

**The Dorothy and Peter Brown
Jewish Community Adult Day Program
Presents**

A Day Off for Caregivers

**Taking Time to Take
Care of Yourself**

**Sunday, April 7, 2024
10:30 AM - 3:00 PM
Soul Cafe, West Bloomfield**

Enjoy a day of massage, yoga, food, music and more while
trained professionals engage with your loved one living with
dementia at the Brown Center.

There is no cost to participate

Space is limited

**RSVP to Sharilyn Rowe at
248-592-5032 by March 27, 2024
REGISTRATION REQUIRED**

**Complimentary respite provided at
the Brown Center West Bloomfield site
from 10 am - 3:30 pm**

**Sponsored by the
Dee dee and Michael Perlman
Caregivers Fund**

