

# MCRT

## CONTRA COSTA MOBILE CRISIS RESPONSE TEAM

The Mobile Crisis Response Team (MCRT) provides professional, same-day intervention for adults who are experiencing mental health crises and to communities impacted by traumatic events.

MCRT includes licensed mental health clinicians, community support workers, and a family nurse practitioner employed by Contra Costa Behavioral Health Services (BHS).

The team visits clients, families and/or significant support persons to prevent acute psychiatric crises resulting in involuntary hospitalizations.

The goal is to de-escalate the crisis and connect the client to mental health resources.

### CONTACT US

1-833-443-2672 (adults)

Licensed Clinicians and Community Support Workers available for crisis intervention in the community

Hours - Monday to Friday 8a.m.–10:30p.m., Saturday and Sunday 8:30a.m.–5p.m.

**MCRT is NOT an emergency service**

### CALL 911 IF

- Someone is in immediate danger
- In the act of attempting suicide
- Physically assaulting someone else
- Threatening with a weapon
- Appears to have a medical emergency

Mental health  
crisis intervention  
at your location

### CALL MCRT IF

- Behavior is escalating, but no immediate danger
- Threatening suicide or severely depressed
- Verbally threatening someone else
- Throwing objects or hitting furniture or walls
- Could become a danger to themselves or others
- You are a member of a community impacted by a recent traumatic event

Visit [cchealth.org/mentalhealth/mCRT.php](http://cchealth.org/mentalhealth/mCRT.php) for more information