

Support Groups

GriefShare

- What: GriefShare is a friendly, caring group of people who will walk alongside you through the loss of a family member or friend. You don't have to go through the grieving process alone.
- When: Tuesdays, January 14-April 14 ~ 6:00-7:30pm
- Where: LHUMC Library (S104)
- Led by Debbie Brown
- Cost \$15

Families Anonymous

- What: Families Anonymous is a twelve step support group for the family members of a loved one who may have drug, alcohol or emotional problems.
- When: Thursdays ~ 7:30-8:30pm
- Where: LHUMC Parlor (F107)
- Led by Katy and Greg Jensen (contact Katy at grandmataty@yahoo.com for more details)

❖ *Scholarships are always available for group study materials. Please reach out to Gretel Roberts at gretel@lhumc.com if you need assistance.*