

## 2023 Nova Scotia College of Family Physicians Family Medicine Conference Agenda

20 October, 2023 | In-person & Live Online

Canadian Museum of Immigration at Pier 21  
1055 Marginal Rd, Halifax

8:30 - 8:50

### LOGIN/CONNECTION TEST

8:50 - 9:00

### OPENING REMARKS

9:00 - 9:35 Top 5 Family Medicine Papers

**Presenters:** Jennifer Leverman, MD, CCFP (EM); & Jock Murray, MD, CCFP (EM)

#### Objectives:

- Review great practice-changing articles in family medicine
- Apply the findings to family practice

**Description:** This presentation will review potentially practice changing articles from the recent literature. Participants will consider changing their practice based on one evidence-based recommendation from each article.

9:35 - 10:10 Diabetes Medication Update

**Presenter:** Janice Shivakumar, MD, FRCPC

#### Objectives:

- Understand the evidence related to SGLT21, GLP-1RA and DPP-41
- Identify which patients are candidates
- Be able to prescribe confidently and safely
- Be able to prescribe and alter medications allowing for NS pharmacare restrictions

10:10 - 10:45 Sublocade

**Presenter:** Reza Mehrpooya, MD, CCFP

#### Objectives:

- Understand the indications and contraindications for buprenorphine extended release injection
- Review the induction and stabilization of buprenorphine and how to transition to the extended release injection
- Understand proper administration, possible side effects/adverse reactions, and how to manage missed doses
- Learn how to become a certified sublocade prescriber and how to order the prescription
- Review the evidence of efficacy

10:45 - 11:05

### BREAK – 20 mins

11:05 - 11:40 ENT – Short Snappers: Audiograms/ Hearing Loss/ Hearing Aids

**Presenter: Richard Balys, MD, FRCSC**

**Objectives:**

- Understand asymmetrical hearing loss - who should be worked up, how should they be worked up, and when to refer to ENT
- Understand when and why ABR testing is done
- Identify the optimal time for patients to start wearing hearing aids

11:40 – 12:15 MAID: First Assessment

**Presenter: Gordon Gubitz, MD, FRCPC**

**Objectives:**

- Reviewing the process and expectations of doing a first assessment as a primary care provider
- Highlight resources available for a provider on doing a first assessment
- Discuss billing and payment of a first assessment

**Description:** Given the increased need of first assessments to be completed by the primary care provider this session is to help build competency to do assessments.

12:15 – 12:30

**LUNCH**

12:30 – 1:15

**ANNUAL MEETING**

1:15 - 1:50 Treatment of Menopause Symptoms & Safety of Hormone Replacement Therapy

**Presenter: Maria Migas, MD, CCFP, FCFP**

**Objectives:** TBA

1:50 - 2:25 Immunization Update

**Presenter: Shelly McNeil, MD, FRCPC**

**Objectives:**

- Discuss best practice recommendations for non-insured vaccines including Men B (Bexsero), Prevnar 20, Shingrix, etc.
- Understand the best time to recommend these vaccinations in consideration of age and comorbidities
- Review the evidence supporting the use of these vaccines in the general population vs. high-risk populations
- Review who should get COVID boosters and how often
- Understand the long-term projected plan for COVID boosters including safety data

2:25 - 3:00 Heart Failure

**Presenter: Andrew Moeller, MD, FRCPC**

**Objectives:**

- The four medication pillars in the management of HFrEF
- Current treatment recommendations in patients with HFpEF

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- The role of NT Pro-BNP in unexplained dyspnea

3:00 - 3:20

**BREAK – 20 mins**

3:20 - 3:55 OurCare Research

**Presenter: Ruth Lavergne, PhD**

**Objectives:** TBA

3:55 - 4:30 Administrative Burden

**Presenter: Sarah Fraser, MD, CCFP**

**Objectives:** TBA

4:30 - 4:40

**EVALUATIONS & CLOSING REMARKS**

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