

POSITIVE SOLUTIONS FOR FAMILIES



What will I LEARN in Training?

◆ June 5th- Session 1- Making a Connection

- ◆ You will learn how to build relationships, how to have quality time, and how to give positive comments and encouragement.

◆ June 12th Session 2- Making it Happen

- ◆ You will learn how play is a powerful parenting practice, how to support the development of friendship skills, and how to encouraging positive behavior in your child.

◆ June 19th ACE's (Adverse Childhood Experiences)

This class will be an introduction to the neuroscience of early childhood development and how adult's Adverse Childhood Experiences may impact both our parenting and our children.

◆ June 26th Session 3- Why do they do what they do?

- ◆ You will learn how to determine the meaning of your child's behavior, how to make expectations clear, how to develop and teach your household rules.

◆ July 3rd Session 4- Teach me what to do

- ◆ You will learn about emotional vocabulary, managing anger, problem solving and handling disappointment.

◆ July 10th Session 5- Facing the Challenge Part I

- ◆ You will learn strategies to promote positive behavior.

◆ July 17th Session 6- Facing the Challenge Part II

- ◆ You will learn how to problem solve challenging behavior, and learn solutions you can use everyday.



FREE Parent Training Series

We are pleased to offer a 7 series training that will provide information to families on how to promote children's social and emotional skills, understand problem behavior, and use positive approaches to help children learn appropriate behavior. Parents will be given strategies every session that they can use with all children. **Training materials, child care, and**

dinner will be provided for FREE!!! This class

is a series which will be one day a week on Wednesdays for 7 weeks. Registration is required. Call to sign up.



Location and Details

- 567 Marquette Dr. Colorado Springs, CO 80911

(Restoration of Life Ministries International Church)

- Dinner will begin at 5:45 pm.
- Class starts at 6:00pm and ends at 8:00 pm.
- Childcare is provided at no cost. Please arrive at 5:40 pm to sign in your child.

