MATIGNON ATHLETICS

FIRST PRACTICE

FALL 2020

Cross Country – Friday, September 18 – 1:30 meet outside on the front lawn

Golf – Friday, September, 18 – 2:30 meet at school outside near the gym

(traveling to Stonemeadow Driving Range by Matignon Van)

Boys Soccer – Monday, September 21 – 3:30 practice on the field

Girls Soccer – Friday, September 18 – 1:00 practice on the field

Volleyball – Friday, September 18 – 3:30 meeting in the auditorium

(to announce new coach)

FALL Coaches contact information:

**Cross Country**  
Dave Tousignant   
[dtousignant@matignon.org](http://dtousignant@matignon.org)

**Golf**  
Ted O'Brien  
[Tobrien@matignon.org](mailto:Tobrien@matignon.org%20)

**Boys Soccer**  
Ryan Carino  
[rcarino@matignon.org](http://rcarino@matignon.org)

**Girls Soccer**  
Patty Piecz

[ppiecz@matignon.org](mailto:ppiecz@matignon.org)

**Volleyball**  
TBA

Email your coaches with any questions.

Things you must do in order to practice:

1. Please register on FamilyID (can be found on the Matignon website)
2. Check to make sure you have an updated physical examination (physical examinations expire after 13 months and must be updated. A copy of your new physical must be submitted to the school nurse.

Please see attached covid rules for your sport.

Good luck and please stay healthy and safe.