

## For 2nd-5th grade

\$100 Youth Athletic Fee

Season: 8/12/2018 through 10/2/2018 (form must be turned in by 8/5/18 in order to receive a shirt)

Practice Days: Monday & Wednesday 3:20pm-4:20pm

Where: Outside the weight room on the turf

Please Fill out and Turn in Sign Up Sheet

Contact: Coach Lorenzo at:

<u>elcacrosscountry@gmail.com</u>

## (Space is limited, first 25 kids to sign up)

We are very excited to continue our Bolts Running Club for the 2019 school year. This running club will be available for all 2nd-5th grade students. The team will practice Mondays and Wednesdays 3:20-4:20. Any athlete that needs to be brought to ASEP will be dropped off by one of our coaches at the conclusion of practice. In addition to practicing, they will be participating in our two home meets. I hope that you will consider joining the Bolts Running Club and enjoy the wonderful sport of cross country.



I hereby give my permission for	to participate on the
BOLTS RUNNING CLUB during the 2019 season.	
Athletes Printed Full Name:	
Date of Birth: Grade: Best Email address:	
Mom's Cell Phone #:	Dad's Cell Phone #:
Will you need the coaching staff to bring your child to the ASEP program? (If so please indicate what day(s)	
T-Shirt size for Runner: YSYMYLY	XLASAMALAXL
Parent(s) Full Name (Please Print):	
Parent(s) Signature:	
Cost: \$100 for a runner (2rd-5 <sup>th</sup> grade) will be charged to your ELCA School Account.	

\*Team gear is included in cost (T-shirt) (\*will not receive a shirt if form isn't turned in by 8/5/18)