

Weekday Groups for Men and Women

Be the Bridge 101

- What: A Christian-based starter course for learning the foundational principles every bridge-builder needs to understand. As a precursor for moving forward in the pursuit of racial reconciliation, we must better understand our current experience of the world. Join us as we unpack the principles of white identity, white privilege, white fragility and white supremacy. Visit <https://bethebridge.com/btb101/> for more details. (We plan to offer a "Be the Bridge" group when we can be in person again. Be the Bridge 101 is a great first step for those interested in participating in a reconciliation group in the future.)
- When: Mondays, September 14 - October 12 ~ 7:00-8:00pm
 - Where: Online Zoom Meeting
 - Led by Pastor Andy & Gretel Roberts
 - Cost: \$10

The Marriage Course

- What: As we continue to be home for the foreseeable future, here is an opportunity to invest in your marriage! The Marriage Course (produced by the same church who created the Alpha course) is a series of 7 sessions, focusing on the following topics: Strengthening Connection, The Art of Communication, Resolving Conflict, The Power of Forgiveness, The Impact of Family, Good Sex, and Love in Action. You can sign up and participate on your own time.
- When: You choose the time! Each week, for 7 weeks, you will have your own 2-hour online "date night" using the materials from The Marriage Course.
- Where: Register for the free course here: <https://www.htb.org/marriage>
 - Cost: 2 Marriage Course journals (approximately \$20): <https://churchsource.com/products/the-marriage-course-study-journal>

Financial Peace University

- What: Financial Peace University offers practical guidance on paying off debt, saving, investing, real estate, insurance, generosity and so much more. Join the program that has changed nearly 6 million lives!
- When: Sundays, August 30 - October 25 ~ 3:30-4:30pm
- Where: Online meeting. Register here: fpu.com/1121641
 - Led by Crystal Harrison
 - Cost: \$129.99 (after a free 14-day trial)

Discipleship Bands

- What: A band is a group of 3 to 5 men or women who meet together weekly to support one another, pray for one another and encourage one another to become the love of God for the world. Now is a great time to begin a band of your own as we are in need of encouragement and support from one another. Also, bands are easy to gather together virtually! For more details about what a band is, visit www.lhumc.com/groups or www.discipleshipbands.com.