

Did you know?

Ninety percent of disabilities are caused by illness, not accidents.¹ In many cases, employees get treated for an illness before a disability claim is filed. That could mean higher medical costs and disability costs. But we have a proactive solution that helps keep your employees at work or shorten their time away. It's called Whole Health Connection.

How Whole Health Connection works

This program links your medical plan with your disability plan, helping identify employees who are high risk for health problems such as diabetes or pregnancy complications. When an employee is identified, a referral to our Anthem case management is triggered for extra support, including:

- Three Resource Advisor consultations for things like parenting information and advice for handling a life-changing event.
- A health coach who can provide caring, personalized attention to help your employees meet their health and return-to-work goals more quickly.
- An extra dental cleaning for pregnant and diabetic employees to help them avoid gum disease.

How Whole Health Connection is a great cost-saving disability solution

- Twenty-three percent of employees who have their Anthem medical plan linked to their disability plan return to work earlier and have 9% lower disability costs.¹
- When employees engage with a health coach, their average medical costs are \$8,000 less during and after their disability claim. That's 25% in savings.²

How to get more information on Whole Health Connection

To find out more about how Anthem Whole Health Connection can help you lower costs and improve the health of your employees, go to anthem.com/ca/specialty. You also can contact your account manager to talk about the details.

¹ Productivity Solutions pilot results, 2017.

² Anthem and affiliated company data, 2017.