



# SOUTH ASIAN SUPPORT GROUP IN HINDI

**WHEN:** Time/Days TBD (Based off Interest)

**WHERE:** ZOOM (link will be provided once registered)

*Facilitated in Hindi by : Aditi Sacheti (Pre-Doc Intern)*

*\*Supervised by Dr. Jaime Sayers PSY31421*



MENTAL HEALTH & SUBSTANCE USE SERVICES WELLNESS • RECOVERY • RESILIENCE



ARE YOU SOCIALLY  
ISOLATED?

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ARE YOU WORRIED ABOUT  
THE CURRENT HEALTH  
CRISIS?

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HAVE YOU EXPERIENCED A  
LOT OF SADNESS AROUND  
THE UNCERTAINTY OF THE  
CURRENT SITUATION ?

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IF YOU ANSWERED YES TO  
ANY OF THESE QUESTIONS  
THEN THIS INTERACTIVE  
SUPPORT GROUP IS FOR  
YOU!

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TO REGISTER  
PLEASE CALL  
(510)745-9151

## HUME CENTER

39465 Paseo Padre Pkwy Ste2100  
Fremont, Ca 94538

(510)745-9151

