

WEEKLY MENU

Menu #1

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal Juice Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk
Lunch: Hamburgers FF Buns Fruity Fruit Milk	Under the Sea Casserole Peas Fruity Fruit Milk	Chicken & Rice Tasty Tree Top Broccoli Mandarin Oranges Milk	Quesadilla Corny Corn Fruity Fruit Milk	Sandwich Day Milk
Snack: Animal Crackers Milk	Apples Cheese Water	Pretzels Carrots Water	Cereal Mix Juice	Crunchy Mix Milk

WEEKLY MENU

Menu #2

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal Juice Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk
Lunch: Chicky Nuggets Bread & Butter Green Beans Fruity Fruit Milk	Tacos Corn/Peas Fruity Fruit Milk	Hawaiian Chicken & Rice Broccoli Fruity Fruit Milk	Turkey Mashed Potatoes Rolls Fruity Fruit Milk	Sandwich Day Milk
Snack: Zoo Food	Niblets	Savory Crackers	Chips & Salsa	Raw Veggies

Milk	Cheese	Apples Water	Under 3- Crackers Milk	Juice
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WEEKLY MENU

Menu #3

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal Juice Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk
Lunch: Mac & Cheese Bonsi Tree Broccoli Fruity Fruit Milk	Chicken Fajitas Corny Corn/ Cooked Carrots Fruit Fruit Milk	Beefy Rice Silly Willy Green Beans Fruity Fruit	Pizza Peas/ Lettuce Salad Fruity Fruit Milk	Sandwich Milk
Snack: Graham Crackers		Pretzels	Muscle Mix	Crackers Juice

Milk	Apples (Crackers under 3) Cheese Water	Raw Veggies Water	Lady Bug Raisins (Juice under 3) Water	
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WEEKLY MENU Menu #4

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal Juice Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk
Lunch: Cluck Quesadillas Peas/ Corny Corn Fruity Fruit Milk	Tator Tot Casserole Biscuits Green Beans Milk	Cowboy Beans Cornbread Fruity Fruit Milk	Spaghetti Lettuce / Peas Fruity Fruit Milk	Sandwich Day Milk

Snack:				
Chex Mix	Layered Black Bean Dip	Graham Crackers	Pretzels	Muscle Cereal Mix
Milk	Chips	Milk	Carrots w/ Ranch	Juice
	Under 3-Crackers		Water	
			Under3-Crackers	
			Milk	

WEEKLY MENU

Menu #5

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:				
Cereal	Grain	Grain	Grain	Grain
Juice	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Lunch:				
Beefy Mac & Cheese	Frito Pie	Cluck Cluck Casserole	Gobble Gobble Rice	Sloppy Joeys
Broccoli	Lettuce	Very Veggie Veggies	Green Beans	French Fries
Fruity Fruit	Corny Corn Chips	Fruity Fruit	Fruity Fruit	Fruity Fruit
Milk	Fruity Fruit		Milk	

	Milk	Milk		Milk
Snack: Teddy Grahams Milk	Mixed Fruit Cheez- its	Cheese Juice	Roll ups Water	Crunch Mix Milk

WEEKLY MENU

Menu #6

SONSHINE WORLD

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal Juice Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk	Grain Fruit Milk
Lunch: Cheesy Ham and Potatoes Green Beans Bread & Butter Milk	Pizza Casserole Salad Fruit Milk	Hot Diggity Dog Casserole Carrots/ Corn Fruit Milk	Chefs Choice "Surprise" Milk	Sandwich Day Milk

Snack: Animal Crackers Milk	Niblets Carrots	Pretzels Apples	Yogurt Crackers	Cereal Juice