STAY SAFE MN

COVID-19 AT-HOME SALIVA TESTING
INSTRUCTIONS

FOLLOW THESE STEP-BY-STEP INSTRUCTIONS, AND REMEMBER:

- You must provide your sample under remote supervision (via Zoom video) for your test to be processed.
- Do not eat, drink, chew gum, or smoke for 30 minutes before your test.

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1 CREATE AND/OR LOG IN TO YOUR ACCOUNT AT COVID.VLT.CO
Go to covid.vlt.co and use a valid email address and create a password that you will remember. You only need to create an account once, and you will use the same login credentials for future test orders.

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2 RECEIVE YOUR KIT & PREPARE
Do not open the test tube package until step 4. Hydrate 1-2 hours before your test to promote saliva production. **Do not eat, drink, chew gum, or smoke for 30 minutes before your test.**

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3 MEET OUR PROVIDERS & TAKE YOUR TEST
You must provide your sample under remote supervision (via Zoom video) for your test to be processed. To meet with a Vault test supervisor, visit covid.vlt.co and sign in using the credentials you provided in step 1. The supervisor will guide you through collecting saliva in the tube. This process takes just a few minutes.

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4 SHIP THE KIT BACK & RECEIVE YOUR TEST RESULT
Put the test in the provided biohazard bag.
Bring the biohazard bag to your school's designated drop-off location.
You will receive an email from hello@updates.vaulthealth.com with your results 48 to 72 hours from when your test arrives at the lab.

IMPORTANT INFORMATION

FOLLOW THE STEP-BY-STEP INSTRUCTIONS

You must provide your sample under remote supervision (via Zoom video) for your test to be processed.

WEB BROWSER COMPATIBILITY

Please use Google Chrome or Safari to access Vault Health testing portals. Internet Explorer is not a compatible browser, and use will result in errors.

WHEN YOU RECEIVE YOUR KIT

Read the blue instruction pamphlet included in your test kit.
Do not open the test tube package until instructed to do so on your Zoom video call.

BEFORE TAKING YOUR TEST

Hydrate 1-2 hours before taking your test.
For accurate results, do not eat, drink, chew gum, or smoke for 30 minutes before your test.

PROPERLY PACKAGING YOUR TEST

When you're finished with your test, put your tube in the provided bio bag. Put the bio bag in the white box to protect the sample in transit.
Put the white box in the provided clinic pack.

POSITIVE RESULTS

Vault Health is required by law to report verified cases of COVID-19 to the applicable health authority in your state.
If your result is positive, visit cdc.gov/coronavirus/2019-nCoV and/or contact your health care provider.

STILL HAVE QUESTIONS? CONTACT VAULT.
212-880-5494 | covid@vaulthealth.com | vaulthealth.com/covid

VAULT
H E A L T H

MINNESOTA

Minnesota Department of Health | health.mn.gov | 651-201-5000
625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

Contact health.communications@state.mn.us to request an alternate format.

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