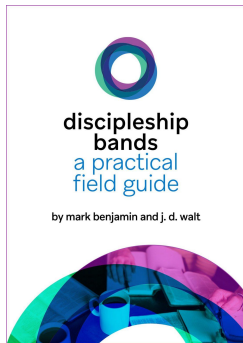


Weekday Groups for Men and Women

The Waiting Room

- What: We have experienced so much loss and disappointment in the past year. The good news is that we can support one another as the Lake Highlands UMC family. “The Waiting Room” is a space for you to process your griefs and to receive prayer and encouragement as we live in this season of waiting. Each week will stand alone, so you are welcome to attend when you can. We will read a brief article, engage with Scripture, share our thoughts and experiences, and spend time in prayer for one another.
- When: Mondays, April 12 - May 24 ~ 7:00-8:00pm
- Where: Zoom Online Meeting
- Led by Lake Highlands UMC Staff
- Cost: None

Discipleship Bands



- What: A band is a group of 3 to 5 men or women who meet together weekly to support one another, pray for one another and encourage one another to become the love of God for the world. Now is a great time to begin a band of your own as we are so in need of encouragement from one another. Also, bands are easy to gather together virtually! For more details about what a band is, visit www.lhumc.com/groups or www.discipleshipbands.com.