

DEVELOP
YOUR
SKILLS

I am
a
LEADER

TEENS AS TEACHERS PROGRAM

Ages 12-14

CHARACTER IN ACTION:
Teaching calm & kind skills

Training to teach mindfulness, kindness, and calm-body activities to younger youth

Earn 12+ Community Service Hours and a Certificate of Completion

this Spring and Summer 2026

APPLY BY JANUARY 15TH

REQUEST APPLICATIONS FROM YOUR CLUB LEADER

AND SUBMIT BY EMAIL TO:

mpguillen@ucanr.edu

OR GIVE A COMPLETED APPLICATION

TO YOUR CLUB LEADER



**4-H Youth
Development Program**
University of California
Agriculture & Natural Resources

UNIVERSITY OF CALIFORNIA AGRICULTURE & NATURAL RESOURCES (UC ANR) IS AN EQUAL OPPORTUNITY PROVIDER.