

# ASHI VOLUNTEER SPOTLIGHT



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**What committee(s) do you serve on?**

Portfolio Exam Committee, Laboratory Professionals  
Recruitment Workforce

**How did you get started as a volunteer for ASHI?**

I first volunteered on the education committee for CHS/CHT exam, since I already had exam writing experience. That led to later invitation to join the ARB and subsequent committee assignments

**How has volunteering for ASHI improved your professional development?**

Volunteering is an investment in both you and your community. It can help your professional development in many ways, from gaining new knowledge to honing planning and organizational skills, as well as confidence building and establishment of a professional network.

**What is your most memorable volunteer moment?** It is difficult to point to a single moment as the most memorable. There have been many moments, helping laboratories navigate regulatory requirements, connecting young technologists and DITs to needed educational resources, to working with outside organizations to increase visibility of our profession. Overall, most memorable is the welcoming sense of community at each volunteering event, celebrating each other's successes and supporting each other through adversity.

**Why do you think it is important for others to volunteer with ASHI?** It is important to volunteer with ASHI to invest fully in yourself and the patients you care for.