



## **Instructions for Attending Summer Classes**

**All students, even existing students with waivers on file, will need to complete the new electronic waiver form found [here](#).**

**All classes are now BYOP (Bring Your Own Props). This includes yoga mats, blocks, blankets, bolsters, eye pillows, etc. No shared props will be available to students.**

**Students should wear masks when not actively engaged in practice. Masks may be removed during class. Disposable masks will be available for those who need them.**

**Please maintain a distance of at least 6 feet from others at all times. Please keep in mind that mats must also be set up at least 6 feet apart from each other.**

**Please register in advance for all classes on MindBody and check in upon arrival. If you have questions, feel free to call me (Rosie) at any time (603-626-9642).**

**Due to a special arrangement with the Currier and the Masonic Temple, regular studio passes (including new student specials) cannot be used at these locations. Any credits for summer classes will, however, be honored for in-studio classes once we reopen at the studio.**

### **Special Instructions for Attending Outdoor Classes (Currier, etc.):**

- Please use a bathroom before you arrive. There are no bathroom facilities.
- Weather cancellations will be posted on MindBody and on the schedule page of the website no less than 2 hours in advance of class. Emails will also be sent to registered students. Credit will be applied to future classes.
- Some things you might want to bring: hat, water bottle, sunscreen, bug spray, sanitizer.

### **Instructions for Attending Indoor Class (Masonic Temple, etc.):**

- Due to social distancing requirements, we are limited to four students in the studio. As a result, for the time-being indoor classes will be held at the **Masonic Temple at 1505 Elm Street** (several blocks away). Entrance to the Temple is at the rear of the building on Temple Ct., where there is on-street parking. Enter through the back doors, and go down the stairs on the left.
- Hand sanitizer will be made available.
- The Temple doors will open 20 minutes prior to class start. Please enter one at a time and avoid congregating in entry areas.