

**The Dorothy and Peter Brown  
Jewish Community Adult Day Program  
Presents**

# **A Day Off for Caregivers**

**Taking Time to Take  
Care of Yourself**

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**Sunday, April 7, 2024**

**10:30 AM - 3:00 PM**

**Soul Cafe, West Bloomfield**

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Enjoy a day of massage, yoga, food, music and more while trained professionals engage with your loved one living with dementia at the Brown Center.

**There is no cost to participate**

**Space is limited**

**RSVP to Sharilyn Rowe at  
248-592-5032 by March 27, 2024  
REGISTRATION REQUIRED**

**Complimentary respite provided at  
the Brown Center West Bloomfield site  
from 10 am - 3:30 pm**

**Sponsored by the  
Dee dee and Michael Perlman  
Caregivers Fund**

