Systems-Centered® Training

An Innovative Approach to Sustainable Change

Surviving and Thriving in Times of Uncertainty

Philadelphia • March 23-29, 2019

Pre-Conference Institute: Saturday & Sunday, March 23-24 Five-Day Conference: Monday – Friday, March 25-29



Relevant for:

- Individuals, Couples & Group Psychotherapy
 - Organizational Consulting & Coaching
 - Leadership & Professional Development
 - Clinical Pastoral Education
 - Educational Settings

20th Anniversary SCT® Conference

www.systemscentered.com

Sponsored by the Systems-Centered Training and Research Institute

Pre-Conference Weekend Institute Saturday 9:00am – 5:30pm & Sunday 9:00am – 4:30pm

100-I	Systems-Centered Foundation Training for Groups and Individuals Nina Klebanoff, Ed.M., LCSW, CGP and Mike Maher, MA, PCGE
102-I	SAVI Fundamentals - Observing Behavior, Seeing Systems: At Work, In Therapy, At Home Claudia Byram, Ph.D., CGP and Alida Zweidler-McKay, MBA
103-I	Taking Up Your (Functional) Role at Work Anna-Lena Sundlin, MSc, Paul Sundlin, MSc, and Ben Benjamin, Ph.D.
104-I	An Advanced Exploration of the Application of Theory and Methods in Contexts of Uncertainty Frances Carter, MSS, LSW, CGP
301-IC	Intermediate Skills Training (by application; continues Mon-Fri 8:00-12:05) Susan Beren, Ph.D. and Madeline O'Carroll, MSc, PGDip, RMN, SFHEA
401-IC	Authority Issue Group (closed group; continues Mon-Fri 8:30-12:05) Susan Gantt, Ph.D., CGP, ABPP, DFAGPA, FAPA and Ray Haddock, MBChB, M.MedSc., FRCPsych
402-I	Observing a Systems-Centered Foundation Group: Training for Trainers and Advanced Intermediate Leaders Annie MacIver, MA, DipSW and A. Meigs Ross, M.Div., LCSW
502-IC	Advanced Training for Trainers and Leaders: Tracking Group Development (closed group; continues Mon-Fri 8:30-12:05) Dorothy Gibbons, MSS, LCSW and Juliet Koprowska, MSW

Five-Day Conference

The Five-Day Conference begins Sunday evening with a Welcome from Mike Maher, Director of SCTRI at 4:45pm. Followed by Large Group 5:05 – 6:35pm. Large Group continues Monday, Tuesday and Thursday 4:20 – 5:50pm.

Choose one Early Morning Training & one Late Morning Training OR choose one Full Morning Training:

Early Morning Training - Build and Work in an SCT Group (Monday - Friday)							
8:45-10:15	201-C	Systems-Centered Foundation Training Group (O'Neill & Davis)					
	302-C	Systems-Centered Intermediate Training Group (Byram & Campa) By application					
	503-C	Advanced Training Group (Carter & Viskari) Prerequisite: Authority Issue Group					

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Late Morning Training (Monday - Friday unless otherwise noted)								
10:35-12:05	101	Drop-In Groups - The basic elements of SCT theory and practice Open to All Levels						
		Mon Functional Subgrouping (Narretta) or Introduction to SCT Theory (Haddock)						
		Tues Explain/Explore (Eiberson) or Seeing Systems (Gantt)						
		Wed Undoing Anxiety (Maher) or SCT Consultation (Viskari)						
		Thu Distraction Exercise (Bergquist Håål) or SAVI Theory (Byram)						
		Fri Force Field Development (Zweidler-McKay) or Phases of System Development (Gantt)						
	403-C	Using Force Fields for System Development: Intermediate Training (Campa & Zweidler-McKay) Mon & Tue. <i>Intermediate level. See website for criteria.</i>						
	404-C	Intermediate Leadership Skills Practice: Building an SCT Group (Ross & Ritz) Wed - Fri. Intermediate level. See website for criteria.						
	405-C	Advanced/Advanced Intermediate Training: Deepening the Understanding of the Current SCT Protocols (Carter & MacIver) Prerequisite: Mentor Training & in active consultation						

Full Morning Training (Monday – Friday)							
8:00-12:05	301-IC	Intermediate Skills Training (Beren & O'Carroll) By application; continuing from the weekend					
8:30-12:05	401-IC	Authority Issue Group (Gantt & Haddock) Closed group; continuing from the weekend					
	502-IC	Advanced Training for Trainers and Leaders: Tracking Group Development (Gibbons & Koprowska) Closed group; continuing from the weekend					
8:45-12:05	304-C	Intermediate 3-Year Training Group (Twomey & Hartford) Closed group					

Choose one workshop each afternoon Mon, Tue, Thu & Fri

Monday Afternoon 2:00 - 4:00

01 **G** Zen, Jung and SCT Joel Wiessler, BA

Identifying and Working with Inner Person

OD Survivor Alerts in Ourselves and Our Clients

TB Dick Ganley, Ph.D.

In Case of Emergency: Functional Subgrouping, 03 C

Empathy and Decision-Making Brian Conley, MBA, MA, M.Div

04 OD Leading and Delivering Outcomes in a System in Survival

Annie MacIver, BA, DipSW, MA

05 TB Moving Among Differences: An Embodied

Exploration of Functional Subgrouping Ivette Guillermo-McGahee, MA, MHC, LPC, ACS

Large Group* 4:20 - 5:50 Byram, Carter, Gantt & Haddock

Thursday Afternoon 2:00 - 4:00

Surviving and Thriving: Expanding Our OD **Communication Repertoire Using SAVI**

Claudia Byram, Ph.D., CGP S Frances Carter, MSS, LSW, CGP

11 C Taming the Hulk: Developmental Trauma and SCT F

Kati Taunt, MA, PGDip

12 C How to Survive Co-Leading an SCT Group

OD Nina Klebanoff, Ed.M., LCSW, CGP

Mike Maher, MA, PGCE

13 **G** Mining the Treasures of Stereotyping Verena Murphy, Ph.D., LCSW-C, LISW

Dayne Narretta, LCSW, CGP, BCD, FAGPA Debbie Woolf, MS, MSS, LCSW, PHR, SHRM-CP

14 OD Supporting the Shift from Person to Member in Work Teams

> Allan Rubin, BS, MBA Michelle C. Lynskey, BA, Ph.D.

Large Group* 4:20 - 5:50 Byram, Carter, Gantt & Haddock

Tuesday Afternoon 2:00 - 4:00

06 **G SCT Meets Economic Theory: Can the** Theory of Living Human Systems Help Us **Understand Current Economic Realities?** Nina Klebanoff, Ed.M., LCSW, CGP Jared Bernstein, Ph.D.

07 **G** Art as Refuge: Moving from Survivor to Explorer **Through Creative Expression** Norma Safransky, MD

08 TB "SCT is a Theory-Based Method" - What Does **THAT Mean? Planning Interventions, Testing Hypotheses** Claudia Byram, Ph.D., CGP

Following Our Survival Roles into an Exploration

OD of Collective Patterns of Victimization,

Dominance & Prejudice

Peter Dunlap, Ph.D

Large Group* 4:20 - 5:50 Byram, Carter, Gantt & Haddock

Friday Afternoon 2:00 - 4:00

This workshop ends the Conference with a focus on leading edges in SCT.

15 **TB** SCT's Role-Systems Map Through the Lens of Neuroscience

> Susan Gantt, Ph.D., CGP, ABPP, DFAGPA, FAPA Claudia Byram. Ph.D., CGP Frances Carter, MSS, LSW, CGP

Afternoon Workshop Training Tracks

C Clinical

OD Organizational Development

S SAVI

R Research

E Education

TB Theory & Basics

G General Interest

Wednesday Afternoon Free

Explore Philadelphia



Choosing Trainings & Workshops

Your trainer or consultant, if you have one, can be a resource for deciding which trainings and workshops are a good fit for you. Other members are also available to consult with you:

Norma Safransky - nsafransky@gmail.com

Organizational Development:

Rowena Davis - rdavis@rdaconsulting.net

Clinical Pastoral Education:

Meigs Ross - amr9033@gmail.com



The Systems-Centered Training and Research Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. SCTRI maintains responsibility for this program and its content. Details on website.

Systems-Centered Training

SCT is a theory-driven practice focusing on dynamics in living human systems. The theory says that human systems survive, develop, and transform from simple to complex through an increasing ability to recognize differences and integrate them. As professionals, we develop skills and tools to assist our clients when they are facing uncertainty and familiar reactions to it. We also build our emotional capacity to be fully present for our clients and fully attuned to the here and now. The focus of the 2019 SCT Conference will be practical methods for ourselves and our clients to survive and even thrive in times of uncertainty.

Save by staying at the Hilton Garden Inn!



The conference is being held at the Hilton Garden Inn in Philadelphia Center City. Shops, restaurants, Reading Terminal Market, Independence Hall, the Liberty Bell, Chinatown, and the theater district are all in walking distance of the hotel.

Receive a discount on your registration fees by staying at the Hilton Garden Inn. Staying at the Hilton Garden Inn supports the system by offsetting the cost of the conference for the organization, allowing us to avoid increasing registration fees.

Conference Registration Fees

		Registration 6 - Feb 28	Registration after Feb 28	
	Member	Non-member	Member	Non-member
2-day Weekend Institute	\$475	\$525	\$525	\$575
5-day Conference	\$905	\$995	\$930	\$1,005
7-day Package	\$1,340	\$1,450	\$1,395	\$1,480
1-day Conference*	\$225	\$250	\$250	\$275
Friday Afternoon Workshop**	\$100	\$100	\$100	\$100

^{* 1-}day Conference includes late morning drop-in group, afternoon workshop & Large Group

Discounts available! Deduct:

- \$275 if you are staying at the Hilton Garden Inn*** & registering for the 7-day Package OR
- \$200 if you are staying at the Hilton Garden Inn*** & registering for the 5-day Conference OR
- \$60 if you are staying at the Hilton Garden Inn*** for 2 nights & registering for the 2-day Weekend Institute OR
- \$150 if you are a first-time attendee from the local area & registering for the 5-day Conference or 7-day Package
- 50% off your registration fee if you are a full-time student

Rooms at the Hilton Garden Inn, 1100 Arch St., Philadelphia, are available at a special rate of \$190 per night (plus tax) until Feb.19.See the SCT Conference website for details on room reservations.

*** Discount applies only to reservations made directly with the hotel, not with travel websites like Trivago, Expedia, Orbitz, hotels.com, etc.

Refunds & Cancellation Policy: Full refunds minus a \$50 processing fee until Feb. 28. After this date, no refunds will be made. Refunds must be requested in writing to admin@systemscentered.com.

Questions? Contact a Conference Co-Director:

Dayna BurnettGayna HavensDayne NarrettaDebbie WoolfAlida Zweidler-McKaydayna.burnett@sbcglobal.netgaynahavens@rcn.comdaynenarretta@gmail.comdwoolf@comcast.netzmconsulting@mac.com

Full program details & online registration: www.systemscentered.com

^{**} Friday workshop is included in 5-day Conference & 7-day Package