This week we begin our exploration of Tradition 4: “Each group should be autonomous except in matters affecting other groups or AA as a whole.”

Let’s begin by rewording this Tradition to make it more inclusive. How about ***Each group should be autonomous except in matters affecting groups or Creation as a whole***.

WORD BY WORD

Define, expand on, or clarify the words or phrases used in this Tradition. You are invited to explore the dictionary definitions AND your own understanding. Here’s a structure to get you started. Feel free to use this or something completely different.

***To me “Each group” refers to…***

***To me “should be” means…***

***To me “autonomous” means…***

***To me “except” means…***

***To me “matters affecting groups” means…***

***To me “Creation as a whole” means***…

SPIRITUAL PRINCIPLES

Traditions embody multiple spiritual principles. List the spiritual principles that you believe apply to Tradition 4 and journal about their relevance to you. Here are a few to get you started.

Freedom:

Responsibility:

Independence:

Unity:

Open-Mindedness:

Humility: