing Empathy in our communication with one another on the third Sunday of each month at 1:00 PM in the Veatch Library.

**LEARN MORE HERE**

[uucsr.org/26EmpathySundays](https://uucsr.org/26EmpathySundays)

Our ministers are also ready for compassionate conversation one-to-one with all of our members. If you want to make an appointment for a one-to-one conversation, please reach out to a minister or make an appointment with the Ministers Assistant Sharyn Esposito.

Questions? Contact Sharyn Esposito  
516.472.2960 or [sesposito@uucsr.org](mailto:sesposito@uucsr.org)



## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.



# Join UUCSR's first Houseplant Spa!

with Agnes P. Cwalina

Thursdays • February 19, March 12  
11-1 PM • Social Hall

See online calendar weekly for changes in dates and rooms

Is your houseplant in need of some tender loving care and attention? Maybe you've been setting aside repotting or addressing a pest issue with your plants? Here's your opportunity!

Over the next few months we are offering Houseplant Spa sessions where you can bring your indoor plant for a consultation. Agnes P. Cwalina, our Land Management Ecologist, will assess your plants' needs and help you on the spot with caretaking tips; including answering any questions, pruning, repotting, and determining pest or disease issues.

In order to participate please register for a time slot.

**Please limit to bringing three houseplants plants per person.**

If you would like to donate a healthy houseplant or cutting, bring it in for the Plant Swap which will be happening at the same time.

Contact Agnes at [acwalina@uucsr.org](mailto:acwalina@uucsr.org) with questions.

**REGISTER HERE**  
[uucsr.org/houseplants25](https://uucsr.org/houseplants25)



Questions? Contact Agnes P. Cwalina  
[acwalina@uucsr.org](mailto:acwalina@uucsr.org)

YOUTH AND ADULT FAITH ENGAGEMENT INTRODUCES THIRD FRIDAYS

# LIVING A PUBLIC LIFE

With Rev. David Carl Olson

**Third Friday of Each Month**  
**6:30–9:00 PM | Social Hall & Art Gallery**  
**February 20, March 20, 2026**

In social media posts, in newspaper columns and in TED talks—and even in pastoral conversations with ministers—people are sharing a deep sense of isolation and loneliness. This experience contradicts an article of our faith, that we are people of interdependence, and live lives of profound interconnection.

“Living a Public Life” will be a monthly series of workshops on building our interdependence to live our values in the public sphere. We will learn to do one-to-one relational meetings, will talk about the diverse cultures we inhabit, and discern the difference between the private lives of our families and the public life of a congregation like Shelter Rock. **Come join us!** Please register here so we ensure we have enough food.

Questions? Contact Jamie Walowitz  
Youth and Adult Faith Engagement Coordinator  
[jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)  
or 516.472.2943

**REGISTER HERE**  
[uucsr.org/ThirdFridays25](https://uucsr.org/ThirdFridays25)

6:30 PM: Complimentary Simple Supper  
7:15 PM: A moment of gratitude, reflection and song  
7:30 PM: Workshop with Rev. David Carl Olson

## SPECIAL EVENT HIGHLIGHTS

Listed in chronological order | Additional information at [uucsr.org/events](https://uucsr.org/events)

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.



# EXPLORING EARTH-BASED TRADITIONS GATHERING

multiplatform

**Saturday, February 28**  
**11 AM • Onsite and Online**

**February led by Rev. Dr. Natalie Fenimore**

During Black History Month, we will explore Earth-Based Spiritual Traditions from the African and African American traditions.

### *Fourth Saturday Monthly*

Share the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. All are welcome to explore various paths to spirituality.

**REGISTER HERE**  
[uucsr.org/26Earth](https://uucsr.org/26Earth)

- **11:00 AM in the RE Room 19 and the Chapel**
- **Shared Pot Luck Luncheon at 12:30 PM**

Please bring some food to share at this event, or a nosh. We will meet and then break for lunch. We hope you can join with us to explore various paths to spirituality. If you can't meet in-person, you are welcome to join online.

Register [HERE](https://uucsr.org/26Earth). After you register you will receive the Zoom link. Questions? Contact Sharyn Esposito ([sesposito@uucsr.org](mailto:sesposito@uucsr.org), 516.472.2960)

*UUCSR's Social Justice Committee Presents*

## Fundraiser for Jamaica Disaster Relief

**Saturday, March 28**  
**1:30–4 PM • Social Hall**

**Celebrate Jamaica's culture with  
a potluck, music, and dancing.**

*All Donations will go to World Central Kitchen.*

**REGISTER HERE:**  
[uucsr.org/Jamaica26](https://uucsr.org/Jamaica26)



Come for an afternoon filled with  
music, dancing and food.

Bring a home-cooked dish. Dance to reggae music.  
Raise Money for Jamaica and feed the hungry.  
Donate to the World Central Kitchen.

Sliding scale donations beginning at \$15 to support  
the Fundraiser for Jamaica Disaster Relief are greatly  
appreciated! You can pay at the door with  
Cash/Check, too.

Please register [HERE](https://uucsr.org/Jamaica26) to confirm your presence.

Professional Childcare is available, please be sure  
to include details while registering.

**Questions? Contact Sonia Arora**  
**[sarora@uucsr.org](mailto:sarora@uucsr.org) or (516) 472-2977**

## ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

### Third Sundays | 1:00–2:30 PM | Bride's Room

#### Small Group Ministry

led by Iris McKenna

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) to join this Small Group. Gather at 12:45 PM, with any lunch or coffee to finish so the meeting can begin at 1:00 PM, sharp.

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### Sundays Monthly | 1:00–3:00 PM | UUCSR Veatch Terrace Room

Feb 15, Mar 15, Apr 19, May 17, Jun 21

#### Silent Book Club

Enjoy reading in community! Grab your favorite book, a cozy blanket (or chair if you fancy), and don't forget some tasty snacks to share. What is Silent Book Club, you may wonder? We meet once a month, we chat for a few minutes, read for an hour, followed by more chitchat...that's it! There's no assigned reading! We bring whatever we're reading: e-books, hard copies, textbooks, comics, even audiobooks. All genres welcome! See you and your book at the next meeting! Please click [HERE](#) to sign up and we're so excited to meet you! Questions? Contact Carson Jones at 516.472.2915 or [cjones@uucsr.org](mailto:cjones@uucsr.org).

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### First Mondays | 6:30–8:00 PM | Zoom

#### Small Group Ministry

led by Winterflower Robinson

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) with any questions.

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### Third Mondays | 10:00 AM | Via Zoom

#### Care for the Caregiver

Caron Hunter, a holistic health care provider and interfaith minister, leads sessions for those who care for spouses, parents, family members, and friends who are navigating the physical/emotional/mental challenges that caregiving brings. It is a confidential group for those who would welcome support. Please email [info@turninginwardwithcaron.com](mailto:info@turninginwardwithcaron.com) for information on joining the group. Sponsored by the Caring Committee. No charge to participate.

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### Tuesdays | 6:30 PM | Via Zoom [HERE](#)

#### Gatherings with LGBTQ+ Friends

The LGBTQ+ Sub-Committee Gatherings are not just for Queer folk—the + includes friends, allies, and parents. Check in at 6:30 PM; gather for facilitated conversation at 7:00 PM. (See page 5 for conversation leaders/topics.)

### First and Third Tuesdays Monthly

12:00–2:00 PM | Onsite Office Conference Room and Online Zoom

#### Women Talk Daytime

Facilitated by Sandra Frank, Women's Group Board Member. Our format is simple: we start with check-in and move on to an agreed-upon topic for all to discuss, taking turns "going around." Attendees offer their thoughts and ideas to one another, sparking interesting discussions. Besides talking, we listen, learn, and share our individual stories. In the process, we bond with each other and have fun. Your views are welcome during this informal time together. There's much to talk about. Let's be together to share good company and conversation. Do try to attend. You can meet onsite in the Office Conference Room or join the discussion from your home on Zoom. Visit [HERE](#) for details. Questions? Please contact Elaine Corrao ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

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### Third Tuesdays | 10:30 AM | Via Zoom

#### Living with Cancer, led by Caron Hunter

People living with the challenges of a cancer diagnosis may join a safe, confidential group where members may share their experiences with others who understand the intricacies. In this supportive environment, we lift each other up, learn tools for coping with stress, meditate together, and open a prayerful spirit within ourselves to encourage healing. Please email [info@turninginwardwithcaron.com](mailto:info@turninginwardwithcaron.com) for information on joining the group. Sponsored by the Caring Committee. No charge.

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### Wednesdays | 2:00 PM | via Zoom

#### Wednesday Conversations

Seeking an opportunity for spiritual deepening in a supportive setting? You are invited to Wednesday Conversations where we explore a poem or reading for reflection, sharing, and listening. This month's theme is *Practicing Resistance*. To join, click [HERE](#). Questions? Please contact Sharyn Esposito ([sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960).

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### Second Wednesdays | 11:00 AM–12:30 PM

#### Hadley House Community Room

#### Small Group Ministry led by Deborah Siegel and Lilyan Strassman

Learn more and register [HERE](#). Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943) with any questions.

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### Thursdays | 1:00–4:00 PM, or until "Game Over" | Art Gallery Bridge, Canasta, Games & Fun

UUCSR is the place to be for an afternoon of fun and games on Thursdays. Not only Bridge and Canasta. We provide the games Mah Jong, Scrabble, Rummikub, Dominos, etc., and invite you to come for a social afternoon. Players of all levels are welcome. Bring your friends who enjoy playing. You'll make new friends, too. All are welcome. Questions? Please contact Elaine Corrao ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933), Carla Drezner ([stargatecd@aol.com](mailto:stargatecd@aol.com)) or Sandra Hazel Frank ([sanwin@optonline.net](mailto:sanwin@optonline.net)).



## ONGOING EVENT HIGHLIGHTS

Listed Sundays to Saturdays

NOTE: Building hours are subject to change based on planned activities. See [uucsr.org/calendar](https://uucsr.org/calendar) for specific hours.

### Thursdays | 6:15 PM | Veatch Ballroom

#### Zazen Meditation—Inisfada Long Island Zen

Come join Long Island Inisfada Zen on a weekly journey to the most sacred place in the Universe—YOURSELF. Learn how to watch your mind and feel this joyful flow of emptiness while calming your thoughts. Zen Meditation is a Practice of Buddhism where you follow your breath in silence to acknowledge your thoughts and become one with the present moment. ALL ARE WELCOME. Beginner instructions can be provided. Please come and begin to learn your mind and take the new YOU into your everyday life. Register [HERE](#) to attend. Contact Leslie Entin (917.822.0880), or Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943), if you have any questions.

### Fridays | 10:45–11:45 AM | Hadley House and via Zoom

#### Medical Qigong for Senior Health—Winter 2026 led by Ashley Baldwin January 30, February 6, 13, 20, 27

Members: \$12 per-class, drop-in price; Non-members: \$16 per-class, drop-in price. All are welcome to join instructor Ashley Baldwin for this Medical Qigong for Senior Health community class at Hadley House! Cultivate your center, improve balance and alignment, and build confidence in your body. Classes include gentle movement and breathing exercises, which may be done standing or sitting, and are designed to help maintain quality of life as you age. Learn more and find registration information [HERE](#). Questions? Contact Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943).

### Fridays via Zoom | 12:00 PM

#### Great Books

All are welcome to join us as we read and discuss books together, building both our knowledge and sense of community. The Great Books group provides a fun, learning experience combined with good conversation and critical thinking. Click [HERE](#) to find out what we're currently reading and to register! Please contact Jamie Walowitz with questions ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org) or 516.472.2943).

### Third Fridays | 3:30 PM

#### Women's Group Online Book Series Discussion

**February 20:** *My Friends*, by Fredrick Backman, discussion led by Patti Paris. A moving tale of four teenagers whose friendship creates a bond so powerful that it changes a complete stranger's life twenty-five years later. Visit [HERE](#) for details or contact Elaine Corrao to learn more ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

### 23rd of Every Month via Zoom | 6:30–7:00 PM

#### Online Vigil to End Solitary Confinement

All are welcome to join the Social Justice Committee of UUCSR for the online vigil on the 23rd of every month to end Solitary Confinement. Gather to remember those in our prisons and jails condemned to the torture of solitary confinement, 23 hours a day in a small cell without meaningful human contact for days, weeks, months, years, even decades. To be included on the Emailing List, please write to Committee Assistant Phinu Jose at [pjose@uucsr.org](mailto:pjose@uucsr.org). Join Zoom [HERE](#).

### Third Fridays | 7:00 PM and Fourth Fridays | 7:00 PM

#### Women's Group Online Film Discussion

**February 20:** *Left-Handed Girl*. A single mother and her two daughters return to Taipei after several years of living in the countryside to open a stand at a buzzing night market. Each in their way will have to adapt to this new environment to make ends meet and maintain the family unity. But when their traditional grandfather forbids his youngest left-handed granddaughter from using her "devil hand," generations of family secrets begin to unravel. A 2025 drama film, co-written, co-produced, and directed by Shih-Ching Tsou. It stars Janel Tsai, Ma Shih-Yuan, Nina Ye, Brando Huang, Akio Chen, and Xin-Yan Chao.

**February 27:** *Son of a Thousand Men*. In a small village, a lonely fisherman yearning for a son is drawn to an ethereal light that links him to others and their long-buried secrets. Director Daniel Rezende, Writers Daniel Rezende, Valter Hugo Mae; Starring: Rodrigo Santoro, Rebeca Jamiir, and Miguel Martines. Visit [HERE](#) for details or contact Elaine Corrao to learn more ([ecorrao@uucsr.org](mailto:ecorrao@uucsr.org) or 516.472.2933).

### Saturday, February 28 | 9:00 AM | Veatch Ballroom

#### Zazenkai—Inisfada Long Island Zen All-Day Meditation

Come join Long Island Inisfada Zen for a full or part-day of silent Zen Meditation. This all/part-day session is called "Zazenkai," and contains periodic chants and teachings, snack breaks, and a lunch break. Each hour/hour-and-half long session is broken up into half-hour segments. ALL ARE WELCOME. Beginner instructions are provided. You are welcome to bring food for yourself or to share with others. Spiritual donation appreciated, but not required, to attend. Register [HERE](#) to attend. Contact Leslie Entin (917.822.0880) or Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org), 516.472.2943) if you have any questions.

### Saturdays | 9:30 AM | Art Gallery going forward (Sometimes in Veatch Ballroom or Social Hall)

#### Yoga For All Levels, led by Mia

An opportunity for spiritual growth and centeredness \$15 per class. For more information and to register, click [HERE](#).

### Fourth Saturdays Monthly | 11:00 AM | Art Gallery

#### February 28, April 25, May 23

#### Exploring Earth-Based Spirituality Multiplatform Gathering

This group, led by UUCSR ministers, shares the cultures, rituals, and beliefs of people who lived with purposeful connection to the earth. All interested are welcome. Please bring some food to share at each event, or a nosh. We will meet and then break for lunch from 12:30–1:00 PM. We hope you can join with us to explore various paths to spirituality. If you can't meet in person, you are welcome to join online. After registering [HERE](#), you will receive the Zoom link. Any questions, contact Sharyn Esposito ([sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960).

## UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd, Manhasset, NY 11030 | 516.627.6560 | [uucsr.org](https://uucsr.org) | [info@uucsr.org](mailto:info@uucsr.org)

### Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore ([nfenimore@uucsr.org](mailto:nfenimore@uucsr.org))

### Associate Minister for Congregational Life

Rev. David Carl Olson ([dcolson@uucsr.org](mailto:dcolson@uucsr.org))

### Associate Minister

Rev. Meagan Henry ([mhenry@uucsr.org](mailto:mhenry@uucsr.org))

### Congregation Operations Administrator

Adam Barshak ([abarshak@uucsr.org](mailto:abarshak@uucsr.org))

### Executive Director, Veatch Program

Joan Minieri ([joan@veatch.org](mailto:joan@veatch.org))

### Music Director

Stephen Michael Smith ([ssmith@uucsr.org](mailto:ssmith@uucsr.org))

### Lifespan Religious Education Coordinator

Carson Jones ([cjones@uucsr.org](mailto:cjones@uucsr.org))

### Youth and Adult Faith Engagement Coordinator

Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org))

### Social Justice Coordinator

Sonia Arora ([sarora@uucsr.org](mailto:sarora@uucsr.org))

### Officers of the Congregation

**President:** Aimee Vella Ripley

**Vice President:** Paul Carbone

**Secretary:** Claudia Barbey

**Treasurer:** Moin Haque

### Members of the Board of Trustees

Carole Alexander Dana Gumb

Arnold Babel Larry Hass

Riki Birk

January 29, 2026

ADDRESS SERVICE REQUESTED  
FIRST CLASS MAIL DATED MATERIAL

**Next Quest: Wednesday, February 11, 2026 | Deadline for Content: Tuesday, February 3, 2026**



**The Bookstore and Gift Shop  
at Shelter Rock is  
open every Sunday from  
12:00–1:00 PM**

Find out what's new this month on page 2!



**Wednesdays | 10:00 AM–12:00 PM**

**Childcare RE Rooms 1, 2**

**February 4, 11, 18, 2026**

Feeling like you're navigating the incredible, sometimes overwhelming, world of newborn-hood solo? We get it. That's why we're creating a truly special space just for you and your little one, designed for connection, learning, and finding your footing in this wild new chapter.

Register [HERE](#). Questions? Please contact Carson Jones at [cjones@uucsr.org](mailto:cjones@uucsr.org).

*Quest* is published twice a month, except once in July and August. Copies are available in the UUCSR Lobbies, <https://uucsr.org/quest-newsletter>, and via email at <https://uucsr.org/on-demand>. *Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *Quest* is produced by staff member Linda McCarthy, with the invaluable assistance of member volunteer Jessica K. Vega. **Submissions:** [communications@uucsr.org](mailto:communications@uucsr.org). *Quest* may include content that does not necessarily reflect official policy.