



DISCOVERING MEMBERSHIP
CENTER FOR SPIRITUAL LIVING
COLUMBIA/GREATER BALTIMORE (CSLCGB)

Our Vision: Contributing to a World That Works for Everyone

Our Mission: We are a welcoming, inclusive spiritual center where everyone can be seen and heard.
We lovingly practice the principles of Science of Mind in the world.

Our Identity: We are a diverse community of belonging and growth, sharing the light and joy within ourselves, while learning to see it in others.

CSLCGB LEADERSHIP

Ecclesiastical Team

Licensed Practitioners	Rebecca Beall, RScP
	Debra Ellis, RScP
	B. Amon James, RScP
	Reggie Kapp, RScP
	MaryAnne Marsalek, RScP
	Ayo McClenney, RScP – On Leave of Absence
	Idalia Romero, RScP - Remote
Senior Minister	Rev. Rafe A. Ellis, MBA-OD, MA
Assistant Minister	Rev. Frank Mastoris
Minister at Large	Rev. Jenna Wexler

Board of Trustees

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De Facto Non-voting Member	Rev. Rafe A. Ellis, MBA-OD, MA

Mailing Address:

659 Cog Court
Millersville, MD 21108
Call/Text (410) 750-8559

Sunday Services are held at:

The Hawthorn Center
6175 Sunny Spring
Columbia, MD 21044

Visit ColumbiaCSL.com for more information.

Columbia CSL Operational Staff

Day to Day Operations	Rev. Rafe A. Ellis, MBA-OD, MA
Bookkeeper – Contracted	Namaste' Bookkeeping – Mark & Jen Arnold

A BIT ABOUT REV. DR. ERNEST S. HOLMES



From time to time, we are blessed to know people of apparent genius, people whose insight, understanding, and love are influential in changing the thinking of whole generations, and whose impact will be felt for years to come. Rev. Dr. Ernest S. Holmes was such a person.

Rev. Dr. Ernest S. Holmes (1887–1960) was born on a small farm in Maine, Dr. Holmes spent his teenage years outdoors exploring such mysteries as “What is God? Who am I? Why am I here?” Holmes was a prolific reader who drew from a wide range of thinkers, including Ralph Waldo Emerson, Christian D. Larson, and Thomas Troward.

Holmes believed in a common "golden thread of truth" running through all religions and philosophies, and he encouraged people to prove these spiritual principles for themselves. He believed that the universe is made of energy, a concept he felt was supported by both science and spiritual traditions. He believed in the unity of all life, the indwelling of God in every person, and the ability to create a better life by using one's thought intentionally.

He synthesized spiritual, philosophical, and scientific ideas, creating a system of thought he called "Science of Mind". His seminal work, *The Science of Mind*, was first published in 1926 and has been in continuous print since 1926. He also published the *Science of Mind* magazine, which has been in continuous publication since 1927. His work has influenced countless people, including figures like Dr. Norman Vincent Peale, Peggy Lee and Rev. Dr. Micheal Bernard Beckwith. Today, the Centers for Spiritual Living, an outgrowth of his work, has centers and teaching chapters all over the globe.

Dr. Holmes founded the Religious Science movement and the first Church of Religious Science in Los Angeles in 1927. The movement's goal was not to start a new religion but to integrate spiritual truths from various traditions into a practical, life-changing philosophy. The movement experienced a split in the 1950's becoming the Religious Science International (RSI) and United Church of Religious Science (UCRS). The core concepts and power of change which are foundational to the teachings of Science of Mind were made evident in the healing of the organizational split in 2012 as the two organizations reintegrated as Centers for Spiritual Living.

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SCIENCE OF MIND – A PHILOSOPHY, A FAITH, A WAY OF LIFE

We teach Science of Mind, a metaphysical new thought philosophy that incorporates spiritual mind treatment also known as affirmative prayer, meditation, healing, visioning, and other spiritual practice tools to empower you to live from spiritual principles, love deeply, and realize your dreams. As a member of our community, you'll find support and comradery to transform your personal life and make the world a more peaceful and harmonious place.

New Thought dates to the 1880s and has its roots in the Transcendentalist Movement of the 1830s with an enduring and respected legacy that includes luminaries such as Ralph Waldo Emerson, Emma Curtis Hopkins, Phineas Quimby, and Walt Whitman. Some well-known authors today whose writings are inspired by metaphysical New Thought Science of Mind teachings include Micheal Beckwith, Deepak Chopra, Wayne Dyer, Eckhart Tolle, and many others.

Science of Mind teachings incorporate the ancient wisdom of all the spiritual traditions through the ages. People of all spiritual paths Christian, Jewish, Buddhist, Hindu, Muslim, New Age and others are welcome and celebrated in our community.

Our “Declaration of Principles” - The Principles of the Science of Mind Philosophy

Dr. Ernest Holmes, responding to a reporter's direct question: “what do you believe” wrote “We I Believe”. This became the Declaration of Science of Mind Principles known as “What We Believe”. It was published in the first issue of Science of Mind magazine in 1927 and has been included in every issue of the magazine ever since.

WE BELIEVE in God, the Living Spirit Almighty; one indestructible, absolute, and self- existent Cause. This One manifests Itself in and through all creation but is not absorbed by Its creation. The manifest universe is the body of God; it is the logical and necessary outcome of the infinite self-knowingness of God.

WE BELIEVE in the individualization of the Spirit in us, and that all people are individualizations of the One Spirit.

WE BELIEVE in the eternality, the immortality, and the continuity of the individual soul, forever and ever expanding.

WE BELIEVE that heaven is within us and that we experience it to the degree that we become conscious of it.

WE BELIEVE the ultimate goal of life to be a complete emancipation from all discord of every nature, and that this goal is sure to be attained by all.

WE BELIEVE in the unity of all life, and that the highest God and the innermost God is one God.

WE BELIEVE that God is personal to all who feel this indwelling Presence.

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WE BELIEVE in the direct revelation of Truth through our intuitive and spiritual nature, and that anyone may become a revealer of Truth who lives in close contact with the indwelling God.

WE BELIEVE that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God; and that we are surrounded by this Creative Mind which receives the direct impress of our thought and acts upon it.

WE BELIEVE in the healing of the sick and control of conditions through the power of this Mind.

WE BELIEVE in the eternal Goodness, the eternal Loving-kindness and the eternal Givingness of Life to all.

WE BELIEVE in our own soul, our own spirit, and our own destiny; for we understand that the life of all is God.

The “10 Core Concepts of Science of Mind”

Here are a few statements from Rev. Dr. Ernest S. Holmes, the developer of the Science of Mind philosophy and founder of Religious Science, about Religious Science aka Science of Mind:

“Religious Science is a synthesis of the laws of science, opinions of philosophy, and revelations of religion, applied to human needs and the aspirations of humankind.”

“Religious Science is the science of Spirit, a culmination of the age-long search for Truth. Those responsible for this movement lay no claim to any special dispensation of Providence, or a special revelation of Truth. Religious Science contains the best thought of the ages and presents this thought in a manner that can be understood by all. In presenting these necessarily brief and incomplete statements the writer does not claim to have discovered any new Truth.”

“The study of Religious Science is a study of First Cause, Spirit, Mind, or the Truth, that invisible Essence, that ultimate Stuff and Intelligence from which everything comes – the Power back of creation – The Thing Itself.”

“Religious Science is not the special revelation of any individual; it is, rather, the culmination of many revelations. We take the good wherever we find it, making it our own in so far as we understand it. The realization that good is universal and that as much good as any individual is able to incorporate in his life is his to use, is what constitutes the Science of Mind and Spirit. ‘

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Dr. Ernest Holmes was a mystic who found God in the silence. Going within and experiencing God in the deepest part of himself was his spiritual practice. His spirituality was reflected in his living; he believed he was one with God, and he experienced that oneness in all that he did. As important as the mystical experience was to Dr. Holmes, he also believed that religion had to be applied to everyday life problems, as an integral part of the walk of faith. Wholeness involved the Presence, yes, but also the Power -- the two faces of the dual nature of God.

Dr. Holmes developed the Science of Mind philosophy to reflect his beliefs that the inner experience of God gave entry to the Power of God and that changing the way we think about our conditions causes the Power of the Universe to change those conditions thus making our lives better. Science of Mind identifies spiritual principles that apply equally to everyone in every situation, and it teaches us how to use them with intention.

Here are the 10 Core Concepts that serve as the organizing principles of The Science of Mind philosophy:

1. **Oneness** - God is the Source of all that is, and God is all that is. Everything in the Universe is made of the Godsubstance and is a unique, individualized expression of God.
2. **Triune Nature** - God expresses Itself in three aspects -- Spirit, Soul, and Body. Each human being also has these same three aspects. Thus, there is God as macrocosm, human beings as microcosm.
3. **Creative Nature** - God thinks, and the world comes into being. Likewise, all human accomplishments originate in thought. Our human thinking process is a reflection of the Divine Creative Process in microcosm.
4. **Prayer** - All Good is eternally available and ready to flow into human experience. We activate this flow by means of prayer. Through affirmative prayer, or spiritual mind treatment, we increase our consciousness of Good eternally flowing to us.
5. **Wholeness** - Spirit is a transcendent, perfect Whole that contains and embraces all seeming opposites. As human beings, we have free will and can choose what we experience, whether it be positive or negative. The same Principle that brings us freedom, prosperity, and joy also, allows us to experience bondage, lack, or misery, according to our consciousness.
6. **Abundance** - All that anyone will ever need or desire is already provided by Universal Abundance. This applies to everybody, not just some people. Every person is heir to the riches of Creation, without regard to merit.

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7. **The Reciprocal Universe** - For every visible form there is an invisible counterpart. This means that what we receive corresponds to what we imagine and believe we can receive, the Law of Mental Equivalents. This also is the Golden Rule: that what we do to others will be done also to us, the Law of Cause and Effect.
8. **Forgiveness** - In the Eternal Now, there can be no place for Divine anger, unforgiveness, or punishment. If we perceive a need for forgiveness, this is a human condition. Human forgiveness is the process that frees us to live in the Eternal Now. It is the essential step before real spiritual growth can flourish. Science of Mind teaches that the ultimate goal of life is complete emancipation from all discord of every nature, and that this goal is sure to be attained by all.
9. **Immortality** - The Universal Truth about life is that life never ends. What we call death is simply the changing of one form of life for another. Death, the belief and perception that life must come to an end, is a human concept. As in birth the invisible becomes visible, so in dying the visible again becomes invisible. Life continues on another plane when the body has outlived its usefulness.
10. **Christ Consciousness** - Christ is not a person, but a Principle, a Universal Presence, the Universal Image of God that is present in all Creation. This is the concept of the Cosmic Christ, which is present within every person. Each human individual partakes of the Christ nature to the degree that he or she recognizes the Cosmic Christ within and lives out of that revelation. Jesus of Nazareth was a human individual who revealed the Christ Nature to the highest degree ever known.

Our Five Pillars

A pillar is a structural support. These are the fundamental practices that have proven to be pillars that support living a spiritual life.

Meditation: Guidance from Within

Although “meditation” has become a household word, this was not the case when Ernest Holmes was teaching and writing. His use of the word “meditation” refers to something we might now call “contemplation,” for his instructions guide us to focus on an idea or a written passage. Although this is one technique that can be used to meditate, know that there are as many ways to meditate as there are people on the planet. Part of your spiritual development is to find the method that works for you.

Meditation is not mentally active in the way that study is active; nor is it mentally directive in the way that prayer serves to direct our thoughts. If meditation resembled any activity, it would be the activity of listening. If

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it required any action, it would be the action of surrender, for meditation is the practice of allowing emptiness to permeate the mind. Meditation can also be described as the state of awareness and experience of freedom that rises up in the absence of thoughts, feelings, or expectations.

Spiritual Mind Treatment (Affirmative Prayer): Communion with the Divine

Prayer, in the common use of the word, is an act of communicating with God by speaking out loud or by silently using directed thought. Prayers can also be sung. Often the purpose of the communication is to ask for something for oneself or someone else: an outcome, a change in circumstances, an increase in possessions, awareness. Spiritual Mind Treatment, also known as Affirmative Prayer, is a specific type of prayer that departs from the idea of asking God to do anything on anyone's behalf. Instead, Spiritual Mind Treatment is a mental exercise one actively engages in to realign one's thought with the true nature of Divine Reality. In this way, Spiritual Mind Treatment is a practice of thoughtfully and intentionally aligning with Reality by affirming it.

Spiritual Study: Awakening to Meaning

Spiritual Study is the intentional exploration of the thoughts, beliefs, and ideas of others in order to clarify our understanding, expand our awareness, and deepen our personal meaning of the Divine. Studying in spiritual community through classes, workshops, book studies and growth cohorts exposes use to new perspectives and considerations to contemplate while deepening our relationships and strengthening our community.

Seva (Selfless Service): Oneness in Action

Seva means "selfless service" in the ancient Indian language of Sanskrit. On a personal level, Seva can be thought of as those acts of service we do for other people with no personal gain in mind. Typically, this would refer to acts of volunteering in our spiritual community, in support of one another, and for charitable causes outside the walls of our Center. However, the spiritual practice of Seva refers to the state of mind with which we perform an action in the world, a state of mind founded in dedicating and surrendering our actions to the Divine One. Ultimately, then, Seva is the attitude of selflessness with which we engage in any activity, including those that form our daily work routine.

Circulation: Participating in the Natural Spiritual Order of a Reciprocal Never-Ending Flow

It is the nature of the Divine One to simultaneously give and receive. By emulating this quality of inward and outward flow, we reveal our own true spiritual nature. Both our physical and emotional health thrive when we balance the acts of taking in and giving out. To understand why, just imagine inhaling without exhaling, or exhaling without inhaling. Or think of the Dead Sea, filled with undrinkable water—heavy with minerals—because there is only water coming in and none going out. These physical examples reflect the necessity for flow and

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harmonious exchange on both physical and spiritual levels. Our spiritual nature requires that we become both an inlet and an outlet of Divine Good.

Spiritual Mind Treatment

Spiritual Mind Treatment is a simple systemic method of thoughtfully and intentionally aligning our thoughts, both conscious and subconscious, with spiritual truth that yields repeatable results of expanded experiences of Absolute Reality; Consciousness Itself.

In *Questions and Answers on the Science of Mind* (1935), Ernest Holmes wrote:

“Treatment is not for the purpose of making things happen; it is to provide, within ourselves, an avenue through which they may happen. Treatment opens up avenues of thought, expands consciousness, and lets Reality through; it clarifies the mentality, removes the obstructions of thought, and lets in the Light. We already live in a perfect Universe, but this needs to be “seen” before it can become a part of our experience. Treatment removes doubt and fear, lets in the realization of the Presence of Spirit, and is necessary while we are confronted by obstructions or obstacles. The origin of every problem is ultimately to be found within us, and the answer to every problem will be discovered in Spiritual Realization.”

Here are the five steps of **Science of Mind Treatment**:

1. **Recognition:** the act of identifying and acknowledging the existence and presence of Consciousness, Absolute Reality, One Power, God, Higher Power, Spirit, God, etc. as the singular unlimited source and substance of all.

EXAMPLE: There is one ultimate reality, the substance of life itself, unlimited and expressing itself as all creation, seen and unseen.

2. **Unification:** the “label” used for this step can be a bit confusion as it suggests an active process of two or more things coming together as one. This step, in actuality, is the recognition of our inseparable unity with the One Power we recognize in Step 1.

EXAMPLE: I am inseparably one with and in this ultimate reality. I am an individualized expression of it. I am a portal through which it expresses.

3. **Declaration/Revelation/Realization:** an explicit statement or announcement making an existent, but previously unknown truth or fact known and factual through experience. Making

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the previously unreal, real in our experience.

EXAMPLE: I declare, affirm and accept the revelation and realization of an experience of the wholeness of my spiritual truth as the perfect employment where my unique gifts and talents are recognized, celebrated, and well compensated; where the gifts I bring make a positive difference for my employer, my co-workers, our consumers, the world in which we do business and for myself.

4. **Thanksgiving:** an expression of gratitude that everything spoken in Steps 1 through 3 is already done.

EXAMPLE: I am grateful that the continuous, uninteruptible, and unending activity of Law, the doer in the creative process, has already received my heart's desire as the mental equivalent of my perfect employment, acted upon it, and made it so. I am grateful that it exists now and that I am being guided to it.

5. **Release:** letting go of any and all remaining ideas of limitation or control so that what was declared in Step 3 is released to flow freely in the action of Law trusting that it will manifest perfectly and perhaps in ways that surprise us.

EXAMPLE: Knowing that this is already complete, already made manifest, already done in Mind and form, I confidently release. I let go of all conscious and unconscious thoughts of doubt, fear and resistance. I let go of all mental restrictions of ideas and desires to control the outcome. I fully release because I completely trust that it is done.

And so it is. Amen

In your personal use of Spiritual Mind Treatment, it is recommended that you begin by writing down the current condition/experience that you find challenging or unwanted. Then write down the condition/experience that you want. This becomes the purpose of your Spiritual Mind Treatment and helps inform what you may want to declare/reveal/realize in Step 3. There is a form in the resource appendix that you might find helpful.

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HOW DO I EXPLAIN OUR SPIRITUAL PHILOSOPHY?

The source of our spiritual teaching is at the heart of every religion. All faiths include the workings of an unseen power – variously called God, Mind, Spirit, First Cause, Divine Being, Infinite Intelligence, Higher Power or many other names. Therefore, it is an inclusive teaching that honors all individualized paths and journeys of understanding and relationship with this one unseen power.

The power of thought is a natural principle. All of us share unlimited access to the infinite creative and curative power of the universe. This creative power operates through us, activated by our thoughts which are acted upon by scientific and spiritual laws that manifest our thoughts and beliefs exactly as we think and believe them.

Science of Mind is not a creed, as it contains neither dogma nor decree. Science of Mind encompasses no system of sin and punishment, no rules of conduct, no required profession of faith or doctrine. Science of Mind sets forth a simple opportunity, one that offers no contradiction to either reason or common sense. Any person, by deliberately applying the basic principle of cause and effect in alignment with spiritual principle, can experience the life they choose.

In *Creative Mind and Success* (1919) Ernest Holmes wrote:

“There is nothing manifest but that there is a cause for the manifestation. Investigation proves that behind every condition, whether of body or environment, there has been some thought, conscious or unconscious, which produced that condition.”

If we want to change any condition in our life, then we “give the Law new instructions,” by changing our thinking. Through affirming and accepting the innate excellence of any circumstance, we can channel this generative energy. Our individual welfare rests neither in our luck, nor in our hands – but in our minds.

Science of Mind is an open-ended truth. Ernest Holmes did not claim that he had found the ultimate answers to life’s questions. “This is my revelation, not yours,” he emphasized. “It must always remain open at the top for new insights.” With even the most rudimentary understanding of Mind, any person can use thought to solve day-to-day problems. And, from that point, spiritual awareness can expand indefinitely. We are all on an individualized journey and simultaneously on a shared journey experiencing One Infinite Being expressing Itself in the multiplicity of many finite expressions, each on their own path home to the recognition and experience of the harmonious operation of One that each is and has always been.

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MEMBERSHIP

Membership is an official statement and commitment of ownership and belonging that embraces the rights and duties that support the growth of the individual and the group.

Our current by-laws (12.30.2021) define membership as follows:

ARTICLE 4 - MEMBERSHIP

Section 4.1. Qualification of Membership.

Columbia CSL shall have one class of membership. Any person may become a member upon completion of the "Discovery Class", declaration of an identifiable, consistent financial pledge and submission of a signed application ("Member").

Children of those who qualify as a Member in good standing will be considered Members and eligible to attend business meetings, with voting privileges once they are 18 years of age, as long as they are under the financial responsibility of their parent(s) or guardian as a legal dependent.

Section 4.2. Responsibilities and Benefits of Members.

The responsibilities and benefits of the Members of Columbia CSL shall include:

- a) To uphold the teachings and practices of Science of Mind and to exemplify these teachings and practices in daily life.
- b) To regularly attend the religious and social meetings of Columbia CSL.
- c) To read, study and practice the literature of Science of Mind diligently.
- d) To attend the business meetings of Columbia CSL, whenever possible, and to vote therein.
- e) To hold office and/or serve on committees or teams.
- f) Discount of 10% on the registration to SOM accredited Classes

Section 4.3. Dues, Fees, and Assessments.

No fixed membership dues shall be charged; however, all Members are required to subscribe a definite sum toward the expenses of Columbia CSL through a committed pledge and are required to make their donations using an identifiable form of financial payment. This pledge amount will be determined by the Member at the conscious level of their choosing. The pledge shall stand for the duration of active membership. However, the amount may be changed at any time at the written request of the Member.

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Section 4.4. Members in Good Standing.

Any Member wishing to serve Columbia CSL in any capacity must be in good standing, The Board of Trustees shall determine good standing based upon the criteria outlined under the responsibilities and benefits of a Member in Section 4.2.

Section 4.5. Termination of Membership.

Membership may be terminated by resignation, withdrawal or death.

Membership may be terminated by the Board of Trustees as follows:

- 1) Where a Member has not contributed to the support of, or participated in, the services or affairs of Columbia CSL for a period of at least six (6) months, without a variance from the Board of Trustees,
- 2) Members whose memberships are subject to termination, upon objection shall not be terminated if they show evidence of financial support and agree to continue supporting Columbia CSL according to Sections 4.2 through 4.4 above
- 3) A Member may be terminated for cause by a two-thirds (2/3) vote of the Board of Trustees upon a showing that a Member is acting to the detriment of Columbia CSL. The Member must be sent written notice of termination and has ten (10) days to file a written objection with the Board of Trustees. Said Members shall not be terminated upon objection until they have had the opportunity to present reasons why they should not be terminated to the Board of Trustees. After hearing such reasons, the Board of Trustees may find the termination unwarranted, suspend the Member for a stated period of time, or may terminate the membership. The decision of the Board of Trustees shall be final and not subject to further appeal.
- 4) A Member whose membership has been terminated for cause by a two-thirds (2/3) vote of the Board of Trustees, may seek to reinstate their membership after six months by submitting a cover letter of request to the Board for review and two-thirds (2/3) approval vote. If the request for reinstatement is approved by the Board, the reinstated Member shall then complete and submit a new membership/pledge form.

In alignment with our mission of being a welcoming, inclusive spiritual center where everyone can be seen and heard, your voice is amplified by your right to serve on the Board of Trustees and by your vote to effect changes in these bylaws and other decisions in the operations of the Center.

In making your membership decision, you are encouraged to engage other members, the Board of Trustees, Licensed Practitioners and Ministers to explore any and all questions/concerns.

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Current service opportunities:

SUNDAY SERVICE HOST TEAM

Responsibilities of HOST Team include:

- Reviewing the Service Rundown & Sunday Service script before Sunday morning service
- Perform the Host role as indicated throughout the Service Rundown & Sunday Service script
- Communicate the script information accurately.
- Infuse the presider role with your unique personality through inflexion and expression.
- Ensure the service flow remains within the allotted timing.

This position requires the physical and mental ability to read and speak written English.

No prior tech experience is necessary... just a willingness and capacity to learn.

Supportive orientation and coaching are always available and continuous.

SACRED READER TEAM

Responsibilities of Sacred Reader Team include:

- Reviewing the Service Rundown, Sunday Service script & Sacred before Sunday morning service
- Perform the Sacred Reader role as indicated throughout the Service Rundown & Sunday Service script
- Read accurately.
- Infuse the reader role with your unique personality through inflexion and expression.
- Ensure the service flow remains within the allotted timing.

This position requires the physical and mental ability to read and speak written English.

No prior tech experience is necessary... just a willingness and capacity to learn.

Supportive orientation and coaching are always available and continuous.

WELCOME TEAM

Responsibilities of Welcome Team Lead include:

- recruiting members
- facilitating team members self-scheduling
- purchasing supplies
- participate in any special events that require our services.

Team members' contact information is shared to facilitate increased connection and necessary communication when someone's ability to honor their commitment changes.

The Welcome team sets up and breaks down the information table and then stations themselves at the entrance to greet people as they arrive. When a guest arrives, the welcome team member points out the information table and makes themselves available to answer the guest's questions.

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Supportive orientation and coaching are always available.

HOSPITALITY TEAM

Responsibilities of Hospitality Team Lead include:

- recruiting members
- facilitating team members self-scheduling
- purchasing supplies
- participate in any special events that require our services.

Team members' contact information is shared to facilitate increased connection and necessary communication when someone's ability to honor their commitment changes.

The Hospitality Team Member sets up and breaks down the refreshment table. The specific procedures are posted inside the kitchen cabinet at the Hawthorn Center and will be made available via email and/or in print for anyone desiring their own copy.

Supportive orientation and coaching are always available.

AUDIO TEAM

Responsibilities of AUDIO Team include:

- Set up all sound equipment on Sunday mornings
- Sound mixer board
- Electronics Cabinet
- Speakers
- Keyboard/Instruments
- Microphones
- All connecting cables
- Perform Sound Checks
- Musicians/Presenters
- Music performance tracks
- In-room computer audio files

Support service by making sound adjustments as needed.

This position does require the physical ability to lift equipment and adequate hearing capacity to mix the sound. No prior tech experience is necessary... just a willingness and capacity to learn.

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VIDEO TEAM

Responsibilities of Video Team include:

- Set up all video/live stream equipment on Sunday mornings
- Two Laptop Computers
- Wireless Signal Transmitters/Receivers
- Camera Tripods
- Cameras
- PPT Projector
- All connecting cables
- Operate Stream Yard Live Stream Platform
- Start Live Stream
- Display PPT Slides as Outlined in Service Script
- Switch Camera Display from Main to Musician as needed
- Operate Main In-Room Camera
- Periodic change of camera position/focus
- Breakdown and store all video/live stream equipment on after Sunday Service.

This position does require the physical ability to lift equipment and adequate visual capacity to perform all functions. No prior tech experience is necessary... just a willingness and capacity to learn.

Supportive orientation and coaching are always available and continuous.

Current spiritual support and education offerings are available on our website www.columbiacsl.com

Your feedback about your current experience and your suggestions for how to better serve you and your spiritual needs is always welcome. You can complete a *Community Input* form in person on Sunday or online using this link <https://columbiacsl.breezechms.com/form/a921d7> , email your input to info@columbiacsl.com, text your input to (410) 750-8559, or send a physical letter to our mailing address: 650 Cog Court, Millersville, MD 21108.

If, after prayerful consideration, you choose to become an official member of Center for Spiritual Living Columbia/Greater Baltimore, please complete the **Membership Commitment**.

Mailing Address:

659 Cog Court
Millersville, MD 21108
Call/Text (410) 750-8559

Sunday Services are held at:

The Hawthorn Center
6175 Sunny Spring
Columbia, MD 21044

Visit ColumbiaCSL.com for more information.



DISCOVERING MEMBERSHIP
CENTER FOR SPIRITUAL LIVING
COLUMBIA/GREATER BALTIMORE (CSLCGB)

16

MEMBERSHIP COMMITMENT

Welcome!

Please fill out and sign this Membership Agreement/Financial Pledge to activate your Membership.

Name: _____

Email: _____

Address: _____

Phone: _____

City, State, Zip: _____

Alt Phone: _____

Birthday: _____

Your information is only used for internal communications and NEVER shared without permission.

Having completed a review and discussion of the *Discovering Membership* packet, participating in the community, speaking with Rev. Rafe, and prayerfully considering the responsibilities and duties of membership, I, _____, choose to become a member.

(PRINT NAME)

As a conscious financial steward:

I pledge \$_____ per ☐ week / ☐ month / ☐ year

I choose the following method of giving:

☐ Option #1: Set up my giving through our website www.columbiacsl.com under the "GIVE" tab.

☐ Option #2: Cash or Check: (check payable to CCSL)

☐ Option #2A: Sunday morning offering (if cash, please use an envelope identifying your giving so we can credit it to your pledge account).

☐ Option #2B: mail to CSLC/GB, 659 Cog Court, Millersville, MD 21108

If you are currently using auto-tithe, that won't change unless you choose to change it. If you need assistance, please reach out to Rev. Rafe at admin@columbiacsl.com or (410)-750-8559.

Signature: _____

Date: _____

PLEASE return this completed form to Rev. Rafe

NOTE: the additional attached resources are to support you in your spiritual journey. We look forward to learning and growing with you!! WELCOME!!

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17

WRITING A SPIRITUAL MIND TREATMENT

In your personal use of Spiritual Mind Treatment, it is recommended that you begin by writing down the current condition/experience that you find challenging or unwanted. Then write down the condition/experience that you want. This becomes the purpose of your Spiritual Mind Treatment and helps inform what you may want to declare/reveal/realize in Step 3. There is a form in the resource appendix that you might find helpful.

CURRENT CHALLENGING OR UNWANTED CONDITION/EXPERIENCE: _____

DESIRED CONDITION/EXPERIENCE: _____

STEP 1 – RECOGNITION: _____

STEP 2 – UNIFICATION: _____

STEP 3 - DECLARATION/REVELATION/REALIZATION: _____

STEP 4 – THANKSGIVING: _____

STEP 5 – RELEASE: _____

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4 STAGES OF SPIRITUAL AWAKENING

As conceived by Michael Bernard Beckwith

Stage One: Victim Consciousness “To Me” Description: Individuals feel powerless and believe external forces control their lives, often blaming others or circumstances for their problems. Core belief: "Life is happening to me". Evolution: The shift here is from blame to personal responsibility.	Stage Two: Manifestor Consciousness “By Me” Description: Individuals recognize their ability to create their reality through thought, intention, and action. They are empowered and proactive. Core belief: "I create my life". Evolution: The move from this stage is to shift from ego-driven control and attachment to outcomes towards surrender and allowing.
Stage Three: Channel Consciousness “Through Me” Description: Individuals surrender to a higher power or divine intelligence, seeing themselves as a vessel or "channel" for divine energy and creativity. Core belief: "I am a conduit for divine energy". Evolution: The challenge is to fully surrender the ego and trust divine timing, allowing life to flow through you.	Stage Four: Oneness Consciousness “As Me” Description: The sense of separation dissolves, and individuals experience a profound unity and oneness with all of life. Core belief: "I am one with all that is". Evolution: This stage is about integrating this spiritual realization into all aspects of daily life, moving beyond a state of being to living as oneness.

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EXPLAINING THE CREATIVE PROCESS

The Science of Mind Teaching Symbol is a useful diagram in explaining the creative process, which works exactly the same way on a personal basis as it does on a Universal basis.

The circle represents all of Spirit that is both visible and invisible. Three aspects are contained in the circle. The top represents the invisible cause of all creation. In your life that's you. The center section represents Spiritual Law, which receives your thoughts and manifests them into physical form, in the bottom section of the circle.

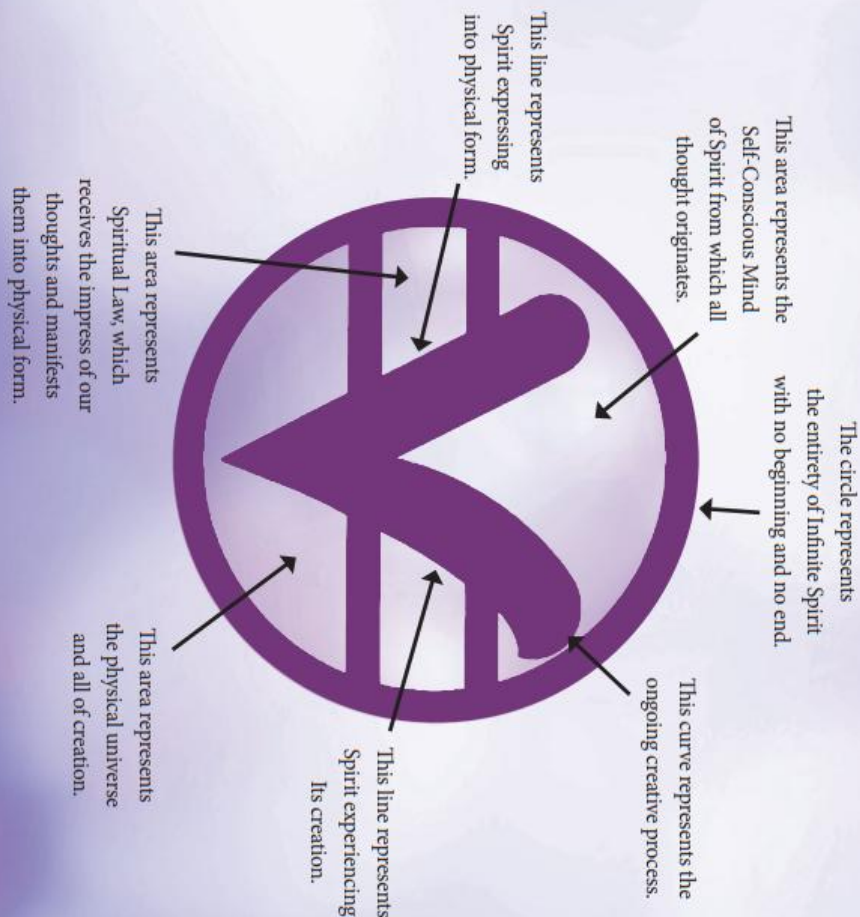
The line starting in the upper left of the circle represents the creative process as an idea beginning in Mind, which travels through Law and is then expressed into physical form at the bottom of the line.

The line then ascends upward as the resulting experience. The curve at the top of the line represents the continuation of the creative process again and again.



THE SCIENCE OF MIND TEACHING SYMBOL

The symbol shown below represents the Universal Creative Process, which as spiritual beings, we use in every moment. It illustrates the infinite nature of God and how we manifest every aspect of our lives through it.



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