



## 9 Miles East's GO Boxes

**GO Boxes** are delicious, healthy, ready-to-eat meals made with organic baby greens, whole grains, fresh vegetables, and farm-made dressing. They're convenient meals that keep you energized and productive without weighing you down.

Ingredients are sourced from our 29-acre farm whenever possible, and supplemented with high-quality oils, organic grains, and other natural ingredients.

It's a convenient, fresh and functional approach to eating, and a great fit for anyone who wants to feel and perform at their best. GO Boxes make it easy to eat the way you know you're supposed to.

## Menu for Head of the Fish Regatta, October 30 + 31

### **Ananda GO Box ~ Indian-inspired & flavor packed**

*Including roasted vegetables, purple cabbage, organic red lentils, pumpkin seeds, and whole grain basmati rice over organic baby greens. With a piquant ginger spice. Vegan and Gluten Free.*

### **Athens GO Box ~ High protein, Greek-style**

*with cucumber, Kalamata olives, almonds, Vermont feta cheese, chickpeas, organic quinoa, and organic baby greens. Toss it with our tasty Greek vinaigrette. Vegetarian and Gluten Free.*

### **Broc Star GO Box ~ Broccoli focused & citrusy**

*quick-cooked broccoli florets so they're crisp-tender and bright green along with organic white beans, organic quinoa, toasted almonds, and dried cranberries over organic baby greens. A light lemony vinaigrette makes every bite shine. Vegan and Gluten Free.*

### **Poblano GO Box ~ Mexican-inspired**

*packed with sweet corn, bell peppers, tomato, cilantro, and scallions. Served over organic black beans, whole-grain rice, and organic baby greens, and sprinkled with lightly-toasted pepitas. Farm-made chipotle-lime vinaigrette. Vegan and Gluten Free.*

### **Valencia GO Box ~ Colorful Spanish-style**

*offering a hearty combination of carrots, roasted red bell peppers, peas, olives, chickpeas, whole grain rice, and organic baby greens. With our tangy sherry vinaigrette. Vegan and Gluten Free.*

### **Individually packaged:**

**GO Box** - \$9 per box / **PRO Box** with chicken - \$12 per box

### **For sharing:**

**Full Tray GO Box** with sliced chicken on side - \$9.25 per person

**Please  
order  
by 10/25!**

**TO ORDER:** Email [Alysha@9mileseast.com](mailto:Alysha@9mileseast.com) or call (518) 226-5353