



From Prevention to Intervention, Carebridge Can Help.

Incidents of violence create feelings of uncertainty and distress regardless of having a direct connection to the event. It can also cause anxious feelings when adults consider how to talk to children about it.

Carebridge is offering a special virtual support group to give parents, guardians, and caregivers age-appropriate tools to help children navigate these events. The role of compassionate communication will be emphasized. Participation is anonymous.

## Age-Appropriate Ways to Talk to Your Kids About Violence

June 15, 2022 at 2:30 pm EST

Sign Up Now

**Need help now? Carebridge can help.**

Call **800.437.0911** or email [clientservice@carebridge.com](mailto:clientservice@carebridge.com)  
24-7 for confidential and free consults  
For online services log-on to: [myliferesource.com](https://myliferesource.com)  
Your Access Code is: **Contact Your Benefits Manager**

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