

Baked Speckled Trout

Prep: 15 minutes

Cooking Time: 45 minutes

4 servings

Ingredients:

4 medium trout filets

1 small onion, sliced

1 lemon

1 bell pepper, sliced

½ stick butter

Salt

Pepper

Garlic Powder

Vegetable Spray

Directions:

Spray baking dish with vegetable spray. Place filets in baking dish; squeeze juice from lemon over fish. Slice butter into pats and place on top of fish. Sprinkle salt, pepper, garlic powder, sliced onion, and bell pepper over fish. Let stand for ½ hour and then bake at 350 degrees for about 45 minutes.

**Recipe courtesy of cooks.com.*