

## Child Care Centers COVID-19 Exclusion Guidance

| Staff or Students   | Isolation Guidelines for Case   | Quarantine Guidelines for Asymptomatic Contacts            | Isolation Guidelines for Symptomatic Contacts  |
|---|---|--|--|
| <b>Confirmed Case</b> – Asymptomatic/symptomatic and diagnosed with COVID by a physician with a laboratory confirmed test.                            | Exclude for 10 days from the date of symptom onset (or date of positive test if asymptomatic) <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms. | Exclude for 14 days from the last day of exposure to case. | <b>Probable Case:</b> Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms. |
| <b>Probable Case</b> – Symptomatic with a known exposure to a confirmed case.   | Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.  | Exclude for 14 days from the last day of exposure to case. | <b>Probable Case:</b> Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms. |
| <b>Suspect Case</b> – Symptomatic and diagnosed with COVID by a physician without a laboratory confirmed test.  | Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.  | N/A  | <b>Probable Case:</b> Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms. |
| <b>Symptomatic Case</b> – Unknown respiratory/GI illness.   | Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.  | N/A  | Advise to follow up with primary care provider.  |
| <b>Symptomatic Case</b> – Alternative respiratory/GI illness diagnosed by a physician with a laboratory confirmed test (e.g. flu, strep, noro, etc.). | Exclude based on guidelines in the disease manual specific to illness.  | N/A  | Advise to follow up with primary care provider.  |

| Health Care Workers   | Isolation Guidelines for Case   | Quarantine Guidelines for Asymptomatic Contacts            | Isolation Guidelines for Symptomatic Contacts   |
|---|---|--|---|
| <b>Confirmed Case –</b><br>Asymptomatic/symptomatic and diagnosed with COVID by a physician with a laboratory confirmed test. | <p>Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> <p>After the above three criteria are met, case may return to work; however, they must wear a surgical mask at work until their symptoms have fully resolved or 14 days from the date of symptom onset (whichever is longer).</p> | Exclude for 14 days from the last day of exposure to case. | <p><b>Probable Case:</b><br/>Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> |
| <b>Probable Case –</b><br>Symptomatic with a known exposure to a confirmed case.  | <p>Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> <p>After the above three criteria are met, case may return to work; however, they must wear a surgical mask at work until their symptoms have fully resolved or 14 days from the date of symptom onset (whichever is longer).</p> | Exclude for 14 days from the last day of exposure to case. | <p><b>Probable Case:</b><br/>Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> |

| Hospitalized Cases   | Isolation Guidelines for Case   | Quarantine Guidelines for Asymptomatic Contacts            | Isolation Guidelines for Symptomatic Contacts   |
|--|---|--|---|
| <b>Confirmed Case –</b><br>Symptomatic and diagnosed with COVID by a physician with a laboratory confirmed test. | <p>Exclude for 10 days from the date of symptom onset or 10 days after discharge from the hospital (unless criteria are met while hospitalized) <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> | Exclude for 14 days from the last day of exposure to case. | <p><b>Probable Case:</b> Exclude for 10 days from the date of symptom onset <b>AND</b> fever free for 72 hours without the use of fever reducing medicine <b>AND</b> improvement in symptoms.</p> |

***COVID-19 incubation period:*** The incubation period for COVID-19 is 2-14 days; moreover, cases can be infectious 48 hours prior to symptom onset.

***Contact definition:*** Persons with direct face-to-face contact with an infectious case; shared confined space in close proximity for a prolonged period (10 minutes or longer); direct contact with case's respiratory, oral, or nasal secretions (e.g. an explosive cough/sneeze in the face, sharing food or eating utensils, kissing, mouth-to-mouth resuscitation, or performing a medical exam of the nose/throat without a mask).

***Contacts at higher risk of severe disease:*** adults > 60 years, persons with immunodeficiency or underlying severe disease.