



An Online Cohort for the Early Childhood Workforce

3 Sessions MAR-APRIL

Please join us for *Conversations with a Consultant*, a time for child care providers to discuss what they are experiencing in their work right now with an Early Childhood Mental Health Consultant. These online groups will provide a safe place for the workforce to vent frustrations, discuss COVID-19 challenges, and ask advice about children's challenging behavior. Consultants will act as a sounding board and create a trusted group that can support each other through this difficult time.

Please choose one cohort to participate in, and if applicable, we will do our best to make sure that teachers are not in the same group as their supervisors unless requested. To allow for robust discussion and everyone's input, cohorts are limited to 10 people.

Friday Cohort 1 | 12:30-1:30 pm on March 19, April 2, and April 16 **Tuesday Cohort 2** | 12:30-1:30 pm on March 23, April 13, and April 27





Register HERE for Cohort 2



