



# Supporting Young Children & Families during a Pandemic



a FREE early learning training series for today's challenges

PRESENTED BY ASSURING BETTER CHILD HEALTH AND DEVELOPMENT  
WITH GENEROUS SUPPORT FROM THE SPONSORS BELOW

Young Children and Families in a Pandemic

Jan. 12, 2021  
6-7:30pm



Social Emotional Development

Feb. 9, 2021  
6-7:30pm

Building Resilience in Young Children

Mar. 9, 2021  
6-7:30pm

Communication and Resource Connections in 2021

New Date! April 19, 2021  
New Time! 5:30-7pm

Let's shine a light on the important work of early learning providers during an extraordinary time in our world. We will discuss how to identify red flags, build resilience, and seek support despite the limitations this pandemic has created. Concrete resources and activities will be provided during these interactive virtual trainings.

**Register Here for Free!**



calling for sponsors!  
interested in supporting this work?  
contact [eileen@coloradoabcd.org](mailto:eileen@coloradoabcd.org)

# Supporting Young Children & Families during a Pandemic

✓ January 12, 2021, 6-7:30

**Young Children and Families in a Pandemic-  
What do we know and what can we do?**

Living in a Pandemic has impacted every person in our local community and abroad. How has limited social contact, mask wearing, and separation impacted young children and families? We will explore concerns to look for and unexpected benefits of experiencing the pandemic. Learn how providers can help themselves while supporting the littlest learners.

**February 9, 2021, 6-7:30**

**Social Emotional Development-  
Looking for Red Flags and Supporting Growth**

What is social-emotional development and why is it important? How can we support children returning to early childhood programs in the midst of a pandemic? This workshop will help providers recognize social emotional concerns in young children, create activities to help this growth, and consider community support resources. This interactive training is designed to give you practical information you can use.

**March 9, 2021, 6-7:30**

**Building Resilience in Young Children**

Resilience describes the handling of stress, trauma, and adversity. We all experience varying levels of challenges in our lives and the way we bounce back from them demonstrates how resilient we can be. We will explore why resilience is important, activities that promote resilience, and how caregivers can build their own capacity for resilience during difficult times.

**JUST ADDED!**

**MONDAY: April 19th, 2021 NEW TIME: 5:30-7pm**

**Communication and Resource Connections in 2021**

Sharing information in a way that includes and values a family's perspective involves active listening as well as interpersonal communication skills. We will explore how to have conversations with families to support their fears and needs during this challenging time. We will then delve into local developmental resources from across Colorado to understand what is available for young children in 2021.

want more?

**ABCD has more trainings!**

contact [eileen@coloradoabcd.org](mailto:eileen@coloradoabcd.org) to sponsor an early learning training