

Sunday Groups

Optical Conclusion: Seeing Jesus Clearly in 2020

- What: Groups view a short weekly video from “The Bible Project” (a series of summaries of each book of the Bible). Discussions will be based on “The Bible Project” video and the weekly Scripture from each Sunday’s sermon.
- When: Groups will continue to meet via Zoom for now. Times may change as we gradually return to in-person gatherings.
- Cost: None
- The following Sunday morning groups will participate in the sermon-based discussions. You are welcome to join one of these groups at any time! Each lesson stands alone. Reach out to Gretel Roberts at gretel@lhumc.com to connect with a group. Descriptions of each group are on the LHUMC website at www.lhumc.com/sunday-groups.
 - Link - 9:30am
 - Bereans - 9:30am
 - Connect - 9:30am
 - Lyceum-Roundtable - 9:30am
 - First Day - 9:00am

***The Art of Neighboring* – Grace Community**

- What: *The Art of Neighboring* helps us focus on the people within our neighborhood and learn what it means to be a good neighbor. Discussions revolve around the importance of pushing through the uncomfortable feelings that come with communicating, investing in, and caring for the people who live near us. What would our communities look like if we took Jesus’s command to love our neighbors as ourselves seriously?
- When: Sundays, June 14 – July 5 ~ 1:00-2:00pm
- Cost: None

***I Said This, You Heard That* – Grace Community**

- What: If you've ever said the wrong thing or said the right thing the wrong way, you know how quickly your mouth can make a big mess. But it doesn't have to be that way. This 6-session video study explores how your wiring affects what you say, how you listen, and how others hear you. You'll learn a simple framework that will improve your

communication. And you'll see how advice from the apostle Paul thousands of years ago may have held the secret all along.

· When: Sundays, July 12 - August 16 ~ 1:00-2:00pm

· Cost: \$15

Crazy Cycle of Marriage – L.I.F.E.

· What: Dr. Emerson Eggerichs sheds light on an often overlooked, yet indispensable element of a healthy marriage—respect. Combining biblical instruction with scientific expertise, Emerson provides insight into the unique ways in which God has designed us. Rather than becoming another statistic, struggling marriages can break their Crazy Cycle and become thriving marriages.

· When: Sundays, June 7 - 28 ~ 8:00-9:00pm

· Cost: None

Sacred Marriage – L.I.F.E. (Ages 20s-40s*)

· What: What if God designed marriage to make us holy more than to make us happy? Gary Thomas offers practical insights as well as wisdom on how marriage shapes our characters and makes us into the people God desires us to be.

· When: Sundays, July 12 – August 16 ~ 8:00-9:00pm

· Cost: \$10

The Art of Neighboring – Disciples

· What: *The Art of Neighboring* helps us focus on the people within our neighborhood and learn what it means to be a good neighbor. Discussions revolve around the importance of pushing through the uncomfortable feelings that come with communicating, investing in, and caring for the people who live near us. What would our communities look like if we took Jesus's command to love our neighbors as ourselves seriously?

· When: Sundays, June 7 – June 28 ~ 10:00-11:00am

· Cost: None